



QR Code
Section 1



Artist of the month: Colby Schnackenberg
Section 1, page 21



Youth Baseball
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QR Code
Section 2

LIBC Community Contributions



Washington lost a true legend



Statement from Gov. Jay Inslee on the passing of Billy Frank, Jr.: "Washington lost a true legend with the passing of Billy Frank, Jr. today."

"He was a selfless leader who dedicated his life to the long fight for the rights of our state's native people. Billy was a champion of tribal rights, of the salmon, and the environment. He did that even when it meant putting himself in physical danger or facing jail."

"I'm thankful Billy was here to see the 2014 Legislature pass a bill helping to overturn convictions from treaty protests. Billy was right on this issue and the state owed this gesture of justice to him and others who jeopardized their liberty to fight for treaty rights."

"Billy never wavered in his conviction and passion. He stressed to me the spiritual and cultural relationship that indigenous people have with salmon."

"His work is the foundation of an enduring legacy that will never be forgotten in Washington state."

"He once said, 'The Creator put that salmon there (Continued on page 2)'"

It is the honor and pleasure of the Lummi Indian Business Council to fulfill the requirements set forth in the Gaming Compact between the Lummi Nation and the State of Washington. According to the Gaming Compact, Lummi Nation is required to donate portions of the revenue brought in by Silver Reef Casino's gaming revenue. The Silver Reef Casino and the LIBC donates 1.76% of the annual revenue to institutions, organizations, programs and non-profits that provide services for local communities throughout Washington State. There are five categories that receive donations and they are as follows:

- **Impact Costs:** These donations go to organizations that assist with impacts to communities across the state such as local fire districts, sheriff's offices, etc.

- **Charitable Donations:** Donations in this category go to non-tribal bona fide non-profit and charitable organizations within the State of Washington. These organizations are required to have a 501c3 from the State of Washington.

- **Community Impacts:** Tribal governmental programs that have an impact on the community by assisting the Lummi Nation and its members to become self-sufficient are eligible for to receive these donations. These include, but are not limited to, tribal law enforcement, education, housing, health, elderly care, and safety and gaming regulation.

- **Problem Gambling:** This category of donations is to be given

to problem gambling education, awareness, and treatment in the State of Washington and these contributions shall be made to governmental, charitable and/or non-profit organizations that are directly related to reducing problem gambling.

- **Smoking Cessation and Prevention:** This money is to be donated to programs or organizations dedicated to smoking cessation, prevention, education, awareness and treatment within the State of Washington. These organizations and/or programs can be governmental, charitable and/or non-profit as well, as long as their purpose is the discouragement of the use of tobacco.

ham (ALB) \$2,000
Providing assistance for adult & child victims of Domestic Violence (DV); and providing aid to children who live in poverty.

Providing low-income students, including Lummi students, with gift cards for Target and Payless Shoes.

Bellingham Bulldogs Organization \$1,000

Uses football as a tool to mentor young men – intellectually, physically, mentally, and spiritually.

Offering football camps for Lummi youth and surrounding communities.

Bellingham Central Lions Foundation \$1,000

Provide free eye exams and glasses to low-income and homeless people of Whatcom County; services available to Lummi tribal members.

Bellingham Childcare and Learning Center \$1,000

Providing high quality and affordable childcare to families of all income levels; helping low-income families become self-sufficient; and providing tuition assistance to families in Whatcom County.

Bellingham Fire Department \$5,000

Providing services to Lummi; answering 911 calls for fire, rescue and etc; serving all of the Lummi community.

Bellingham Food Bank \$20,000

Providing food to hungry families and individuals while educating the community about hunger issues; serving Lummi families and the Bellingham community; distributing about 120,000 lbs of food to the (Continued on page 8)

Affiliated Tribes of Northwest Indians \$15,000

Dedicated to Promoting Tribal Self Determination & Sovereignty

Alternative Humane Society-Whatcom County \$7,000

Reduces the number of healthy pets killed in out community; providing a free vaccination clinic for pets of the Lummi Nation; serving all of Lummi Nation.

Assistance League of Belling-



LUMMI SQUOL QUOL
2665 KWINA ROAD
BELLINGHAM, WA 98226
360-312-2135



See the Orient Express Exhibit at the Lummi Gateway Center May 6th - May 10th. Carlan Tapp uses documentary photographs to explore the environmental impacts of coal. For more information see the article in Section 1, page 26.

Community Updates

(Billy Frank Jr. continued from page 1)

for it to survive.' I thank the Creator for putting Billy here to make sure we never forget what he fought for.

"Trudi and I send our condolences to Billy's family, friends, tribal members and everyone across the state and the country who mourns the passing of this great man."



Scheduling photo and/or video taping of events with the Communications Department:

5 days ahead of time for weekend shorts

3 days ahead of time for week day shoots

To schedule a shoot email:

julieaj@lummi-nsn.gov or call 360-312-2134.

SQUOL QUOL

The Lummi Squol Quol (SQ) is the official publication of the Lummi Nation. Published monthly by Lummi Communications – the SQ welcomes articles and information including: letters to the editor, news tips, photographs, information and events.

Items printed in the SQ, in no way directly reflect the opinions of the Squol Quol staff or members of the Lummi Indian Business Council (or their employees), unless otherwise noted. All editorials, letters, and guest columns are encouraged for submission with the understanding that all materials are subject to editing for content and/or space.

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Enrollment Office

312-2398 Switchboard
312-2286 Patrick W. Jefferson
312-2265 Christine Cultee
312-2270 Vela K. Kamkoff

about an application.

The Enrollment Committee meets every second Tuesday.

Next meeting will be April 8, 2014

Give us a call with questions or to request an application. Stop in to see us

Have all paperwork in at least 10 days prior.



Food Handler's Classes

Thursday, May 22nd – 10 a.m. to Noon – at the Lummi Gateway Center

Thursday, May 29th – 10 a.m. to Noon – at the Tribal Center Training Room (room to be confirmed)

Thursday, June 5th – 1:30 to 3:30 p.m. – at the Lummi Gateway Center

Thursday, June 12th – 1:30 to 3:30 p.m. – at the Tribal Center Training Room (room to be confirmed)

****MAXIMUM number for each class is 25****

To register:

Call Lummi Gateway Center: 360.306.8554; Email: ReginaldB@Lummi-nsn.gov

Or, Valerie Bob: 360.312.2211; Email: ValerieB@Lummi-nsn.gov

Bellingham Tides May 2014

Day	Time	Ft.	Time	Ft.	Time	Ft.	Time	Ft.
TH 1	1:06A	5.0	6:06A	7.9	1:13P	-1.0	8:47P	8.5
F 2	1:59A	5.3	6:41A	7.5	1:54P	-0.8	9:35P	8.5
SA 3	2:58A	5.5	7:19A	7.1	2:37P	-0.4	10:24P	8.3
SU 4	4:09A	5.5	8:02A	6.6	3:22P	0.1	11:13P	8.2
M 5	5:37A	5.3	8:52A	6.1	4:10P	0.7
TU 6	12:02A	8.0	7:01A	4.9	9:52A	5.6	5:04P	1.3
W 7	12:46A	7.9	7:58A	4.3	11:07A	5.2	6:01P	2.0
TH 8	1:24A	7.8	8:38A	3.7	12:38P	5.1	7:00P	2.6
F 9	1:55A	7.8	9:07A	2.9	2:21P	5.3	7:57P	3.1
SA 10	2:24A	7.8	9:32A	2.1	3:42P	5.8	8:50P	3.6
SU 11	2:52A	7.9	9:57A	1.3	4:40P	6.5	9:38P	4.1
M 12	3:20A	8.0	10:26A	0.4	5:28P	7.1	10:23P	4.5
TU 13	3:51A	8.0	10:58A	-0.5	6:12P	7.7	11:07P	4.9
W 14	4:23A	8.1	11:33A	-1.2	6:57P	8.1	11:52P	5.2
TH 15	4:57A	8.1	12:12P	-1.8	7:42P	8.5
F 16	12:39A	5.5	5:35A	8.0	12:55P	-2.1	8:29P	8.7
SA 17	1:31A	5.6	6:18A	7.8	1:40P	-2.1	9:17P	8.8
SU 18	2:29A	5.6	7:07A	7.4	2:29P	-1.9	10:06P	8.8
M 19	3:38A	5.4	8:05A	6.9	3:20P	-1.3	10:55P	8.8
TU 20	4:58A	4.9	9:13A	6.3	4:15P	-0.4	11:44P	8.7
W 21	6:22A	4.2	10:34A	5.7	5:13P	0.6
TH 22	12:31A	8.7	7:31A	3.2	12:12P	5.3	6:15P	1.6
F 23	1:15A	8.6	8:25A	2.1	2:04P	5.5	7:19P	2.7
SA 24	1:55A	8.6	9:09A	1.0	3:37P	6.2	8:23P	3.6
SU 25	2:33A	8.5	9:48A	0.1	4:46P	6.9	9:23P	4.3
M 26	3:08A	8.4	10:24A	-0.6	5:42P	7.6	10:19P	4.9
TU 27	3:41A	8.3	11:00A	-1.1	6:31P	8.2	11:12P	5.3
W 28	4:14A	8.1	11:35A	-1.4	7:16P	8.5
TH 29	12:03A	5.6	4:47A	7.8	12:11P	-1.5	7:58P	8.7
F 30	12:54A	5.7	5:22A	7.5	12:48P	-1.4	8:37P	8.7
SA 31	1:47A	5.7	6:01A	7.2	1:26P	-1.1	9:15P	8.7

Bellingham Tides June 2014

Day	Time	Ft.	Time	Ft.	Time	Ft.	Time	Ft.
SU 1	2:46A	5.6	6:43A	6.8	2:06P	-0.7	9:51P	8.6
M 2	3:52A	5.3	7:30A	6.3	2:47P	-0.2	10:26P	8.5
TU 3	5:04A	4.9	8:23A	5.8	3:30P	0.5	10:59P	8.3
W 4	6:11A	4.4	9:25A	5.3	4:14P	1.3	11:32P	8.2
TH 5	7:02A	3.7	10:39A	4.9	5:02P	2.1
F 6	12:04A	8.2	7:42A	3.0	12:10P	4.7	5:55P	2.9
SA 7	12:37A	8.1	8:14A	2.2	2:09P	4.9	6:54P	3.7
SU 8	1:10A	8.1	8:45A	1.2	3:47P	5.6	7:54P	4.4
M 9	1:44A	8.1	9:17A	0.3	4:45P	6.4	8:52P	5.0
TU 10	2:19A	8.2	9:52A	-0.6	5:31P	7.2	9:46P	5.4
W 11	2:55A	8.2	10:29A	-1.5	6:12P	7.8	10:37P	5.7
TH 12	3:35A	8.3	11:09A	-2.2	6:52P	8.3	11:27P	5.8
F 13	4:18A	8.3	11:51A	-2.6	7:33P	8.7
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SU 15	1:15A	5.6	5:59A	7.8	1:22P	-2.5	8:56P	9.0
M 16	2:16A	5.2	6:58A	7.3	2:10P	-2.0	9:38P	9.1
TU 17	3:25A	4.7	8:03A	6.7	3:00P	-1.1	10:20P	9.1
W 18	4:40A	4.0	9:16A	6.0	3:51P	0.0	11:01P	9.0
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M 30	2:14A	5.2	6:25A	6.6	1:40P	-0.5	9:09P	8.5

Interim Chief of Police

Now' Si'am e ne schaleche Si'am. Ts' Sum Ten tse ne sna, Siam. Fiends and Relatives, my name is Ts' Sum Ten (Ralph Jefferson, Jr). My parents are Ralph and Madeline Jefferson.

I am honored to have the opportunity to write this letter to you. Ron Tso retired as the Chief of Police last month, and our Council asked me to help out at the Police Department for a few months, while a replacement is hired. Please allow me to say that I understand the weight of the responsibilities the Chief of Police carries. The safety of your family and mine, and

the rights of each member and the Lummi Nation is the most difficult job I have done for the People.

Many members have already shared their concerns about the Department's services, and I appreciate that. We need to hear about each problem, no matter the size, so we can begin to resolve the issues as quickly as possible. As Always, our first priority is to respond to calls for police assistance when any person needs us. Our other top priorities include investigating child abuse and sexual assaults, reducing the availability of illegal drugs, protecting our natu-

ral resources, and helping victims of sexual assault and other crimes. We also intend to resolve a back log of citizens complaints, as quickly as possible.

We want to provide the best service possible, and for each employee to help each member as if they were helping a member of our family. We will do everything we can to meet that goal. I look forward to talking to more people, in the near future, about how we can do a better job of serving the People. Hy'Shqe' Siam.

Ts' Sum Ten (Ralph Jefferson, Jr.)

Annual Squol Quol subscription \$40⁰⁰ for one year
To subscribe, stop by the Communications Department or Cash Receipts. Be sure to indicate the address the paper should be sent to, or you can mail your subscription check to: Lummi Squol Quol, 2665 Kwina Road, Bellingham, WA 98226. 360-312-2135 for more information.



Silver Reef Hotel Casino Spa Employment Opportunities

Washington's Newest and Best Casino is currently recruiting friendly, outgoing people for the following positions. All positions require outstanding customer service. Please submit an employment application to the Human Resources Department at the address indicated below. All employees must be able to pass a pre-employment drug screen and be able to obtain a Class II/III Gaming License. All Salaries are Depending on Qualifications. The Silver Reef will offer a comprehensive benefits package. The Silver Reef Casino Practices Natives American Preference in hiring according to law. **Current as of: April 29, 2014**

Class II	
Restaurant Host Cashier	Part-Time
Restaurant Server	Part-Time
Pizzanini Prep Cook/Cashier	Full-Time
Cocktail Server	Part-Time
Banquet Server	Part-Time/
<i>On-Call</i>	
Sous Chef	Full-Time
Cook	Full-Time
Bartender	Part-Time
Baker	Full-Time
Steak House Host	Part-Time
Steward	Full-Time
Diamond Dividends/Gift Shop Host	On-Call
Hotel Front Office Agent	Full-Time
Hotel Room Attendant	OC/PT/FT
Casino Housekeeper	OC/PT/FT

Class III	
Slot Attendant/Supervisor	Full-Time
Security Officer	Full-Time
Cage Cashier	Full-Time
Table Games Dealer	Part-Time

***Knowledge/Experience Required**
 All positions do not have closing dates. Open until filled.
 If you would like more information call (360) 543-7185
 Applications may be picked up at: Silver Reef Casino, 4876 Haxton Way, Ferndale, WA 98248
 Resumes may be E-mailed to: applications@silverreefcasino
 Completed applications and resumes may be faxed to (360)312-0559
 You may refer to our Website address: www.silverreefcasino.com and click on the Employment option.



LUMMI INDIAN BUSINESS COUNCIL CURRENT JOB OPENINGS

How to Apply: Submit a complete application packet no later than 4:30 p.m. of the closing date. If you're enrolled in a federally recognized tribe, attach a copy of your enrollment card/verification to the application in order to qualify for the Native Preference Policy. Fax (360)380-380-6991. E-mail: LIBCHR@lummi-nsn.gov Mail AUN: HR 2665 Kwina Rd, Bellingham, WA. 98226. If you have any questions feel free to contact the HR office at (360) 312-2023. **Current as of April 30, 2014**

Job Title	Department	Closing Date:
Program Development & Analysis Director	General Manager	4/30/14
Kitchen Manager	Lummi Nation School	4/30/14
Head Cook	Lummi Nation School	4/30/14
Sr. Outreach Registered Nurse	Little Bear Creek	5/5/14
Licensed Practical Nurse (LPN)	Suboxone Clinic	5/6/14
Vital Statistics Manager	General Manager	5/13/14
<i>*Extended*</i>		
WIC Certifier/Nutrition Specialist	Lummi Tribal Health Center	5/18/14
K-12 Vice Principal	Lummi Nation School	5/21/14
Fisheries Field Tech. (2 vacancies)	Lummi Natural Resources	Until Filled
<i>TEMP.</i>		
Teacher	Head Start	Until Filled
Custodian	Lummi Nation School	Until Filled
<i>On-Call</i>		
Residential Assistant	Safe House	Until Filled
<i>On-Call</i>		
Transit Operator	Planning	Continuous
<i>On-Call</i>		
Caregiver	Home Care Agency	Continuous
Substitute Teacher	Lummi Nation School	Continuous
House-Keeper	Planning	Continuous
<i>On-Call</i>		
Fitness Center Attendant	Lummi Tribal Health Center	Continuous
<i>Temp-Part Time</i>		
Fitness Attendant	Fitness Center	Continuous
<i>On-Call</i>		
Commissions/Board of Directors	Department	Closing Date:
LNSO Board Member	LNSO	Until Filled
<i>2 vacancies (Youth and Standard Member)</i>		
Health Commission- Seat E	Health and Human Services	Until Filled
Health Commission- Seat A	Health and Human Services	Until Filled

Chairman's Update



Tim Ballew II, Chairman
Now Siam,

As a council member I truly hope our actions, as council, make good policy that governs our tribal operations. I hope our policy decisions are grounded on the values of our people. As Chairman, when traveling, my intentions are to promote both the policies our Nation has adopted as well as the values used to guide our decisions. Early in the month I had two opportunities to travel to Washington DC on behalf of the Nation.

The first was for participation in the federal Substance Alcohol and Mental Health Services Administration (SAMHSA) Tribal Technical Advisory Council (TTAC). A year ago I was fortunate enough to be asked by SAMHSA to be one of a few Tribal representatives to help the federal administration review and draft policies that govern to services related to mental health and substance abuse. The current focus by tribal nations

as well as the trustee is integration of services. This goal of integration is the same goal of the Lummi Nation's efforts of "wrap around" services.

The ideal of "wrap around" services has been endorsed for sometime here at Lummi. The intent of the Systems of Care grant from SAMHSA was, and is, to promote the concept. Both the General Council and LIBC agree that the people will be better off by providing a holistic approach to health and wellness. By accepting the grant the Nation has mandated, in response to the GC's request for holistic services, that the administration improve on the development of holistic or "wrap-around" services.

Also, a final outcome of my travel to the SAMHSA headquarters was arranging for a delegation of SAMHSA representatives to visit Lummi in early June. The delegation requested the trip to gain a better understanding of Indian Country. In turn we granted the request so that we can provide the trustee with a Coast Salish perspective of health needs.

The second trip included Lummi's testimony on the drafting of the 2015 BIA and IHS budgets as well as

a visit with Assistant Secretary of the Interior Department, Kevin Washburn, and a meeting with WA Senator, Patty Murray. The testimony included funding requests for Headstart, health care, and increases to the funding of tribal hatchery programs. The meeting with Senator Murray included discussion on the appropriating of funds to respond to the 2013 Sockeye Fish Disaster. Getting the funds appropriated will take further advocacy from all of the sockeye tribes. We have committed to organizing the tribes and making at least one more trip to DC to push the issue. The Interior meeting with Kevin Washburn included the advocacy for our upcoming I-5 trust application and the possibility of Lummi being selected to implement Cobell Land Buy-Back Program for Tribal Nations. After the meeting with Washburn it was indicated that Lummi could be eligible to participate in the Buy-Back program in early 2015. Any tribal members (or preferably families) with undivided property who are interested in learning more about the Buy-Back program are encouraged to contact the Realty staff at the Planning Department or Travis Brockie (Policy Analyst for the Council).

During the month of

April there was one regular scheduled LIBC meeting and three special LIBC meetings. During the regularly scheduled meeting there was a list of resolutions reviewed and passed. Among the notable resolutions there was a set of resolutions that authorized for the development of 178 parcels in three different sites on the reservations. With a growing population it is vital to have property available for our families to use. The 178 parcels are intended to be used with the Lummi Land Transfer program. For any further information on the upcoming 178 parcels or the Lummi Land Transfer program please contact the Lummi Planning Department.

The first of the three special meetings in April was held to approve of a construction contract for Water and Sewer improvements at Sandy Point. The project was previously approved in the appropriations process. The completion of project will allow for an increase in Lummi Members to receive service from the Lummi Water and Sewer district. The second special meeting was called to review the proposal from Washington State Department of Transportation for the Mukeltio Ferry project. There are two Memorandum of Agreements drafted by the State for the approv-

al of the proposed project. At this time the council does not have enough information to believe our Nation's concerns can be addressed. Therefore, we directed staff to draft a response to not sign either MOA with the State but retaining the ability to be consulted if the project should move forward. The last special meeting was to receive an update from the Treasurer's office on the projected revenue and the completion of the budget amendment process. The Council determined it is in the best interest of the tribe to establish a contingency or savings. The LIBC directed the Treasurer's office to draft a recommendation for LIBC to consider and vote on what would provide a balanced budget and allow for a savings reserve. I thank the council, on behalf of the people, for identifying that we need to safeguard our resources and establish the practice of setting aside revenue for savings. The Treasurer's office recommendation is expected mid-May.

As always our doors are open and we encourage any and all tribal members to visit with their concerns and recommendations.

Che chesh whe wheleq,
Lul-hal-mun
Tim Ballew, II
Chairman

Community Breakfast April 27



From the Office of the Vice Chair



Cliff Cultee, Vice Chairman

Happy Spring Lummi Nation! We have all heard the phrase "April showers bring May flowers" and so far, this April is no exception! We've been getting poured on over the last couple of weeks!! But we should be on our way to warmer weather soon and we are very much looking forward to it!

With Mother's Day just around the corner the hands of the Office of the Vice Chair staff go up to all of the Mothers of Lummi Nation. They give endlessly, they guide us through life and they teach us how to love unconditionally. Our Mothers laugh with us at the joys of life, they support us through our struggles, they help us navigate the tribulations of life and they shed tears of pride when we accomplish our goals. From the Office of the Vice Chair staff, a very heartfelt Happy Mother's Day wish goes out to all of the Mothers of Lummi Nation, past and present.

This past month has been very busy here in the Office of the Vice Chair. We collaborated with other LIBC staff to host our annual Community Contributions event and it was a big hit! The event was held on April 18th at the Lummi Gateway Center and it was a full house. LIBC invited all of the organizations to gather so their checks could be presented to a representative from each recipient of a Community Contribution. Everyone was very

excited receive their donation and to hear about all the good work that goes on around our local community and the northwest. Each year we disperse a specific percentage of money that Silver Reef Casino brings in to a wide range of organizations that do good work for members of Lummi Nation and the community of Washington State at large. Some of these organizations are within LIBC and directly benefit some of our programs that, in turn, benefit all members of Lummi! And some of the organizations benefit multiple tribes throughout the great Pacific Northwest, such as Affiliated Tribes of Northwest Indians (ATNI), which Lummi hosted just a couple of months back. And still other organizations do great work for all communities throughout our state, such as local Fire Departments, Washington State Search and Rescue, Northwest Wildlife Rescue, and many more! The Office of the Vice Chair staff's hands go up as we thank all of those who do such good work for the people of Washington State!

The Office of the Vice Chair staff would like to mention what a great job all the Four Tribes Fitness Challenge Participants are doing! We want to recognize Lummi Fitness Center and the Northwest Washington Indian Health Board for their continued efforts in keeping this a healthy physical event in our tribal communities every year. One tip for exercise endurance is eating proper foods before engaging in physical activity can provide more energy and strength you might need to finish strong in your work outs. Try foods high in carbohydrates and protein such as brown rice and vegetables or whole grain pancakes with fresh fruit. Also consider foods moderate in fat and fiber. Try to eat a larger meal 3-4 hours before physical activity and as you get

closer to your activities, try smaller snacks such as fruit or yogurt. Lastly, hydrate, hydrate, hydrate.. Drink plenty of water before, during and after any exercise. These tips may give you that last minute spike in energy that your body needs to finish strong in your exercise.

The first of spring has come and so has allergy season with it. Here are some survival tips for allergy sufferers that some of us here in the Office of the Vice Chair have found effective to naturally and effectively seasonal allergies:

- The neti-pot is an ancient treatment that irrigates the sinuses with saline
- Drinking nettle tea (start drinking in early November and continue through April)
- A teaspoon of Local organic honey per day. It must be local honey from the area you live in to effectively combat the allergens we all live with.
- Washing your pillows and bedding and take your showers before bedtime.
- Using a saline or nasal spray
- Finding ways to decrease stress
- Learn ways to allergy-proof your home; consult with your allergist or primary doctor to come up with a plan
- Consult with a natural path or herbalist for natural treatment of allergies
- Ask your Face book friends their tips and knowledge
- For those with asthma or respiratory it's vital to come up with an asthma plan with

your medical doctor.

Stay strong Lummi Nation! You only have one body, take care of it.

The Journey to Wellness Center would like to tell Happy Mother's Day!

Journey to Wellness Center is very excited to announce that Mabel Bob has been brought on board as Assistant Facilitator!! She is a student at Northwest Indian College and an advocate for people in recovery. We are very happy to have her enthusiasm and encouragement for many community members who look to her for support to gain success in their recovery. Mabel will be starting a back to basics series of meetings on "Working the Steps" in her first phase of facilitating. The next session will be a sponsorship workshop. We are continuing the 15 plus meetings every week and anyone is welcome to join. With White Bison and GA as a part of the meetings we are still having great turn outs for the meetings... Hope to see you here at Journey to Wellness. To the ones who show up it is good to see your faces as we make recovery a possibility in our lives. Look for these and more announcements during the Journey to Wellness meetings. Many have asked for the JTW taskforce meetings to start up again we are in the process of making this happen. Thanks to all who continue to walk with us. For more information on Journey to Wellness Center meetings and events please contact Althea Wilson at 360-389-2426. We want to extend a big thank you to all of the Lummi tribal and community members who took the time to attend the Community Togetherness Healing Gathering that was held April 4th & 5th. We also want to thank all the guest speakers, including Aunt Mary Helen Cagey, Chairman Brain Cladoosby of Swinomish, Jack & Bev-

erly Cagey and many more. It was a weekend filled with amazing singers like Ray Hite Jr., The Jefferson Girls, and our Bellingham guest Malcolm Oliver. From the Guest Speakers to the Great Food at the Seafood Feast, everything was fantastic. Every person and every story contributed to this very special occasion. The Office of the Vice Chair staff and the staff of Journey to Wellness would like to extend a thank you to the many sponsors of the Healing Gathering, including The General Manager's Office, Lummi Commod Squad, Silver Reef Casino, Lummi Commercial Company. We also thank Johnny Felix & his crew for their contribution of halibut, crab, and shrimp to the Seafood Feast and to all of the volunteer cooks, everything was delicious! A special thanks to those who helped with community burning and brushing of the building. It was a very warm experience for all those who were able to share and witness such a wonderful and healing event. The Journey to Wellness Men's Home would like to extend a warm welcome to the new residents at the Men's home. They are also seeking wood for the weekly Sweat sessions that are offered to the residents of the Men's home to help them along their journey to recovery. For more information please contact John Jefferson, House Manager for more information at 360-306-7124.

With Springtime in full force and the various goings on around our Lummi community, once again our hands go up to all the good work being done and to all of those participating in it. Happy Mother's Day! Watch for more exciting updates from the Office of the Vice Chair!

We pray that everyone will keep each other close and stay Lummi strong!!

Lummi Indian Business Council

Reconvened General Council Meeting

Rescheduled to: May 8, 2014

Law & Justice ~ Wexliem ~ 5 PM





Darrell Hillaire, LIBC Treasurer

Hello,

The Lummi Indian Business Council, the Budget Committee and members of the General Council have been working on several revisions to the LIBC Budget Ordinance (Title 28). Currently, there are four proposed versions of a revised budget ordinance. My office is moving forward a version that codifies the working agreement between LIBC and the Lummi Commer-

Treasurer's Update

cial Company (LCC). LCC is the parent company for the Silver Reef Casino and Hotel, the Lummi Tobacco Company and the Lummi Convenience Stores.

The proposed Title 28 amendments establish a Memorandum of Agreement (MOA) between LIBC and LCC. The agreement identifies both parties' financial, administrative and legal responsibilities to the Nation. Under this agreement, the LCC annual business plan and budget will require LIBC approval prior to the annual LIBC appropriations process. The council is preparing to vote on these Title 28 amendments at a May 16 LIBC meeting.

The council met and discussed the Nations' 2014 operating budget at a spe-

cial meeting held April 28 at the Silver Reef Casino. LIBC is making an effort to strengthen a "commitment to save" money. The Council intends to save and invest its money for our children's future, to protect against revenue shortfalls and for emergency community needs.

My recent travels included attendance at the Native American Finance Officers Association (NAFOA) conference in New Orleans. Conference highlights included: panel discussion on Performance Based Budgeting, The General Welfare Doctrine, and commercial development in Indian Country.

I will be attending the National Indian Gaming Association Convention in San Diego, CA. on May 11-

14. Our Lummi team will be meeting with other tribes to explore development opportunities, discuss the changing gaming environment and to expand business relations with banks and developers.

The Treasurer's team is Rosa Revey Jacobs, Nicole Lewis, Justin Finkbonner, Troy George, Brian Genge and Fred Williams (not pictured). Please feel free to call or visit for questions or concerns. Hyshka!



Left to right: Treasurer Darrell Hillaire, Financial Analyst Nicole Lewis, Policy Advisor Justin Finkbonner, and Assistant Rosalee Revey-Jacobs. Bottom: Chief Financial Officer Brian Genge. (Fred Williams is not pictured)

General Manager's Corner



Bobby Thompson, LIBC General Manager

Lummi Youth Academy

The Lummi Youth Academy reopened and is currently servicing 22 residents with increased staffing pattern due to the new compliance standards established. The new standards are also based on the Lummi Code of law, Title 41. This standard also provided provisional license, by the Lummi Tribe, as a fully tribally accredited institution to serve homeless children served prior to its closure in December, 2013. The only services disallowed in the facility is the direct special Chemical Dependency and Mental Health services at the facility. This was due to legal concerns since the staff did not have proper credentials in those area of services. In place of the on site services, CD and MHC services are delivered on an outreach basis or appointment at

another facility. Occasionally, the services are delivered on site if this becomes the best interest as a home living environment for the child.

In order for the LYA facility to maintain the provisional license, provisional policies and procedures were also formulated and approved. What does this mean? It means the facility is given a one-year provisional license to begin development of a service structure. It may mean to step up as a dormitory, youth shelter, or a comprehensive mental health service facilities etc. Each service model would mean the facility would require its own unique set of standards. We want to thank the LYA staff and the Interim Director for their continued planning and development along this line and looking at ways to determine the facility's long range goal and outcome

planning.

We are working to enhance relationship between the Youth Academy and the Lummi Nation School in terms of their unique setting and planning regarding the education piece of the operations. We are working to ensure that the families are provided the appropriate information about the formal education process under the handicapped law. This law requires that any education plan developed must have consensus from the parents. The LYA staff cannot function independently in developing education programs separate from the LNS individual education plan. The philosophy about Home Schooling concept was discussed. The LIBC administration recognizes that the Home Schooling concept is a wonderful idea; however LYA cannot set up its own home schooling activities without having parental involvement in their individual education plan decision-making process. The academy does not have legal custody of the children who reside at the facility. The parents have the legal custody and must be participants in the decision-making of their children's education. Unless legal responsibility was temporarily reassigned to the Lummi Children Ser-

vices or other entities, parental rights should never be compromised in the education of children.

We are working through these issues and hope to finalize the needed model between the LYA and LNS as a we reach consensus about the Youth Academy long range goals and objectives. It was determined that business as usual at the academy will not be allowed due to the many legal implications on liabilities without the properly equipped staff and facility.

Lummi Higher Education Scholarship And Grant Program

The Lummi Higher Education Scholarship and Grant Program is going through a face lift in recent times. Through the initiative of the GM office and it's established committee, the higher education scholarship finally consolidated all it's financial resources and created the higher education grant and scholarship programs and Lummi Higher Education Scholarship Board (LHESB) by LIBC Resolution 2014-019. The scholarship board membership is being formulated to officially organize them in May, 2014. A seven(7) member board was established under this resolution. All board member-

ship will be Lummi Tribal members. The board membership will come from the NWIC, Lummi Commercial Company(LCC), Lummi Education, LIBC Finance Department, LIBC HR Director, Deputy General Manager and one community at large. The Deputy GM is working to finish the board formation to begin the work of creating additional policies and procedures for grant and scholarship award administration. The first order of business will be to recommend to the LIBC one community at large board membership. This will be approved by a Resolution. In addition, the LHESB will develop policies on student loan repayment program. In each of the three(3) areas of funding need, priorities will be required. The priorities in funding will be to provide Grant, Scholarship and Student Loan Repayment in that priority order. One important change to the new higher education award program will be set a direct grant award system based on annualized funding plan which will be \$5,000, \$6,000 and \$7,000 depending on the student status in college. A part-time credit earning will also be available if it's meets the grant eligibility. This direct grant award will no longer be based on "unmet need" analysis system. However, the stu-

(General Manager Update continued)

dents will still be required to file FAFSA process annually to establish funding eligibility at the college financial aid office. Our records must still show that the students grant and scholarship needs exist to fund them. We are excited about this new opportunity to work with students in a more direct fashion than has been done before.

LIBC Salary Scale Administration Project

Through the mandate of the LIBC, General Manager began the salary scale reassessment project by creating a committee to conduct further study on how we will improve the existing system. The committee engaged an experienced third party contractor to help us establish a framework from which the salary scale administration will be established.

Currently, the planning committee is implementing listening sessions with employees to begin the data collection process as well as educating them of the new process to be used. We are moving forward to help them understand the job evaluation process and how that will be structured. The committee received many inputs and questions from the employees this far. The project is not an easy task to accomplish but once we finish the project, it will be one of the most comprehensive tribal salary scale administration process that we would have embarked. This new process will give a better picture on how each individual job description will be evaluated. This new process will also be competitive in the local job market. The market analysis will be transparent for both the supervisor and employee to show how its fair and equitable in pay.

Title IV E Project (Children In Care Unit)

The Title IV E project is completing its final stage of having its policies and procedures manual approved by the Children Bureau, Social Security Administration. It is anticipated the plan will be approved in May, 2014. Once the plan is finalized, the LIBC will determine whether or not they want to implement the approved Title IV-E project. There are many variables going into deciding whether or not to implement the approved plan, one of which is front loading with tribal hard dollar funds. Reimbursement from the federal government will not be 100% of funds allocated by LIBC for the operation costs. It will only be 100% of its eligibility children and the type of services provided. When completed this project will be a major milestone for the Na-

tion Lummi Nation has never, in recent history, taken over complete control over its child welfare services independent from the state of Washington. This project will foster that opportunity and training will be provided to identify tribal membership under the Title IV-E Project for Foster Homes. Additionally, family intervention and prevention services will be provided. The goal is for family reunification process. Currently, the Children In Care Unit has received many clients in their service operation either they were referred or self-referred. We hope we can begin the project implementation within May, 2014 once approved.

Lummi Tribal Health Clinic

The Lummi Tribal Health Clinic is once again reached another milestone in service improvement. A major deficiency of the

clinic laboratory was not complying with the accreditation standard due to its size and capabilities. We were able to successfully renovate the laboratory and now it meets the standards. The clinic dental department opened its doors for week end services and expansion of services to the Lummi Nation School. Under the leadership of the General Manager and staff support, a full fledged Business Office has been created at the clinic for third party billing process. As a result of this initiative, third party billing revenue has increased from 1.5 million in revenue in 2012 compared to 4.9-5.0 million in 2013. The goal is to reach 8-10 million in revenue within the next couple of years. Once this happens, the LIBC will have the necessary funds to improve existing facilities and/or construct new clinics and other health care facilities needed at Lummi.



Happy Mother's Day May 11, 2014



To the Lummi Community



Submitted by Shasta Cano-Martin

Friends and relatives,

For the month of May, in recognition of Mother's Day, we honor our mothers and the unconditional love they provide our children, families and community. Many of our community members have reiterated time and again how our mother's historically and continue to be the backbone of the community. Thank you to all the strong women who raise children, grandchildren, and help guide and provide for their families.

In leadership, I feel blessed and grateful for my family who love and support me so that I can fulfill my responsibilities and duties as a Council member. I often think of my own mother, and how she raised

me as a single parent. She made sacrifices to support me in my endeavors, and she continues to be a strong force in my children's lives as a grandmother. My biggest motivating force and inspiration is my children, and the kind of example I am providing. I'd like to thank the community for trusting in my example by electing me into this position, as well as other Council members who have helped and worked with me on important issues.

To help update the community on activities and happenings, below is a quick summary of some projects that I've been involved with, along with a list of community engagements. Although it is not exhaustive, thank you to the Lummi community for the opportunity to serve in this capacity. Hy'Shqe.

Peacemaking Circles

On March 28-30th, 2014 a Peacemaking Circle was held at the Northwest Indian College, in collaboration with NWIC Service Learning, Lummi CEDAR Project, PointOneNorth, and Center for Ethical

Leadership. This training introduces and gives people the opportunity to experience some of the benefits to Circle such as:

- Effective Communication
- Open dialogue
- Building community connections

Another Peacemaking Circle will be held May 30, 31st and June 1st from 9-5pm at the neighborhood facility cafeteria, again, in cooperation with various entities, to help build up capacity and understanding of utilizing this process within community. Registration, if you're interested, can be made through the NWIC Service Learning Program.

Higher Education Scholarship Resolution

A resolution was recently passed, that formed a scholarship committee to oversee Lummi Higher Education grants and scholarships. The intent was to make the process fair and equitable, and to establish policies that help meet the need of Lummi students and his or her circumstances.

Work Group

There are several Council work groups that were formed to help focus on priorities that were set for

the year. These groups have been meeting regularly to help address some of the needs in community. A follow-up to these work groups is in process.

Description	Occurrences/#'s (Nov-April)
Community Member/Constituent Mtgs	16
Peacemaking Circles/Talking Circles	8
• Council	
• New Year's	
• Seattle Partners	
• Meetings	
• Community Healing	
Community Events	17
• General Council	
• Public Hearing	
• Community Dance/NYE	
• Legacy Event	
• Cherry Point Issue/WWU, Seattle, Islands, art	
• HonorWorks	
• 5k run/walk	
• Brigid Collins Fundraiser	
• Library Opening	
• NWIC TL'aneq fundraiser	
Washington D.C.	2
• NCAI	
• Meet & greet	
Conferences	4

Community Updates

(LIBC Community Contributions continued from page 1)

Lummi food bank.

Bellingham Theatre Guild
\$7,500

Engaging with the community to create live theatre experiences; providing diverse communities with a change to be social in a positive and healthy environment.

Boys & Girls Club of Whatcom County (Ferndale)
\$15,000

Inspiring and enabling all young people to reach their full potential; providing a safe after-school environment that is available for all Lummi youth.

Brain Injury Association of Washington \$1,000

Working to prevent, support, and advocate for all brain injury survivors and care givers; providing healthy social events to brain injury survivors in several counties (including the Lummi Nation).

Brigid Collins Family Support Center \$12,000

Breaking the cycle of child abuse by promoting family support as a means of prevention; in 2013, 370 children and parents from Lummi received parenting education, support and prevention education, and therapy through BCFSC.

Catholic Community Services of Western Washington
\$5,000

Providing assistance to enable better lives, stronger families, and healthier communities across Western Washington; Native American Recovery Homes are open to ALL tribal members of Washington tribes.

Catholic Housing Services of Western Washington (AKA Archdiocesan Housing Authority) \$5,000

Providing safe and affordable housing coupled with support services to help end homelessness and poverty; providing services for substance abuse, mental, and chronic illnesses.

Compass Health \$1,000
Improving the well-being and mental health of individuals of Snohomish, Skagit, Island, and San Juan County; services are available to all tribal communities.

Domestic Violence & Sexual Assault Services of Whatcom County \$1,000

Providing support for those affected by domestic violence & sexual assault; leading the community to end these abuse powers; and collaborating with Lummi Victims of Crime (LVOC); and providing info to LVOC when needed.

Edmonds Community College \$1,000

Providing access to cultural diversity through annual pow-wow, storytelling, elder performances, and traditional foods.

El Centro de la Raza \$1,000

Building unity across all racial and economic sectors; services and facilities available to all marginalized

populations.

Ferndale Arts Commission (AKA Allied Arts of Whatcom County) \$1,000

Providing leadership for the cultural enrichment of the community; and opportunities for Lummi artists with indoor space for selling art.

Ferndale Community Service Cooperative \$5,000

Providing support services to other community based programs in Ferndale that serve families and individuals in need; Lummi children and families receive free/reduced lunch, hygiene and household cleaning supplies, and school clothes/supplies.

Forward Veterans Group \$6,000
Providing support and outreach for Veterans and family members who cannot access help because of PTSD; Lummi Nation veterans receive services such as DV awareness/prevention, and substance abuse treatment/prevention.

Friends of the Ferndale Library \$2,000

Providing financial and physical support for library programs, supplies, and equipment – including the Lummi Cultural programs at Ferndale Library.

Friends of the Earth \$1,000

Promoting clean energy, solutions to climate change, keeping toxins out of food and water bodies, protecting marine ecosystems; and collaborating with Lummi Nation to oppose construction of Gateway Pacific Terminal.

Habitat for Humanity of Whatcom County \$1,000

Rebuilding and communities through collaborative efforts; providing a 20-week program to build a home for a family in need.

Healing Lodge of the Seven Nations \$5,000

Providing a healing environment and treatment for Native American adolescents suffering from substance abuse/addictions; program based on NW Native traditions, aligning well with Lummi Schelangen.

Heartbeat Foster Family Support \$1,000

Strengthen families and youth with education and supportive programs available for Native youth in foster care; while hosting a regalia making workshop in Lummi for tribal youth and foster children living in the area.

Honor Works \$5,000

Honoring people of all races and ethnicities; wishing to address discrimination in schools.

Interfaith Community Health Center \$5,000

Providing high-quality medical, dental, and behavioral health services to all - regardless of ability to pay or insurance status.

Jet Oldsters Association of Ferndale \$1,000

Providing a hub for senior activities within the greater

Ferndale area that promotes a safe and healthy lifestyle for those 50+.

Law Advocates \$1,000

Provide access to justice for low-income families; providing free civil legal assistance; including 20 Native Americans, giving them access to employment, housing, etc.

Lummi CEDAR Project
\$43,200

Improving the health & well-being of the Lummi community through youth & elder relationships and youth leadership.

Lummi Indian Business Council

This covers LIBC program recipients

Commods - \$20,000

JOM - \$10,000

Victims of Crime - \$30,000

Little Bear Creek - \$20,000

Lummi Nation Services Organization - LNSO

This covers all the recipients that will be managed by LNSO

Xwlemi Youth Council - \$10,000

Lummi Youth Academy - \$10,000

Qua Qua Amus Longhouse - \$15,000

Youth Basketball Tournament - \$7,000

Youth Canoe Family - \$25,000

LNSO - \$45,000

House of Swa-Las - Slahal - \$12,000

Youth Wellness Center Renovation - \$20,512

Lydia Place \$5,000

Providing housing, supportive services, advocacy, and education to end homelessness in Whatcom County.

Native American Rights Fund \$10,000

Providing the preservation and protection of Indian rights and resources for tribal communities.

Native Women in Need
\$1,000

Providing cultural programs, advocacy, and mentorship to all Native women; providing access to health, wellness, and prevention of relapse, violence, sexual abuse; and providing access to affordable housing, emergency services, legal support, and etc.

Nooksack Bethel Chapel
\$1,000

Providing a health based relationship with local tribes & community members through eating healthier and daily exercises.

North Cascade Institute
\$1,000

Conserving and restoring the Pacific Northwest environments through education.

Northwest Indian College Foundation \$10,000

Providing education that promotes indigenous self-determination and knowledge.

Northwest Indian College - Financial Literacy \$5,000

Promoting self-sufficiency and wellness for indigenous people through culturally grounded, multi-generational, and holistic programs; providing financial budgetary

skills.

Northwest Indian College - Space Center \$10,000

Providing hands-on science, math, engineering and technology experiences.

Northwest Portland Area Indian Health Board
\$25,000

Providing the training sessions to all health board members regarding health related educational info.

Oheliqw'sen Healing Center
\$2,500

Providing the community with traditional healing services that support healthy lifestyles for the entire family, based on Native culture and values.

Opportunity Council
\$20,000

Providing services that meet basic needs, which include housing services and energy assistance.

Pacific Northwest License & Tax Fraud Association
\$1,000

Providing low-cost professional training & communication for those who conduct criminal, civil, tax and fraud investigations.

Pioneer Human Services - Whatcom County Detox
\$2,800

Providing a chance for change to those struggling with chemical dependency, mental health issues, and criminal histories.

Quilts of Valor Foundation
\$1,000

Providing Quilts of Valor to men and women returning from US military service to show gratitude and appreciation; including Lummi Veterans.

Reach Out and Read, Inc.
\$10,000

Providing services to encourage early learning among families by using books; and providing Lummi children & families with new books to learn at home.

Rebound of Whatcom County \$1,000

Providing relationships, advocacy, skills & resources to help families step out of poverty.

Rome Grange #226 \$1,000

Providing a safe facility for groups to host community events, meetings, and etc.

Sightline Institute \$10,000

Creating a sustainable Northwest - a green economy, strong communities, healthy environments, and to stop the expansion of fossil-fuel export (Cherry Point Terminal).

Susan Komen 3-Day
\$18,400

Providing awareness and prevention measures of Breast Cancer.

United Way of Whatcom County \$1,000

Creating a social change by mobilizing human & financial resources to help improve education, income, and health.

University of Washington Foundation: Intellectual House \$10,000

Providing the preservation, advancement, and dissemination of knowledge.

Victim Support Services
\$1,000

Providing support, advocacy, and education to victims of all forms of violence, crime and crisis.

Washington State Coalition against Domestic Violence
\$1,432

Working to stop the cycle of domestic violence; working directly with Lummi VOC & other local programs to end high rates of abuse.

WA State Native American Coalition Against Domestic Violence & Sexual Assault
\$1,432

Eliminating violence against Native women and promoting the well-being for Native families; thank you for responding to DV, sexual assault, dating violence, and etc.

Western Washington University Foundation \$10,000

Providing scholarships in support of Lummi and other Native American students.

Whatcom Community Foundation \$5,000

Providing scholarships to high school seniors at Ferndale HS and Windward HS.

Whatcom County Fire District 7 \$10,000

Providing trained personnel, apparatus, equipment and facilities for fire, medical emergency & disaster responses.

Whatcom County Fire District 8 \$5000

Protecting the lives and property in the Lummi Nation and Marietta communities; directly serving Lummi Nation with a fully staffed fire station at Gooseberry Pt.

Whatcom County Fire District 17 \$5000

Providing cost effective emergency medical services, protecting the lives of everyone, and property from fire related hazards.

Whatcom County Search & Rescue Council \$5,000

Providing and promoting the exchange of SAR techniques and disseminates, and advances in equipment & trainings.

Whatcom Dispute Resolution Center \$2,500

Providing and promoting constructive and collaborative approaches to conflict through the Lummi Court, Lummi Youth Academy, NWIC, and others.

Whatcom Events - Ski to Sea \$15,000

Providing fun and healthy events

Whatcom Family and Community Network \$10,000

Helping to ensure all Whatcom County children, youth, and families are healthy, safe and thriving; working with Lummi Youth Academy, VOC, and Children's Services & NWIC.

Whatcom Hospice Foundation \$20,000

Providing health services to all of our communities on a constant basis

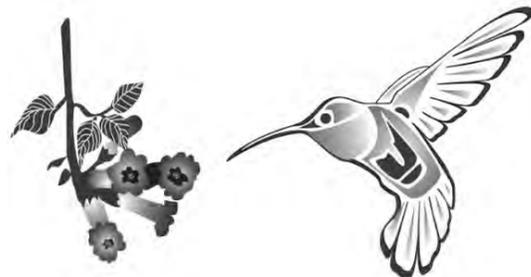
Community Updates

(LIBC Community Contributions continued from page 1)

Whatcom Literacy Council \$10,000
Empowering adults to improve their lives through literacy.
Whatcom Symphony Orchestra \$1,000
Presenting music of all ages to inspire audiences of all ages; regularly visiting the

LNS & other schools in Whatcom County.
Wildlife Rescue: NW Wildlife Rehab Center \$5,000
Providing rescue and rehabilitation to injured wildlife in Whatcom County for release into the wild.
Windward High School Boosters \$2,880

Providing a small, safe, and personalized high school learning environment.
Youth Dynamics \$1,500
Teaching students about positive choices and healthy lifestyles, especially when facing difficult choices.



Attention Deficit-Hyperactivity Disorder (AD/HD)

Submitted by Yvonne Thomas-Miller, Community Outreach Counselor

Attention Hyperactivity disorder (AD/HD) is a neurobehavioral disorder that affects three to five percent of American children and adults. AD/HD is usually diagnosed in childhood, and the condition can continue into the adult years. Many individuals with AD/HD are undiagnosed until adulthood (NINDS, 2011).

The common characteristics of AD/HD are impulsivity, inattention, and/or over-activity (DSM-IV-TR, 2000). Failure to listen to instructions, inability to organize oneself and work tasks, fidgeting with hands and feet, talking too much, inability to stay on task, leaving projects, chores and work tasks unfinished, and having trouble paying attention to and responding to details are the primary symptoms of AD/HD.

Although individuals may have both inattention and hyperactivity symptoms, many individuals predominantly display one symptom more than another. Therefore, the DSM-IV-TR identifies three subtypes that can be diagnosed:

AD/HD predominantly hyperactive-impulsive type: The major characteristics are fidgeting, talking excessively, interrupting others when talking, and impatience.

AD/HD predominantly inattentive type: The major characteristics are distractibility, organization problems, failure to give close attention to details, difficulty processing information quickly and accurately, and difficulty following through with instructions.

AD/HD combined type: The individual with combined type meets the criteria for both hyperactive-impulsive and inatten-

tive type.

Treatments can relieve many of the disorder's symptoms, but there is no cure. With treatment, most people with ADHD can be successful in school and lead productive lives. Researchers are developing more effective treatments and interventions, and using new tools such as brain imaging, to better understand ADHD and to find more effective ways to treat and prevent it.

Employees with Attention HyperActive Disorder can receive accommodations to work. There are a variety of ideas that can assist while on the job. For more information contact the Lummi Vocational Rehabilitation Program at 360-312-2072.

References:
CCER.org/JAN
National Institute of Mental Health.com
www.nimh.nih.gov

Why get your son, daughter or grandchild vaccinated against HPV?



Be Wise Immunize

Submitted by Mary M. Varco R.N., Maternal Child Nurse/WIC Certifier

HPV can cause cancers of the cervix, vagina, and vulva in women, cancer of the penis in men, and cancers of the anus and the mouth or throat in both men and women.

The Center of Disease Control recommends starting this vaccine for pre-teens age 11 and 12 year old

To get the best protection long before any kind of sexual activity .We vaccinate people well before they are exposed to an infection. An additional advantage to receiving the HPV vaccine at this age is that the vaccine produces higher antibodies ,essentially a more effective immune response than when they're older. It is possible to be infected with Human papillomavirus the first time someone has sexual contact.

HPV vaccine has been carefully studied by medical and scientific experts and has been shown to be effective and safe. Like other shots, most side effects are mild, primarily pain or redness in the arm that should go away quickly. HPV vaccine has not been associated with any long-term side effects. Since 2006 about 57 million doses of HPV vaccine have been distributed in the U.S. and no serious safety concerns have been identified.

The HPV vaccine is given in 3 doses (shots) over a 6 month period.

Please call Theresa 312-2467 @ the Clinic to see if your son or daughter has this protection or to schedule an appointment.

Thanks for your partnership in promoting Community Health ☐ Nurse Mary MCH/WIC

Lummi Nation

INVITATION TO BID

Submitted by Diane Bern

NOTICE IS HEREBY GIVEN that sealed bid proposals will be received only by Planning at their office in the Lummi Tribal Administration Building on the 2nd floor, 2665 Kwina Road; Bellingham, WA for the **ROUNABOUT AT HAXTON WAY AND SMOKEHOUSE ROAD** until Friday, May 23, 2014 2:00 pm.

At which time and place the bids will be publicly opened and read aloud. All bidders and any other interested people are invited to be present.

This project includes all labor, equipment and materials necessary for the

construction of a Roundabout at Haxton Way and Smokehouse Road in Bellingham, WA.

The project requires strict adherence to all contract provisions for Federal-Aid Construction Contracts, form FHWA-1273.

A pre-bid meeting will be held on May 9, 2014 at 11:00am in the Planning Conference Room.

Bid forms, specifications, plans and addenda are available through the Builder's Exchange of Washington's on-line plan room. Free access is provided by going to <http://bxwa.com> and clicking on "Posted Projects" "Public Works," "Tribal Agencies,"

"Lummi Nation" and "Projects Bidding.

A copy of the plans and specifications will be available for review at the Lummi Nation Planning Department office by pre-arrangement by contacting Robert Pell at 360-312-2348.

The Lummi Planning Department reserves the right to reject any or all bids, and to waive any irregularities. The Department also reserves the right to postpone the bid award for thirty calendar days after the bid opening.

Publication Dates: May 2, 2014 & May 7, 2014

Community Updates

My Mom...the best mom in the world...

Submitted by our Squol Quol readers

Jackie Leathers

My Mom Jackie Leathers is the best mom in the world because...she's not only my mother, she's my best friend. Just want to wish her a Happy Mother's Day, thanks mom for always being there for me. I don't know what I'd ever do without you. Love you Mom!!! From Raydean, Nick & fam.

Theresa Bob

My Mom Theresa Bob is the best mom in the world because...she has such a big heart and is always there to lend that helping hand no matter what!! Happy Mother's Day hope you have a wonderful day!! Love you Mom!!! Luv Nick, Raydean & fam.

Lillian "Marie" Ballew



My Mom Lillian "Marie" Ballew is the best mom in the world because she has a big heart! Everything she did was so we would have a good life! She never gave up on us! I love you Momma thank you for being amazing!

Gerri Lane

My Mom Gerri Lane, is the best mom, because she raised 8 girls and the strongest women I know. She loves each of us equally the same. She always ends her sentence by I love you always & forever, more then the stars, and to heaven & back. So right back at you mom, we all love you forever, more then the stars, and to heaven & back. From Loreen, Jan, Judy, Kelly, Bobby, Larissa, Lalita, Crystal.

Cecilia Hillaire

My Mother is the best because of her complete and utter selflessness and her devotion to her family. I love and appreciate My mom Cecilia Hillaire immensely. Thank you, Mom!

Gail Jefferson



My Mom Gail Jefferson, is the best mom in the world because through all her hard work and dedication to her family, she has come out a strong successful woman. Today and every day, we are proud to call her MOM. We Love you! - Landa & Teeiah

Teeiah Arthur



My Mom Teeiah Arthur is the best mom in the world because she hugs real tight, kisses our booboo's, teaches us right from wrong all while teaching 1st graders and being an amazing wife. We are so lucky creator chose to give us to her, we love you mom. Love Anton & Amaya

Adrian Jefferson



My mom Adrian Jefferson is the best mom in the world because she never gave up on me. She was always there to magically kiss a scratch away, to protect me from the boogie man, to let me know when I was out of line, but most of all she is my best friend that will never leave my side. For all of that and so much more I LOVE HER WITH ALL OF MY HEART. Love your daughter Tabitha. =)

Charlene Humphreys

I'm proud and honored to say Charlene Humphreys is my Mother! Mom you're one tough woman! You've been through a lot. You've helped and took care of me in many ways. I am very thankful for that! <3 Happy Mothers Day Mom <3 - love Amanda Humphreys

Vera Solomon



My Mom, Vera Solomon, was the best mom ever. I only wish that she were here with us to watch my girls grow into women. If not for her I would not have become the woman and mother that I am today. I love and miss her every day.

Celeste Jefferson



Celeste Jefferson is the best mom because she taught me everything I know. I would not be here without her but more importantly, I would not be who I am today. Love you mom!

Roberta Wilson



Our Mom, Roberta was the best mom in the world because...she gave us many treasure to help fill our basket...she was a basket filler.... I love her for that, she taught us to enjoy our treasures and to remember who you are! Oomagelees

Doris Jefferson

My Mom (Doris Jefferson) is the best mom in the world because she always expects the best out of us no matter the situation, not only her birth children but also the grandchild and nieces and nephews.... She loves all no matter what Love always Candy, Leonard, Ben, Katina, Mann, Natalia, Ed

Della Finkbonner



My (our) Mom Della Finkbonner is the best mom in the whole world because without her we wouldn't be us! (Bernie, Robin, Sauce, and Angel) Thank you MaMa for giving us life you are our rock! And we LOVE YOU! HAPPY BIRTHDAY WISHES MaMa! MAY 27th.

Judy Leathers

My Mom Judy Leathers is the best mom in the world because...she not only gave birth to me and my brothers but she also helped me raise my 2 girls... she taught us how to respect everybody and to treat everybody the way you'd want to be treated... she was a hard worker her whole life.. she just recently retired and moved to Kansas but is coming home the whole month of may to spend her birthday and mothers day with her family. we love you mom always and forever...

Verna Hawks



My Mom (Verna) was and is the best mom in the world because...She is still "with me everyday"...Even though she left this physical Earth 27 years ago. She is "with me" every day... in my mannerisms, my speech, my sense of humor, my laugh, and my love for others. Thanks Mom.

Cheryl Jeffreys



My mom is the best because she is so full of love. She loves unselfishly and is always willing to help others out. She is the BEST mom and grandma that anyone could ever ask for!

Babe, Tammy, Karen, Tina, late Kimmy

My Auntie-Mom (Babe, Tammy, Karen, Tina, late Kimmy) is the best Auntie-mom in the world because... They will always be by our sides no matter the situation right or wrong, we all love you not matter what, thank you for always loving us, Love always, Candy, Katina, Mann, Missie, Leonard, Benny, Ed

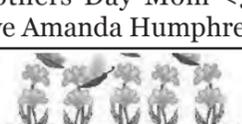
Jackie Ballew

My mom Jackie Ballew is the best, Best, BEST mom in the world because she is strong, capable, smart, supportive, beautiful, and a good friend. She takes good care of her loved ones, brightens a room, and she makes delicious food.

Maria L. Rosario



My Mom Maria L. Rosario is the best mom in the world because she always did her best to provide my brothers, sisters and me with loving guidance to be humble, kind and giving... we love and miss her so very much. ~Blowing you kisses, Doug, Simon, Peter, Misty, Gena & Jacqueline~



Community Updates

(My Mom...the best continued)

Theresa M. Thomas



My Mom was the greatest Mom...She had 10 children. She made each of feel like we were the "special one". Later in our adult life we found she favored each of us in her own way... as only a Mom could do... Love you Momma! Happy Mother's Day!

Jackie Ballew



My mom Jackie Ballew is the best, Best, BEST mom in the world because she is strong, capable, smart, supportive, beautiful, and a good friend. She takes good care of her loved ones, brightens a room, and she makes delicious food.

Dorothea A. Purser



Mom was the best in the world because her love had no bounds for Doralee, Skipe, Jack, Francy and Candy, and we knew it. That love only grew greater with the birth of her grandkids and great-grandkids. Love and miss you Mom.

Yvonne Cagey



My mother is the best because she's a survivor. She's made it through 3 brain aneurisms just within a month and lives life as if it never happened. She is the strongest woman I've ever known and she continues to amaze me every single day. I thank God that she is home, healthy and still sassy as ever. Happy Mother's Day Mom! Love, Hillary, Amber & Christine.

Patricia Jefferson



Our Mom is the best because she makes us feel better when we're sick, she sings Frozen songs with us, feeds us, and brings us to church and fun places.

Edna Revey



Our Mom is the best because she cooks for us, makes things with us, makes us feel better, brings us to our games and the mountains and Great Wolf and everywhere.. And because when he have hurt feelings she makes us better.

Edna Harper

Mom aka Nari is the best because her love is unconditional, her faith is endless, and her commitment to her family is a strong bond that can never be broken. We love our Mom and our Nari!

WORLD'S BEST MOM



ST. JOACHIM MISSION
4195 Lummi Shore Rd., Bellingham, WA 98226
360-384-3651

Lummi Reservation

St. Kateri Tekakwitha

The Lily of the Mohawks

Presented by national Catholic speaker Rich May, frequent guest at the annual Catholic Tekakwitha Conference. He has been recently honored by the Cherokee Nation as one of their own through "making relatives" in the Cherokee tradition.

The amazing story of a 17th century 24 year old Native American who was converted to Christianity and now is a model for purity & sanctity!

Recently canonized, the audio-visual presentation includes discussion of Kateri's miraculous appearances and healings after her death in 1680, and that still take place today!



Thursday May 15th at 7:00pm

Light Refreshments after 6 PM Mass



Rich May has a BA & MA in theology from the University of St. Thomas (Houston) & the Franciscan University, speaking throughout the U.S. at parishes, conferences, retreats and parish missions. Appearing on EWTN TV & radio, he has also been a regular speaker at the yearly Native American Tekakwitha Conference. He has designed a set of Rosary booklets for Native Americans (available at the presentation).

Don't miss it!



Sponsored by Multicultural Communities Ministry of the Archdiocese of Seattle
710 - 9th Ave. Seattle, WA 98104

Information please contact: Philip Tran: 206-382-4828-Philip.Tran@seattlearch.org
or please contact St. Joachim Parish: Cheryl Johnson: 360-815-4783

Planning Department

Lummi Transit

Submitted by
Matt Jensen,
Transit
Manager/
Transportation
Planner



If not, then you should ride the Lummi Transit sometime.

The days are now longer than the nights, as well as getting warmer so please come out and enjoy our beautiful world and ride with us. In March we gave 5,778 rides, in and around the Lummi Nation while traveling 10,187 miles, which means Lummi Transit moved each our riders an average 1.76 miles. We strive to offer a quality service to everyone in the community, and hope that our riders agree.

Eagle Escort

Have you ever experienced an "Eagle Escort"?

At the end of Cagey and Lummi Shore Roads, an Eagle will fly down to the drivers' window and look eye to eye with the driver. Then as we go down Lummi Shore Rd. the eagles come out of the trees one by one in sequence to meet the bus.

It is an awesome experience that Cheri Morris and Threasa Jones have witnessed. They believe this eagle escort is "Uncle Ray" letting us know that he is still watching over us. By, T. Jones

Qe'ciyew'yew (Thank You)

Community Updates

To promote the youth drawdown program this year

Lummi Youth Recreation is now accepting draw down requests for 2014.

The draw down program allows \$200.00 per enrolled Lummi youth per calendar year in grades K-12 to go towards any

sporting activity, or extra curricular activity that contributes to the health and wellbeing of the child. This program is intended to promote health, wellness and culture.

Examples include: bas-

ketball, baseball, football, swimming lessons, soccer, music, band, skating, snowboarding, dance, chorus and art. Drawdown can also be used to go towards any select teams such as regulators football, basketball and needed sports

clothing and equipment. Also allows for support for lessons and classes such as music, instrument rentals, instructor/lesson fees, uniforms, shoes, costumes such as dance recitals or theater production, books

and materials needed for lessons. (Application can be found below.

Please take a minute to fill out our online survey about the Lummi Youth Wellness Center

<https://adobeformscentral>.



Lummi Youth Wellness Center
Request for Funds
Calendar Year 2014
NEW REQUESTS

"For good of the child"

If Funding is available and relevant to the mission of the Lummi Youth Wellness Center all requests will be reviewed and approved on a weekly basis. All requests, per the drawdown policy, shall not exceed \$200.00 per Lummi enrolled youth for the calendar year. All requests will be submitted for payment on the LIBC accounts payable and purchase order schedule. AP calendars available upon request. Requests **MUST BE** submitted 2 weeks prior to activity or event. Drawdown funds available only to youth in grades K-12.

Child Information: *Please Print Clearly*

Full Name: _____ DOB: _____
 Address: _____ City: _____
 State: _____ Zip: _____ Age: _____
 Tribal Affiliation: _____ Enrollment No: _____
 Parent/Guardian Name: _____ Contact #: _____
 Cell # _____ Email: _____
 School Attending: _____ Grade: _____
 Have you received assistance prior to this request? [] Yes [] No
 If Yes, when and explanation of assistance: _____

Activity Information: Requested Amount: _____
 Reimbursement: [] Y [] N
 If Yes, Payable to: _____
Must attach receipt

Type of Activity:

<input type="checkbox"/> Basketball	<input type="checkbox"/> Football	<input type="checkbox"/> Baseball	<input type="checkbox"/> Wrestling
<input type="checkbox"/> Band/Choir	<input type="checkbox"/> Dance	<input type="checkbox"/> Canoe Pulling	<input type="checkbox"/> ASB Fee
<input type="checkbox"/> Snowboarding	<input type="checkbox"/> Other: _____		<input type="checkbox"/> School Sports Fee

Items Needed: _____

Store:

<input type="checkbox"/> Fred Myers	<input type="checkbox"/> Other: _____
<input type="checkbox"/> Prostock	
<input type="checkbox"/> Sports Authority	

Parent/Guardian Signature _____ Date _____
By signing you are acknowledging that you are using the draw down amount for the 2014 calendar year.

For Official Use only:	
Date Received: _____ [LYR Staff Initials: _____]	Purchase Order
CIB or Proof of Enrollment Rec'd: [] Yes [] No	Check
Client ID: _____	Approved: _____ [] Yes [] No

Form Approved 12/24/13 @ LYR/Wellness strategic planning meeting



Records & Archives

Submitted by Janice Jefferson, Director

Mission Statement: To serve the Lummi Nation by preserving and protecting the historical and business records of the Tribe, and to provide records management services to LIBC and Tribal Community.

April 2014 Monthly Update

We are beginning to see some sunshine, the trees are budding and the birds are singing so there is definitely some Spring in the air. We are at the tail end of the first quarter of 2014 already.

The numbers for April 2014 are as follows:

- 12 - 2014 resolution scanned and certified YTD 12/47 YTD
- 12 - Resolution added to H:drive for electronic access
- 1- Resolution Attachment corrected and rescanned
- 67 file requests from various departments 67/163 YTD
- 18 files requests from courts
- 3 file requests from Prosecutors
- 6 file requests from Clinic
- 33 file requests from Lummi Housing Authority
- 1 file request from Behavior Health
- 3 file requests from Attorneys
- 3 file requests from Human Resources
- 30 files returned 30/111 YTD
- 13 file returned from courts
- 4 file returned from Prosecutors
- 1 file returned from Behavior Health
- 1 file returned from the Clinic
- 10 files returned from Lummi Housing Authority
- 1 file returned from Public Defenders Office
- 23 cubic feet accessioned into Records Inventory from Behavior Health and 14 accessioned from the Public Defenders Office
- 5 Archival requests
- 1 request to see photos and information on family member
- 1 request for memorial card
- 1 request for 1948 constitution
- 1 request for Lummi Nation booklet
- 1 request for Cove Board and Processing Venture
- Records Coordinator Training- none this month
- Treasurer's Office Disposal started this month, 10 out of 10 100% complete 187 items scanned and 15 Archived
- Enrollment Disposal started and finished this month, 5 out 5 boxes 100% complete 66 items scanned
- 68753 pages scanned or 753 files
- 258 Family Tree entries 135 males and 123 females
- 463 cubic feet prepped for disposal this month
- 135 Lite boxes sent for approval
- 40 Tribal School boxes sent to for approval
- 54 Budget office boxes sent for approval
- 48 Family Services boxes sent for approval
- 107 Lummi housing Authority sent for approval
- 33 Economic Development boxes sent for approval
- 39 Water & Sewer boxes sent for approval
- 7 CARE boxes sent for approval
- Budget for 100 account is approximately 25% spent
- Budget for 150 account is approximately 23% spent

I would like to congratulate Wilfred LaClair Jr. for becoming a certified Records Information Management this month. He passed with a whopping 93%. Again congrats, we are really proud of you. I attended two HR Policy meetings this month and we discussed Challenge Policy and Pay Day/Payroll Advance Policies.

This month we reduced the number of Scanning Project employees by 2 so we have 4 employees working 30 hours a week now. So far all departments have been really satisfied with the scanning job our employees are doing. We also installed a Family Tree maker on two of our com-

puters this month. If you would like to come in and work with our staff to start your family tree process please call 360-312-2062 for an appointment.

Once again we encourage you to submit pictures (we can make copies), birth announcements, death certificates, wedding photos or invitations, graduation announcements or photos, sporting events, class pictures, yearbooks or annuals, naming, etc. to begin or add to your family history. If you need to schedule us to come into your home to scan these documents please call us at 360-312-2061. And remember we are just a holding place for preservation unless you release them to us, you control who has access to them.

Director: Janice "Honetia" Jefferson
360-312-2059 janiceb@lummi-nsn.gov
Staff: 6 Lummi tribal members, 1 other tribal members
Staff: Wilfred LaClair Jr., Scanning Tech Supervisor 360-312-2060
Daniel Neil, Records Tech II 360-312-2062
4 PT-Temporary Employees for Scanning Project
Contact Information:
2665 Kwina Road
N 1500
Bellingham, WA 98226
Fax: 360-312-8742
Dept. Divisions: Archives & Records Management

Insulin is life

Submitted by Mattie H. Smith, RN, CDEI

Insulin is life---without it, the body can not convert the food we eat into the energy that's needed to survive.

Type I Diabetes targets the destruction the cells that pancreas that makes insulin. Since Type I Diabetics have no insulin they must take insulin everyday.

The relationship with Type 2 diabetes is more complicated. People with type 2 diabetes can make some of their own insulin, but not enough to maintain normal blood glucose levels they might need insulin.

The purpose of this article is to address the myths about insulin.

#1 Myth: Insulin has gotten the reputation for being an "end of the line" medi-

cation for Type 2 diabetes that once started, can't be stopped.

Fact: Once glucose levels are controlled and lifestyle changes are in place, people may be able to use oral meds instead of insulin or reduce multiple daily injections to once daily.

#2 Myth: Insulin means you failed at caring for your diabetes

Fact: This is not true. Type 2 diabetes is a progressive illness, which means that over time the body makes less and less insulin. Even people without diabetes produce less insulin as they age.

#3 Myth: Insulin causes diabetes complications.

Fact: Insulin users have had diabetes for a long time, even when it is controlled, makes some types

of complications more likely. Insulin helps bring blood glucose to target, which can prevent complications, not cause them.

#4 Myth: Insulin is only for people who've had diabetes a long time.

Fact: Sometimes insulin is the right choice for a person newly diagnosed, particularly if blood glucose levels are very high at diagnosis. There are studies that show an intensive insulin approach for six months or a year tends to be more successful at preserving insulin production than oral meds.

#5 Myth: Oral medications are safer.

Fact: It's true that too much insulin can cause low blood sugar to go too low (Hyperglycemia), but it is otherwise quite safe and has no bad effects on the

heart, kidneys, pancreas, or liver, as do some oral medications. Insulin can be thought of as a clean medicine, with little effect on the liver and kidneys.

#6 Myth: Injections hurt.

Fact: Some people may experience discomfort, when injecting insulin. However, today's insulin needles are short and very thin—about the same thickness as three hairs laid side by side, making injections less painful than they once were. Testing a needle at your visit with the diabetes educator may pleasantly surprise you.

#7 Myth: Insulin will lead to weight gain.

Fact: Insulin helps the body absorb the calories from the foods you eat, so weight gain is a risk. When starting insulin you can take steps to avoid packing on

pounds. The obvious strategy is to eat less and exercise more.

#8 Myth: Taking insulin is hard.

Fact: You may associate insulin with testing blood glucose, carbohydrate counting, and other tasks. Some insulin users benefit from these activities, but not everyone will. Most people with Type 2 diabetes who take insulin use a fixed dose of long-acting insulin, so they may not need to count carbohydrates, which is strategy for adjusting mealtime insulin does. Most insulin users will tell you that once you adjust to taking insulin it is just a routine task like any other.

This article is taken from the "Diabetes Forecast" magazine, April, 2014 issue.

Lummi Health Clinic Interim Clinic Director

Hello, my name is David Quincy, I am an Anishinaabe enrolled with the Leech Lake Band of Ojibwe located in Northern Minnesota. I was originally hired in November as the Business Office Director, but as of February 27th, 2014 I was appointed as the Interim Clinic Director for the Lummi Tribal Health Center. My education includes a Masters in Public Administration – Health Administration, with a certificate in Tribal Administration from Portland State University and a BA Degree from the University of Montana – Northern. I have over twenty years of health care administration experience, starting as the billing coordinator for the Native American Rehabilitation Association of the NW's Urban Indian Health Clinic. I was also the Contract Health Services Supervisor for the Cass Lake Service Unit in Northern Minnesota; I then worked for 4 years in the Office of Self-Determination in the Bemidji Area IHS. I have also worked as the Commissioner of Health and Human Services for the Leech Lake Band Ojibwe. So my education, experience working with Urban, Tribal and Federal Indian Health programs makes me uniquely qualified for the Interim Clinic Director position here at Lummi.

I am very excited to be working here, the health care field is an evolving one, with unique challenges and opportunities. Most notable are the ones coming about with the Affordable Care Act, which when passed in 2009 also included the reauthorization of the Indian Health

Care Improvement Act. The direct and indirect impacts of the passage of this act will be of enormous value to health care delivery to the Lummi Community. Also of importance is the expansion of insurance eligibility through health care exchanges and expanded Medicaid eligibility. The Lummi Nation has made a commitment to enroll Tribal members into these exchanges, as well as traditional and expanded Medicaid and Medicare programs. The Tribe is also developing and will be implementing a Tribal Sponsorship program whereby the Tribe will pay for the Insurance Premiums for eligible Tribal members. The benefit for the Tribal member is expanded opportunities and choices in receiving health care. The benefit for the clinic is more revenue.

So the question is with insurance coverage allowing for more choices in where a patient receives their care, why would they come to the Lummi Tribal Health Center? The answer is that the quality of care given needs to be equal or better than what can be found elsewhere. That is a goal, that I and the staff at the Lummi Tribal Health Center is committed to achieving. It is rooted in the belief that through Self-governance the Lummi Nation can design and deliver healthcare services that are uniquely suited for their Tribal members and community. That Lummi Tribal members and the Lummi Community needs and deserves the best care possible.

How do we achieve this

goal? We start by setting specific goals, for example, "Every patient that comes into the clinic as a walk-in will be triaged within 10-20 minutes of checking in at the front desk and that the patients needs will be met within 30- 90 minutes of being checked in (average times)". To accomplish this goal we will have to change our processes, and invest in staff needed to implement and follow those processes. This change requires that once the patient is checked in, they are triaged by a Medical Assistant, or LPN. The triage process will gather vitals, blood pressure, weight etc..., and will determine the reason for the patient visit, if all the patient needs is a flu shot for example then that can be administered by the nurse. If the need is more complex, then the walk-in doctor can be seen, or an appointment could be made, or if there is a patient no show for a provider's appointment schedule, then that doctor could see the patient. For the patient, this process will result in shorter wait times, with their needs being met. For the Clinic, it means increasing the number of patients being seen through walk-in, back filling the appointment schedule, thus mitigating the no-show rate, and utilizing our providers and other clinic staff more effectively and efficiently.

In a Patient Centered Care team, the patient is a critical member of that team, which means that the patient also share responsibility for their care along with the provider, nurses and other clinic staff. An example of this responsibility includes ask-

ing questions when being triaged and providing feedback as to their needs. This is so that those needs can be properly identified and addressed. In those situations where a patient is communicating one level of need to the triage nurse, but then expands those needs, when they see their provider, that patient may be asked to schedule an appointment to address those expanded needs.

Contract Health:

I know one area that is of concern to our patients is Contract Health. Specifically, who is eligible, and why a persons bills are not paid by CHS. There are specific rules and regulations that spell out eligibility and CHS coverage.

First - to be eligible, a person has to be an enrolled Tribal member and living in Whatcom County, if they are enrolled with the Lummi Tribe or live on the reservation if they are enrolled Tribal members of another Federally recognized Tribe.

Second - a referral from a Lummi Tribal Clinic provider must be made, it is important to note that a referral is not a guarantee of payment. Self-referrals, just going to a provider for services, will definitely result in a denial of CHS denials. This does not include ER visits, but those type of visits have to be a medical necessity as determined by Lummi Tribal Medical Staff.

Third - Lummi Contract Health Services is the payer of last resort. What this means is that CHS will only pay after all other resources have paid, these

resources include, Medicaid, Medicare, Employer Provided Insurances, etc.... CHS will require the patient to apply for any insurances that they may be eligible for including those listed. When the implementation of the Tribal Premium Sponsorship Program occurs, every CHS eligible patient will have alternate resources available to them.

More information will be provided to the community at future date, but those are the basic facts relating to CHS. In this area I wanted to talk about one final concern and that is prescription medications. CHS is not and will not be responsible for medications:

That can be provided through the Lummi Tribal Health Clinic's Pharmacy; and

For those medications not provided through our pharmacy, there is no prescription from either a Lummi Tribal Health provider, or a CHS approved referral or ER visit. This is particularly true for narcotics.

In summary, I am excited to be here and am honored and humbled at the opportunity to work for the Lummi Tribe. I have been made to feel welcomed by both staff and the community. I pledge to put my education, knowledge and skills in working with Clinic staff, Lummi Tribal Leaders and community members in order to help provide the quality health services that this community needs and deserves.

Miigwech!

Elders Luncheon

Tuesday ~ 11:30 am

May 13, 2014

Silver Reef
Casino

Elders Birthday Lunch

12 noon

May 16, 2014

Little Bear Creek

Contract Health Services

Lummi Tribal Health Center
2592 Kwina Rd.
Bellingham WA, 98226
Telephone (360) 312-2492 Main Line Service
Hours: Monday – Friday: 8:00 a.m. – 4:30 p.m.
Closed on weekends and holidays:
Contract Health Staff:
Sharon Johnson, CHS Lead 360-312-2485
Raydean Bob, CHS Clerk 360-312-2465
John Leathers, CHS Clerk 360-312-2297
David Quincy, Interim Clinic Director 360-3122401

About Contract Health

Medical or dental care provided at an Indian Health Service (IHS) or Tribal health care facility is called direct care. The Contract Health Service (CHS) Program is for medical or dental care provided away from an IHS or Tribal health care facility. CHS is for services provided by private doctors and hospitals that IHS/Tribal clinics are unable to provide.

CHS follows the Code of Federal Regulations Title 42 Subpart B 136.11 – 136.14, Subpart C 136.21 – 136.25, Subpart D 136.30 – 136.32 and Subpart G 136.61, the Indian Health Service CHS Manual part 2 chapter 3, and other rules and laws per our 93-638 Contract.

CHS is utilized in situations where:

- No tribal or IHS direct care facility exists.
- The IHS or tribal direct care facility cannot provide the required emergency and/or specialty care.
- A patient's alternate resource(s) is not enough to cover the total of required care. See below for an explanation of "alternate resources."
- The service is determined to be within established medical/dental priorities.

The I.H.S./CHS program is not:

- An entitlement program (such as Medicare or Medicaid)
- An insurance program
- An established benefit program

After Hours Dental or Medical Services (Emergency)

If you have an emergency need to access dental or medical services while the LTHC offices are closed:

1. Call 911 or visit the emergency room if the situation is a true emergency. Emergency Rooms are for true emergencies, not for care that can be provided by primary care providers or because it is more convenient. Use of the emergency room will be reviewed for urgency of the service(s) provided.
2. Call Lummi Tribal Contract Health Services (360) 312-2241; (360) 312-2401 and leave a message with the following information:

- o Your first and last name
- o Your date of birth
- o Your phone number or another number where you can be reached
- o Date and time
- o Reason for dental or medical treatment

3. You will be contacted by CHS staff during regular business hours.

Some common reasons why CHS will deny payment from an outside provider:

- No prior notification/authorization of service
- No 72-hour notice of an ER visit
- No medical record established at Lummi Tribal Health Center
- No CHS eligibility on file

- Non-emergency use of emergency room or ambulance
- Patient is in custody of law enforcement or another State agency
- Alternate resources must be billed before CHS can consider payment. You failed to apply for alternate resources.
- You could have utilized the Tribal Clinic for the service(s) provided. This includes Pharmacy/Prescription Medications

Frequently Asked Questions:

1. What are "Alternate Resources?" Alternate resources are health care resources other than those of the IHS. Such resources include health care providers, institutions, or health care programs for the payment of health services including, but not limited to programs under Titles XVIII and XIX of the Social Security Act (i.e., Medicare and Medicaid, State Children's Health Insurance Program), State and local health care programs and private insurance. Examples of alternate resources include:

- o Medicare
- o Medicaid Program such as the Oregon Health Plan
- o Veterans Benefits (Champus, Champva)
- o Private Insurance (such as Blue Cross Blue Shield, PacificSource, etc.)
- o Homeowner's Insurance
- o Children's Rehabilitative Service (Crippled Children's Services)
- o Auto Insurance (liability)
- o Workman's Compensation
- o State Vocational Rehabilitation
- o State Maternal and

Child Health Programs

- o If you are a student and your education grant includes funds for health services, you will be expected to use the grant funds to purchase available student health insurance.

2. Why do I have to apply for Alternate Resources?

This is required by 42 C.F.R. 136.61, Payor of last resort. Approval of CHS payment for services is considered after all other Alternate Resources (AR) are applied. Any patient who is potentially eligible is required to apply for the alternate resource.

3. Why did my bill not get paid?

Each visit to a non-IHS health care provider and the associated medical bill is distinct and must be examined individually to determine CHS eligibility. All CHS requirements must be met for each episode (treatment) of care. A patient must meet residency, notification, medical priority of care and use of alternate resources requirements of 42 CFR 136.23, 136.24 and 136.61 in order to be eligible for CHS. Example: If a CHS authorization is issued, IHS will pay the first medical treatment.

4. Secondary Referrals - Follow up care or additional medical care are to be done at the nearest accessible IHS or tribal facility; or will require approval with a new CHS authorization. If this process is not followed, the patient may be responsible for the expense.
5. An IHS doctor referred me to a specialist, why am I being held responsible for the bill?

Referrals are not a guarantee for payment. A referral is a recommendation for treatment/test only. The CHS program must review the referral to make the determination for IHS or tribal approval of payment. All CHS eligibility requirements must also be met. See 42 C.F.R. 136.23, 136.24 and 42 CFR 136.61.

6. How do I register with CHS? [Registration]

To register with CHS, the following documents must be submitted to CHS:

- A. Completed CHS Client Intake Packet which includes the Registration form
- B. Social Security Card

Proof of being an enrolled member or un-enrolled minor descendent of a member such as a tribal identification card, enrollment papers, or birth certificate.

- C. Proof of residency: Driver's license or state identification card; and acceptable documentation of the your address such as a Rent Agreement or Utility bill; or a notarized letter

Alternate Resource Information such as a private insurance card; Medicare card (Part A, B, D or Supplemental); or a Medicaid determination letter (stating that you are ineligible).

- D. Additional documentation may be required to determine eligibility and will be requested at the time of application by the CHS Specialist.



Happy
Mother's Day



Community Updates

Please join us! 2014 Health & Wellness Fair

Submitted by Maureen Kinley, Health & Wellness Task Force Manager

Where: Silver Reef Casino Event Center

Date: May 17, 2014

Time: 8:00 a.m. – 2:00 p.m.

Grand Prize Drawing

- Apply for health coverage and visit 10 of the onsite exhibitors. Your card will be punched by the 10 exhibitors. Turn your completed punch card into the registration staff to be entered into the grand prize drawing.

- Grand Prize Drawing will be held at 2:00 P.M. Need not be present to win.

Door Prizes

(How do I win a Door Prize?)

- Just how it sounds! Just walk through the door and get automatically entered into the "Door Prizes" drawing. Just turn in your Door Prize ticket to the event staff. You need not be present to win. Door prize Drawings will be held throughout the day!

- If you already have health coverage,

bring a friend to apply for health coverage and receive an extra Door Prize Ticket.

- Early Bird Arrivals will receive extra door prize drawing tickets. Show up at 8:00 a.m. for the Healthy Walk and attend the 9:00 a.m. general session, and you will receive 2 extra drawing tickets.

Agenda At A Glance

8:00 AM - Healthy Run/Walk (South SRC Parking Lot - Tent)

9:00 AM - Welcoming Prayer/Remarks (SRC Theatre)

10:00 AM - Exhibitor's Opening Ceremony (Event Center)

10:00 AM - 2:00 PM - Exhibits Open (Event Center)

10:00 AM - 2:00 PM - Let's Get Covered! - Assisters Available (Chairman's Room)

10:00 AM - 2:00 PM - Naturopathic Care Demonstrations (Director's Room)

2:00 PM - Grand Prize Drawing



LOCATION

Silver Reef Casino Event Center

4876 Haxton Way
Ferndale, WA 98248
(866) 383-0777



WHAT SHOULD I BRING WITH ME IF I PLAN ON SIGNING UP FOR COVERAGE?

- YOUR SOCIAL SECURITY #
- BIRTHDATE
- YOUR TAX STATUS (DID YOU FILE TAXES IN 2013?)

A healthier Lummi Nation begins with you - Let's Get Covered!
2014 Health & Wellness Fair
May 17th, 2014 - 8:00 a.m. - 2:00 p.m.

Please join us for the 2014 Health & Wellness Fair

Where: Silver Reef Casino Event Center

Date: May 17, 2014

Time: 8:00 a.m. – 2:00 p.m.

This is an opportunity for you to meet your In-Person Assisters who can help you determine your eligibility for health coverage. Come out and meet your health care providers. Learn more about Health Care and how it affects you and your family.

- ▶ HEALTHY RUN/WALK
- ▶ DOOR PRIZES.
- ▶ APPLY FOR HEALTH COVERAGE AND RECEIVE A GIFT CARD.
- ▶ ALREADY COVERED? BRING A FRIEND AND RECEIVE AN EXTRA TICKET FOR THE DOOR PRIZE DRAWINGS.
- ▶ REFRESHMENTS SERVED.
- ▶ GRAND PRIZE - MINI VACATION GETAWAY! (See back for details)
- ▶ NATUROPATHIC CARE DEMOS! (Massage, Chiropractic, Acupuncture, Physical Therapy)



Lummi Nation Health Care Reform

www.luminationhealthcarereform.org | 360-306-8250

MEMORIAL DAY



A day of remembrance



In honor of National Children's Mental Health Awareness Day

SAVE THE DATE JOIN US

Wednesday May 7, 2014 &

Wednesday May 14, 2014

LUMMI BEHAVIORAL HEALTH

sponsored by Lummi System of Care

PRESENTS

"Medicine of the heart"

At the Wex-liem, 4 PM table, 6:00 Work

For more information:

Valerie Phair 360-312-2123 or 360-393-8258

LYWC PRESENTS:

BEADS - BEADS - BEAD

COMMUNITY
CULTURE

ARTS & CRAFTS

BEADS - BEADS - BEADS

Bring the Family and come make some arts and crafts with Beads! You name it! Necklaces, earrings, bracelets, key chains and so much more. Hope to see you there

Date: 5/8/14 6-8:30 PM @ LYR Gym

LIGHT DINNER PROVIDED



Contact Information: Rebecca Kinley or Jaysonha Revey ; LYWC Staff

360.360.6638 (office)

Commod Squad Update

Submitted by Raphael P. James

The Community Services is pleased to be able to provide an update of services available to the Lummi Community.. It is our goal to enhance and improve services to the Lummi Community.

**Commodity Foods
-Staff Attend 27th
Annual Nafdpir
National Conference
June 8-14,2014**

We are very excited about the upcoming National Association of Food Distribution Programs on Indian Reservation 27th Annual Conference, "Waves of Fitness-Oceans of Nutrition".

#1 Goal is to provide food through Commodity Foods while striving for better products from USDA. Butter is back! Yes the Tribes and the Feds agreed on a healthier choice of distributing real butter. We received this on February 4, 2013. The USDA is working on adding more food items in meat and vegetable, fruit selections.



Our goals include compassion, care, and confidentiality when serving our community. We service an average of 150 households per month.

Nutrition Education

We got our funding for Nutrition Education for this year so look out for fun events this summer. George Guerrero is excepting applications for gardening at the Commods office come down and fill

one out and get a garden at your house.

Energy Assistance

Tribal Energy Assistance

Tribal Energy Assistance well be starting up again, for elder May 5-16 and every one else will be on 19th, limited files so it will go fast.

Woodcutting Program

Woodcutting is winding down for the year, so

the crew can gear up for next years cold weather. There have been 149+ Households served to date. We are scheduled to be cutting and delivering through the end of April.

To Be Eligible For Wood;

1. 62 YRS OF AGE
2. SINGLE PARENT W/CHILDREN 6 YRS OR YOUNGER

Food Bank Program

The Lummi Food Bank runs every Friday excluding the first of every month.

The last Friday of the month is our basic needs fore the Lummi Families where Laundry Soap and Toiletries are distributed. There are 200+households serviced through the food bank. Just a reminder that Homebound is strictly for 62 Years and older with no vehicle. We really appreciate the donation from Community Services from the state with a portion coming from our Lummi Nation. From Small Potatoes a Whatcom County Produce Grower and a big Thanks to Franz's Bakery for the Bread!!!!

Pampers And Clothing

50 HH Once a month there is a donation from the TANF office of Pampers for the Children of the Lummi Nation for Emergency use only. There are clothing and household goods donated to the Lummi Food Bank from outside sources. Any donations are appreciated and more appreciated if they are cleaned before donated. Hy'shqe!

'Commod Squad' Staff: Elaine, Frank, George L., Christopher, Ray, George G., Jack, Tyrone S., Roger, Vince and all our Awesome Volunteers.....You know who you are...

"Parenting in Action"
Lummi Parenting Skills Program

Want positive parenting skills and SUPPORT?!

Individual parenting class offered at no cost to parents or caregivers raising a 2-5 year old

1. Weekly parent coaching sessions at Behavioral Health
2. Learn new skills to nurture the relationship with children
3. Practice new techniques to manage difficult child behaviors

Advice + Playtime + Positive Discipline + Encouragement
=A Happy Parent-Child Relationship

For details or to sign up, call Brigid Collins @ 734-4616 and speak to Katie Goger
Or call Behavioral Health @ 312-2019 for general information!

BrigidCollins
FAMILY SUPPORT CENTER

*God bless our
men and
women
in service.*



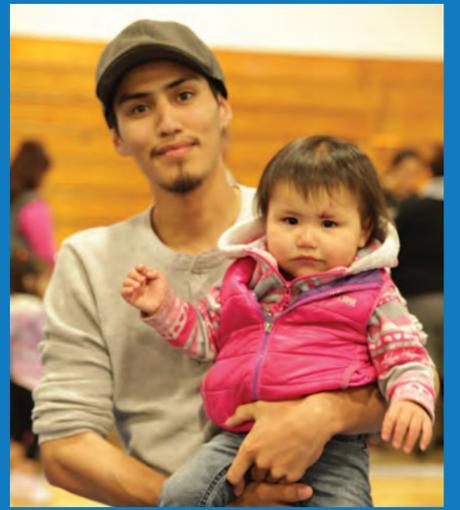
Squol Quol

Community Photos



LIBC Easter Egg Hunt April 19





Smokehouse Roundabout

Submitted by Kirk Vinish, AICP, Assistant Planning Director

This summer we will be constructing a roundabout at the Haxton Way, Smokehouse Road intersection. Here are a few of the most common questions we receive regarding roundabouts:

Why are we building a roundabout at Smokehouse Road?

Studies have shown that roundabouts are safer than traditional stop sign or signal-controlled intersections.

Roundabouts reduced injury crashes by 75 percent at intersections where stop signs or signals were previously used for traffic control, according to a study by the Insurance Institute for Highway Safety (IIHS). Studies by the IIHS and Federal Highway Administration have shown that roundabouts typically achieve:

- A 37 percent reduction in overall collisions
- A 75 percent reduction in injury collisions
- A 90 percent reduction in fatality collisions
- A 40 percent reduction in pedestrian collisions
- Slower speeds are safer for pedestrians, especially for the elderly and children

There are several reasons why roundabouts help reduce the likelihood and severity of collisions:

- Low travel speeds – Drivers must slow down and yield to traffic before entering a roundabout. Speeds in the roundabout are typically between 15 and 20 miles per hour. The few collisions that occur in round-

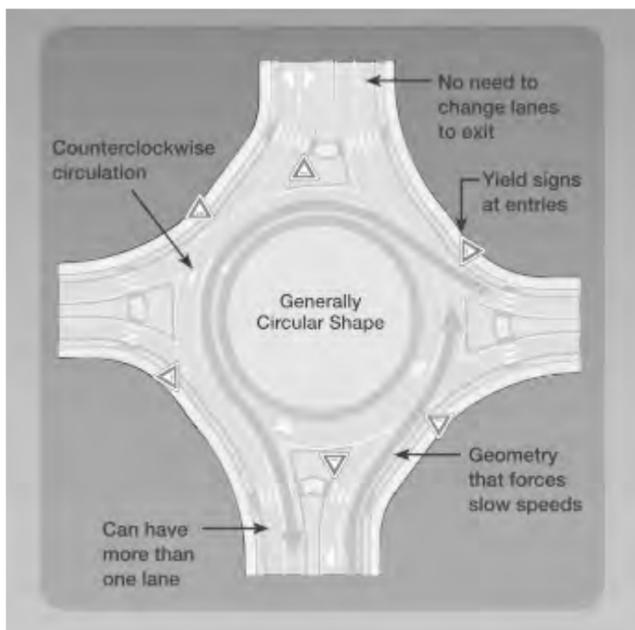
abouts are typically minor and cause few injuries since they occur at such low speeds.

- No light to beat – Roundabouts are designed to promote a continuous, circular flow of traffic. Drivers need only yield to traffic before entering a roundabout; if there is no traffic in the roundabout, drivers are not required to stop. Because traffic is constantly flowing through the intersection, drivers don't have the incentive to speed up to try and "beat the light," like they might at a traditional intersection.

- One-way travel – Roads entering a roundabout are gently curved to direct drivers into the intersection and help them travel counterclockwise around the roundabout. The curved roads and one-way travel around the roundabout eliminate the possibility for T-bone and head-on collisions.

Do I have to yield to entering vehicles if I'm already in a roundabout?

No. If you are in a roundabout, vehicles entering the roundabout must



yield to you. However, you must yield to pedestrians or bicycles in crosswalks when entering or exiting the roundabout.

What if an emergency vehicle approaches?

In a roundabout, you treat emergency vehicles the same way you would in a traditional intersection. Do not stop if you are

in the roundabout. Continue to your exit. Once you exit the roundabout, pull to the right and allow the emergency vehicle to pass. If you see an emergency vehicle as you are approaching a roundabout, pull to the right to allow it to pass, then continue into the roundabout.

What is the speed through a roundabout?

Roundabouts are designed for speeds below 25 mph. You should never exceed 25 mph as you travel through the roundabout.

How do I use a roundabout if I'm on a bicycle?

Bicyclists can choose to ride through the roundabout with traffic or walk their bicycles through the pedestrian crosswalks -- much like they would in a traditional intersection. Like vehicles, cyclists must obey the rules of the roundabout as they proceed through the intersection. Riders who choose to walk their bicycles may find that some roundabout designs have a ramp onto the sidewalk, which makes it easier for bicyclists to use.

How do I drive through a roundabout?

As you approach a roundabout, you will see a yellow "roundabout ahead" sign with an advisory Yellow roundabout ahead sign speed limit for the roundabout.

Slow down as you approach the roundabout, and watch for pedestrians in the crosswalk.

Continue toward the roundabout and look to your left as you near the yield sign and dashed yield line at the entrance to the roundabout. Yield to traffic already in the roundabout.

Once you see a gap in traffic, enter the circle and proceed to your exit. If there is no traffic in the roundabout, you may enter without yielding.

Look for pedestrians and use your turn signal before you exit, and make sure to stay in your lane as you navigate the roundabout.

There are a few key things to remember about driving roundabouts:

- Yield to drivers in the roundabout
- Stay in your lane; do not change lanes
- Do not stop in the roundabout

How do I drive through a roundabout when I am towing my boat?

Roundabouts are designed to accommodate vehicles of all sizes, including emergency vehicles, buses, trucks towing boats and semi trucks with trailers. Our roundabouts are designed with a truck apron, a raised section of pavement around the central island that acts as an extra lane for large vehicles. The back wheels of the oversize vehicle can ride up on the truck apron so the truck can easily complete the turn, while the raised portion of concrete discourages use by smaller vehicles. The key to successfully taking your truck and boat through the roundabout is to go slow, likely you will need to go slower than a car and use caution when exiting the roundabout.

If you have questions regarding the new roundabout at Smokehouse Road please contact Robert Pell, Project Manager (360) 312-2348

Food Handler's Classes

Thursday, May 27 ~ 10 am - 12 noon

Thursday, May 29 ~ 10 am - 12 noon

Thursday, June 5 ~ 1:30 pm - 3:30 pm

To sign up:
360.306.8554

"The Best Safety Project in 2013"



Submitted by Robert Pell, Project Manager, Lummi Nation Planning

begin development of both Roundabouts.

In 2006 professional Consultants produced a comprehensive traffic study for Lummi Nation with recommendations. One of the main target areas for modification in the report was the intersection at Haxton Way and Kwina Road. This was and still is a main commercial thoroughfare. With the amount of collisions too varying degrees it was recommended that the intersection be reconstructed in order to provide fewer traffic conflicts. In fact the report a Traffic Circle was recommended at both Haxton and Kwina as well as Haxton and Smokehouse intersections. Lummi Planning and Public Work's motivation was established to

We are proud to say Lummi Nation was awarded "The Best Safety Project in 2013" from the BIA Northwest Region for the Roundabout at Kwina and Haxton Roads. This project was completed last year. Again the round-a-bout addresses some significant safety issues that were identified in the Lummi Nation Traffic Study. So far it is an award that is well merited considering the recent accident data submitted indicates there are no accidents or collisions at the intersection since last year when the Roundabout was completed. "The proof is in the pudding", as they say. It was a privilege for all of us to be a part of the project.

Artist of the month Colby A. Schnackenberg

Born: Lummi Nation to Althea Wilson; Grandparents: the late James H. and Roberta Hunt-Wilson. He was inspired by his love for the natural habitat of the

pacific Northwest. Colby has studied birds of prey in their natural environment; he has a passion for sketching animals and recently studied North Coastal Na-

tive Design. Colby enjoys art and has an eye for naturally formed elements of nature



To contact Colby for artwork shown here or to see additional artwork call (360) 224-2399 cschnacks79@gmail.com



REMEMBERING OUR HEROES ON MEMORIAL DAY!

Community Updates

News from the TERO Office

DIRECT Line: 360.312.2245

REFERRAL APPLICATION: All Clients need to update personal information yearly. Remember to update any information – phone numbers, address, etc for 2014.

You may also update on our website at www.lummitero.org

We refer laborers, flaggers and receptionists through our TEMP SERVICE to date we have placed on projects/depts. for 1-2 weeks:

Temp Services:

Please see Teresa Ray for paperwork. She will assist you in applying for the required positions. In order to be qualified for the Temp service you must be willing to:

- Work on call and have work boots, clothes, and safety gear ready before the job start date.
- Have an updated referral form for 2014
- Read & Sign a Job Description.
- Pass a Background and Drug & Alcohol Test
- Check in weekly to

see if any new positions have opened

- Keep the TERO office updated with current address and phone numbers to be dispatched.

Once you have started the process on getting on the TERO Temp list it can take up to 3-5 business days before you are cleared to go out on the job.

A majority of our temp positions are 1-2 weeks. For our temp Flaggers only if the job is more then 3 months long the positions will be rotated to give our other flaggers work as well.

Projects for 2014 (may change!)

- Mini Mart
- Renovation of 260
- Processing Plant
- Cove – Phase 1
- Hotel / Parking Space Smoke shop
- Youth Academy
- Kwina Apartments
- Turkey Shoot Development
- Youth Wellness Skate park
- Dental Clinic addition
- Roundabout –

Smokehouse/Haxton

- Olsen Phase 1 & 2 Infrastructure
- Grace Erickson Development

For more information about these projects please contact the TERO office.

Assistance for tools, union dues etc... We are going to be requesting additional funding to assist clients with tools, union dues, work clothes, etc.... One time only assistance.

RE-Licensing Assistance Program to Lummi Tribal Members Only!

Alisha Pierre is the Relicense Coordinator and she will assist you. If you plan to get assistance please provide the following information:

- Washington State ID
- Documents from courts or collection for fine amounts.
- Tribal ID

The relicense program is a provided to help Lummi Tribal members to get their License reinstated. We will help you get set up on a payment plan, also pay first months insurance if needed. We do not assist with insurance only.

Training

If you are interested in getting trained in the construction trades contact the TERO office. We have a training coming up to get a recertification of the Asbestos certifications for those who already have the card and also a Electrical training.

TERO Commissioners

- Kathy Pierre, Chair
- Andrea Johnson - Vice- Chair
- Clint Cagey
- Penny Carol Hillaire
- Jim Scott Sr.
- Steven Toby, Council Rep.

Meetings are every 3rd Thursday of the month...all are welcome to attend.

TERO MISSION

Develop and maintain a cooperative working relationship with contractors and subcontractors while working under the guidelines of the TERO Ordinance. Referring qualified tribal members for employment and training.

TERO Staff

Ron Finkbonner Sr., Director ext. 2383

Rachel Phair, Compliance Officer ext. 2344

Alisha Pierre, Relicense Coordinator/Administrative Assistant ext. 2330

Teresa Ray Sanders Dispatch/Referral ext. 2245

Lummi TERO "It's the law"

www.lummitero.org
360-384-2245 Direct Line
360-380-6990 FAX
"To Preserve, Promote and Protect our Sche Lang en

Month	Applications Received	License re-instated
January	28	20
February	10	6
March	21	9
April	21	10
Total	80	45

Types of Training	Date
Asbestos Recertification	May
Electrical Training	May



Invitation from J2W Men's Home

Submitted by John Jefferson Sr., Journey to Wellness Manager

Journey to Wellness Men's Home would like to extend and invitation to men returning home from long term incarceration, such as state or federal jail, or treatment centers.

If you are willing to work on your recovery in a clean and sober environment and begin your path on the road to a better way of living, here is a safe place

to get started.!!

Those being released from treatment must show proof of graduating and/ or completing drug court. If you are willing to help yourself stay clean, you are invited to join our self help groups at the Journey to Wellness Center, 1301 Kope Rd Ferndale WA 98248.

For more information: 360-312-8995 or 360-306-7134

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General Council Meeting
Thursday, May 15, 2012
Wexliem
5 p.m. Dinner Provided



Xwe'chi'eXen (Cherry Point) Update



Highlights of Activities From:

- Schelangen Department
- Lummi Natural Resources
- Office of Reservation Attorneys
- Sovereignty Treaty Protection Office

Community Updates

Interim Director of LCDFI

My name is Laura Williams (Plelaelut) and a Lummi tribal enrolled member. I am the newly appointed Interim Director of the Lummi Community Development Financial Institution (LCDFI). Prior to this, I served as the Loan Officer for the past two years. In June, I will be graduated with a Masters in Public Administration (MPA) degree from the

Evergreen State College. Already in the first quarter of 2014, the Lummi Community Development Financial Institution (LCDFI) has deployed approximately \$112,700 dollars, in loan funds, to the Lummi Nation community which accounts for 10 loans (business expansions or new businesses) and approximately 1-2 jobs created each.

The Lummi CDFI is proud to announce our new office location at the Lummi Gateway Center @ 4920 Rural Ave, Ferndale, WA. 98248. Please join Lummi CDFI staff, board members and partners for an Open House and lunch on May 15th @ 12 pm (noon) for clients and Lummi community members. Come and learn about what Lummi CDFI has to

offer for accessing financial capital (loan funds) for entrepreneurial / small business dreams. Also a note to all current clients, please make all payments in-person (cash/check) at LIBC Cash Receipts office. Coming soon, we will have another secured payment option to mail your payments to. When this becomes available, LCDFI will send out

notices. We would like to take the time to thank you for all your continued support from the Lummi Indian Business Council, our partners—LNSO and Ventures, Northwest Area Foundation, and U.S. Department of Treasury Native American CDFI Assistance (NACA) Program.

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Community Development Financial Institution

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Lummi Cemetery expansion



Community Updates

LNSO's Fiscal Sponsor partners are making impacts

Submitted by Nancy Jordon

LNSO Fiscally Sponsors about 20 groups, each representing Lummi Community projects or initiatives that carry out the Mission of LNSO, which is to improve the health and quality of life for the people of the Lummi Nation by supporting and strengthening programs, projects and special initiatives—especially those organized to promote social well-being, education, culture and civic purposes. These projects work in partnership with LNSO Board and Staff to attract funding and other resources ranging from private foundations to individual and corporate donations. A few of these active Fiscal Sponsored projects are:

- Lummi Youth Wellness
- Lummi Youth Academy
- Lummi Youth Conference
- Breast Friends Forever
- Lummi Shaker Church
- House of Tears Carvers
- Swa-las Memorial Sla Hal Tournament
- Youth Basketball Tournament
- Lummi Natural Resources
- Lummi Community Services
- Youth Canoe Family
- Lummi Victims of Crime

Successes are being reported through our FS

partners, a few of these include:

- Lummi Victims of Crime (LVOC) expanded their program through a special initiative with the Bill & Melinda Gates Foundation beginning in 2012. This resource allowed LVOC to provide more resources to families and create safe permanent housing, exceeding their initial projected goals.
- Lummi Youth Conference fundraising for youth to travel for leadership training opportunities, regionally and with the annual National Unity Conference.
- Lummi Youth Basketball Tournament again hosted another successful event in April with funds raised from fundraising activities, applications for community contributions grants, and by establishing a donation request campaign.

LNSO's goal for 2014 is to attract \$300,000 in new funds for these and other Fiscally Sponsored projects and/or initiatives, and to strengthen existing and establish new relationships with prospective partners and future activities that match LNSO's mission and serves an identified need within the Lummi Community.

Training tools and resources are available for those interested in working

with LNSO on a prospective project or initiative. If you are interested, please call our office at 312-2341.

LCAA sponsoring China Express exhibit at Lummi Gateway Center

Lummi Cultural Arts Association (LCAA) is sponsoring China Express, a traveling photo exhibit presented by the Santa Fe Art Institute at the Lummi Gateway Center from May 6 through 10. The display will be open for viewing between 11 a.m. and 5 p.m. each day, plus a special early evening presentation with documentary photographer and lifelong educator, Carlan Tapp, on Thursday, May 8th.

Online access to the complete collection of images and stories from China Express, please visit Question of Power (<http://goo.gl/wupzyB>).

<<See more in this Squol Quol>>

Food Handler's Classes – select one that fits your schedule

In preparation for Stommish, a series of Food Handler's classes will be presented – in two locations. The schedule is as follows:

- May 8th – Lummi Gateway Center – from 1 to 3 p.m.
- May 22nd – Lummi Gateway Center – from 10 a.m. to Noon
- May 29th – Tribal Center HR Training Room – from 10 a.m. to Noon
- June 5th – Lummi Gateway Center – from 1:30 to 3:30 p.m.

June 12th – Tribal Center HR Training Room – from 1:30 to 3:30 p.m.

PLEASE REMEMBER TO REGISTER! Each session has a maximum number of 25 attendees. Call to confirm your seat by calling either Lummi Gateway Center (360.306.8554) or contact Valerie Bob at valerieb@lummi-nsn.gov, or call 360.312.2211.

Other Lummi Gateway Center News

Lummi CDFI moving to the Gateway Center

Lummi Gateway Center is pleased to welcome its newest tenant, Lummi CDFI (Community Development Finance Institute). CDFI will be moving during the week of April 28. This move is part of the work to increase access to small business resources and allow greater opportunity to participate within the Lummi Community.

<<See CDFI article in this Squol Quol>>

Reminder: Join us for "First Fridays" at the Gateway Center

HonorWorks, Swil Kanim and guests will again entertain us on Friday, May 2nd at the Lummi Gateway Center (4920 Rural Ave., Ferndale). Schlangen Seafood Market will again present a \$5/plate seafood (this month is fish tacos!) dinner, while supplies last, from 5:30 to 7 p.m. For more information, call Lummi Gateway Center at (360) 306-8554 or HonorWorks at (360) 630-9271. Bring your family and enjoy an evening out – especially as our spring

evenings are getting longer.

Thank You

The Lummi Gateway Center so appreciates the growing interest in the use of the facility – especially the Multi-purpose room. Just in the past week, the Gateway has hosted the following events:

- LIBC Community Contributions
- Lummi Victims of Crime Conference
- Fishermen's Training – quality handling and sanitation
- Entrepreneur event – Mary Kay demonstration
- HonorWorks Train-the-Trainer event

If you haven't seen the Multi-purpose room lately, Installation of the acoustic treatment, window tinting and blinds, has now made this room fully functional for all types of events, meetings or community gatherings. Watch the calendar for an event of interest, and if you have an upcoming community or educational event, please call the Gateway at (360)306-8554.

LNSO continues to recruit Board Members

Lummi Nation Service Organization (LNSO) continues to recruit new Board Members. If you, or someone you know, are interested in providing services for Lummi community projects and assisting with donations, sponsors and other funding development, please have them contact our office at 312-2341.

A call to Lummi Nation Artists

Artistic Visions of Xwe'chi'eXen

Pacific International Terminals wants to locate North America's largest coal export terminal at Xwe'chi'eXen (Cherry Point) on an ancient Lummi village landscape and its marine waters. The Lummi Cultural Arts Association (LCAA) is calling upon artists of the Lummi Nation to help bring out the real and true vision of Xwe'chi'eXen: what it stands for, what it means to our ancestors, what it means to us today, and why

it is important to preserve and protect for future generations.

Artists of every kind are asked to participate: carvers of wood and bone, bead-workers and jewelers, graphic artists, muralists, weavers, painters, poets, orators, writers and musicians. We want to work with you to create a vision of what Xwe'chi'eXen means to the Lummi people.

Qualifying artists will be invited to take part in

a series of art shows and sales in Whatcom County and in the San Juan Islands, sponsored by the LCAA.



Mother's Day is celebrated around the world at various times of the year

Mother's Day celebrations date back centuries. Anna Jarvis, a school teacher in Philadelphia set in motion the national holiday in the U.S. and in 1914 she succeeded in her efforts.

After many years of looking after her ailing mother, Anna missed her mother greatly as did her sister Elsinore when their mother died.

Anna felt children often neglected to appreciate their mother enough while the mother was still alive.

As an honoring of the mothers Ann started the

campaign to establish a national Mother's Day, supported by her friends she started a letter writing campaign to urge ministers, businessmen and congressmen in declaring a national Mother's Day holiday.

She hoped Mother's Day would increase respect for parents and strengthen family bonds. President Woodrow Wilson proclaimed the second Sunday in May a national holiday in honor of mothers.

These days we celebrate Mother's Day giving her gifts...and hopefully the appreciation they deserve!

Shellfish Hatchery Update

Submitted by Flavian Point, Lummi Shellfish Hatchery Manager

Oyster & Clam Operation

- Oyster & Manila clam broodstock are being conditioned for spawning
- Single Oyster seed at the flupsys (3-4 million) are growing good
- Shell washer on

schedule to be completed by mid May for bagging oyster cultch bags.

Geoduck Operation:

- Begin harvesting geoduck seed on the week of May 5th
- Selling 5mm+ and bigger.
- 683,000 5mm seed ordered for 2014

Enrollment Office

1-360-312-239
Located Bottom Floor,
South Wing

Vela K. Kamkoff, Director
312-2270

Patrick W. Jefferson,
Dbase Administrator 312-
2286

Tribal Identification: 8: a.m. til 4:00 p.m.
Receipt Required for the following
0 to 17 Yrs of age \$ 5.00
18 to 61 Yrs of age \$10.00
62 and over Free

Christine Cultee, Enrollment Specialist-1 312-
2265

Next Enrollment Committee Meeting is May 13, 2014. Have your application turned in by May



May 11th

USDA Awards Grants for Nutrition Education Programs in Tribal Communities

GREEN BAY, Wis., April 15, 2014 - Agriculture Deputy Secretary Krysta Harden today announced that the U.S. Department of Agriculture (USDA) has awarded over \$700,000 in grants to support nutrition education programs for participants of USDA's Food Distribution Program on Indian Reservations (FDPIR). In total, 15 nutrition education projects in 11 states were selected through a competitive award process that was open to Indian tribal organizations and state agencies that administer FDPIR. Deputy Secretary Harden made the announcement during the keynote address at the Food Sovereignty Summit in Green Bay, Wis.

"The Food Distribution Program on Indian Reservations provides a vital source of healthy foods for households, many of which may have limited access to SNAP-authorized food stores," Deputy Secretary Harden said. "This year's awardees have developed creative, self-initiated projects designed to assist participants with incorporating healthy foods and physical activity as daily lifestyle habits."

In Wisconsin, the Menominee Tribe will use its FY 2014 grant to continue a community garden program and collaborate with the University of Wisconsin-Extension in Menominee County to provide healthy cooking classes, recipes, and nutrition education handouts to FDPIR-eligible participants. In addition, the Lac Du Flambeau Band of Lake Superior Chippewa Indians will conduct weekly nutrition education and food demonstration sessions at the FDPIR program site, the Wellness Center, and the organization's youth center. This project will also provide nutrition education while making home deliveries of USDA Foods to homebound participants of FDPIR.

Projects selected in other states include a summer camp program for youth to teach healthy cooking techniques; nutrition education

sessions held during scheduled food deliveries for participants in remote reservation areas; community gardens to promote fruit and vegetable consumption, and nutrition activities combined with physical education based on Let's Move! in Indian Country guidelines. The full list of awardees includes:

- Sherwood Valley Food Program in California
- Leech Lake Band of Ojibwe Food Distribution Program in Minnesota
- Mille Lacs Band of Ojibwe in Minnesota
- Mississippi Band of Choctaw Indians in Mississippi
- Confederated Salish & Kootenai Tribes Food Distribution Program in Montana
- Zuni Tribe of the Zuni Indian Reservation in New Mexico
- Seneca Nation of Indians in New York
- Spirit Lake Tribe in North Dakota
- Cheyenne and Arapaho Food Distribution Program in Oklahoma
- Choctaw Nation of Oklahoma
- Confederated Tribes of Siletz Indians in Oregon
- Lummi Indian Tribe of the Lummi Indian Reservation in Washington
- Lac du Flambeau Band of Lake Superior Chippewa Indians in Wisconsin
- Menominee Indian Tribe of Wisconsin
- Red Cliff Band of Lake Superior Chippewa for the Midwest Region Nutrition Advisory Committee in Wisconsin

Three of the proposed awardees are located in areas designated as part of USDA's StrikeForce for Rural Growth and Oppor-

tunity (Mississippi Band of Choctaw Indians, the Spirit Lake Tribe, and the Zuni Tribe of the Zuni Indian Reservation). The Choctaw Nation of Oklahoma is included in President Obama's Promise Zones Initiative.

Since FY 2008, USDA's Food and Nutrition Service has provided up to \$1 million annually in nutrition education grants for projects that benefit FDPIR participants and those eligible for FDPIR. The grants announced today follow USDA's announcement last month of new funding opportunities for state agencies and Indian tribal organizations to develop innovative strategies to prevent hunger and food insecurity.

FDPIR operates as an alternative to the Supplemental Nutrition Assistance Program (SNAP) for low-income American Indian and non-Indian households that reside in certain designated areas. The program provides a package of USDA Foods that has been selected to enable participants to maintain a nutritionally-balanced diet that is consistent with the Dietary Guidelines for Americans. Currently, there are 276 tribes participating in FDPIR through 100 Indian tribal organizations and five state agencies. To date in FY2014, FDPIR has served an average of 83,400 individuals per month.

FDPIR is one of 15 nutrition assistance programs administered by USDA's Food and Nutrition Service that works in conjunction with the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC), the National School Lunch and School Breakfast programs, and the Summer Food Service Program. Together these programs make up the federal nutrition safety net.

Contact:
White House Office
of Communications
(202)720-4623



Dislocated Fishers Update



The Dislocated Fishers (DLF) grant is ramping down and will come to a close this June of 2014. As we are in our final stages, all clients are being transitioned from training or re-training into Employment Services.

What are Employment Services?

Employment Services consist of Job Readiness, Work Experience or On-the-Job Training (OJT) and Support Services.

Job readiness includes

- Interview skills
- Resume writing/update/cover letter
- Job searching/completing job application
- Dress for success
- Soft skills/Work Ethics

What is Work Experience?

Work experience provides the client the opportunity to spend a period of time outside the classroom learning about career opportunities in a particular job or area of work. Work experience is a planned, structured learning experience that takes place in

a work atmosphere for a period of time ranging from 3 months.

Benefits of a Work Experience

- Provides new skills for the worker.
- Exposure to a new occupation and career.
- Work experience that can be highlighted on a resume.
- Learn about the skills employers look for when hiring for a job vacancy.
- Gain the skills necessary to succeed in the workforce.

How to participate in a Work Experience

- DLF will recruit worksites for participants that sufficiently meet the needs of the work experience participant

What is OJT?

OJT gives the employer the opportunity to train a new employee to the specific needs and requirements of their respective business.

We gratefully acknowledge our partners who have cooperated with us to provide the services referenced on the chart below.

How Does On the Job Training work?

- OJT is arranged on an individual basis between the prospective applicant, employer, and the DLF counselor.
- The duration is usually ranging from 3-6 months.
- The employer agrees to provide adequate training for entry in the job and a salary equivalent to that of similar positions.
- Employer receives financial reimbursement up to 50% of the participant wage rate.

Benefits of on the Job Training

- After successfully completing the designated OJT period, it is anticipated that the trained applicant will remain on the job.

What are the Employer Outcomes?

- Candidates are selected from a pool of pre-screened applications.
- You receive quality workers who benefit from "hands on" training and become valued employees.
- Training cost for a new employee is reduced. (DLF pays 50% of the salary.)

Support Services

Support Services are based on what the client may need to become job

ready. Support services are limited and vary on a case by case basis.

For example: If a client is placed in a job that requires a uniform outside of their day to day attire, and is required to be job ready by the employer this, is considered an appropriate expenditure.

Please contact us at:

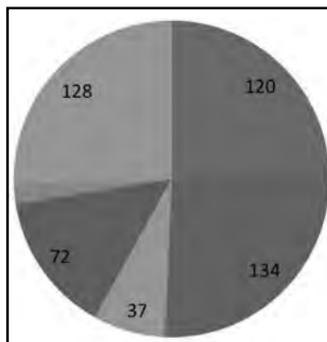
Kathy Pierre Project Director kathyp@lummi-nsn.gov (360) 312-2387

Reynold "Hutch" James Training Recruiter/Case Manager Reynoldj@lummi-nsn.gov (360) 312-2389

Verla Toby Job Developer/Case Manager verlat@lummi-nsn.gov (360)312-2391

Diane Vyskocil Job Developer/Case Manager DianeV@lummi-nsn.gov (360) 312-2390 and

Ginger Jones-Phair Support Services Counselor gingerjp@lummi-nsn.gov (360)312-2388



Career Exploration	120
Training/NWIC/BTC/Skagit	134
Work Experience	37
Full Time Employment	72
On The Job Training	10
Needs Related Payments	128

The Lummi Cultural Arts Association (LCAA)

Submitted by Shasta Cano-Martin

LCAA is a co-op of Lummi artists, who volunteer to help create, teach, and display art. In existence since 2004, LCAA has helped to bring various art opportunities to Lummi community members through art shows/events/presentations to the San Juan Islands, and the establishment of a local art gallery called CedarWorks (2009-2013).

More recently, LCAA membership has been inspired to help bring awareness to the sacredness of Xwe Chi' eXen through various art forms and interpretations. Twenty five artists will be set up at Orcas Island (Madrona Point, the Odd Fellows Hall) on August 29th, 30th, and 31st, 2014—showcasing original artwork, but also bringing inspired pieces on the "Visions of Xwe Chi' eXen."

The next LCAA meeting is Wednesday, May 14th, 2014 at 5PM at the Lummi Gateway Center 4920 Rural Avenue Ferndale, WA 98247. "Like" us on Facebook: Lummi Cultural Arts Association. Make an appointment/leave a message to contact us through: (360) 306-8554. CHINA EXPRESS EXHIBIT

Carlan Tapp photos, through the Sante Fe Art Insititute (SFAI) & Lannan Foundation, to be displayed at the Lummi Gateway Center 4920 Rural Avenue Ferndale WA 98247, organized through the Lummi Cultural Arts Association (LCAA). See Schedule Below of Carlan Tapp display:

- ☐ Tuesday, May 6th 12-6:30PM
- ☐ Wednesday, May 7th, 12-6:30PM
- ☐ Thursday, May 8th, 12-6:30PM Present-

tation by Carlan Tapp at 2PM, and again at 6PM (light refreshments & reception @ 6PM)

- ☐ Friday, May 9th, 12-6:30PM
- ☐ Saturday, May 10th, 12-6:30PM

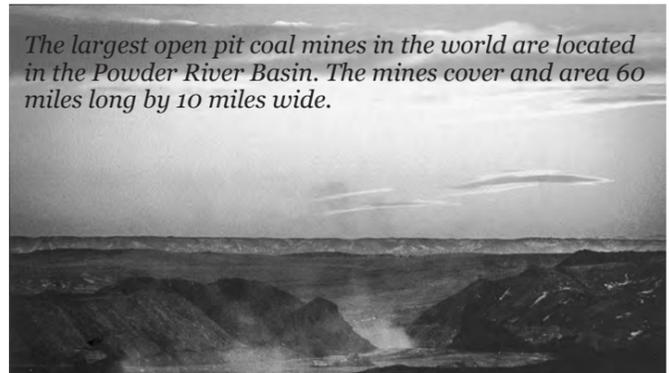
Description of China Express Exhibit:

SFAI is honored to join the Lannan Foundation in bringing artist Carlan Tapp's China Express to multiple venues throughout the country. China Express utilizes documentary photography as a means to explore the environmental impacts of coal, one of the most pressing issues of our time. Tapp's stark and straightforward photographs often depict changes in the natural environment that result from social causes. In China Express, Tapp provides us with the visual story of in-

dividuals, land, waterways, and entire communities impacted by the 1,200-mile train route stretching from the Powder River Basin in Wyoming to British Columbia, Canada – a route upon which multiple trains pulling more than 100 cars transport coal daily to be shipped to China.

As part of SFAI's education program, Tapp's 40 black and white photographs from China Express provide a powerful springboard for standards-based curriculum in Visual Arts, Humanities, and Science.

Through observation, description, reflection, and further analysis, students are able to interact with the China Express narrative, both artistically and as a means to better understand and grapple with critical environmental and social issues. SFAI has provided a range of questions and resources that allow students to engage in both brief and expansive investigations into the use of documentary photography in environmental education, and into the use of coal as a debatable energy source.



The largest open pit coal mines in the world are located in the Powder River Basin. The mines cover an area 60 miles long by 10 miles wide.

Interior Sends Additional \$1.2 Million in Purchase Offers to Nearly 600 Landowners with Fractional Interests at Makah Reservation

Date: Tuesday, April 15, 2014

Contact: Interior_Press@ios.doi.gov

Offers Valid for 45 Days as Part of \$1.9 Billion Land Buy-Back Program

WASHINGTON, DC – The U.S. Department of the Interior today announced that the Land Buy-Back Program for Tribal Nations (Buy-Back Program) has sent additional purchase offers totaling approximately \$1.2 million to nearly 600 individual landowners with fractional interests in parcels at the Makah Reservation in the state of Washington. These offers will provide landowners the opportunity to voluntarily sell their fractional interests, which would be consolidated and held in trust for the Makah Indian Tribe.

The Buy-Back Program implements the land consolidation component of the Cobell Settlement, which provided \$1.9 billion to purchase fractional interests in trust or restricted land from willing sellers

at fair market value. Individuals who choose to sell their interests will receive payments directly in their IIM accounts. Consolidated interests are immediately restored to tribal trust ownership for uses benefiting the reservation community and tribal members.

“Fractionation is a serious problem that locks away lands across Indian Country that tribal governments could be using for the benefit of their tribes,” said Kevin K. Washburn, Assistant Secretary for Indian Affairs. “That’s why the success of the Buy-Back Program is vitally important to the future of tribal nations. We are encouraged by initial purchases, and will continue to work cooperatively with tribal governments to conduct outreach to landowners. Consolidating and returning these lands to tribes in trust has enormous potential to improve tribal community resources.”

In December 2013, the Program began making offers to individuals who own interests at the Makah, Pine Ridge, and Rosebud Reservations to ensure their lands stay in trust. Accepted offers have already resulted in payments to landowners totaling more than \$30 million and the consolidation and restoration of nearly 87,000 acres to tribes. While payments vary considerably, numerous owners have received thousands of dollars, and a few have received more than \$100,000 for choosing to sell their interests. On average, payments to individuals have been made within seven days after Interior receives a complete, accepted offer package.

Purchase offers are valid for 45 calendar days. Owners must accept and return current purchase offers for fractionated lands on Makah by May 30, 2014. Once accepted offers are processed, the Program

will move implementation efforts to other tribal locations.

For information about outreach events where landowners with interests at Makah can gather information in order to make informed decisions, contact:

Dale Denney at dale.denney@makah.com or 360-645-3106 – or - visit: facebook.com/FTOPugetSoundAgency and facebook.com/Makah.Tribe.

Landowners can contact their local Fiduciary Trust Officer or call the Trust Beneficiary Call Center at 888-678-6836 with questions about their purchase offers. More information is also available at: <http://www.doi.gov/buybackprogram/landowners>.

Sellers receive fair market value for their land, in addition to a base payment of \$75 per offer, regardless of the value of the land. All sales will also trigger contributions to the Cobell Education Scholarship Fund. Up to \$60 million will go to this fund to provide financial assistance through annual scholarships to American Indian and Alaska Native students wishing to pursue post-

secondary education and training. These funds are in addition to purchase amounts paid to individual sellers, so contributions will not reduce the amount paid to landowners for their interests. More information about the Fund and how interested students can apply can be found at the American Indian College Fund website: www.collegefund.org/Cobell.

Interior holds about 56 million acres of land in trust or restricted status for American Indians. The Department holds this land in more than 200,000 tracts, of which about 93,500 – on nearly 150 reservations – contain fractional ownership interests available for purchase by the Buy-Back Program. There are more than 245,000 landowners, holding more than 3 million fractional interests in the tracts, eligible to participate in the Program.

A decision to sell land for restoration to tribes does not jeopardize a landowner’s ability to receive individual settlement payments from the Cobell Settlement, which are being handled by the Garden City Group.

Land Buy-Back Program Makah Offer Meetings

Outreach meetings providing information about the Department of the Interior’s Land Buy-Back Program for Tribal Nations (part of the Cobell settlement) and assistance in filling out purchase offer packages for Makah allotments will be held in the Olympic Peninsula and Puget Sound areas.

Landholders who choose to sell will also receive a base payment of **\$75.00** as compensation for their time. Lands purchased through the Program will be transferred immediately to the Tribe in trust.

Staff from the Makah Realty Office and Office of the Special Trustee for American Indians will be presenting an overview of the Land Buy-Back Program, assisting in filling out packages, and answering questions. Please bring photo-identification if you need your deed notarized at the meeting.

Program purchase offers are sent to landholders through the mail. Therefore, it is **critical** that landholders ensure their mailing address is current by calling the Trust Beneficiary Call Center at 1-888-678-6836.

Meeting Dates, Times and Locations

Olympic Peninsula Region:

NEAH BAY April 28th, 10:00 AM - 7:00 PM April 29th, 9:00 AM - 12:00 PM Makah Senior Center 341 Bay View Avenue Neah Bay, WA 98357	LA PUSH April 30th, 9:00 AM - 4:00 PM Quileute Tribal Council Bldg 90 Main Street, West Wing La Push, WA 98350	PORT ANGELES May 1st, 9:00 AM - 4:00 PM Elwha Klallam Heritage Center 401 East 1st Street Port Angeles, WA 98363
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Puget Sound Region:

BELLINGHAM May 14th, 9:30 AM - 5:30 PM Lumini Tribe Conference Rm 2665 Kwina Road Bellingham, WA 98226	FIFE May 15th, 1:00 PM - 6:00 PM Puyallup Tribe Emerald Queen Casino 5700 Pacific Highway East Fife, WA 98424
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For more information, please contact:

Dale Denney, Makah Realty	360.645.3106
Clifton Hill, Makah Realty	360.645.3125
Trust Beneficiary Call Center	1.888.678.6836
OST, Puget Sound Agency	425.252.4382
Or visit the website at www.doi.gov/buybackprogram	



Happy Mother's Day



Natural Resources Department

Submitted by Natural Resources staff

Water Resources Division

The Water Resources Division staff continued the surface and ground water ambient water quality monitoring activities on the Reservation, reviewed storm water pollution prevention plans and conducted associated inspections for several tribal development projects, conducted site visits to evaluate proposed projects as part of the Lummi land use permit process, and continued the development and maintenance of several databases.

After review and passing motions to adopt the Lummi Nation Integrated Solid Waste Management Plan: 2014-2024 by the Natural Resources Commission, the Planning Commission, the Law and Justice Commission, the Lummi Housing Authority Board, and the Cultural Resources Protection Commission, on April 16, 2014 the LIBC approved the final version of the plan. The plan is available through the LNR webpage at: <http://lnnr.lummi-nsn.gov/LummiWebsite/Website.php?PageID=234>.

As you may have heard, Washington State is in the process of updating their water quality standards to ensure that water resources can support beneficial uses (e.g., water supply, shellfish harvest, salmon harvest, recreation, and other uses). As part of this effort, the Department of Ecology has committed to include toxin criteria that are based on a fish consumption rate greater than the current rate of 6.5 grams per day (g/day). Tribal governments and other high fish consuming populations in the state are seeking revised water quality standards that are more protective of their citizens while industries and municipalities are seeking the lowest possible rate to keep their operational costs down. The Lummi Nation is concerned that the state will adopt standards that will not adequately protect the most highly exposed and most vulnerable populations in the state including members of the Lummi Nation.

On March 28, 2014

the Water Resources Division met with the Natural Resources Commission to review the Lummi Seafood Consumption Study completed during August 2012. Because a goal of the Natural Resources Department is to restore the fishery to at least the harvest levels of 1985, the Tribal Advisory Committee for the study directed the study team to attempt to quantify the fish consumption rate of Lummi tribal members during 1985. The Technical Advisory Committee that supported the study concluded that the literature review supported the reliability of results from this particular type of recall study. The Tribal Advisory Committee for the survey found that a fish consumption rate for the Lummi Nation must be no less than the average value (383 g/day) determined from the study in order to be protective of the public health and the Lummi Schelangen. On March 28, 2014 the Lummi Natural Resources Commission passed a motion that adopted the fish consumption rate that is protective of 95 percent of the Lummi population at a risk level of 1 x 10⁻⁶. Consequently, as the Natural Resources Department brings forward the revised Lummi Nation Surface Water Quality Standards as part of a triennial review process, the Lummi toxins criteria will be based on a fish consumption rate of 918 g/day. A letter was sent to Governor Inslee encouraging him to adopt a fish consumption rate that will be protective of the Lummi people.

The 2014 enhancement activities associated with the Lummi Nation Wetland and Habitat Mitigation Bank began this month. Henry Misanes was awarded the contract work for planting willows and conifers in the Nooksack Delta. Although, work on this project was delayed due to high water in the Nooksack River and did not start until March 24, it is due to be completed by April 25, 2014..

Frank Lawrence III and Victor Johnson completed two classes each at the Northwest Indian College during the winter semester. Frank has enrolled in two more classes at the NWIC for the spring semester and Victor has enrolled in

one class at the Whatcom Community College. Victor also learned that he was admitted to Western Washington University to obtain a Bachelor's degree in Environmental Policy starting in the Fall 2014.

Forestry Division

Timber Sale Contracts

Forestry Division staff continued work on the Sandy Logging Unit scheduled to be advertised on March 22, 2014. The Sandy Logging Unit will be advertised for 30 days for a total volume of 1.0 million board-feet of western red cedar, red alder, and other conifer and hardwood species on 61 acres of individual native trust land. So far, there have been a number of interested log purchasers looking at the sale and we hope to have a good turnout at the bid opening.

Residential Burning Permits

Individuals planning to burn vegetation on the Lummi Reservation are required to obtain a burning permit from the Lummi Natural Resource Forestry office. The burning permit provides the Permittee with instructions on what can and cannot be burned, safe burning techniques, liability, and contact information for the Whatcom County Fire Dispatch Center and the Marietta Fire District. The permit requires the Permittee to contact these two fire agencies prior to ignition so they are aware of burning in the area. No burning is permitted when a burn ban is in effect except for cultural fires, recreational fires limited to 3 feet in diameter in an enclosure, and burning in burn barrels with a wire mesh cover. Residential burning permits may be temporarily suspended or permanently revoked if burning presents a public nuisance or health hazard.

Harvest Management Division

Halibut

Lummi has harvested just over 77,000 pounds of halibut this season, or approximately 27% of the tribal harvest. About 20,000 pounds of the tribal quota remain, with additional openings planned for early May. The next

opening(s) will involve restrictions on daily landing limits in order to stay within the quota. More information will be sent out in early May.

Salmon

The forecast return of Fraser sockeye remains unchanged, at 23 million. During April, Fraser River Panel meetings were held to determine inputs for the fishery planning model. Inputs include the run-size forecasts and timing, diversion rates, spawning escapement targets, and environment-based management adjustments, among other things. With a return of 23 million sockeye, fisheries will open in Areas 7 and 7A around August 10, with a tribal share of between 1.1 and 1.3 million fish. These are preseason estimates that will change in-season as test fishing and commercial catch reveals more about run size and timing. The final pre-season sockeye meeting will be held in June.

Crab

The tribal crab fishery in R1 closed on April 11, with a total harvest of just over 2.19 million pounds. Currently, the co-managers (tribes and state) are negotiating next season's harvest management plans. This planning stage will conclude in early June, with openings in 2West soon after.

Sea Cucumbers

At the end of April, which is the typical end of the management season, the tribes had approximately 60,000 pounds of unharvested cucumbers remaining in District 1 and 2 combined. Through discussions with the tribes and state, it was determined that the next management season would begin August 1, instead of May 1, but unharvested quota from last season could be available to harvest from May to July. Keep an eye out for an article in next months' Squol Quol that summarizes some recent research and corresponding changes in management strategies for sea cucumbers.

Timber, Fish, & Wildlife – Forests & Fish Rules (TFW-FFR) Division

This summer the TFW-FFR Division plans to collaborate with the Restora-

tion Division as they construct new logjams in the Larson's Bridge reach of the upper South Fork. This is the same reach where The Natural Resources Department first constructed logjams for managing the input of sediment and restoration of natural channel processes that form and maintain critical salmon habitat. These jams have been an unqualified success and help to demonstrate the validity of restoring natural features to restore natural processes.

Division staff members continued to work with the Washington State Department of Natural Resources (DNR), the US Forest Service (USFS), and private landowners for the continued protection of Lummi treaty-reserved resources, especially for the protection of salmon and their freshwater habitats throughout the Nooksack River watershed. This summer we plan to collaborate with the Mount Baker Ranger District of the USFS on a project to field assess up to 73 miles of USFS roads. The goal of this project is to determine whether there are problems with these roads that might threaten the tribe's treaty-reserved aquatic resources.

The TFW-FFR Division is still distributing free parking passes that, when displayed in your vehicle, will allow you to park for free anywhere a Washington State Discover Pass is required on DNR, Washington Department of Fish and Wildlife (WDFW), and State Parks lands. These parking passes are transferable between vehicles. Visit the TFW-FFR Division office to obtain your free permit.

Endangered Species Act (ESA) Division

Why No Spring Chinook Fishery

Community members watching the return of the tangle net fishing crew and the numbers of Chinook being unloaded asked "Why can't we go fishing?" Because concerns about the decline of the stock and the "Threatened" listing of the Puget Sound Chinook under the ESA, we have not been able to have a regular spring Chinook fishery since the late 70s.

Community Updates

(Natural Resources Department continued)

We were able to get a token fishery to supply a few fish for the first Salmon Ceremony and provide 30 permits based on a minimum expected take of the natural origin Chinook. The limited number of permits was not enough for the community so the lucky fishers were selected by lottery and limited to only one fish.

In a review of the hatchery returns we saw that there was a surplus returning to the hatchery that could provide a harvest opportunity for the community. We were able to get a grant to explore methods of harvest that would release wild fish without harm and allow us to keep hatchery fish in excess to brood stock need. We go through a pre-season process to estimate the number of Chinook that we will encounter and what proportion of them will be of wild.

Last year, the pilot project in its efforts to prove that an experimental fishery modeled after the selective fishery in the Columbia River could harvest excess hatchery fish without affecting the recovery of the protected wild Chinook provided 206 Chinook for the community. For the first time in recent memory that first salmon ceremony was supplied by Chinook from the Nooksack and Chinook was also available to Elders, Memorial Day and Stommish at a considerable cost savings to the community.

This year we are off to

a good start with 61 fish and almost 500 pounds in cold storage in 4 days of fishing. Contact your Fish Commission members or Natural Resources staff if you would like more information on this project.

Tagging at Skookum Creek Hatchery

Bill and the crew are preparing to place small coded wire tags in the snouts of the sub-yearling Chinook they have raised from the captive brood program established to restore early South Fork Chinook. They may be tagging up to 750,000 sub-yearlings for release in late May. At 50 thousand tags per day they should be at it for 15 days.

The tags allow us to identify the sub-yearlings as they pass the Lummi Hovander smolt trap and evaluate their relative survival and migration time from Skookum Creek to the trap. When the adults return we can identify them non-lethally with a tag detector at the hatchery for inclusion in the brood stock and on the spawning grounds to evaluate the success of the recovery program.

This initial large release could return over 3,500 fish in 2015 and 2016 to seed the improved habitat and jump start the to the recovery effort. You should consider visiting the facility to see the improvements that have been made to support the program. Be sure to let them know that

you are planning to visit.

Hovander Smolt Trap

The effort at the smolt trap at Hovander Park is starting to ramp up its activity for the peak migration season and the number of migrants is increasing. Kendall Creek hatchery released its first batch of North Fork Chinook on April 15th and the trap operated around the clock to document the movement of the fish down the river and establish a catchability index that will be useful in expanding the trap catch to an estimate of the number of fish passing by the site.

We are collecting information that will allow us to evaluate the ability of the fresh water habitat to produce viable migrants and well as begin to improve forecasts of expected returns. The analysis of the 2013 migration provided information on the relative numbers of natural origin fall Chinook (28%), North Fork Chinook (67%) and South Fork Chinook (5). This illustrates the poor condition of the South Fork Stock and the need for the rescue program.

Threats to Fisheries

The Wild Fish Conservancy filed a citizen suit under the ESA claiming that WDFW was violating the Endangered Species act by releasing Chambers Creek Hatchery Steelhead without a permit by NOAA approving the hatchery program. They claim that the hatchery operations are impeding the recovery of the natural stocks. WDFW has

said they will not release the Chambers Steelhead this year unless they reach agreement with the WFC or get assurances from NOAA that their hatchery management plans will be approved.

This should be of interest to you, because if the WFC has its way, they will move to shut down Chinook, coho and chum hatchery programs that provide terminal salmon harvest. Without hatcheries, the habitat is not sufficient to provide a meaningful treaty right salmon fishery. While the steelhead fishery is not a high priority at Lummi, the precedent this action would establish would be devastating. Lummi has been active in prodding the sport fishers to put some backbone in WDFW so they will fight the suit, because without the steelhead hatcheries there is no steelhead fishery.

Fisheries and Schelangen

For some time we have been concerned about the lack of attention given to maintain a supply of salmon to support the treaty fishing right. A connection with the salmon heritage for the youth of the community is a way to initiate an understanding about the connection between salmon and the health and well being of the community.

We have been working in collaboration with Lummi Nation School to provide students in all grades with hands on learning experiences in living their

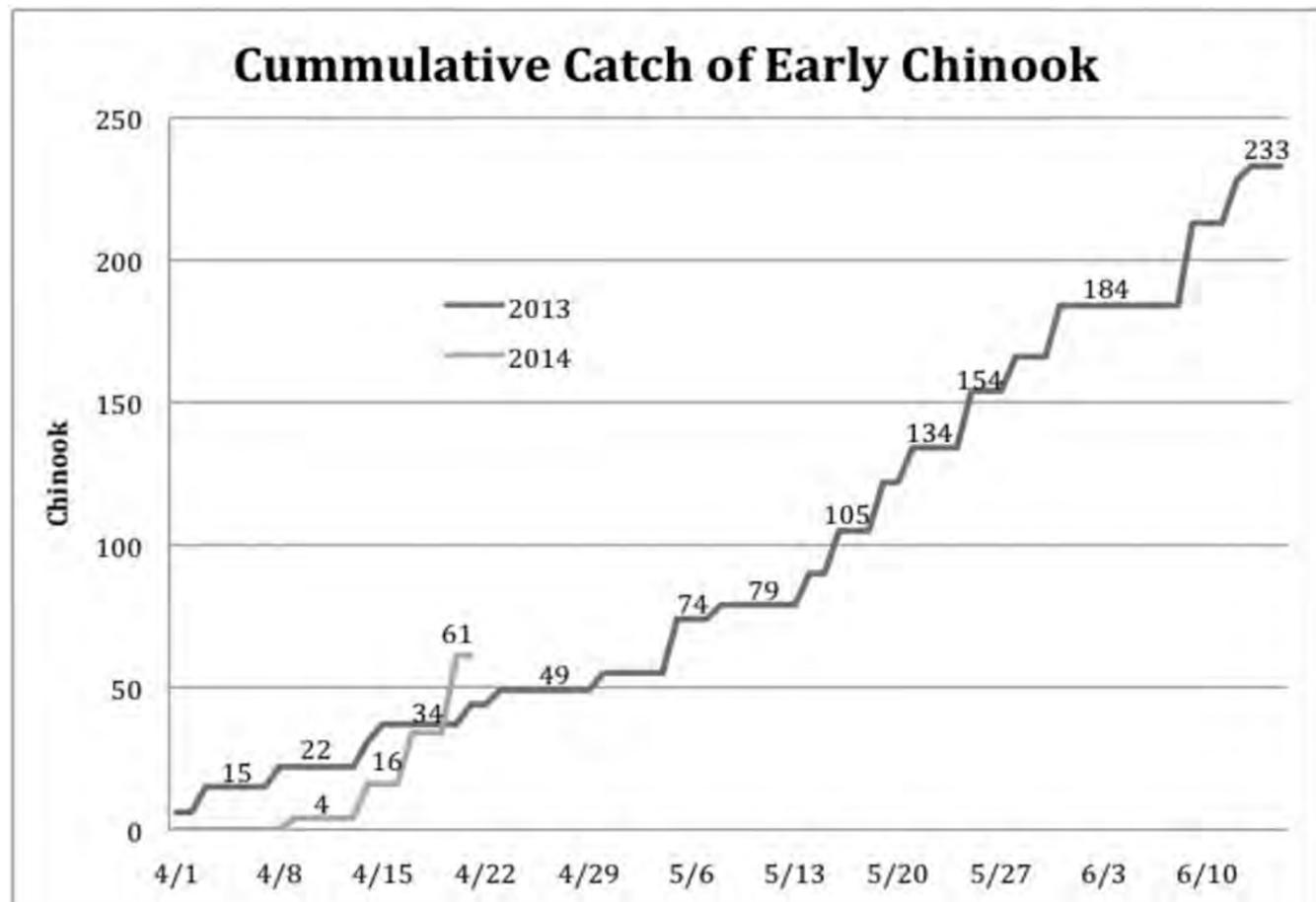
Schelangen in preparation for the first salmon ceremony. Elders are visiting the classrooms to relate the history of the fishing rights, students will be observing the pilot tangle net fishery that supplies the Chinook for the first salmon ceremony, middle school students will cut ironwood and shape them into traditional fish sticks, and elementary grades planted the shrub close to the school to eventually harvest to make fish sticks in the future.

Geographic Information Systems (GIS) Division

The Lummi GIS Division works collaboratively with different LIBC departments to produce maps, figures, and graphics in support of a wide range of projects. This month's map shows the proposed Sacred Walk route from Cherry Point to the Stommish Grounds on June 17, 2014. In addition to producing maps for the LIBC, the GIS Division will support any community focused project as time allows. For mapping support please contact GIS Division staff at 312-2310.

Restoration Division

The Restoration Division is recruiting for the Lummi Nation Tribal Conservation Corps. If you would like to gain valuable work experience in the Lummi Natural Resources department, earn money, and receive an education award, then see the flyer below for eligibility requirements or visit us on Facebook (<https://www.facebook.com/#!/lntcc>).



Community Breakfast



Sunday
May 18
9 am -11 am
Wexliem

Lummi Elders - Senior Scene



Submitted by: Diana Dixon

Lummi Elders - Senior Scene

By: Kwoselwet, Diana Dixon

It's the marvelous month of May. The Elders are warming up after the cold winter. Gardens are sprouting. Wild flowers are beginning to bloom. Deciduous trees and lush grasses are turning amazing shades of green. The birds building their nests and singing into the breeze tell us that spring has arrived. Hummingbirds are buzzing around, bringing back cheerful memories of years gone by.

Some interesting facts about the 5th month. May is devoted to the Virgin Mary in the Catholic Church. Armed Forces Day is the third Saturday. Mother's Day is the second Sunday and Memorial Day on the last Monday. A little bit of history, on May 20, 1862, Abraham Lincoln signed the Homestead Act. Christopher Columbus died in poverty in Spain, 1506. The Indy 500 Nascar race is held every year since 1911. Gangsters Bonnie & Clyde were killed in Bienville Parish, Louisiana, 1934. The Kentucky Derby, the world's most famous horse race, Run for the Roses, is on the second Saturday. The birthstone is Emerald which represents love or success. Zodiac signs are Taurus and Gemini. The birth flower is Lily of the Valley.

Memorial Day

Memorial Day, Monday, May 26th. It was known as Decoration Day and commemorated all men and women who died in service to their country. It's the day we visit cemeteries to pay tribute to our Veterans. American Legion Post 33 places an American flag on the grave of all Veterans. A ceremony is held with roll call and 21 Gun Salute by the Lummi Honor Guard. We thank the Veterans for sacrifices made and courage under fire. Lummi has three remaining WWII Veterans; Clifford Charles, Spaghetti Tom and Penney Hillaire.

Our hands are raised to you beloved Veterans \o/ Hy'shqe.

Law Enforcement Officers Memorial Day is on Thursday, May 15th in honor of federal, state and local officers killed or disabled in the line of duty. This day is not a federal holiday. We Thank the Police Officers for their duty in a time of high crime and strife. Rest In Peace beloved officers who gave their lives to protect and serve Lengesot Cho. Hy'shqe Our hands are raised to you \o/

Warriors

Warriors in harms way. Many Grandparents have family serving in the Armed Forces. We worry about our loved ones in harms way. We find comfort in prayer. James Elliott Burns, United States Army, has deployed to Afghanistan. He is the Grandson of Margorie Case, the son of Theo and Barbara Burns. This is his 3rd deployment to the most dangerous place on the planet. We send our love and prayers for his safety. Our hands are raised to all troops near and far. Hy'shqe \o/

Mother's Day

The Resolution dedicating Mother's Day was signed by U.S. President Woodrow Wilson May 8, 1914. Since then people across the world have been celebrating Mother's Day. Anna Jarvis, requested her mother's church in West Virginia to celebrate Mother's Day on the second anniversary of her mother's death, the 2nd Sunday of May. Carnations, her mother's favorite flowers graced the occasion. Honor your Mother with flowers, gifts, family dinner, night on the town. Children often make cards for their mom and make her "breakfast in bed" complete with flowers picked from her garden. How kool is that.

George Washington, President, USA said "My mother was the most beautiful woman I ever saw. All I am I owe to my mother. I attribute all my success in life to the moral, intellectual and physical education I received from her."

The Nooksack Tribe celebrates with of food, games, vendors and of course, the Mother's Day canoe races. Kicking off the Canoe season held at the Lummi

Stommish Grounds. Canoe families are up and ready for the season. We sat on the beach cheering for our pullers. Lots of fun. Lots of excitement.

Stommish June 12-22

A Cowichan word meaning "Warrior." The first Stommish took place 67 years ago. Lummi World War I Veterans, Bunny Washington and Herb John decided to celebrate the safe return of WWII Veterans. They traveled up and down the Salish Sea inviting tribes to attend this special event. Back then, it was held at Gooseberry Point. Folks came by automobile, truck or boat. It wasn't unusual to see canoes tied on top of boats. Our beloved Edith and Vic Jones realized Gooseberry was too small to accommodate our visitors. They donated land to the Veterans which is our present day Stommish grounds. Don't forget to get out your lawn chairs and comfy pillows and join in this year's Stommish Water Festival. Take in the Parade of Veterans, War Canoe Races, Sla-hal games, eat a traditional meal, visit with friends from neighboring tribes and don't miss the Veteran's Powwow.

Canoe Journey 2014

Journey to Bella Bella for Qatuwas II. The Heiltsuk Hemas (Hereditary Chiefs) and the Heiltsuk Tribe are proud to Host Canoe Journey 2014. They invite canoe families to paddle to Bella Bella for Qatuwas II "People are coming together". The journey celebration is from July 13th - July 19th. 100 canoes with over 1,000 pullers and approximately 5,000 visitors are expected. Sounds like a wonderful experience. Bella Bella was once known as Waglisla. It's located on the east coast of Campbell Island, 98 nautical miles north of Port Hardy. Careful planning goes into the journey; ports of call, canoe escorts both on land and sea, rest stops. We wish all canoe families a safe journey. Love and Prayers to all.

Project Transition

Lummi Nation Housing Authority is in the process of transferring Little Bear Creek Retirement Facility to Family Services. Additionally, a Resident Manager, Nurse, Security Personnel, Activity Planner and Caregivers will join the staff.

This is a work in progress. We'll keep you posted.

Mediation

We are busy with the mediation process at Little Bear Creek, identifying issues and problem areas. The process is not intended to re-invent the wheel but to fine tune it so-to-speak. Several Elders were interviewed. Our opinions and comments or ideas on how to facilitate, improve, implement or change the dynamics were noted for consideration.

Lunch Service

Due to the large volume of lunches served at LBC, including home deliveries, one serving will be given to each person. Elders are served first. Non-elders are asked to wait and pay a minimum donation of \$3.00 for the meal. Caregivers will first serve their clients and those in need of assistance. Once everyone has been served and there is ample food remaining, you may request a second serving. The culinary staff endeavors to ensure that all Elders are served. If you have questions or concerns, please contact Marcelle Hillaire, Culinary Supervisor or Jackie Ballew, Senior Program Manager at 758-3500. Thank you for respecting our food service policy.

Stress

Don't worry. Be happy. What a beautiful thought. Happiness is a great stress reliever. We don't realize how much stress we are experiencing. We worry over paying bills, illness, loneliness, family issues. It can be so slight that it goes unnoticed. However, stress is a killer. Stress is linked to high blood pressure, abnormal heartbeat (arrhythmia) blood clots, and hardening of the arteries (atherosclerosis). It's also linked to coronary heart disease, heart attack, and heart failure. Mental frustration, anxiety and depression which can lead to heart problems. When a stressful event occurs, stop, step back and manage your feelings and behavior. Relax, calm down, take a slow, deep breath. Stress can affect you both instantly (acute stress) and over time (chronic stress). So chill out. Relax and smell the roses as they say. Life goes on and is a lot simpler if we alleviate stress. Of course a healthy

diet and exercise will do the body good.

Boldt Decision turns 40

We, along with other tribes suffered a hundred years from the white's who kept us from commercially fishing salmon. In 1974, Federal Judge George Boldt handed down a decision that defined Indian fishing rights allocating the treaty tribes 50% of the harvestable salmon. Judge Boldt held that the government's promise to secure the fisheries for the tribes was essential to the treaty-making process. The tribes had a right to the fish. It was not up to the state to tell the tribes how to manage something that was always theirs. Judge Boldt ordered the state to take action to limit fishing by non-Indians.

The Boldt Decision revolutionized the state fisheries which led to violence between tribal and non-tribal fishermen. In 1975, the Ninth Circuit Court of Appeals upheld Boldt's ruling. The U.S. Supreme Court affirmed it. The ruling ended confrontations between police and tribal fishermen who refused to leave the rivers subsequently arrested and sent to jail. It didn't stop there. The fishermen, upon their release, went right back to the rivers because it is our Right.

Lhaq'temish

We are the People of the Sea. Fishing continues to be a means of our livelihood, however, it continues to decline. Dramatic changes detrimental to the fisheries are responsible for the deuteration of the salmon runs. Our entire fishing based economy is extremely fragile and threatens our traditional way of life, our Xwlemi' Sche'lang'en. We faced the salmon decline by forming a salient role in maintaining the fisheries and responsibly managing the salmon resource. In part, the effort represented by our hatcheries. Our next battle, the coal trains damaging the environment and destroying the fisheries.

Nooksack River

For 12 thousand years, we fished without affecting the salmon runs. It wasn't until the white man's arrival that the salmon runs went into sharp decline. Greed, overfishing, logging, agriculture, and chemical pollution were to blame. Salmon runs were harmed

Community Updates

by habitat degradation as stream-beds were used for the transport of logs to Puget Sound, metro areas dumped sewage and industrial effluent into the bays. Dams were constructed on major salmon spawning rivers blocking large sections of our river where the salmon once propagated. The river is a hazard to fish, fishermen and animals. Log jams in the delta and mouth of the river block returning salmon going upriver to spawn. Silt in the riverbed consists of mud, tars from roads and construction. Sandbars increased in size. The river has hidden dangers such as deadheads under water making it difficult and dangerous to navigate. Urban development i.e., roads, parking lots, roof tops pose a threat to the once pristine river system. Rain run-off empties into storm drains flowing into the river. The Army Corp of Engineers is not acting responsibly by not removing log jams. However, the Corp. of Engineers maintains that the log jams are beneficial to returning salmon runs by slowing the river flow. In essence, fish tire and die before reaching spawning grounds. The river needs dredging, log jams removed. The Environmental Protection Agency

(EPA) isn't doing enough to protect the river system. They say why don't we clean up the Nooksack. Well, we tried. Larry Priest suggested it and was stopped from pursuing it any further. End of story.

News in a Nutshell

April travel was bomb. What a great time, fun, food, love and laughter. We were near and we were far. From Swinomish and Tulalip Bingo to Lincoln City on the beautiful Oregon coast. We traveled to Muckleshoot. Wow! The Elders know how to get up and go. Betcha can't keep up. The Muckleshoot Stick game tournament was charged with fun and excitement. Win, loose or draw it was fun, fun, fun. Our beloved friend, Lora Tom was so very ill. Our prayers went out to her and her family. Yvonne Cagey was hospitalized. We prayed for her recovery and for the family to give them strength and courage in their time of crisis. We love all the Elder's and families in need of prayer. Brian Lane, Sr. is busy with classes at Northwest Indian College. Returning to school is a wonderful thing. It's never too late to further

your education. We're setting good examples for our youngsters. Congratulations to Mr. & Mrs. Alec Fitzgibbon on the birth of their bouncing baby boy. Alec is maintenance at LBC. Diana Dixon, Anita Johnson and Sharon Wolf are going to pool therapy at Peace Health Outpatient. Alta Phair and Vesta Perkins enjoyed nice parties at their homes for their birthdays.

Elder Strong

Our 55 yr. olds are taking their place at the Elder's table. There is honor and respect for Elders. I heard a junior Elder complaining that he wasn't old and he wasn't an Elder. However, that very same person was jumping with joy as an Elder; digging clams in the senior beds, first in line, visiting other tribes, taking part in activities, travel here, travel there. We are held in high esteem but it wasn't always fun achieving our status. We lived through many wars and conflicts. We fought to hang on to our Sche'lang'en in an ever changing world. Listen carefully to our words. Someday, it will be your turn to share the history of our people, share our Lhaq'temish and Shen'langen.

Easter Bonnet Contest

Held at Little Bear in combination with the Birthday luncheon. 1st place winner Clarissa Young followed by Diana Dixon 2nd and Vernell Lane 3rd. The bonnets were all beautiful and unique, some comical others with ribbons and bows, Easter eggs and bunny rabbits. Sisters Ernestine Gensaw and Rena Ballew bonnet's were quite cute decorated with lady bugs and Easter frogs. Verna Linse and Annie Washington, the ladies with a million hats, were charming in their colorful bonnets. Jack Cagey's bonnet a mixture of traditional feathers and Easter bunnies. Buster wanted a playboy bunny. It was good to see Vern & Mary Johnson, Margaret Greene, Ramona Morris, Sharon Wolf, Mr. & Mrs. Clifford Charles, Kathy Charles, Gordon Charles, Diane Phair, Josie Warbus, Charlie Scott, Marcella Laclair, Dickie Greene, Marge Case, Armour Joe, Ed Jones, Victor Solomon, DeDa Redlighting, Penny Carol, John Victor, Linda Delgato, Joan Finkbonner, Jim and Lynn Lane, Eileen DeCoteau, Nadine Joy, Porky Revey, Ada Kaily. Annette Solomon, Eugene Paul, Floyd Warbus, Henry Laclair, Fred and Marie

Egawa and many, many more.

Thanking Marcel Hillaire and the culinary crew for an absolute awesome dinner party. The food was fantabulous; bbq salmon with all the trimmings, followed by banana cream, lemon meringue pie or fudge/strawberry cake. Many Hy'shqe to Ron Adams, Ron Noland, Jr. and Janice Cooke for assisting with decorating bonnets. Indeed it was loads of fun. Laughter was heard up and down Lummi View Drive.

Lincoln City

It was a long drive but well worth it. We arrived in a rain storm, typical for the Oregon coast. The Event Center at Chinook Winds was absolutely awesome. We were entertained by a hip-shaking Elvis. Henry Laclair tapped his feet to the beat. We met old friends and made a few new ones. Auntie Norma Solomon kept us laughing as only she can do. Joan Finkbonner was sight seeing but not at the ocean. Margaret George and Angie Bell waved and clapped enjoying the sites in the casino. Ernie Brewer and sister Gayle James drove POV from LBC. Gayle, happy to go, and happy to return. Nadine Joy tried her hand at the slots. Verna Long, Cindy Warbus, Linda Cagey and Cynthia Phair were admiring the crafts in vendor row. Porky Revey was tempted to go show Elvis how it's really done. I saw Fred and Marie Egawa doing a happy dance. Angie Martin Solomon made a few feathered friends at the beach feeding the seagulls. There must have been a 100 or more. Charlie Miller wore a gorgeous cedar hat. Diana Dixon won a travel mug. Mary Ann and Bob Kelly brought their little dog along. Jack and Beverly Cagey had a blast. We're ready to go again. They don't call us Elders on the Go for nothing. Next stop, Yakama!

May Birthdays

Many things have changed over the years. Your children grew up and gave you grandchildren. The world went hi-tech. Vehicles run on electricity. Some things never change, the wonderful great person you are. May God bless you on this special day and for always. Happy Birthday beautiful Lummi Elders.

Luella Benedict
Vernon Bizer
Marie Brower

Beverly Cagey
Virginia Cagey
Gordon Charles
Henrietta Cooper
George Dailing
Jean Driskill
Jessie Felix
Howard Garcia
Bonnie Gardipee
Andrew George
Arlene George
Mira George
Ronald Greene
Sharon Hall
Ethel Hillaire-Warbus
James Hillaire
Hamen Ides
Warren James, Jr.
David James, Sr.
Douglas James, Sr.
Darrell Jensen
Leonard Jefferson, Jr.
Angela Jefferson
Norman Jefferson
Verna Jefferson
Anna John
Christine Julius
Mary Kildall
Larry Kinley
Trina Laclair-Lane
Doreen Lane
Shirley Leckman
Louise Lewis
Verna Linse
Francis Martin III
Herman McCluskey, Jr.
Murlyn McCluskey
James McDougal
Lorili Nickolsen
Floyd Noland, Jr.
Loretta Olsen
Jerry Patton
James Phair, Jr.
Diane Phair
Gordon Phair
Marya Phair
Helen Reddick
Donna Ruether
Ralph Scott, Sr.
Stanley Sellers
Kay Sharp
Rosaline Silvas
Doyle Smith
Janice Smith
Felix Solomon, Sr.
Jeffrey Solomon
Karen Solomon
Richard Solomon
Rebecca Soriano
Karen Stratton
Maxine Stremler
Daphne Stroup
Betty Todoroff
Faunt Visser
Bernalyn Washington
Joseph Washington
Francine Wilson
You're not getting older, you're getting better. May your Birthday be blessed with awesome memories, beautiful flowers, family and friends. Ok, that's it for now. Happy Mother's Day, Hug your kids, grandkids, significant other. Thank and hug a Veteran, write your loved one in the Military. Be careful in all that you do. Take care of yourself. Take care of each other. Each in his own words, each in his own way. For a world united in Peace, let us bow our heads and pray.

Travel Invitations

The following list is invitations from other tribes. This is not scheduled travel but invitations for your consideration. Please select which functions you would like to attend. Call LBC at 758-3500 to let us know your choices and any suggestions you may have for future activities. We cannot attend all functions but it's up to you, the Elder community, to decide. This list is current as of April 17th. We will update it as other invitations are received.

From	Date(s)	Duration
Muckleshoot	Apr 30th	Round Trip
Wellpinit	May 8th-10th	2 Night Stay
Yakama	May 14th-15th	1 Night Stay
Tulalip	May 29th	Round Trip
Swinomish	June 2nd	Round Trip
San Juan Cruise	June 4th	Day Trip
Grand Ronde, OR	July 14th-16th	2 Night Stay
Puyallup	Sept 19th	Round Trip

Invitations not yet received:

Coeur d'Alene, ID 2 Night Stay
Nooksack Round Trip
Reminder: Elders may take 4 overnight trips per year.

May Travel Schedule*

Function	Date	Day	LV LBC
Blackjack SRC	6th	Tues	6:15pm
Tulalip Bingo**	7th	Wed	8:30am
Luncheon SRC	13th	Tues	11:30am
Blackjack SRC	13th	Tues	6:15pm
Yakama Elders**	14th	Wed	7:30am
Yakama Function	15th	Wed	10:00am
Depart Yakama	15th	Wed	2:00pm
Blackjack SRC	20th	Tues	6:15pm
Shopping Bham	21st	Wed	1:00pm
Blackjack SRC	27th	Tues	6:15pm
Shopping Bham	28th	Wed	1:00pm

*Subject to Change

**Limited to 60 travelers.

Contact the transportation office to sign up for all travel activities at 758-4170.

Lummi Treaty Lands are Reserved

Submitted by Jewell James, STP Office

We have lived through a lot of suffering, as the Lummi People. Most of us, and the general public, do not know the history of the BIA and how it failed to do its job and protect our rights. Their job was to help manage "Indian Affairs" for the United States and to make sure the rights and interests of the Indians were protected from unscrupulous non-Indians. This idea of the BIA protecting our rights has evolved into what the Courts called the "Trust Responsibility."

From 1787 to 1849, the BIA was with the War Department. But, because of the massive theft of the funds and goods authorized by the US for the Indians, by the War Department, the BIA was transferred to the Department of Interior. From 1849 to 1872, the BIA stole everything while it was under the Dept. of Interior. So, President Grant was frustrated and sought a honest group to manage Indian Affairs. He issued an Executive Order giving the churches control over Indian Country. They, then, developed the Indian Religious Crimes Code that made any Indian language, traditions, ceremonies, or spiritual practices and transference of this knowledge a criminal act by traditional Indians. Indians were sent to prison with no trial or rights to defend themselves. The tribes would be continue, however, to witness the theft of their goods and revenues by the BIA over the next century plus (1872 to 2012). In 1924, the tribal Indians were made US Citizens so that they could have religious freedom under the First Amendment. In 1978, the Congress enacted the American Indian Religious Freedom Act because we did not have religious freedom. In 1988, the Supreme Court destroyed the Indian Religious Freedom Act. In the 1990s, the Congress began to restore our religious rights after we organized and defended ourselves as tribes and people.

During all this time, the BIA continued to work with other unscrupulous politicians and local authorities to steal the funds from the Indian Accounts. In the late 1860's the US Congress

sought to protect tribes from entering contracts that non-Indians sought to use to deprive the tribes and tribal peoples of their lands and resources. The BIA, after the Dawes Act of 1887 illegally took 90 million acres of Indian treaty lands from the tribes, took more control over Indian revenues that came from the sale, rent, or leasing of Indian lands. In 2012, the Cobell Case was settled by Congress for four billion dollars. They admitted that the BIA had continued to deprive the tribal Indians of their rightful income from their lands.

This is all history. While this was happening, our people suffered in poverty. The US tried to terminate our tribal existence, knowledge, and communities. It tried to sell off our reservation lands so that we would have no home to go too. They wanted us to live in the cities and die off as "minority citizens." But, many tribal people and leaders stayed home and fought to protect our reservations. Because of their efforts we still have the Lummi Reservation.

I grew up on Lummi when there was about only five hundred Lummis living here yet. I went to public school and Indian boarding school (Oklahoma). I was reflecting on a couple matters that were assigned to me, when I first returned from college and started working for the tribe. The pay was one dollar and ninety cents an hour. I had to fish to pay the bills but the idea of working for my tribe was always in my mind as I went through college. I was first assigned to work with the tribal attorneys office, as a paralegal researcher (1977-79). I and another young employee were directed to investigate the land history of Lummi Reservation and any land sales by the BIA. The elders, back then, were very concerned that the Lummi lands were illegally sold by the BIA, over the decades. Many elders said they never were paid for their lands when the sales were made.

Overall, the Elders said that "Our reservation lands were never supposed to be sold, but the BIA sold the lands when we were young. Some of us were forced to sell lands before the BIA would provide

public assistance to help our families –since no one would hire Indians.. Some of our families faced having their land condemned if they did not sell. Some of us they said owed taxes on our lands and we would lose it back taxes (in cases were non-Indian spouses inherited). They said they would take our land for making roads to cross the reservation. Some of our land was sold by the BIA while we were in boarding school, and we never got that money. Some of our land was taken away from the reservation when they illegally changed our reservation boundaries." The elders were passionate that these were all examples of a great injustices done to our Lummi People.

The reservation system was created by Commissioner of Indian Affairs George Manypenny, when he negotiated the Treaty with the Omahas. It was called the "Colonialization of the American Indian." But, the reservations were to become our permanent homelands. Our Treaty of Point Elliot (12 Stat. 927 of 1855) was modeled on the Omaha Treaty. Before this, the US entered treaties with Great Britain, Spain, and Russia and got them to relinquish any claims they made to the Pacific NW. In those treaties, the USA promised to treat the Indians fairly. By 1855, Governor Stevens of Washington Territory had began the process of negotiating 16 treaties over 18 months that would cover part of all of the territory that would become four states. The negotiations were done in Chinook Jargon (inland and coastal versions).

In the Pt. Elliot Treaty, Article 7, it is provided that the President could remove the Indians to a general reservation (now Tulalip Reservation) or assign them lands (on the various treaty reservations) as their permanent homes, per the Treaty with the Omaha. In Article 6 of the Omaha Treaty, it was provided that the lands would be assigned out, and could not be leased or aliened for any time longer than two years, and shall be exempt from levy, sale, or forfeiture. The lands of Lummi were all assigned out to heads of household based on the two treaties. There was

not enough land for all the tribal families at Lummi to live. Some Lummi families were sent to the other treaty reservations created in the Stevens' treaties.

In 1887, the General Allotment Act (Dawes Act) passed Congress. As said above, this act would take away 90 million acres of treaty-protected land from the tribes, violating over 370 Indian Treaties. The lands that were left were divided up and every Indian man, woman, and child was counted and given some of their own tribal lands under a "Trust Patent." The Congress took tribal lands and gave it to individual Indians in order to destroy tribal government. In 25 years the individual Indians would then have to pay taxes on their lands to local white governments. Since many Indians did not have an income they could not pay the taxes so the land was sold for back taxes. Now non-Indians were moving on to the treaty-established Indian reservations that were supposed to be for the exclusive use of the tribal people. The BIA began to apply this law to the Lummi Reservation after the 1910 Amendment. This act gave the BIA more control over Indian lands and revenues if the Indians were considered "incompetent, non-competent" or underage. All Indians were under this status unless they had a "Certificate of Competency" issued to them by the BIA.

At one time, about a dozen Lummi Indians applied for Certificates of Competency. They got them from the BIA but the certificate had to be pulled back because this was a process that applied to General Allotment Act lands and Lummi was under the treaty. Another time, the government decided to make the "dike" that blocked out Lummi Bay. After the dike was completed the US Congress recognized that it violated the treaty and did not have the authority to build the dike so it retroactively passed a law to make it appear that the dike was legally built. Our Indian land owners down there have been forced to pay for that illegal dike ever since.

The problem was the General Allotment Act was never legally applied to

the Lummi Reservation by Congress. First of all, there never was any surplus lands at Lummi. All of the Lummi Reservation lands were assigned out based on the treaty. Except, there are 78 acres that ended up being covered by the General Allotment Laws. But, this was accomplished by a special act of congress that specifically applied this law to the lands of the late Davie Crow Skootah estate (he was an old Lummi slave that had no heirs). That land was divided up into several smaller pieces and then "allotted out" to qualified tribal members and they received "trust patents." All the other lands are covered by Treaty Restricted Fee Patent Titles.

All the lands that have been sold, on the Lummi Reservation, was done under the authority of the General Allotment Laws, as amended. The BIA began in 1912 trying to sell off our lands at Lummi. But, Lummi is under the treaty and not the general allotment laws. There is no authority in the treaty to allow the sales of Lummi land. The elders told me to prove this to be true and we will get our land back. The opportunity came when the non-Indians, on the reservation, decided they did not want the Lummi Indians controlling water on the reservation or to develop a water & sewer system that they (non-Indians) would have to hook up too. Their actions were racially motivated. They simply hated the idea of Indians involved in "their lands on the reservation." They demanded that the State of Washington and Whatcom County side with them to stop the Lummi from exercising jurisdiction over them. They said they only were accountable to the white governments not the tribal Indians.

The Lummi Tribe filed a lawsuit and claimed the non-Indians, the state, and the County were violating the Anti-Klu-Klux-Klan Acts of the 1860s and 1960s. In the Sewer Case, the state and county, and on-reservation non-Indians sought to prove that Lummi lands were lawfully sold to the non-Indians under the General Allotment Laws and they do not have to account for their actions to any Indian tribe.

Community Updates

(Lummi Treaty Lands are Reserved)

The Lummi testimony was that the reservation lands were under the treaty and could not be sold under the General Allotment Laws as was done by the BIA. The federal judge had to decide if the General Allotment Laws applied or did the treaty law govern the land and jurisdiction. If the non-Indians won then the state and county would have jurisdiction over them. If the tribe was right then the tribe had jurisdiction.

The Judge ruled the "Lummi Reservation was under the Treaty not the General Allotment Laws." Wow, this was significant. The state and county settled the case immediately. The on-reservation non-Indians settled after they lost support of the state and county. They had to pay Lummi legal expenses. Once we received those funds we invested them into the NW Indian College scholarship fund. But why did everyone settle right away? They settled because this federal court ruling actually undermined the non-Indian claims that they legally owned reservation lands. The treaty

did not allow the sales, no matter how long ago they happened. The lands could not be taxed and could not be taken for failure to pay taxes or confiscated for any government purpose. There was no legal authority for BIA sales of Lummi treaty lands. This case was settled about 34 years ago. We won but the land title question has not been pressed by Lummi.

Throughout our history, the Lummi people lived in poverty on our reservation. Within thirty years after we located on the reservation, the state took away our off-reservation fishing and hunting rights soon after it came into existence (1889). We could not leave the reservation to gather our traditional foods under state law or we would be prosecuted for trespassing on white land. We were left to suffer, without jobs or the ability to use our reservation lands. The BIA controlled the lands and nothing happened unless it was in accordance to the General Allotment Laws. Over time, probates never happened and each piece of reservation Indian-owned

land was inherited by hundreds of family members. It became impossible for families and individuals to use the lands. So, it was leased or rented out by the BIA to non-Indian farmers. In our life time, the Congress enacted the Indian Land Consolidation Act to try to give Indian people and tribes the ability to use the inherited lands.

When we look at the reservation and see how it has developed, then we see that the BIA sold off the prime pieces of land located inside our reservation boundaries. The non-Indians bought from the BIA almost all of the prime shore line properties. They tell our Indian people to stay off their beaches and the local sheriff does work with them to stop the Indians from allegedly trespassing on white property. They do not want us to walk on "their beaches" to get our shell fish or to go set our nets. One day, the non-Indian land owners will wake up and find that the Lummi Council had graciously not evicted them from Lummi right after the Sewer Case was

settled. By rights, we own the land under the treaty language. Treaties are one of three types of supreme law of the land under the Constitution.

The problem is the non-Indians will have to face the reality that they do not own the Lummi land their houses rest upon. It is treaty protected still. One day they may have to move their houses and leave the reservation. They will want the Title Insurance Company to defend their land titles. All parties will end up in Federal Court and go all the way to the Supreme Court over several years. But, the treaties are protected by the Constitution. It is the national law. We will win. Rather than sue, I think they should organize and negotiate with the Lummi Tribe and secure "life estates" to their houses and then transfer title after they pass away. Otherwise, we may have to go to Congress and find a means to settle it. They will think they can get Congress to give them title; but, this same attempt happened before and the congress said no then to those other

non-Indians that wanted to keep the lands they built their houses on, even though they did not have legal title to the land. In the NE tribes and non-Indians battled over illegal land sales and the tribes won and the non-Indians had to negotiate or move their homes off the land.

I am proud to have been the Lummi Researcher that was deposed for the Federal Courts on the history of Lummi Reservation Lands. I believe I did exactly what the Lummi Elders asked me to do. The Lummi Tribal Council, back then, wanted to recover our lands. At this time, we recovered all of Portage Island as well. We can never give up. We ceded massive amounts of our traditional territory to the USA to secure our treaty rights in perpetuity. And, remember, the US tried to buy all of our traditional territory located outside our reservation for \$58,000 in the early 1970's. We never sold.

Thank you, I just wanted to share my thoughts with the Lummi People.

Moving the Shaker Cross from the old Church to the new Church on Scott Road



Community Updates

A good Catholic examination of conscience can be a great help in making a new start in the life of faith

What is the sacrament of penance and reconciliation?

The sacrament of penance and reconciliation is a rich source of grace. Also known as confession, it was instituted by Jesus Christ to offer us forgiveness for offenses committed against God.

Every time we sin, we hurt ourselves, other people and God. In the sacrament of reconciliation, we acknowledge our sins before God and his church. We express our sorrow in a meaningful way, receive the forgiveness of Christ and his church, make reparation for what we have done and resolve to do better in the future.

The sacrament involves five elements:

- 1 **Contrition:** We are sincerely sorry for offending God and have a firm resolve not to repeat our sins.
- 2 **Confession:** We speak about our sins aloud to a priest.
- 3 **Penance:** The priest prescribes an act of penance as a part of our healing.
- 4 **Act of contrition:** We offer a prayer in which we express to God our sorrow for sin (see example inside).
- 5 **Absolution:** The priest speaks the words by which "God, the Father of mercies" reconciles a sinner to himself through the merits of the cross.



ARCHDIOCESE OF SEATTLE



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CONFESSION GUIDE
Experience God's mercy



THE
light
IS ON FOR
you

Submitted by Angela Jefferson

We use an examination of conscience to help call to mind our sins and failings during a period of quiet reflection before approaching the priest in Confession.

It's important for a good Catholic examination of conscience to be thorough. This will help you learn about things that you may not be aware of. It's also a chance to develop your conscience. This is a critical aid for the beginning Catholic. I have the Archdiocese of Seattle Confession Guide Experience God's Mercy called The Light is on for You

www.thelightisonseattle.org

How to prepare for a good confession

Confession is not difficult, but it does require preparation.

- 1 We should begin with prayer, placing ourselves in the presence of God, our loving Father. We seek healing and forgiveness through repentance and a resolve to sin no more.
- 2 Then we review our lives since our last confession, searching our thoughts, words and actions for that which did not conform to God's command to love him and one another through his laws and the laws of his church. This is called an examination of conscience (see next panel).
- 3 We tell God how truly sorry we are for our sins.
- 4 We make a firm resolution not to sin again.



Sample examination of conscience

I am the Lord your God: You shall not have strange gods before me.
Have I treated people, events or things as more important than God?

You shall not take the name of the Lord your God in vain.
Have my words, actively or passively, put down God, the church or people?

Remember to keep holy the Lord's Day.
Do I go to Mass every Sunday (or Saturday vigil) and on holy days of obligation? On Sunday, the Lord's Day, do I avoid, when possible, work that impedes worship of God, joy in his day and proper relaxation of mind and body? Do I look for ways to spend time with family or in service to others?

Honor your father and your mother.
Do I show my parents due respect? Do I seek to maintain or restore good communication with them when possible? Do I criticize them for lacking skills I think they should have?

You shall not kill.
Have I harmed another through physical, verbal or emotional means, including gossip or manipulation of any kind?

You shall not commit adultery.
Have I respected the physical and sexual dignity of others and of myself?

You shall not steal.
Have I taken or wasted time or resources that belonged to another?

You shall not bear false witness against your neighbor.
Have I gossiped, told lies or embellished stories at the expense of another?

You shall not covet your neighbor's spouse.
Have I honored my spouse with my full affection and exclusive love?

You shall not covet your neighbor's goods.
Am I content with my own means and needs, or do I compare myself to others unnecessarily?

The rite of reconciliation

Confession may be face-to-face or anonymous, with a screen between you and the priest. Choose the option that is the most comfortable for you.

- 1 The priest gives you a blessing or greeting.
- 2 Make the sign of the cross and say, "Bless me, Father, for I have sinned. My last confession was [give the number of weeks, months or years] ago."
- 3 Confess all of your sins to the priest. (If you are unsure or uneasy, tell him and ask for help.)
- 4 Say, "I am sorry for these and all of my sins."
- 5 The priest assigns a penance and offers advice to help you be a better Catholic.
- 6 Say an act of contrition, expressing your sorrow for your sins (see sample below).
- 7 The priest, acting in the person of Christ, then absolves you from your sins.

An act of contrition

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

Community Updates

Lummi Youth Academy Security Officer Job

EXEMPT: NO JOB CODE:
SALARY: \$12.00

DIVISION: Lummi Family Services

SHIFT: Graveyard Shift (10:00 p.m. to 6:00 a.m.) DEPARTMENT: Lummi Youth Academy

LOCATION: Lummi Youth Academy

SUPERVISOR: LYA Admin Assistant

DURATION: Temp/On-call Positions Supervised: None

JOB SUMMARY: This person is responsible for security patrols at Lummi Youth Academy facility. Employee shall do routine patrol checks both inside the facility and outside the grounds of Lummi Youth Academy, to ensure the safety of the residents and property. In cases of emergency, shall contact and cooperatively work with Lummi Law & Order and Lummi Family Service Director.

ESSENTIAL JOB DUTIES AND RESPONSIBILITIES include the following, and other related duties as assigned.

- Employee shall be located at Lummi Youth Academy.
- Will provide foot patrol inside and outside the facility.
- Shall call 911 in the event of an emergency.
- Shall call Lummi Law & Order after calling 911.
- Shall report all crimes and/or incidents occurring in or around Lummi Youth Academy and cooperate with Lummi Police Officer investigations.
- Employee reports any occurrences into an individual, Nightly activity Log book; which is turned in at the end of shift to the LYA Assistant Manager.
- Records suspicious persons/activities/vehicles within the facility areas.
- Shall interact effectively and professionally with LYA Program Staff, youth residents, and LYA guests, Lummi Law & Order officials and employees of other LIBC Departments and outside Agencies.
- Employee might be required to do janitorial services during this graveyard shift, which may include dusting, mopping, vacuuming, and cleaning the bathrooms and commons areas of LYA facility if needed.

MINIMUM QUALIFICATIONS:

- Lummi/Native American/Veteran Preference Policy applies.
- High School Diploma preferred or GED required.
- Valid Washington State Driver's licensed preferred.
- Must become familiar with and abide by all Policies and Procedures for Lummi Youth Academy program.

• Mandatory Reporter for the child Abuse or Vulnerable Adult Abuse per Title V and Title VIII of Lummi Nation Code of Laws and have the willingness to participate in training in regards to this responsibility.

• First Aid/CPR training, AED required, OR must make arrangements to obtain within 30 days of hire.

• Required to participate in HIPAA training and other trainings as requested by immediate supervisor and or Department Director.

KNOWLEDGE, ABILITIES AND SKILLS:

- Ability to cope with stressful situations firmly, tactfully and with respect.
- Ability to write clear and concise reports in the program activity log book, and other correspondence as required.
- Ability to maintain effective relationships with fellow employees and with residents and/or citizens with varied racial, ethnic, or economic backgrounds.
- Ability to maintain strict Confidentiality at all times.
- Have high moral character, which includes honesty and trustworthiness, have high integrity, sound judgment and temperate habits.
- Demonstrate desire to help people and must enjoy working with the public and youth.
- Candidate must be responsible, compassionate, emotionally stable and cheerful.
- Ability to work independently with minimal direction and supervision.

REQUIREMENTS:

- Must pass pre-employment and random drug and alcohol test to be eligible for and maintain employment, as required by the LIBC Drug & Alcohol Free Workplace Policy.
- This position requires regular contact with or control over Indian children and is therefore subject to successful and extensive criminal background check, CAMIS background check.

Lummi Indian Business Council
2665 Kwina Road · Bellingham, Washington 98226 · (360) 312-2000
'Working together as one to Preserve, Promote and Protect our Sche Lang en'

Elevate Your Gardening Success

By Melinda Myers

Don't let a sore back, bad knees or lousy soil stop you from gardening. Elevate your garden for easier access and better gardening results.

The simple act of creating a raised bed improves drainage in heavy clay soil. Add in some organic matter to further increase drainage and improve the water holding ability for sandy soils. And if your soil is beyond repair or you don't want to wait, a raised garden allows you to bring in quality soil and create a garden right on top of the existing soil or even paved areas. The quality soil and easy access will allow for dense plantings without pathways. This means greater yields, up to four times more, in raised beds than in-ground gardens.

Raised beds also help conserve water. You'll concentrate your growing efforts in smaller areas and that means less water wasted. Increase the benefit by using soaker hoses or drip irrigation in order to concentrate water application to the soil nearest the plants, right where it is needed.

Make your raised bed a comfortable height. Elevating the garden minimizes bending and kneeling. Design raised beds in corners

or edges suited for sitting or areas narrow enough to set a garden bench alongside for easy access.

Design raised gardens so they are narrow enough for gardeners to easily reach all plants growing within the garden. Or include steppers or pathways if creating larger raised garden areas. Add a mowing strip around the edge of the raised bed. A narrow strip of mulch or pavers set level with the soil surface keep the area tidy and eliminate the need for hand trimming.

Select a material suited to your landscape design. Wood, brick and stones have long been used to create raised beds. Consider using materials that are long-lasting and easy to assemble, like Lexington Planter Stone<<http://lexingtonseries.com/meet-the-family/planter-stones> (lexingtonseries.com). These stone sections can be set right on the ground, fit together easily, and can be arranged and stacked to make planters the size, shape and height desired.

Start a raised bed garden by measuring and marking the desired size and shape. Remove the existing grass and level the area. For taller raised gardens edge the bed, cut the grass short and cover with

newspaper or cardboard prior to filling with soil. Be sure to follow directions for the system being installed.

Once the raised bed is complete, fill it with quality soil. Calculate the volume of soil needed by multiplying the length times the width times the height of the raised bed, making sure all measurements are in feet. Convert the cubic feet measurement to cubic yards by dividing it by 27 (the number of cubic feet in a cubic yard). For a 4 x 8 feet raised bed that is 2 feet deep you would multiply 4 x 8 x 2. This equals 64 cubic feet. Divide by 27 and you will need just a bit more than 1 cubic yard of soil. Don't let the math overwhelm you, most topsoil companies and garden center staff can help you with the calculations. Just be sure to have the raised bed dimensions handy when you order your soil.

The best part is that this one time investment of time and effort will pay off with years of gardening success

Gardening expert, TV/radio host, author & columnist Melinda Myers has more than 30 years of horticulture experience and has written over 20 gardening books, including Can't Miss Small Space Gardening





LUMMI NATION DRUG TIP HOTLINE

LUMMI NATION POLICE DEPARTMENT

Voicemail	Text	Email
360-312-2279	360-303-3052	tiphotline@lummi-nsn.gov

LENGESOT-CHO>

“PROTECTING OUR COMMUNITY”

ALL CALLS WILL REMAIN ANONYMOUS

Youth Basketball Tournament April 11 - 13

