



August 2014

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Margaret graham, Communications Manager for the Washington State Housing Finance Commission, www.wshfc.org shared this article printed in the July issue of Kim Herman's "My View". She shares that this months entire July issue is about tribal housing and the accomplishments of four tribes around washington state. Below you will find a great interview with Diana Phair of Lummi Housing Authority.

Despite formidable challenges, Washington state's Native American Housing Authorities rise to the top



What does creating and preserving affordable housing on Native American lands look like in our state? With which major issues do tribal leaders and housing authorities struggle? How do they go about solving them? What resources are available to them?

Diana Phair: "We develop a community"

One of the tasks of a housing authority (HA) is to think strategically, to get the most out of the resources you have available—and then scour for more. As LHA director, Diana Phair and

her staff are highly strategic—and relentless. Diana continues to seek ways to create more housing for her people, while also providing tools that will help those living in the housing to be more successful.

The Lummi Nation's tribal land sits along the coast north and west of Bellingham in the Northwest corner of the state. More than 5,000 tribal members live on about 13,000 acres. Diana manages about 300 units of rental housing and runs an internal tribal company that builds about three to five homes a year for homeownership. Through her HA, she's cre-



Diana Phair, Executive Director of Lummi Nation Housing Authority (LHA) since 1992

ated a number of social pro-

(Continued on page 2)

Federal funding for Native American housing

HUD Funding

HUD's Northwest Office of Native American Programs in Seattle administers Native American-focused housing programs in Idaho, Oregon, and Washington

- The Native American Housing Assistance and Self Determination Act of 1996 (NAHASDA) gives tribes the flexibility to prioritize the funding to best meet their housing needs. This includes building, acquiring, and maintaining housing, as well as tenant-based rental assistance and other housing. NAHASDA's two programs are the formula-based Indian Housing Block Grant (IHBG) and the Title VI Loan Guarantee, which guarantees private-market loans to tribes to develop affordable housing.

- In addition, the competitive Indian Community Development Block Grant (ICDBG) provides about \$2.2 million per year in the three-state region (no more than \$500,000 per tribe per year).
- Finally, the Section 184 Indian Home Loan Guarantee Program is a home mortgage for Native American families, tribes, or Tribally Designated Housing Entities (like housing authorities). Under Section 184, HUD fully guaran-

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Three ways to save on monthly expenses

Regardless of income, everyone is looking for ways to save money. From improving your home's energy efficiency to savvy shopping, you can cut back on your day-to-day expenses and monthly bills.

Utility costs

One of the top 10 monthly expenses for a family is utility costs. You may be able to lower your electric bills by frequently changing your air conditioning and heating system's air filters. A dirty filter may cause your unit to work harder to heat your home in the winter and cool it in the summer. A new HV/AC unit can be expensive, but a new filter can cost as little as a dollar. By changing filters on a regular basis, you can help to keep your unit free from pollution and debris and perform better overall.

Energy Efficiency & Energy Costs	Light Emitting Diodes (LEDs)	Incandescent Light Bulbs	Compact Fluorescents (CFLs)
Life Span (average)	50,000 hours	1,200 hours	8,000 hours
Watts of electricity used (equivalent to 60 watt bulb). LEDs use less power (watts) per unit of light generated (lumens). LEDs help reduce greenhouse gas emissions from power plants and lower electric bills	6-8 watts	60 watts	15-15 watts
Kilo-watts of Electricity used (30 Incandescent Bulbs per year equivalent)	329 KWh/yr.	3285 KWh/yr.	767 KWh/yr.
Annual Operating Cost (30 Incandescent Bulbs per year equivalent)	\$32.85/year	\$328.50/year	\$76.65/year

Another way you can save on utility costs is to use LED light bulbs. A LED light bulb typically uses less energy than transitional incandescent light bulbs. Plus, over the life of a LED bulb, it may save over \$130 in energy costs.

Health care

Preventive health care can save you time off from

work and doctor visit copays. Keep vitamins, minerals, hand soap, disinfected wipes and disinfect sprays on hand to help prevent colds or flu. Remember to also use preventive medicines during allergy seasons.

Digital coupons

Coupons can save money every day, but clipping them can be time consuming and,

all too often, they are forgotten at home.

Utilize digital coupon programs to avoid the hassle. For example, Dollar General has a new Digital Coupon Program in which customers can sign up online or at check-out in stores, and then load relevant coupons to their profile for everything from groceries and cleaning supplies to seasonal items. Digital coupons are then automatically applied when eligible items are purchased.

Monthly expenses can often add up, but these simple tips may help you save on the items you purchase frequently.

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Community Updates

(Housing Authority continued from page 1)

grams to support residents and help preserve the integrity of Lummi Tribal Housing's community. Her tribe was the first to take advantage of the Low-Income Housing Tax Credit (LIHTC) program; they built 24 homes through the program in 2000. Currently, they are in the process of transitioning these homes out of this 15-year program.

Diana says that the LIHTC program has worked for the tribe, "but if we were to do it again we wouldn't go so low as 40% or lower of area median income (AMI) to qualify" those living in the homes. Like most LIHTC programs, ours here in Washington uses a scoring process to award housing tax credits to applicants based on the public benefits that will be achieved for the community. The points allow applicants to choose which public benefits they want to provide to residents and to meet community objectives. The purpose is to provide a fair process for all potential applicants. Many Lummi families make their living in the fishing industry and these Lummi homes were specifically targeted to low-income fishing families. But fishing is cyclical, with some good years and some bad. Many families, Diana explains, would cycle above and below the required income level, which made it difficult to remain within the terms of the program.

Like all federally recognized tribes, the Lummi are eligible each year for the Indian Housing Block Grant (IHBG) program administered by HUD [see sidebar]. Each tribe's grant is based on a formula that takes into account the size of the tribe and many other factors; the Lummi's allocation is about \$3.4 million annually. That may not sound like an inconsiderable amount of funding, but there are wide-ranging demands on that money, from

maintaining and rehabbing existing housing stock, to administering the HA and its myriad programs, including providing tenant-based rental assistance. Most HAs are extremely hard-pressed to make their grants cover anything but the most clamoring needs.

Orchestrating efforts to support the Lummi community

Here's a pared-down version of what LHA has accomplished in recent years:

Secured competitive federal stimulus funds during the recession to build more housing. "We were able to get both the competitive and the formula money," Diana says. "The formula money was \$1.2 million in 2010; we were 'shovel ready' so we were able to get another \$3 million. That \$4.2 million helped us get our 72 apartments built." Kwina Village currently consists primarily of one- and two-bedroom apartments; phase two is 52 more apartments currently under construction. All are targeted to low-income families.

"We found that many times when we put families in large units, we were setting them up to fail. So instead, we start these families out young and teach them the tools, the costs of moving to a larger unit. Then they can get on the waiting list to transfer to a bigger unit. That was one of our success stories of those 72 apartments."

Aggressively sought and secured funding from myriad sources to build and maintain housing stock—and support residents. About 10 years ago, Diana hired a professional planner to help perform environmental reviews and write grants. Lummi has, in addition to IHBG formula funds, successfully received funding from the IHBG competitive grants

program, the USDA's rural housing program, the Housing Trust Fund, DOL for youth programs, ROSS grants for financial literacy, and others.

Made sure their HA had an ongoing line of communication with tribal leadership. A common frustration for Indian HAs is that tribal council membership changes over time; it can be difficult to maintain great relationships and keep council members educated about their tribe's housing needs. Historically, says Diana, "we'd get new council members, and we'd get run through the wringer. So we redid the ordinance. I said, 'Why don't we have a council position? That way they can't say they don't know what we're doing.'"

Now LHA has a commissioner, Henry Cagey, who also sits on the Lummi Indian Business Council. "We keep him informed, and when housing comes up at the council, he's right there at the table. That gives us some stability."

Integrated drug testing and treatment into the community.

Substance abuse bedevils many Native American communities; about 10 years ago, Diana and her staff decided to draw a line. "We do intensive backgrounds and we do drug testing. Anyone 16 and older has to undergo a drug test." Early on, if anyone in the family unit failed the drug test, the family would come off the waiting list.

"Now," she says, "we're able to keep that family on the waiting list so long as those who fail the test do an assessment and then show us that they got that and are following their assessment program." The tribe offers on-reservation drug treatment and counseling, as well as a suboxone program to combat oxycontin and cocaine addictions.

Built a gym and sponsored youth programs. LHA used funding from an Indian Community Development Block Grant (ICDBG) to build a gym for kids on the reserva-

(Continued on page 15)

SQUOL QUOL

The Lummi Squol Quol (SQ) is the official publication of the Lummi Nation. Published monthly by Lummi Communications – the SQ welcomes articles and information including: letters to the editor, news tips, photographs, information and events.

Items printed in the SQ, in no way directly reflect the opinions of the Squol Quol staff or members of the Lummi Indian Business Council (or their employees), unless otherwise noted. All editorials, letters, and guest columns are encouraged for submission with the understanding that all materials are subject to editing for content and/or space.

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(Funding Housing continued from page 1)

tees loans made by private lenders for construction, acquisition, or rehabilitation of single-family homes. This includes loans to tribal members who purchase homes off the reservation.

Other Funding

U.S. Department of Agriculture Rural Development (RD): Provides funding for tribal housing and infrastructure. The Section 502 program, for example, makes direct home loans, and provides a 90% guarantee on loans made by private lenders, to qualifying low-income families in rural areas. RD also oversees a Housing Preservation Grant program that helps rural tribes make repairs and improvements to housing.

9% Low-Income Housing Tax Credit Program: The Housing Finance Commission allocates federal income-tax credit to developers for the construction and rehabilitation of affordable multifamily rental housing. The 9% credit is allocated through an annual competitive process; the scoring criteria allow extra points for housing on tribal land. This resource can be difficult for tribes to use—it is most effective for large housing projects and the process can be daunting—and each state balances the allocation differently. But the Commission has successfully worked with tribes across the state to allocate more than \$97 million in tax-credit equity for housing on 10 different reservations in Washington. (See section on LIHTC.)



Lummi Nation Housing Authority was able to secure \$4.2 million in stimulus funding to build the first 72 units of KWINA VILLAGE to house low-income families. Now 52 more apartments are under construction.

Community Updates

Silver Reef Hotel Casino Spa Employment Opportunities

Washington's Newest and Best Casino is currently recruiting friendly, outgoing people for the following positions. All positions require outstanding customer service. Please submit an employment application to the Human Resources Department at the address indicated below. All employees must be able to pass a pre-employment drug screen and be able to obtain a Class II/III Gaming License. All Salaries are Depending on Qualifications. The Silver Reef will offer a comprehensive benefits package. The Silver Reef Casino Practices Native American Preference in hiring according to law. **CURRENT AS OF: JULY 29, 2014**

Class II

Restaurant Server	Part-Time
Restaurant Host Cashier	Part-Time
Cocktail Server	Part-Time
*Steak House Server	Part-Time
*Sous Chef	Full-Time
*Cook	Full-Time
*Bartender	Part-Time
Steward	FT/PT
Diamond Dividends/Gift Shop Host	On-Call
*Hotel Room Attendant	OC/PT/FT
Casino Housekeeper	OC/PT/FT



Class III

*IT Systems (NAV) Administrator	Full-Time
*Slot Technician	Full-Time
*Security Officer/Supervisor	Full-Time
*Security Officer	Full-Time
*Cage Cashier	Full-Time
*Table Games Dealer	Part-Time
*Diamond Dividends Manager	Full-Time
*Diamond Dividends Supervisor	Full-Time

*Knowledge/Experience Required

All positions do not have closing dates. Open until filled.
 If you would like more information call (360) 543-7185
 Applications may be picked up at: Silver Reef Casino, 4876 Haxton Way, Ferndale, WA 98248 Resumes may be E-mailed to: applications@silverreefcasino.com Completed applications and resumes may be faxed to (360)312-0559

You may refer to our Website address: www.silverreefcasino.com and click on the Employment option.

LUMMI INDIAN BUSINESS COUNCIL CURRENT JOB OPENINGS

How to Apply: Submit a complete application packet no later than 4:30 p.m. of the closing date. If you're enrolled in a federally recognized tribe, attach a copy of your enrollment card/verification to the application in order to qualify for the Native Preference Policy. Fax (360)380-380-6991. E-mail: LIBCHR@lummi-nsn.gov Mail AUN: HR 2665 Kwina Rd. Bellingham, WA. 98226. If you have any questions feel free to contact the HR office at (360) 312-2023. **Current as of July 30, 2014**

Job Title	Department	Closing Date:
Truancy Officer III	Lummi Nation School	8/1/14
Staff Attorney III	Office of Reservation Attorney	8/1/14
Accounting Specialist	Education Administration	8/1/14
Child Protection Services Caseworker	Health & Human Services	8/4/14
Early Childhood Teacher	Teen Parent Child Dev. Center	8/5/14
Speech Therapist	Early Learning Program	8/5/14
Police Officer	Lummi Police Department	8/14/14
Billing Manager	Health & Human Services	8/14/14
Clinical Supervisor	Lummi Counseling Services	Until Filled
<i>*Extended</i>		
Security Officer	Lummi Youth Academy	Until Filled
<i>*Regular Part-Time</i>		
Bus Driver	Lummi Nation School	Until Filled
Custodian	Lummi Nation School	Until Filled
<i>*On-Call</i>		
Residential Assistant	Safe House	Until Filled
<i>*On-Call</i>		
Transit Operator	Planning	Continuous
<i>*On-Call</i>		
Fitness Center Attendant	Lummi Tribal Health Center	Continuous
<i>*Temp-Part Time</i>		
Fitness Center Attendant	Fitness Center	Continuous

Commissions/Board of Directors	Department	Closing Date:
LNSO Board Member	LNSO	Until Filled
<i>*2 vacancies (Youth and Standard Member)</i>		
Health Commission- Seat E	Health and Human Services	Until Filled
Health Commission- Seat A	Health and Human Services	Until Filled



Bellingham Tides August 2014

Day	Time	Ft.	Time	Ft.	Time	Ft.	Time	Ft.
F 1	3:41A	2.9	9:01A	5.7	3:03P	2.2	9:40P	8.1
SA 2	4:28A	2.3	10:07A	5.5	3:42P	3.1	10:12P	8.1
SU 3	5:19A	1.7	11:28A	5.3	4:27P	4.0	10:46P	8.0
M 4	6:11A	1.0	1:24P	5.6	5:28P	4.8	11:23P	7.9
TU 5	7:05A	0.3	3:15P	6.2	6:44P	5.4
W 6	12:08A	7.9	7:59A	-0.4	4:10P	6.8	7:58P	5.7
TH 7	1:00A	7.9	8:51A	-1.0	4:48P	7.4	9:03P	5.6
F 8	2:00A	8.0	9:41A	-1.6	5:23P	7.8	9:59P	5.3
SA 9	3:02A	8.1	10:29A	-1.9	5:56P	8.2	10:52P	4.8
SU 10	4:04A	8.1	11:15A	-1.9	6:29P	8.4	11:43P	4.1
M 11	5:06A	8.0	12:01P	-1.5	7:02P	8.6
TU 12	12:34A	3.3	6:07A	7.8	12:47P	-0.8	7:36P	8.7
W 13	1:28A	2.6	7:10A	7.5	1:33P	0.1	8:12P	8.8
TH 14	2:23A	1.9	8:16A	7.0	2:20P	1.2	8:48P	8.7
F 15	3:20A	1.4	9:28A	6.6	3:10P	2.4	9:26P	8.5
SA 16	4:20A	1.0	10:51A	6.3	4:05P	3.6	10:06P	8.3
SU 17	5:22A	0.7	12:33P	6.3	5:11P	4.5	10:49P	7.9
M 18	6:27A	0.5	2:12P	6.7	6:32P	5.2	11:37P	7.5
TU 19	7:31A	0.4	3:23P	7.2	8:02P	5.4
W 20	12:33A	7.2	8:29A	0.3	4:15P	7.6	9:20P	5.4
TH 21	1:35A	7.0	9:19A	0.3	4:57P	7.8	10:14P	5.2
F 22	2:35A	6.9	10:02A	0.2	5:31P	7.9	10:51P	4.9
SA 23	3:28A	7.0	10:39A	0.3	5:59P	7.9	11:21P	4.5
SU 24	4:15A	7.0	11:13A	0.4	6:21P	7.9	11:49P	4.1
M 25	4:59A	7.0	11:45A	0.6	6:39P	7.8
TU 26	12:20A	3.6	5:42A	7.0	12:18P	0.9	6:58P	7.9
W 27	12:52A	3.1	6:27A	6.9	12:52P	1.4	7:20P	7.9
TH 28	1:27A	2.6	7:14A	6.8	1:26P	2.0	7:46P	7.9
F 29	2:05A	2.1	8:05A	6.7	2:02P	2.7	8:15P	7.9
SA 30	2:46A	1.6	9:00A	6.5	2:41P	3.4	8:46P	7.8
SU 31	3:32A	1.2	10:03A	6.4	3:23P	4.1	9:19P	7.7

Light Type Low Tide Pacific Daylight Time Bold Type High Tide

Bellingham Tides September 2014

Day	Time	Ft.	Time	Ft.	Time	Ft.	Time	Ft.
M 1	4:22A	0.8	11:18A	6.3	4:16P	4.8	9:57P	7.5
TU 2	5:18A	0.5	12:54P	6.4	5:25P	5.3	10:41P	7.4
W 3	6:20A	0.2	2:26P	6.8	6:46P	5.6	11:38P	7.3
TH 4	7:22A	-0.2	3:22P	7.2	8:00P	5.4
F 5	12:47A	7.3	8:21A	-0.5	4:02P	7.6	9:00P	4.9
SA 6	2:00A	7.4	9:16A	-0.6	4:36P	7.9	9:52P	4.2
SU 7	3:11A	7.6	10:07A	-0.6	5:09P	8.2	10:40P	3.3
M 8	4:17A	7.8	10:55A	-0.3	5:40P	8.4	11:26P	2.4
TU 9	5:20A	7.9	11:41A	0.3	6:13P	8.5
W 10	12:13A	1.6	6:20A	7.9	12:27P	1.1	6:46P	8.6
TH 11	1:00A	0.9	7:21A	7.8	1:13P	2.0	7:20P	8.5
F 12	1:49A	0.4	8:24A	7.7	2:02P	3.0	7:56P	8.3
SA 13	2:39A	0.2	9:31A	7.4	2:55P	3.9	8:34P	8.0
SU 14	3:32A	0.2	10:45A	7.3	3:57P	4.7	9:15P	7.6
M 15	4:28A	0.4	12:11P	7.2	5:15P	5.2	10:01P	7.2
TU 16	5:30A	0.7	1:34P	7.4	6:54P	5.3	10:57P	6.7
W 17	6:36A	1.0	2:40P	7.6	8:25P	5.1
TH 18	12:05A	6.4	7:42A	1.2	3:29P	7.7	9:24P	4.8
F 19	1:23A	6.3	8:40A	1.3	4:08P	7.8	10:03P	4.3
SA 20	2:36A	6.4	9:28A	1.4	4:37P	7.8	10:31P	3.8
SU 21	3:36A	6.6	10:08A	1.6	4:59P	7.7	10:55P	3.3
M 22	4:25A	6.8	10:44A	1.8	5:17P	7.7	11:19P	2.7
TU 23	5:09A	7.0	11:18A	2.1	5:34P	7.8	11:46P	2.1
W 24	5:51A	7.2	11:52A	2.5	5:55P	7.8
TH 25	12:16A	1.6	6:35A	7.4	12:27P	3.0	6:20P	7.8
F 26	12:49A	1.0	7:21A	7.5	1:03P	3.5	6:48P	7.8
SA 27	1:25A	0.5	8:09A	7.5	1:42P	4.1	7:19P	7.7
SU 28	2:05A	0.2	9:03A	7.5	2:25P	4.6	7:52P	7.5
M 29	2:50A	0.0	10:02A	7.4	3:16P	5.1	8:28P	7.3
TU 30	3:40A	-0.1	11:09A	7.4	4:19P	5.5	9:11P	7.1

Light Type Low Tide Pacific Daylight Time Bold Type High Tide





*Tim Ballew II, Chairman
Now Siam,*

First of all I would like to send my condolences and prayers to the families who've lost loved ones this year. Our community needs all the prayers we can get as our families go through the process of healing, grieving and mourning.

As a growing Nation with a limited amount of land and resources the Lummi Nation has been expanding and seeking

Chairman's Update

land restoration. Our close ties and relationship to our ceded lands has opened the eyes of our leadership to regain and restore these lands. Recently, the Department of Interior, placed 80 acres of Lummi Nation fee property near I-5 into trust property. Through the hard work of Council, Administrative and Policy staff this was able to be accomplished. Going through the process of placing Lummi Nation fee land into trust was a definitely a prolonged process. It is the message of our elders that we as a Nation have identified that land restoration is a top priority and to strengthen our jurisdiction and true sovereignty over our lands and reclaimed/restored fee-to-trust properties. Also, the

Lummi Nation has recently submitted another application for additional 80 acres of fee property to be placed in trust near I-5. Not only will we benefit from gaining fee-to-trust property status on our properties but our children's children, future will be impacted by these fee-to-trust application decisions.

In 2010, the return of the Fraser River Sockeye was the largest return in over 100 year with 30+ million sockeye returning to the Fraser River. Those sockeye from 2010 are returning and we are hoping it's plentiful and bountiful for our fishing fleet. Not only is fishing a treaty right but an inherent right to our Lummi people which by far has more meaning than a treaty right. Fishing is part of our Schelangen and our

people will continue to fish in constant with our inherent and treaty rights. Again, I hope our fishing fleet welcomes the sockeye return with catches similar or better than the 2010 Fraser River Sockeye run.

The Lummi Nation was identified to perform land consolidation activities in May by the land consolidation component of the Cobell Settlement known as the Land Buy-Back Program (Buy-Back Program) for Tribal Nations— such as planning, outreach, mapping, mineral evaluations, appraisals or acquisitions. The Buy-Back Program will help tribes purchase highly fractionated tracts of trust land into ownership of the tribe. Two resolutions were passed in early July to prioritize land acquisition and for

tribal authorization, which are both requirements for the cooperative agreement application. All cooperative agreement documents have been mailed off to our Point-of Contact in Washington D.C., and the Lummi Nation will know soon of finalizing the cooperative agreement. Once this cooperative agreement is finalized more outreach events will occur in the upcoming months in the community regarding the Buy-Back Program.

We must carry on the work of the people. Our doors are always open and we encourage any and all tribal members to visit with their concerns and recommendations.

Che chesh whe wheleq,
Lul-hal-mun
Tim Ballew, II
Chairman

From the Office of the Vice Chair



*Cliff Cultee, Vice
Chairman*

Happy Summer Lummi Nation! July has come and gone in a flash. Several exciting things took place throughout the month and still more are up and coming for our great community of friends and family. The 4th of July was a blast and we at the Office of the Vice Chair hope you all enjoyed the holiday with your loved ones as much as we did. We also hope that all of our friends and relatives who sold fireworks made some good profit. Our staff would like to extend a special thank you to those community members who came together to do some clean up of the firework debris left over from the celebrations. Way to show teamwork along with love and respect for our families, lands and waters. If we take care of Mother Earth, she will take care of us and our future generations. Now that's Lummi Strong.

One of the most exciting and educational projects that the Vice Chair's office has had the privilege to be a part of is the bringing back of our traditional Reef Net Fishing. Our hands go up to Dean Washington and his crew for the four gorgeous reef net canoes that were constructed over the course of the last several months. They look beautiful and can be seen down at the Stommish Grounds. Our hands also go out to Troy Olsen and Matt Ballew for their work in assembling the reef net. Stay tuned for more details on this project next month as we come together with family and community members and work toward bringing more of our Lummi traditions and culture back into the lives of our people.

Another very exciting piece of news we would like to share with our community is that the staff of the Office of the Vice Chair had the distinct pleasure of meeting the folks of the TV show Tree House Masters on Animal Planet. This was an excellent experience indeed. Our staff and other community members, including Chief Tsilixw, Jewell James, Steve Solomon and other members of their families were able to attend with us. One of the folks with the show did some research and found that the location of the tree

house they're currently building is near Madrona Point on Orcas Island, owned by Lummi Nation. The tree house is located near our ancestral lands on the island as well. We were very fortunate to have been able to visit with Chief Tsilixw and make stops at the areas that were once populated by our ancestors. Everyone was very thankful to have visited these places. Once we arrived on site, the cast and crew of the show were very gracious and shared a meal with us. Soon afterward, filming began featuring myself, Chief Tsilixw, Jewell James along with Steve's family singing an honor song to bless the tree house. We would also like to raise our hands to Jewell James and Bill Jefferson for carving the a piece of artwork that they each donated to Tree House Masters that will hang in tree house to honor the Lummi Nation and our ancestors. During the filming Chief Tsilixw told the history of the land and people, first in Xwlemi Chosen and then in English. We at the Vice Chair's Office are very thankful for such a rewarding experience and we look forward to the episode airing in the coming weeks.

Back to School is just around the corner Lummi Nation.! We are halfway through summertime already and it's time to begin

preparing for our children to return to the classroom. The Office of the Vice Chair staff is collaborating with several other offices, programs and departments to gear up for the 2014 School Clothes Gift Card Distribution. It seems only last month we were preparing for last school year. Details will be available on the registration forms, which are ready for distribution. They can be picked up here at Council Operations, in the main lobby of the Administration Building, at the Switchboard of Northwest Indian College and of Lummi Nation School. We are excited to announce that we will have gift cards available for all of the stores we used last year.

- American Eagle
- Children's Place
- Champs
- Fred Meyer
- Gap/Old Navy
- JC Penny
- Justice
- Kohl's
- Macy's
- Target

Let's get our children ready for the upcoming school year Lummi Nation. The Office of the Vice Chair staff is excited about the upcoming educational op-

portunities that are in store for our young people!

Another event that we would like to highlight that took place in July was the visit from Mission to the World. This group of people volunteers all over the globe to help with things such as the maintenance of houses, clean up of the environment and many other things. We are fortunate they come to Lummi every year and help out with repairs to the homes of our Elders and throughout the community. This year marked the 20th Anniversary of their coming to Lummi. We at the Office of the Vice Chair would like to thank Bop (Anita Johnson), David Jefferson and all those involved in hosting a special "Thank You" dinner for the folks with the Mission to the World. It was a moving experience to get to know some of their team members and to see the gratitude of our Elders as they spoke to the crowd at large; thanking the youth of the group for their hard work on things like fixing roofs, painting houses and cleaning yards. It was an emotional experience for all present and the gratitude, happiness and pride could be felt throughout the room. The folks of the Mission to the World were here from July 13th through July 19th and told us they cannot wait to return to

Lummi. We look forward to hosting them and collaborating with them to do more good work in our community.

Journey to Wellness has been busy as well. They held a very successful meeting with Birchwood Neighbors Group about "Challenges Faced with the Homeless Population". Journey to Wellness would like to thank Birchwood residents for joining them here at the Journey to Wellness Center in Lummi. You can see artwork dedicated to Lummi Nation near the 7/11 store on Northwest Ave. The artwork, created by a gentleman named Ben Mann depicts Lummi Reef Net fishermen. Also, Journey to Wellness was present with a tent set up at Stommish again this year and held very successful meetings, making for a great weekend for every-

one. The Eagle Warrior Camp Meeting was also held at Journey to Wellness at the end of June and this was also very well attended. Journey to Wellness is, of course, still hosting 15+ sobriety meetings every week and invites you to take the first step toward recovery and wellness. For more information contact Mabel Bob at 360-389-6219 or Althea Wilson at 360-389-8486. Recovery and wellness are possible. Through 12 steps we can build healthier lifestyles and strengthen our families for a stronger community. Journey to Wellness would like to invite everyone who would like to participate in Lummi Strong recovery to join them at one of their meetings or events.

With summer in full swing, many of our community members are doing

a lot of water activities with their friends and loved ones. We at Vice Chair's Office hope that children and families are practicing water safety. Here are some basic swimming safety tips that we hope you all keep in mind when enjoying the many beautiful waters inside and outside of Lummi:

Teach your children safety and swimming skills and start at an early age so they can become strong swimmers.

Supervise your children in the water and if you need to step away designate a baby sitter for your kids. Never assume someone else is watching your kids in the pool or at the beach

We all know how quickly accidents can happen and we want everyone to be safe and have a great time this summer.

Take a CPR Class and post instructions near your pool. We feel that these crucial skills will come in handy when you least expect it and they can save lives.

Have a phone near by when you are swimming or at a local park or beach so that the proper authorities and/or family members can be easily reachable.

Keep a first aid kit on hand.

We also recommend the use of sunscreen when you're enjoying the great outdoors of our home lands. Sunburns are no fun for any of us and long periods of exposure can really harm us, even those of us who feel we don't burn can be affected by a lot of time in the sun.

We also hope that everyone will keep/use life

vests in our fishing boats. We are excited that our summer fishing/crabbing season is upon us. But we want everyone to be safe and to return home to us unharmed.

Let's enjoy the rest of the summer and all of the great outdoor activities with our loved ones while we can Lummi Nation! Summer seems to fly past us in the blink of an eye every year. Let's care for each other and let's respect the lands and water. And let's keep firing up those BBQ grills while summer is still with us this year. Keep an eye out for more exciting news from the Office of the Vice Chair!

We pray that everyone will keep each other close and stay Lummi Strong!



Darrell Hillaire, LIBC Treasurer

In July of 2014 the Treasurer worked with the Budget Committee on fi-

Treasurer's Update

nalizing a recommendation on Budget Amendment #2, and then the next step for the Amendment is to go to Council for final approval at the next available regular Council meeting, tentatively set for August 5. Our quarterly investment meeting was held with Morgan Stanley's Chuck Freemont. Our investments are doing well. Chuck reported on a slight increase in our in-

vestments.

Additionally, the Treasurer's office is currently working on getting ready for FY 2015 Appropriations and an updated Treasurer's calendar will be provided in the next issue of the Squol Quol. The LIBC is going to meet in the next week or so to memorialize their priorities.

Halle Sturgeon from

the Summer Youth Program has been placed with the Treasurer's Office for month July and part of August of 2014. We would like to take this opportunity to recognize her for all of the hard work she has accomplished while working with the Treasurer's Staff. Thank-you Halle!

An LIBC Priorities meeting was scheduled for late July 2014 but that has

been rescheduled due to losses in the community. These priorities will lay the frame work for our FY2015 final budgets.

At this time, our prayers and thoughts go out to all the families that have lost a loved one. Peace be with our families in their time of need.

Hy'Shqe' The Treasurer's Staff

Community Breakfast July 27



Community Breakfast
 Sunday ~ 9am to 11am
 August 24, at the Wexliem

General Manager's Corner



Bobby Thompson, LIBC General Manager

Lummi Tribal Health Center

We are happy to report that the Lummi Tribal Health Clinic has a new Director. Dr. Justin Iwasaki has been appointed as the Clinic Director and a Part-Time Physician to provide services to the Lummi Nation members. Dr. Iwasaki's philosophical value in service delivery is community based health service approach. He believes the service to the people should be about community outreach for better communications and support to patients. Dr. Iwasaki also has strong technical training and background to strengthen the electronic health record management (EHR) system to ensure that all service providers have equal access to same patient information to support better and collaborated care. This approach has been needed for a long time. This will require paradigm shift for service providers from solo service approach to team service approach from all providers. We are fortunate to have Dr. Iwasaki to be part of our comprehensive Lummi Health Care Delivery Planning Team in conjunction with the Lummi Health Reform Task Force. His role will be many as

he is already working to reconstruct the clinic space infrastructure to improve collaborative patient care. This reconfiguration will enhance the medical team working closely at all levels. The LIBC Health Reform Task Force and the Family & Health Commission endorsed his appointment. We also reported this appointment to the LIBC for their support. Dr. Iwasaki will be instrumental to help in developing a Community Health Care System and eventual creation of a Public Health Department for Lummi.

Lummi Indian Child Services System

The Lummi Indian Child Services will see new faces in the near future. MSW trained professional Lummi tribal members are being appointed to the Director of the department and other lead case management positions. We want to thank Vanda Patterson, HHS Director for the initiative to strengthen the department's team building process and realigning the service structure. Proper staff orientation and realignment process is ongoing. It is notably a good change as we are now experiencing positive feelings by many

parents and grandparents who are involved with family children reunification, prevention and intervention services. Thank you to the Children Services staff for their patience and support as we transform into the new system of children service team. The General Manager and the Human Service Director took the time to meet with the Children Service Staff to provide encouragement and support toward positive reunification as a new team.

LIBC Scholarship Operation

The Higher Education Scholarship Board completed its screening and interviewed several Lummi Nation member applicants for the Career Development Director position for the Lummi Higher Education Grant & Scholarship programs. Congratulations again to those newly appointed individuals to serve on the Lummi Higher Education Scholarship Board. Based upon availability of funding resources, the board will also be developing policies and procedures for Student Scholarship and Student Loan Repayment Program.

We also want to take this opportunity to thank Charene Alexander, on loan from the Restorative Justice Program, who stepped up to the plate and managed the Higher Education Scholarship Program during the interim. She did an outstanding job! Thank you Charene for a job well done! We will be transitioning her back to her original job within a week or two.

Title IVE Project

The Lummi Children Services Team, GM Ad-

ministrative Leadership Team with support from the Office of the Reservation Attorney office completed the reports required to fulfill the grant requirement which included submission of an approvable Title IVE plan to the Children's Bureau to comply with the grant received in 2010. In 2012, the LIBC General Manager obtained a one year no cost extension from the Children's Bureau for the planning and development at the direction of the LIBC. Now that the grant requirement has been fulfilled, we are now beginning to develop operation policies and procedures on how we will seek federal fund reimbursement through Title IVE based on eligible children and qualified services. The Team will be working to strengthen the Lummi Children Services operation through Foster Home development and Family Intervention/Prevention services to support family reunification process. Children Consultation Team (CCT) has been established to work in a multi-disciplinary approach using family strength based model. Guard Ad Litem services are now available through the Lummi Tribal Court and employees are trained to strengthen the judicial process in the children case management. We look forward to a continued strengthened of the team based approach that there is "no wrong door" concept in supporting families and children.

LIBC Salary & Wage Scale

The Salary & Wage Scale Development committee has been conducting listening sessions with the LIBC department managers and employees. The

committee is near the final stage in developing recommendations and report the LIBC. The main goal for the listening session is to educate the employees on the process to be used to define job functions in job salary classification. Reception to this new process and information by the employees have been great. There are few exceptions due to market value issues on salary being paid to specialized positions in the organization. The Human Resources Director and the committee are continuing with the listening session until we can complete with all departments.

Lummi Care OTP/Soboxone Services

The Lummi Care Program will be moving very shortly to a new location. The new location will be at the former Lummi Tribal Court building. The building is being renovated for this purpose. It is projected that they will move in October, 2014. Plans are underway to develop proper computer infrastructure and security system and to move pharmaceutical products. The agency licensing issue has to be carefully considered in such a move due to stringent legal issues. We want to thank the LIBC Planning department for providing ongoing updates toward completion of the building renovation project and develop moving strategies. We also want to thank the Lummi Care management and staff for their patience and professionalism in a careful thought process.

Bobby Thompson,
General Manager
Lummi Indian Business
Council

Reconvened Lummi Indian Business Council

Re: LIBC Organization / Title V amendments

Reconvened General Council Meeting

Wednesday, August 6, 2014

Wexliem ~ 5 PM



To the Lummi Community



Shasta Cano-Martin, LIBC Council

Happy August!

Dear People, I hope you are enjoying your summer. It's been heartwarming to witness all of the activities and events that give recognition to this time of year and the events that kicked it off such as:

- The graduation ceremonies
- First Salmon Ceremony
- Stommish Celebration/Honoring our Veteran's, and
- The Inter-Tribal Canoe Journey

Throughout our annual celebrations and summer programming, we've also experienced a tremendous amount of loss and sadness as a nation. I'd like to

offer my condolences to the families that have experienced loss and send prayers and well-wishes for healing.

In the spirit of healing and positive transformation, a co-operative partnership between the Lummi Nation, Lummi Systems of Care, the Lummi CEDAR Project, and the Center for Ethical Leadership, PointOneNorth, Northwest Indian College and NWIC Service Learning enabled a Peacemaking Circle to take place at the Lummi Gateway Center July 25-27th, 2014. The Peacemaking Circle was a reunion/Introductory Circle that brought people together to share and tell their stories in a safe, welcoming environment. This is part of a movement and effort to listen to community and help create a culture of kindness—to remember who we are, so as to not fall trap to the historical and intergenerational traumas that plague our community. The after effects of historical trauma are not our fault, but our resilience and teachings/practices can help us overcome.

Another way resilience has been encouraged is through our traditional and cultural arts. On August 28, 29, & 30th, an art show

titled, "Visions of Xwe Chi eXen" will take place at the Odd Fellows Hall near Madrona Point on Orcas Island. Twenty artists of the Lummi Cultural Arts Association (LCAA) will be dedicating an art piece that serves to remember Xwe Chi' eXen (Cherry Point), and displaying original works and presentations at this show to bring awareness to issues with development on the land, the impact on natural resources and individuals, and help empower community members to share their voice.

As I've mentioned in other settings, true and lasting, positive change can only happen in partnership with the community. It is a shared responsibility as Lummi tribal members to make our community better. In response to community concerns with the Lummi Judicial System, a Council Work Group was formed which consisted of Council Members Felix, Finkbonner and I—along with support and participation from the full Council. The work group met to find a way to address issues, which resulted in working with Native Evaluator's to assess the judicial system, and provide recommendations for improving these services. On July 22-23, interviews and community forums

were held with some of the Commissions, Boards and Committees (CBC's), Lummi Judicial Departments, and community members to gather feedback and action steps for improving these services. A survey is also available to community members who may not have gotten the chance to participate. Surveys will be kept anonymous and can be turned in by email at: lummicourteval@gmail.com or be dropped off with the tribal court receptionist

no later than August 30th, 2014.

As a newly elected and young Council Member, I'd like to thank all of those who have encouraged and guided me. Thank you for your positive words, your wisdom and history. I hope that I can continue to work in partnership with you to help our community. Hy'Shqe.

The following is a brief update of involvement during the months of May to July.

Meeting/Event/Activity	(May-July)
• LIBC Regular and Special Meetings: SAMHSA, NWIC, Maori New Zealand exchange & sharing group, ICW	
• USGS Meeting	
• Constituent Meetings & Community Concerns	
• Council Work Group activities & meetings (Listening Sessions and Leadership Team Meetings)	
• Judicial Evaluation, assessment	
• Kwina Mile	
• Play ~"What about those promises?" @ Silver Reef	
• Health Impacts of Coal by Frank James @ Northwest Indian College	
• Stommish Canoe races	
• Foundation representative appointment, Western Washington University	
• Volunteer Community Clean-Up at Stommish Grounds after 4th of July Celebration	
• Canoe Journey Protocol, Bella Bella, BC	

Mental Impairments

Submitted by Yvonne Thomas-Miller

Approximately 58 million Americans, one in four adults, experience a mental health impairment in a given year (National Alliance on Mental Illness, 2007). One in seventeen individuals lives with a serious mental health impairment, such as schizophrenia, major depression, or bipolar disorder (National Institute of Mental Health, 2008) and about one in ten children have a serious mental or emotional disorder (U.S. Department of Health and Human Services, 1999).

The National Alliance on Mental Illness (NAMI) (n.d.a) defines a mental health impairment as: a medical condition that dis-

rupt a person's thinking, feeling, mood, ability to relate to others, and daily functioning. Just as diabetes is a disorder of the pancreas, mental illnesses are medical conditions that often result in a diminished capacity for coping with the ordinary demands of life."

Employees with mental impairments are considered on a case by case basis, considering their individual capabilities and accommodation needs. For further information and accommodation ideas consult the Lummi Vocational Rehabilitation Program at 360-312-2072.

References
<http://www.askjan.org/media/psychiatric.html>
<http://www.NAMI.org/>

Lummi Elder's August travel

Function	Date	Day	Depart LBC
Tulalip Bingo	4th	Mon	9:00am
Blackjack	5th	Tue	6:15pm
Shopping	6th	Wed	9:00pm
Casino lunch	12th	Tue	11:00am
Blackjack	12th	Tue	6:15pm
Shopping	13th	Wed	1:00pm
Skagit Elders Luncheon	14th	Thur	9:00am
Black jack	19th	Tue	6:15pm
Shop, Bellingham	20th	Wed	1:00pm
Blackjack	26th	Tue	6:15pm
Shopping, B'ham	27th	Wed	1:00pm

Submitted by Cassimer G. Ballew

Community Updates

PUBLIC NOTICE

TO: Israel Lyle Lawrence

A case has been filed against you in the Lummi Tribal Court #2014 CVPT 3850.

The below-named petitioner has started an action in the Lummi Tribal Court asking it to Grant a permanent Protection Order Against you. You can obtain a copy of the petition at the address below. If you do not file a written response within 21 days after the first day of publication of this notice, the court may enter a default judgment against you granting for the relief requested.

Court's Name: Lummi Tribal Court

Court's Address: 2665 Kwina Rd., Bellingham, WA 98226

Petitioner's Name: Elizabeth Lawrence

A hearing has been set in this matter on August 25, 2014 @ 9 a.m.

PUBLIC NOTICE

TO: Miles Francis Lawrence

A case has been filed against you in the Lummi Tribal Court #2014 CVPT 3851.

The below-named petitioner has started an action in the Lummi Tribal Court asking it to Grant a permanent Protection Order Against you. You can obtain a copy of the petition at the address below. If you do not file a written response within 21 days after the first day of publication of this notice, the court may enter a default judgment against you granting for the relief requested.

Court's Name: Lummi Tribal Court

Court's Address: 2665 Kwina Rd., Bellingham, WA 98226

Petitioner's Name: Elizabeth Lawrence

A hearing has been set in this matter on August 25, 2014 @ 9 a.m.

PUBLIC NOTICE

TO: GERALD MISANES

Pursuant to the Lummi Code of Laws 3.03.040 and 8.05.070:

In the Tribal Court of the Lummi Nation

In Re the Welfare of S. M.

Case Number: 2011 CVDP 2734.

NOTICE OF PERMANENT PLAN AND PERMANENT PLAN HEARING

A Notice of Permanent Plan was filed by the Lummi Nation in the Lummi Tribal Court to establish permanence of the minor child in which you are named the father. At this time it is recommended that the Permanent Plan for this child be permanent care outside the care of the parent(s). If this plan is adopted by the court, pursuant to Lummi code of Laws 8.05.130, the Nation will seek permanency for this child outside of your care.

This matter is set for Permanent Plan Hearing at the Lummi Tribal Court-house, located at 2665 Kwina Road, Bellingham, WA 98226, on October 30, 2014 at 9:00 a.m. You currently have an appointed attorney to defend you in the above matters, please call the Public Defender's Office at (360) 312-2228.

**Office of the Reservation Attorney
Child Welfare Section
2665 Kwina Rd.
Bellingham, WA 98226
(360) 312-2349**

PUBLIC NOTICE

TO: MIRANDA MISANES

Pursuant to the Lummi Code of Laws 3.03.040 and 8.05.070:

In the Tribal Court of the Lummi Nation

In Re the Welfare of L.M.

Case Number: 2012 CVDP 2980.

NOTICE OF PERMANENT PLAN AND PERMANENT PLAN HEARING

A Notice of Permanent Plan was filed by the Lummi Nation in the Lummi Tribal Court to establish permanence of the minor child in which you are named the mother. At this time it is recommended that the Permanent Plan for this child be permanent care outside the care of the parent(s). If this plan is adopted by the court, pursuant to Lummi code of Laws 8.05.130, the Nation will seek permanency for this child outside of your care.

This matter is set for Permanent Plan Hearing at the Lummi Tribal Court-house, located at 2665 Kwina Road, Bellingham, WA 98226, on October 22, 2014 at 1:30 p.m. You currently have an appointed attorney to defend you in the above matters, please call the Public Defender's Office at (360) 312-2228.

**Office of the Reservation Attorney
Child Welfare Section
2665 Kwina Rd.
Bellingham, WA 98226
(360) 312-2349**

PUBLIC NOTICE

TO: JARED CRAPO

Pursuant to the Lummi Code of Laws 3.03.040 and 8.05.070:

In the Tribal Court of the Lummi Nation

In Re the Welfare of L. M.

Case Number: 2012 CVDP 2980.

NOTICE OF PERMANENT PLAN AND PERMANENT PLAN HEARING

A Notice of Permanent Plan was filed by the Lummi Nation in the Lummi Tribal Court to establish permanence of the minor child in which you are named the father. At this time it is recommended that the Permanent Plan for this child be permanent care outside the care of the parent(s). If this plan is adopted by the court, pursuant to Lummi code of Laws 8.05.130, the Nation will seek permanency for this child outside of your care.

This matter is set for Permanent Plan Hearing at the Lummi Tribal Court-house, located at 2665 Kwina Road, Bellingham, WA 98226, on October 22, 2014 at 1:30 p.m. You currently have an appointed attorney to defend you in the above matters, please call the Public Defender's Office at (360) 312-2228.

**Office of the Reservation Attorney
Child Welfare Section
2665 Kwina Rd.
Bellingham, WA 98226
(360) 312-2349**

PUBLIC NOTICE

TO: SHARON PLASTER

Pursuant to the Lummi Code of Laws 3.03.040 and 8.05.070:

In the Tribal Court of the Lummi Nation

In Re the Welfare of K. P.

Case Number: 2008 CVDP 1308.

NOTICE OF PERMANENT PLAN AND PERMANENT PLAN HEARING

A Notice of Permanent Plan was filed by the Lummi Nation in the Lummi Tribal Court to establish permanence of the minor child in which you are named the mother. At this time it is recommended that the Permanent Plan for this child be adoption with the present caregiver. If this plan is adopted by the court, pursuant to Lummi code of Laws 8.05.130, the Nation will seek permanency for this child outside of your care.

This matter is set for Permanent Plan Hearing at the Lummi Tribal Court-house, located at 2665 Kwina Road, Bellingham, WA 98226, on October 01, 2014 at 1:30 PM. If you are in need of an attorney, please call the Public Defender's Office at (360) 312-2228.

**Office of the Reservation Attorney
Child Welfare Section
2665 Kwina Rd.
Bellingham, WA 98226
(360) 312-2349**

PUBLIC NOTICE

TO: TAMMY FRY-GEORGE

Pursuant to the Lummi Code of Laws 3.03.040 and 8.05.070:

In the Tribal Court of the Lummi Nation

In Re the Welfare of S.M.

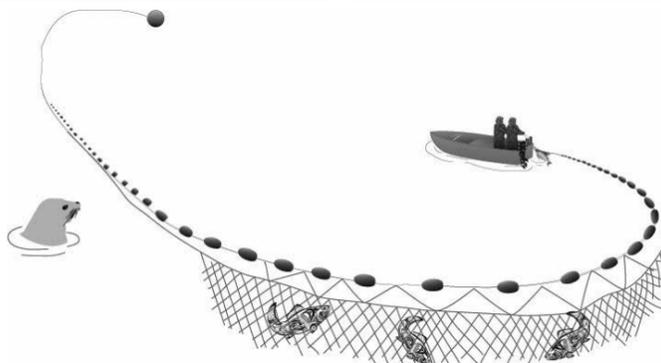
Case Number: 2011 CVDP 2734.

NOTICE OF PERMANENT PLAN AND PERMANENT PLAN HEARING

A Notice of Permanent Plan was filed by the Lummi Nation in the Lummi Tribal Court to establish permanence of the minor child in which you are named the mother. At this time it is recommended that the Permanent Plan for this child be permanent care outside the care of the parent(s). If this plan is adopted by the court, pursuant to Lummi code of Laws 8.05.130, the Nation will seek permanency for this child outside of your care.

This matter is set for Permanent Plan Hearing at the Lummi Tribal Court-house, located at 2665 Kwina Road, Bellingham, WA 98226, on October 30, 2014 at 9:00 a.m. You currently have an appointed attorney to defend you in the above matters, please call the Public Defender's Office at (360) 312-2228.

**Office of the Reservation Attorney
Child Welfare Section
2665 Kwina Rd.
Bellingham, WA 98226
(360) 312-2349**



Is our drug habit killing us?

Submitted by Maddie Smith, Public Health Nurse

If we do not stop overdosing on antibiotics, even a simple scrape could be harmful or even fatal. The pills we pop like candy are becoming less effective.

At least 2 million Americans per year develop serious infections that are resistant to one or more antibiotics, and at least 23,000 die each year as a direct result of those infections. In the last 10 years resistance has risen at an alarming rate.

The vast majority of unnecessary prescriptions are for upper-respiratory infections, most of which

are viral and will get better with time and TLC. Even pneumonia can be viral.

MRSA (Methicillin-Resistant Staphylococcus Aureus) is a bacteria that is known for its ability to fight off the antibiotic thrown at it. People become resistant to fighting certain bacteria. Even simple bacteria becomes difficult to cure because of a lack of an effective antibiotic.

In late, 2013, the FDA took action to phase out routine use of human antibiotics in animals to promote their growth. Regulators called on industry to voluntarily use the drugs only for therapeutic purposes with a veterinarian's oversight. About 70%



of antibiotics go to farm animals. These farms are loaded with resistant bacteria, which then spread into the community. You can get resistant bacteria from the meat or the produce you eat.

We all contribute to antibiotic resistance, but taking steps to prevent infection, correctly using medicines and being a responsible consumer help keep things from getting worst.

- Wash your hands often
- Keep vaccinations up to date
- Take antibiotics correctly
- Consider organic food or food without antibiotics
- Avoid antibacterial soap
- Don't demand the "big guns"
- Cook eggs, meat and

poultry well

When you are prescribed antibiotics, it is very important to take ALL of the pill. Even if you start to feel better, DO NOT STOP. If you stop your antibiotics before you have completed taking them all, you can cause resistance.

If you need to take an antibiotic, take a probiotic, too. Antibiotics can eliminate the good bacteria with the bad. Replacing the good bacteria can be accomplished by taking probiotics. You can get probiotic supplement with milk products that contain Lactobacillus and Bifidobacterium.

Source: Center Disease Control

Summer Health and Safety Reminders!!

Submitted by Linda Ehrlich, Lummi Tribal Health Clinic

It's hot, so being out of doors in the sun or on the water, is fun! It can also be the cause of burns, bites, dehydration and drowning. So here are a few reminders:

- Always supervise your children when in or around water. Don't get distracted. Drowning only takes a minute and small children are curious, fast and unpredictable. Drowning is the second most common cause of death (after birth defects). Two to three children die each day as a result of drowning.
- Remember to wear life jackets when out on a boat or canoe. Adults should wear them too. It is good role modeling for children if you wear your life jacket and could save your life.

- Teaching children to swim is another way to protect your kids.
- Prevent **heat related** illness. Infants and children up to 4 years of age are at greatest risk.
- Never leave infants or children in a parked car, even if the windows are cracked open.
- Dress infants and children in loose light weight, light colored clothing. Wear HATS or use an umbrella to shade baby.
- Stay hydrated. Drink plenty of fluids, especially water.
- Try to schedule activities for morning or evening hours when the sun is not as bright.
- Cool showers and baths can help keep you cool (or wetting your hair and letting it dry).

Sunburns can in-

crease you and your child's risk of skin cancer later in life.

- Use sunscreen every time you and your child go outside:
- Use a sunscreen with both UVA (ultraviolet A) and UVB (ultraviolet B)
- Use an SPF (sun protection factor) of a least 15
- Clothing that covers you and your child's skin helps protect against UV rays.

Bugs and bites:

Make sure you use an effective mosquito and tick repellent. These can protect against West Nile Virus and Lyme disease.

- The AAP recommends insect repellent, most contains DEET.
- For children, it is important that it contain no more than 30% DEET.

• Both 10% and 30%

are effective but 10% lasts two hours and 30% for 5 hours.

- Children should wash off repellents when they return indoors.
- Spray can be applied to clothing and exposed skin.
- Do not apply repellents under your clothing.
- Heavy application does not give you better or longer lasting protection.
- Take care not to inhale the spray.
- DEET should not be used on children younger than 2 months.
- Do not allow children to handle or spray the product.
- When using on children, apply to your own hands first and then put it on the child.
- Avoid applying re-

pellent to children's hands because children frequently put their hands in their eyes and mouths.

- Products containing oil of lemon eucalyptus should not to be used on children under the age of three years

Don't use scented soaps, perfumes or hair spray on your child. Wearing light colored clothing will help see any bugs, bright colors can attract bugs.

Combination sunscreen/insect repellents should not be used because the uses are different. Sunscreen needs to be applied every 2 hours; insect repellent should not be reapplied.

When you are outside and mosquitoes are present, it will help to cover up with long sleeved shirts, pants and socks.

Sources: American Academy of Pediatrics and Center of Disease Control



Community Updates

10th Annual Jesus Quest Bible Camp AUGUST 17-20 ~ Wexliem

"In 2005 Mary Helen Cagey had a vision of a camp for children so they could know Jesus. The first Jesus Quest Bible Camp was held that summer in her yard. Within a few years the number of campers had outgrown her yard.

This year camp will be held at Wexliem. Camp is for children ages 7-12. A big change this year is that camp will be starting on Sunday afternoon with registration at 4:00 and dinner at 6:00. Parents, grandparents, and aunties

& uncles are also invited to drop in anytime.

Words of witness about Jesus are brought out by people at camp from their lives and the Bible. Last year stories were shared on a "crankie box" which Ernie Shultis made. The campers made the crankies which illustrated the stories. Teaching children to pray is another important part of camp. A special time of prayer when the campers can bring out a prayer request has become a regular part of camp.

In addition to all of this, there is lots of fun and laughter with games, crafts, songs, making s'mores, and other exciting activities. Along with tank races and Lummi Skwemey', noodle wars have become a part of camp. Each year there is a special activity. Last year the campers went to the National Estuarian Research Center at Padilla Bay. They also had an afternoon of water activities including Angry Birds with water balloons and a GIANT water balloon

fight. Camp wouldn't be complete without learning some of the Lummi schelangen, which is done in a variety of ways.

Mary Helen's faith in Jesus and the strength that comes from Him has gotten her through difficult times in life and kept her going strong. She wants to share this with the children. She wants them to know the peace and joy she experiences so they don't have to turn to substance abuse or other destructive ways.

All who assist Granny with camp want the children to be journeying in wellness.

You can get more information and registration forms from Mary Helen, Simon & Tracy James, Denise James, Linda Shultis, Doug James, and Tom & June Cox (319-7697). It is very helpful to have registrations turned in ahead of time to help with planning food and supplies! Call any of the above people for more information.

2014 Jesus Quest Bible Camp

IMPORTANT INFORMATION

Camp check-in starts Sunday, August 17th at 4:00 pm.

Camp ends Wednesday, August 20th, after dinner.

Camp will be held at Wexliem.

DINNER FOR CHILDREN & PARENTS:

6:00 pm Sunday & 5:30 pm Wednesday

CAMP IS FOR CHILDREN AGES 7-12

Families welcome.

Camp rules will be respected.

Things to bring:

- 3 or 4 changes of clothes
- sleeping bag or bedroll, & pillow
- modest swimsuit or clothes to swim in
- towel
- toothbrush & other personal care items
- shoes for walking/running

Things to leave at home (or with the camp director):

- cell phones
- electronics (mp3 players, I-pods, etc.)
- money
- food & drinks (plenty will be provided)

Questions, call: June Cox 319-7697

Denise James 441-5559 ~ Tracy James 325-6034

To contact someone at camp, call June Cox 319-7697



Lummi Dental is proud to announce that we now have regular Saturday clinics

We will treat walk-in's & scheduled appointments.

This is a landmark achievement for Lummi Dental.

Lummi Dental would like to thank everyone involved in the process especially the community leaders for making this possible.

Hy'shque

SAVE THE DATE

**10th Annual
Doralee P.
Solomon Salmon
Fun Run/Walk
Saturday
September 13
12 noon**

NOTICE

Hunting Meeting

Special Tag Drawing

*LIBC Tribal
Administration
Building*

*HR Conference Rooms
A & B*

August 5th

6 pm

Meet, greet and general discussion on hunting issues and special hunts

Refreshments provided

360-312-2308 or

360-312-2311

Annual Squol Quol subscription \$40⁰⁰ for one year
To subscribe, stop by the Communications Department or Cash Receipts. Be sure to indicate the address the paper should be sent to, or you can mail your subscription check to: Lummi Squol Quol, 2665 Kwina Road, Bellingham, WA 98226.
360-312-2135 for more information.

Commod Squad Update

Submitted by Elaine Lane, Community Services Coordinator

The Community Services is pleased to be able to provide an update of services available to the Lummi Community. It is our goal to enhance and improve services to the Lummi Community.

Commodity Foods

#1 Goal is to provide food through Commodity Foods while striving for better products from USDA. Our goals include compassion, care, and confidentiality when serving our community. We service an average of 170 households per month. The Lummi Nation Commodity Foods Area is a 50 mile radius. We also service Nooksack, Upper Skagit and Swinomish Tribal members for Commodity Foods.

Nutrition Education

Received 4th Annual reapplication, Funded through USDA – Commodity Foods Program. It is very exciting to look forward to a fun and beneficial year with Nutrition Education. This 4th Annual we have included gardens for the Nutrition Ed Program.

Department Calendar: Upcoming Key Dates or Scheduled events

July 8, 2014, there was a bread make n take by Tanesha Lane. The Commodity clients really enjoyed this presentation. The Nutrition Ed staff will

make big batches of bread for special occasions by appointment in advance.

On July 16, 2014, the Grand Opening for NE for Swinomish was a big success. We had about 80 households in attendance.

July 31, 2014, the Water Challenge 2014 participants will turn in their tally sheets to Commodity Foods or the Clinic. (Rescheduled TBD) There will be a winner announced for some great prizes by the NWHB Diabetes Prevention Program, Monica Sulier during the Noon walk.

August 6, 2014, we will be introducing the Nutrition Program to the Upper Skagit Tribal Commodity Foods clients.

On August 13, 2014 the Lummi Nutrition Ed will be in Swinomish again for a Commodity Foods cooking demonstration.

Watch for more cooking demonstration events by Commod Squad. There will be “Jamming with Commods” and Canning Salmon for the Community coming real soon. Watch for the info fliers on the Lummi Communications-Facebook page.

Energy Assistance-Closed Giving Referrals To Whatcom Opportunity Council

Phone# 255-2192 hotline number.

CITGO Funding Donation Closed

Woodcutting program-Closed until Nov 2014

Food Bank Program

The Lummi Food Bank runs every Friday excluding the first of every month. The last Friday of the month is our basic needs for the Lummi Families where Laundry Soap and Toiletries are distributed. There are 200+households serviced through the food bank. Just a reminder that Homebound is strictly for 62 Years and older with no vehicle. We really appreciate the donation from Community Services from the state with a portion coming from our Lummi Nation and from Small Potatoes a Whatcom County Produce Grower and a big Thanks to Franz's Bakery for the Bread!!!!

Pampers and Clothing

50 HH Once a month there is a donation from the TANF office of Pampers for the Children of the Lummi Nation for Emergency use only. There are clothing and household goods donated to the Lummi Food Bank from outside sources. Any donations are appreciated and more appreciated if they are cleaned before donated. Hy'shqe!

'Commod Squad' Staff: Elaine, Ray, Dewey S, George L, Christopher C, George G, Tyrone S, Roger B, Alvin P, Joe P, Andrea P, Susan C, Christopher Jr. And all our Awesome Volunteers.....You know who you are...



Community Updates



Xwle'lemes (Restorative Justice) Department

Submitted by Charene T. Alexander, Project Development Specialist

Ralph C. Jefferson, Jr., Director

Greeting Lummi Nation!

An exciting update we'd like to share with you about the development of the Men's Transitional Longhouse Project as well as an article noteworthy to share about a survey conducted with Washington State Prison completed by tribal members or descendants. As we consider re-entry services, we ask ourselves, what is that we would like for our tribal members upon their release and return to the community. Here are some of the thoughts and feelings that have been shared that we'd like to offer our tribal members the opportunity to re-enter (or return) to our community with more job and/or career skills, education, life skills and confidence so that they may succeed in their future despite past obstacles. Community involvement and support of tribal members reentering benefits the community at large, reduces criminal activity and reduces recidivism. In the article below their survey results have shown that family and supportive contacts assists our tribal members in the success of re-entry and rehabilitation.

THE FOLLOWING STORY REPRINTED WITH PERMISSION FROM: INDIAN COUNTRY TODAY MEDIA NETWORK.COM

Prison Survey Reveals Cultural Needs and Benefits

By Jack McNeel

June 13, 2014

Washington State prisons hold tribal members or descendants from 230 tribal nations. Approximately 900 inmates are housed in the 12 facilities across the state. But other than just numbers, what are their demographics?

How are the various "Circles" in each institution faring and how much rapport do they provide?

The organization known as United Indians of all Tribes Foundation wanted to know more about the tribal diversity in pris-

on and the extent to which Native cultures were being practiced at each facility. A survey was organized and conducted at each facility to provide answers.



Winona Stevens, a Ho-Chunk member and program manager of United Indians of All Tribes.

Winona Stevens, a Ho-Chunk member, serves as program manager and headed up the survey. She explained the Department of Corrections (DOC) attempted a survey a few years ago but Native inmates refused to participate, concerned it might be a way for DOC to pump them for information about their tribes.

This later survey was planned with three parts to include both custody and administrative staffs, but lack of staff response early in the survey led to focus on offender response only.

Some inmates were still reluctant to respond, partly because they didn't understand who was conducting the survey. Despite that, 366 people participated. Over half, 194, were enrolled tribal members. Another 27 were unenrolled, 73 were Asian Pacific Islands and 4 were South American Natives.

A number of facts emerged. Fifty-five percent identified themselves as "urban," or having grown up in cities or suburban communities, while 33 percent said they grew up mostly on reservations. Seventy-nine percent of the 52 women were mothers while 66 percent of the 314 men were fathers. Seventy-one percent of the Circle members were between 21 and 40.

The importance of the Cir-

cles should be noted as 28 percent answered they first learned of traditional ways while in prison. Part of that can likely be explained by the fact that 61 percent of those surveyed have been in foster care, lived with extended family, had been adopted, or were placed in a group home, so had less access to their culture. Eighty-eight percent do not speak their language.

The question about education revealed that the highest level for most Circle members was earning a GED, some 33 percent. Sixteen percent had completed high school. Seventy-seven percent participated in education programs offered by DOC and for those that didn't it was primarily due to availability of classes or programming.

Many also showed interest in getting support from tribal colleges or through correspondence courses. Learning tribal history and language rated highly in their interest, along with vocational training.

Asked about spiritual beliefs, over a dozen religions were mentioned. Red Road was the most common response followed by Christianity, Native American Church and Shaker.

Most children of inmates are being cared for by family members. When asked what would make the circles stronger, many supported having children attend the annual powwows. This has since been allowed.

Cost is a major hurdle and of the 44 percent who don't receive family visits it's for lack of money. Over half the people who do visit a family member in prison struggle with transportation costs.

Most institutions had

a single Circle but others have multiple security levels where inmates can't mix so had more than one Circle. Questions were directed at the Circles to gauge the needs of the members and the group as a whole. 24 percent of the members said the most benefit comes from traditional religious and cultural teaching.

Group support, fellowship, and unity were reported as strong aspects of Circles. When asked what else would benefit the groups, tribal and community support rated highest, followed by more time for fellowship. Asked what tribal organizations could be of service, the most frequent answer was the tribe.

The survey also indicated a need for better communication between Circles and DOC staff plus the lack of understanding by staff of Native culture and religion. 97 percent also indicated interest in learning their tribal language.

"Incarcerated tribal members have overwhelmingly showed their eagerness for the opportunity to learn their own language," Stevens said. "Considering that many of our languages are border-line extinct, Circle members willing to learn their language are a benefit to their tribes. I hope tribes will step up and support the Circles in their efforts to give back to the community in this way."

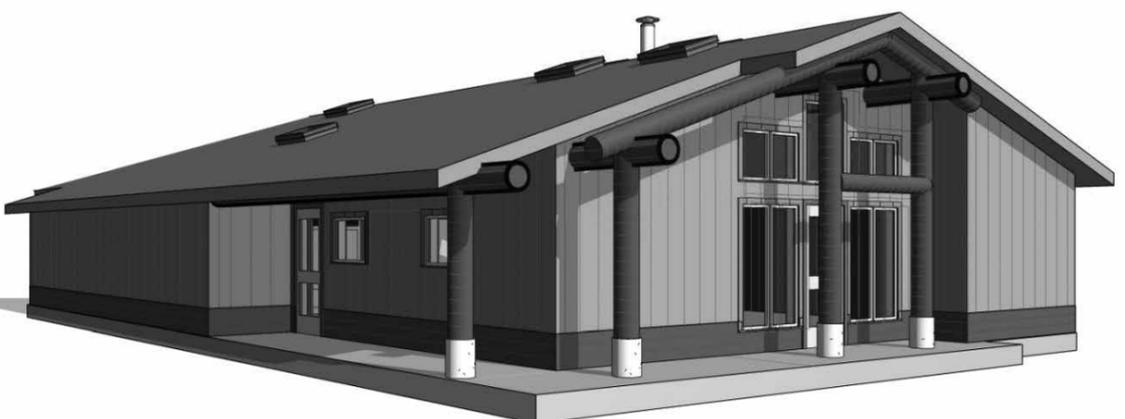
This article may also be accessed at: <http://indiancountrytodaymedianetwork.com/Xvf#.U5uIA05rAnU>.email

Men's Transitional Longhouse Project - Coming Soon!!!

Update

The Men's Transitional Longhouse Project will provide an alternative to incarceration in a facility that reinforces traditional values of the Lummi People, both architecturally and functionally. The house and program is designed to re-education its residents about the expectation of the Lummi community, for personal responsibility, wellness, family and community service. This project is an integral part of a broader effort to respond to the need for addiction recovery services and alternatives to incarceration that provide an opportunity for post-adjudication inmates to participate in therapy and work-force re-entry services. The services offered to residents of the facility will be collaboration between several LIBC agencies.

The Transitional Longhouse will be low security alternative to incarceration that includes GPS electronic monitoring of all residents by the Lummi Nation Police Department (LNPD). The facility will be single jurisdiction facility operated by the Lummi Nation for prisoners of the Lummi Tribal Court, and Lummi Tribal members who are granted permission to participate by other jurisdictions in the area. The Transitional Longhouse location has been identified to develop on the "Turkey Shoot" property, which is on Chief Martin Road, directly west of our Lummi Nation Administration Center. We'll share updates as the project continues to develop.



Community Updates

(Housing continued from page 2)

tion. They also won three consecutive Youth Build Grants through DOL in recent years. “It helped us grab the teens at risk between the age of 16 and 24. We bring them into our facility and help them get their GED, get structure, behavioral health counseling, their driver’s license—and they actually got to put on their tool belts and work with our construction guys on Kwina Village and get paid for it.”

Brought a behavioral health counselor on board. The counselor who worked with the Youth Build program proved to be a boon for working with teens and young adults; now Diana has brought him in on contract 30 hours a week to counsel other residents who can benefit. He’s currently working with 43 individuals, couples, and families. “It’s been a really different experience these last six months—a good tool to help turn people around a little bit.”

LHA also sponsors community gatherings once a month, and has housing advocates on staff who stay in touch with all the residents. “We develop a community,” says Diana.

John Williamson: “It takes these kinds of projects to break that cycle of poverty”

Like the Lummi, the Lower Elhwa Klallam’s culture and community life has historically centered around fishing and the sea. Their homeland is on the north coast of the Olympic peninsula, west of the city of Port Angeles. Tribal lands encompass about a thousand acres adjacent to the Elhwa River. John Williamson estimates that about 400 to 450 people live on the reservation; over the past 20-plus years, as executive director of his tribe’s HA, he’s been steadfastly building and rehabbing homes to meet the continuing shortage of well-built, affordable housing.

In 2009 and 2012, the Lower Elhwa participated in the LIHTC program to build a total of 45 homes on tribal land. “For a small housing authority and a small tribe like ours, I get enough money to maybe build at the most two homes a year,” John says. “The tax credit program is the only outlet at the present time that I can use to



Above: Two of the 20 single-family homes built through the LOWER ELHWA HOMES II tax credit project.



Right: Current and former leaders of the Northwest Indian Housing Association (NWIHA), photographed in 2012. Left to right: Brook B. Kristovich, NWIHA Chairman (Colville); Elena L. Bassett (Yakama Nation); Annette Bryan (Puyallup); John Williamson (Lower Elwha); Laurie Ann Cloud (Nez Perce); Wendy Lawrence (Makah); Carina Kistler Ginter (Grand Ronde); Joseph B. Diehl, NWIHA Executive Director.

leverage my other funding and build something to this scale.”

But it wasn’t an easy sell for his tribe. “Tribal councils are leery of tax credits because these houses have to be filled, no matter what,” John points out. The council’s apprehension stemmed from the fact that renters have to be income-qualified; if there weren’t enough tribal members to meet the income criteria, the tribe would end up housing non-tribal members. It took a lot of convincing and education, John says. “At that time I had 110 families on the waiting list. I went through and qualified them. For the first project in 2009 I had plenty of folks, but the council was still very leery of the project.

“And even after the first project was a good success—they were still concerned that Lower Elwha Homes II would be housing non-tribal members.” But John and his assistant Jenn Hutto pulled it off. “I handled all the paperwork and she qualified all the folks and processed the applications.”

For tribal HAs, particularly those in rural areas, the task isn’t just about bringing in the funding to build the homes; they also need to create the basic infrastructure, including building roads, adding sewer systems, and connecting to utilities. In the case of Lower Elwha Homes I and II, this meant leasing acreage from the tribe, logging it, and short platting it. “It took several years to get to the point where we could build homes,” says John. He was able to use IHBG funds as well as federal

stimulus dollars to pay for this.

“You start seeing those results when you’ve been in the business as long as I have. With those houses we built back in ’93, ’94, I’ve got quite a few success stories. These kids have grown up, gone to college, and gotten jobs.” JOHN WILLIAMSON, EXECUTIVE DIRECTOR, LOWER ELHWA HOUSING AUTHORITY

Although these 45 new tax credit homes have definitely eased the housing needs for John’s tribe, he’ll never be out of a job. The Lower Elwha waiting list is now down to about 30 families. And he’s constantly at work rehabbing older housing units. “What they call ‘overcrowding’ on Indian reservations,” he says, “is living with relatives. At one point the worst situation we had was a two-bedroom home with 13 people living in it. The microcosm of families here on the reservation is the same as on the outside. Children move home with their children.

“The work is pretty much never ending. It takes these kinds of projects to break that cycle of poverty, to get the kids some place stable so they can study and have a stable home environment to come home to.” He adds, “You start seeing those results when you’ve been in the business as long as I have.” John gives the example of about 105 homes built through HUD’s Mutual Help Program (which was discontinued when NAHASDA legislation was passed in 1996—see sidebar) on Lower Elwha land. “With those houses we built back in ’93, ’94, I’ve got quite a few success stories. These

kids have grown up, gone to college, and gotten jobs.”

In fact, the overall economic picture for John’s tribe has improved over the last two decades. “When I first started, there was about 50 percent unemployment with the tribe. I don’t think we’re anywhere close to that today. We’ve got a lot of fishermen that do very well, and a middle class that we didn’t have before.”

Wendy Lawrence: “Don’t be afraid to dream”



Wendy Lawrence, Director of the Makah Tribal Housing Department since 2004

This summer is a busy time for the Makah Tribal Housing Department. When I spoke with Director

Wendy Lawrence, her HA was about a month and a half away from completing the tribe’s Sail River Longhouse, a 21-unit permanent supportive housing project targeted to very-low-income families. This development, funded primarily by the LIHTC program and the state Housing Trust Fund (HTF), is an integral part of Sail River Heights, a mixed-income, mixed-use development that broke ground in 2010.

Sail River Heights is addressing the wide-ranging housing needs on the Makah reservation, from the Longhouse’s supportive housing for homeless families, to 16 workforce-market-rate apartments, to 72 lots designated for homeownership. In a presentation Wendy made on this project two years ago on keys to a successful development, she wrote as the first bullet: “Don’t be afraid to dream.” When Sail River Heights is completed over the next several years, her HA will have succeeded in increasing the housing stock on the Makah reservation by 25 percent.

The Makah’s land is about as remote as you can get in the state of Washing-

(Continued on page 16)



Right: Still under construction in late June, the Makah’s Sail River Longhouse is a 21-unit permanent supportive housing project for very-low-income homeless families. It was funded primarily through the Low-Income Housing Tax Credit program and the state Housing Trust Fund and is part of a new 51-acre housing development targeted to a broad spectrum of incomes and housing needs.



Drum ceremony for the groundbreaking of the Sail River Longhouse.

Community Updates

(Housing continued from page 15)

ton. It sits at the northwestern tip of the Olympic Peninsula, bounded by the Pacific Ocean to the west, and to the north, the Strait of Juan de Fuca. About 1,800 tribal members live on the reservation. The two biggest sources of employment are the tribal organization, which employs about 300 people, and treaty commercial fishing. Most of the Makah's 47 square miles are a housing developer's nightmare: rocky coastline, rugged mountains, and timber. Being remote also presents other challenges: It's difficult to get skilled contractors—and you can't just run out to the local builder's supply store when you're short of something.

Sail River, explains Wendy, emerged from very careful strategic planning by the tribe, "including community and council involvement to try to plan out what and where we need to go with housing." The subdivision comprises 51 acres; the infrastructure, completed two years ago, was funded by 13 different funding sources, including HUD, the tribe, the USDA, and the Bureau of Indian Affairs (BIA).

About 20 families have already begun—or completed building—their own homes on this land. "We're already working with families that will be ready to build next summer and then the building season after that," Wendy says. "We provide the whole gamut of homebuyer education, credit repair, loan packaging, and support and assistance through the mortgage process—and also with the general contractors and through the construction process."

Leveraging education to achieve success

Historically for Native Americans, getting a mortgage on tribal land had been an extremely tough process. Banks wouldn't underwrite mortgages if they couldn't foreclose on tribal lands, and tribes were loath to give up their sovereignty. That changed to no small degree with the passage, by Congress, of the Indian Home Loan Guarantee Program, also known as the Section 184 program, in 1992. With this program, HUD guarantees 100% of the mortgage for eligible borrowers. The program also has a low down payment require-

ment. But tribes must elect to participate.

"Having access to mortgage capital and actually bringing it to the reservation and seeing it work was critical to our long-range planning in the creation of this new subdivision." WENDY LAWRENCE, DIRECTOR, MAKAH TRIBAL HOUSING DEPARTMENT

"Each tribe has to determine if they're willing to allow a lender—another federal agency—to come in and foreclose," Wendy says. "Our tribe agreed to that and passed the required laws in 2007, and we saw the first mortgages take place about 2008. Those were typically refinances: people taking equity out. So that was the first time I'm aware of that any tribal member on the Makah reservation was able to actually treat their home as wealth and leverage it. It was a fairly pivotal time in the way that our people look at homeownership."

Before the passage of NAHASDA in 1996, Wendy explains, all HUD-funded homes, whether built for homeownership like the Mutual Help Program or public housing, were burdened with HUD's directives. "HUD dictated what you built, who was building it, and what materials you would use. Oftentimes, because of the remote nature of most reservations, you didn't get the highest-quality contractors. There wasn't a high quality of workmanship, and our people were not really taught how to maintain a home. And consequently housing, especially HUD housing on a reservation, was looked at as though it was basically disposable housing."

"Having access to mortgage capital and actually bringing it to the reservation and seeing it work," she continues, "was critical to our long-range planning in the creation of this new subdivision. We knew that we did not receive enough funding to even build one house and maintain jobs and services at the level that we had. We knew that we couldn't be the bank, we were not going to be able to build homeownership units and carry the contract because we just couldn't sustain that."

"It took probably two years to convince the tribal council and the community to even consider taking a mortgage out and having tribal members paying a bank and not the tribe. It's been a process—and we've now actually gotten to the point where I think if you spoke to people here, even including the Tribal Council, they would probably express surprise and excitement that the vision is actually coming to fruition and the skeptics are being proven wrong."

Wendy adds that her HA was able to leverage their success at educating the council on the Sail River LIHTC project for the benefit of a New Market Tax Credit (NMTC) deal the following year. They were able to "piggyback on that education" and help the tribe obtain these credits to fund most of a critically needed new \$5.5 million commercial fishing dock for the tribe.

"I can plan and develop and build things but if my staff doesn't have the capacity, and we don't have the buy-in from the community and the council, none of it works. It needs all of us."

Place of Hidden Waters

Brook Kristovich: "The tax credit program has raised the bar for housing standards on the reservation" Chairman of Northwest Indian Housing Association (NWIHA) since 1998; Executive Director of Colville Indian Housing Authority (CIHA) since 2012



Brook Kristovich, Chairman of Northwest Indian Housing (NWIHA) since 1998; Executive Director of Colville Indian Housing Authority (CIHA) since 2012

Eagle Nest Homes on the Colville reservation was approved by the Commission's LIHTC program earlier this year; it's a 20-home rental development that received more than \$4.1 million in tax credits. Brook Kristovich, CIHA's executive director, came to a Commission meeting several months ago to express his thanks on behalf of Colville Federated Tribes. Here's how he recalls that meeting:

"I thanked the Commission for funding us for another cycle. And I said, 'Do you realize the impact you are having on Indian country?' The Commission's tax credit program has raised the bar for housing standards on the reservation—with the program's requirements, with compliance, with maintenance

and upkeep and yards ... and with everything that's been a challenge for us all these years. I told the Commissioners: 'You've raised the bar that we need to meet to stay in compliance.'"

Of course we were gratified to hear this from Brook. Talk to any recipient of a tax credit project, whether on the reservation or off, and you'll hear the same thing: Compliance with the program is extremely rigorous. But the upside of all this compliance, year in and year out, is beautiful, well-maintained homes for those who live in them. What Brook was telling us is that this discipline is having a ripple effect on his reservation.

Eagle Nest is the third CIHA development to be awarded tax credits. Colville Homes I and II were recipients in 2007 and 2009: 45 homes for those two projects. "I had a meeting with tenants at our second project last winter," Brook recounts. "And I said the same thing. These people have gone through so much with all the inspections, all the requirements with the program. I told them, 'You've rolled with it so well, that with our other programs with HUD-funded homes in other areas, we have raised their standards.'" Brook laughs. "They gave me a big applause and said, 'It's about time.'"

Though he's headed CIHA for just a year and a half, Brook is very much an elder to the Indian HA community in the Pacific Northwest. Over the past two decades at varying times, he's run HAs for the Spokane, Kalispell, and Quileute tribes here in Washington state, as well as the Umatilla in Oregon. Since 1998, he's served



A prime example of thoughtful housing construction by a tribal housing authority is Puyallup Tribal Housing Authority's Longhouse (Place of Hidden Waters) in Tacoma. The project, which includes 10 apartments, achieved a LEED Platinum rating, and was named LEED Homes 2012 Project of the Year by the U.S. Green Building Council. It was funded primarily through the American Recovery & Reinvestment Act and the Indian Housing Block Grant (IHBG) program.

Community Updates

(Housing continued from page 16)

as Chair of the Northwest Indian Housing Association (NWIHA), a trade organization for Indian HAs and affordable housing organizations in Idaho, Oregon, Washington—and one Alaska Native tribe.

“The Commission has done a fantastic job in its outreach to tribes in Washington to make sure they have the information they need to know what’s available to them. Because of that, we see a lot of tribes apply for the program.” **BROOK KRISTOVICH, CHAIRMAN, NORTHWEST INDIAN HOUSING ASSOCIATION; EXECUTIVE DIRECTOR, COLVILLE INDIAN HOUSING AUTHORITY**

In fact, Brook is a member of an Alaska Native tribe, but says that when he first started working for the Colville Federated Tribes “it felt like going home.” He had raised his kids in the area—the Spokane Indian reservation is right across the river.

The complexities of meeting wide-ranging needs

The Colville Federated Tribes are made up of 12 different Indian bands across four Districts: Incheilium, Keller, Nespelem, and Omak. Their reservation covers some 2,100 mostly contiguous square miles, making it the second-largest Indian reservation in Washington (just a couple of square miles less than the Yakama). More than 9,000 people live there. The reservation sits in the middle of the northeast quadrant of Washington state, bounded to the east and much of the south by the Columbia River, and the cities of Omak and Okanogan to the west.

Brook currently manages about 400 housing units for rent to tribal members; these include both apartment complexes and single-family homes. The challenging logistics of building and maintaining homes on a rural, remote

reservation are fully at play here on the Colville reservation. And he puts a lot of miles on his vehicle every year.

Colville Homes II- Colville Homes II

Each of the three Colville tax credit developments has been built as a subdivision in a different Colville District. Eagle Nest is in the Omak District. “Just like any city project, you can spend a million dollars just in the infrastructure getting ready for the houses,” Brook says. Like many HA directors, historically, he has been able to take advantage of Indian Health Service (IHS) funding for the water and sewer portion of developments. “But only if the homes weren’t all going to be funded by HUD. There’s a conflict with using other federal money on federal projects. It’s just been one of those challenges over the years. You try to package things where you can.”

Though CIHA has been creating many rental units over the years, Brook says

he’s been talking to the tribal council about “looking at the possibility of building more homebuyer homes on family-owned land—instead of on tribal land. That’s probably one of the next phases as we look for future housing beyond Eagle Nest. We want to do a combination of rentals and homeownership-type homes.”

The point, explains Brook, is to meet the full range of housing needs on the reservation. “So many of us over the years have focused on housing for low-income families; that’s where the funding has been. But we have another group of people saying, ‘What about us? When are you going to focus on other people besides just the lowest of income?’ I heard it when I was working with the Umatilla in Pendleton and I hear it here,” he says.

Just as with juggling tribal housing programs and federal allocations for tribal housing, dealing with the intricacies of families’ land ownership on reservations is no small

feat. Many times, Brook explains, family land is owned by a group of family members; all owners must agree to gift deed a particular parcel to a family member to enable them to get a mortgage. “It happens a lot in Indian country: A family has a lot of kids and every one of them is willed a portion of land. Then they have kids, and everyone gets a portion. So then we have 30, 50 people on a parcel of land. It can get very complicated.”

Fortunately for Brook and his peers at NWIHA, they don’t have to reinvent the wheel with every project. NWIHA members have quarterly meetings to trade stories and talk shop; Brook says he’s on the phone quite a bit with other HA directors as well. Wendy remarks that, “Every time I go to a meeting I hear someone bring up an issue that I wasn’t aware of. We build off everyone else’s successes.”

Adds Brook, “We’re like a little family. It’s been a great partnership.”



For its COLVILLE HOMES II development, the Colville Indian Housing Authority was awarded the 2012 Charles L. Edson Tax Credit Excellence Award for the most outstanding Low-Income Housing Tax Credit (LIHTC) property in the rural category—the Academy Award



for affordable housing,” says David Bland. Photo Credits: Crystal Banks-Mann



Join us in celebrating World Breastfeeding Week

Tuesday ~ Anytime between 10am - 2pm

August 5, 2014

At the Lummi Tribal Health Center MCH, Community Garden, enjoy healthy snacks and fun activities



“All the rivers of the earth are milk that comes from the breasts of the Great Mothr. Our breasts give the waters of life to feed the children.”

-- ChoQosh Auh' Ho'oh, Elder



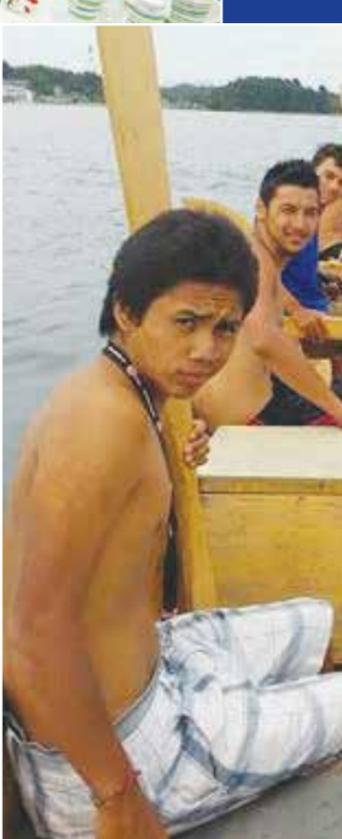


Squol Quol

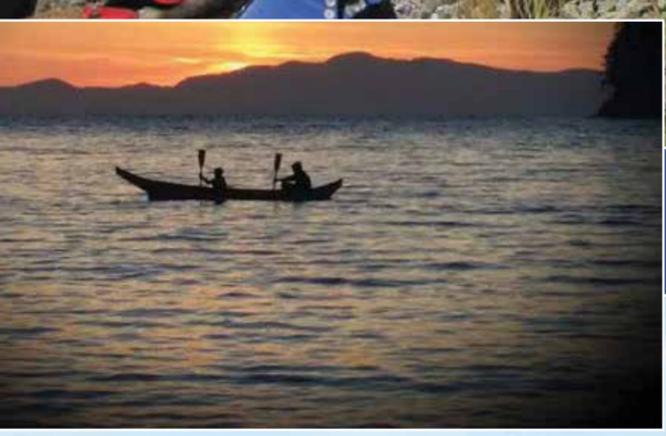
Community Photos

Honoring Our Elders 2017





Canoe Journey: Qatwana Festival 2014



Community Updates

Lummi Transit (Planning Department)

Submitted by Matt Jensen, Transit Manager/Transportation Planner

The days are now long and warm and our buses can take you around the Rez and shopping even during construction. So, come out and enjoy an easy ride with us. In June we gave 5,609 rides, in and around the Lummi Nation while traveling 10,020 miles, which means Lummi Transit, provided an average of 187 rides each day of the month. We strive to offer a quality service to everyone in the community, and hope that our riders agree.

Lummi Transit is adjusting our Reservation and Ferndale Routes in response to the Construction at Smokehouse and Hax-

ton. Construction is prohibiting all turns (left and right) onto Smokehouse from 6:00am to 6:00pm. This severely impacts our routes and riders. In addition, there may be delays of up to 30 minutes going through the intersection, so please be patient with us and our drivers.

Summary of changes: Reservation Route:

- Reservation Route will no longer serve the residents of Balch Rd. (they now will be served by the Ferndale Route);
- Service will start at 6:09am at the Lummi Administration Bldg. going to Silver Reef Casino;
- Service hours will be extended with



the last stop at the Silver Reef Casino at 9:33pm (2 hours later);

- Drivers will drive through Smokehouse Village at 7:34am, 9:20am, 11:36am, 1:22pm, 3:10pm, 4:56pm, 7:12pm and 8:56pm (last);
- Longer stops at Fish-

erman's Cove to allow for convenient shopping

Summary of change: Ferndale Route:

- Ferndale Route will serve the residents of Balch Rd. at 11:45am, 1:52pm, 4:14pm, and 6:21pm (last);
- Service will start at the same time 11:00am at Kwina & NWIC and head south towards Fisherman's Cove;
- Service hours will be extended with the last stop at Silver Reef Casino at 6:32pm (2 hours later);
- Drivers will drive through Smoke-

house Village at 11:22am, 1:29pm, 3:51pm, 5:58pm (last);

- Longer Stops at Cost Cutter in Ferndale to allow more time to shop 12:13pm(25 minutes), 2:20pm (40 minutes), and 4:42pm(25 minutes)

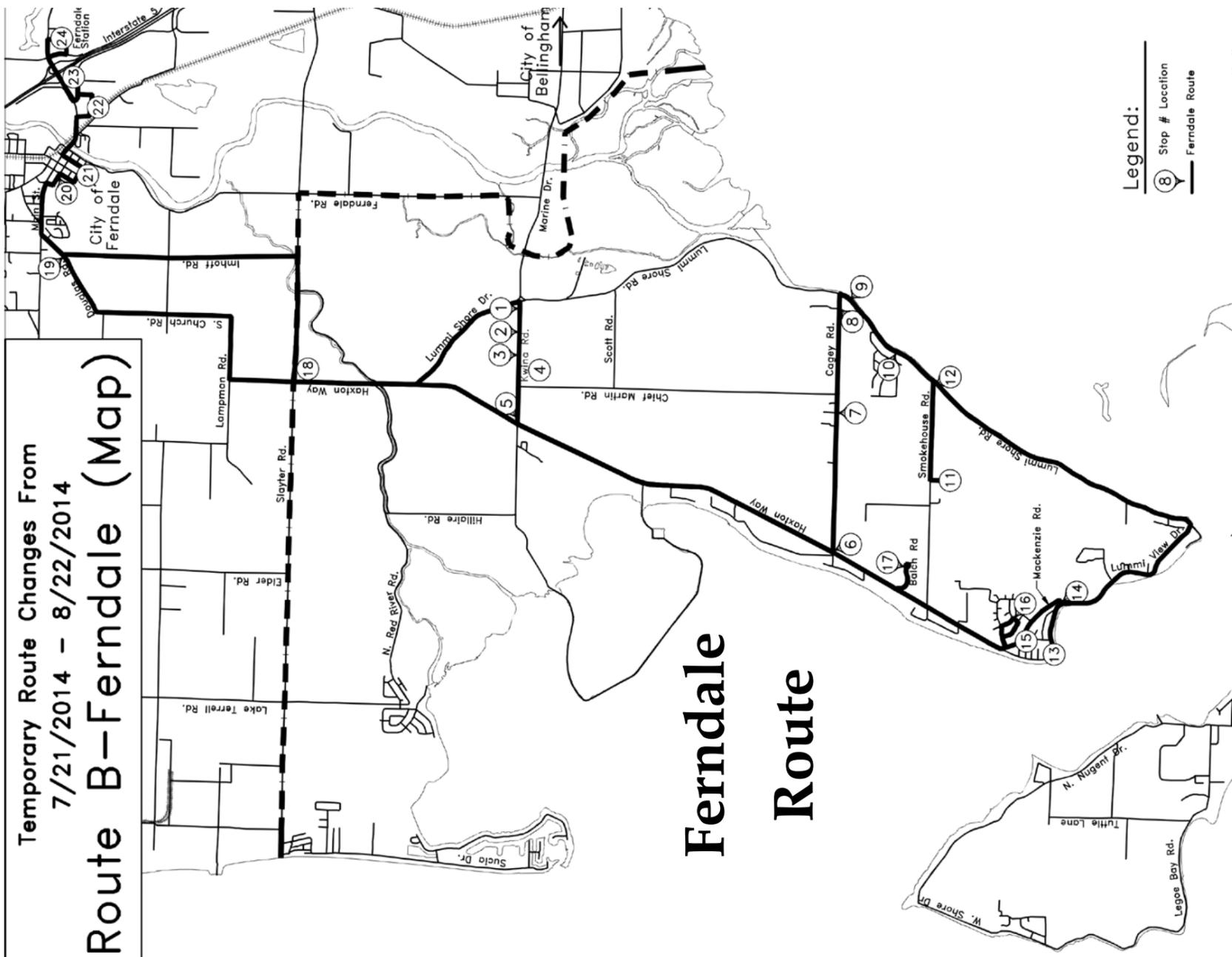
As a reminder, it is Lummi Transit Policy to only stop at official/marked stops on Kwina Rd., this is due to all the existing car traffic on this road. Also, Lummi Transit can only pick-up and drop-off at the official stops off the reservation in Ferndale. At all other times the driver has the responsibility to stop, but only if they can do it safely. If you have any questions or want to give us a comment, please do so by calling us at 360-384-2307.

Lummi Transit Schedule during Smokehouse and Haxton Construction										
ROUTE A - LUMMI RESERVATION - (7 DAYS/WK)										
STOP	Location	1st	2nd	3rd	4th	5th	6th	7th	8th	9th
1	Fisherman's Cove	X	7:16	9:02	11:18	1:04	2:52	4:38	6:54	8:40
2	Mackenzie ROC	X	7:19	9:05	11:21	1:07	2:55	4:41	6:57	8:43
3	Little Bear	X	7:24	9:10	11:26	1:12	3:00	4:46	7:02	8:48
4	Smokehouse Village	X	7:34	9:20	11:36	1:22	3:10	4:56	7:12	8:58
5	Smokehouse @ Lummi Shore Rd.	X	7:37	9:23	11:39	1:25	3:13	4:59	7:15	9:01
6	Lummi Shore @ Shorewood	X	7:38	9:24	11:40	1:26	3:14	5:00	7:16	9:02
7	Lummi Shore @ Cagey	X	7:41	9:27	11:43	1:29	3:17	5:03	7:19	9:05
8	Cagey @ Lightning Bird	X	7:42	9:28	11:44	1:30	3:18	5:04	7:20	9:06
9	Cagey @ Queen Anne	X	7:44	9:30	11:46	1:32	3:20	5:06	7:22	9:08
10	Cagey @ Haxton	X	7:48	9:34	11:50	1:36	3:24	5:10	7:26	9:12
11	Tiopi Loop/Lummi Planning Dept	X	7:53	9:39	11:55	1:41	3:29	5:15	7:31	9:17
12	Kwina @ Haxton	X	7:54	9:40	11:56	1:42	3:30	5:16	7:32	9:18
13	Lummi Administration Center	6:09	7:57	9:43	11:59	1:45	3:33	5:19	7:35	9:21
14	Lummi Early Learning Center	6:10	7:58	9:44	12:00	1:46	3:34	5:20	7:36	9:22
15	Kwina Village	6:11	7:59	9:45	12:01	1:47	3:35	5:21	7:37	9:23
16	Kwina @ NWIC	6:13	8:01	9:47	12:03	1:49	3:37	5:23	7:39	9:25
TRANSFER TO WTA (Rt 50) M-Sat. @ NWIC (TO BELINGHAM)										
17	4300 Block Lummi Shore	6:14	8:02	9:48	12:04	1:50	3:38	5:24	7:40	9:26
18	Lummi Shore @ Haxton	6:16	8:04	9:50	12:06	1:52	3:40	5:26	7:42	9:28
19	Silver Reef Casino	6:20	8:08	10:22	12:10	1:56	3:44	5:58	7:46	9:33
ROUTE B - Connections @ 11:51am, 1:52pm, 4:08pm										
20	Lake Terrell		8:14		12:16		3:50		7:52	X
21	3500 N. Red River Rd		8:16		12:18		3:52		7:54	X
22	S. Red River Rd		8:21		12:23		3:57		7:59	X
12	Kwina @ Haxton	6:24	8:25	10:26	12:27	2:00	4:01	6:02	8:03	X
13	Lummi Administration Center	6:28	8:29	10:30	12:31	2:04	4:05	6:06	8:07	X
14	Lummi Early Learning Center	6:29	8:30	10:31	12:32	2:05	4:06	6:07	8:08	X
15	Kwina Village	6:30	8:31	10:32	12:33	2:06	4:07	6:08	8:09	X
16	Kwina @ NWIC	6:32	8:33	10:34	12:35	2:08	4:09	6:10	8:11	X
TRANSFER TO WTA (Rt 50) M-Sat. @ NWIC (TO BELINGHAM)										
23	4000 Block Lummi Shore	6:33	8:34	10:35	12:36	2:09	4:10	6:11	8:12	X
24	Lummi Shore @ Scott	6:34	8:35	10:36	12:37	2:10	4:11	6:12	8:13	X
25	Scott @ Chief Martin	6:35	8:36	10:37	12:38	2:11	4:12	6:13	8:14	X
26	3600 Block Lummi Shore	6:40	8:41	10:42	12:43	2:16	4:17	6:18	8:19	X
7	Lummi Shore @ Cagey	6:43	8:44	10:45	12:46	2:19	4:20	6:21	8:22	X
6	Lummi Shore @ Shorewood	6:44	8:45	10:46	12:47	2:20	4:21	6:22	8:23	X
5	Lummi Shore @ Smokehouse	6:46	8:47	10:48	12:49	2:22	4:23	6:24	8:25	X
27	2700 Block Lummi Shore	6:47	8:48	10:49	12:50	2:23	4:24	6:25	8:26	X
28	2500 Block Lummi Shore	6:48	8:49	10:50	12:51	2:24	4:25	6:26	8:27	X
29	Lummi Shore @ Bay	6:50	8:51	10:52	12:53	2:26	4:27	6:28	8:29	X
30	Stommish Grounds/K-12 School	6:52	8:53	10:54	12:55	2:28	4:29	6:30	8:31	X
3	Little Bear Creek	6:56	8:57	10:58	12:59	2:32	4:33	6:34	8:35	X

Lummi Transit Schedule during Smokehouse and Haxton Construction					
ROUTE B - FERNDALE - (M-F)					
STOP	Location	1st	2nd	3rd	4th
1	Kwina @ NWIC	11:00	1:07	3:29	5:36
2	East Campus	11:01	1:08	3:30	5:37
3	Lummi Health Center	11:02	1:09	3:31	5:38
4	Lummi Administration Center	11:05	1:12	3:34	5:41
5	Kwina @ Haxton	11:07	1:14	3:36	5:43
6	Cagey @ Haxton	11:12	1:19	3:41	5:48
7	Cagey @ Queen Anne	11:14	1:21	3:43	5:50
8	Cagey @ Lightening Bird	11:16	1:23	3:45	5:52
9	Lummi Shore @ Cagey	11:17	1:24	3:46	5:53
10	Lummi Shore @ Shorewood	11:18	1:25	3:47	5:54
11	Smokehouse Village	11:22	1:29	3:51	5:58
12	Lummi Shore @ Smokehouse	11:24	1:31	3:53	6:00
13	Fisherman's Cove	11:34	1:41	4:03	6:10
14	Mackenzie @ Lummi View	11:36	1:43	4:05	6:12
15	Mackenzie @ Finkbonner	11:37	1:44	4:06	6:13
16	Mackenzie ROC	11:40	1:47	4:09	6:16
17	Balch Rd.	11:45	1:52	4:14	6:21
18	Silver Reef Casino	11:56	2:03	4:25	6:32
ROUTE A - Connections @ 10:37am, 12:19pm, 2:09pm, 3:51pm 5:56pm					
19	Douglas @ Imhoff	12:03	2:10	4:32	
20	Alder @ Third (Rite Aid)	12:06	2:13	4:35	
21	Cherry @ 2nd (Boys & Girls Club/Library)	12:08	2:15	4:37	
22	Dollar Tree	12:11	2:18	4:40	
23	CostCutter	12:13	2:20	4:42	
24	Ferndale Station	12:18	2:25	4:47	
WTA (Rt 27) Ferndale - Cordata/WCC					
WTA (Rt28X) Ferndale - ????????					
WTA (Rt 55) @ Cordata - ????					
WTA (Rt 70X) Blanie - Bellingham/WWU					
23	CostCutter	12:38	3:00	5:07	
22	Dollar Tree	12:40	3:02	5:09	
21	Cherry @ 2nd (Boys & Girls Club/Library)	12:45	3:07	5:14	
20	Alder @ Third (Rite Aid)	12:47	3:09	5:16	
19	Douglas @ Imhoff	12:52	3:14	5:21	
18	Silver Reef Casino	1:02	3:24	5:31	

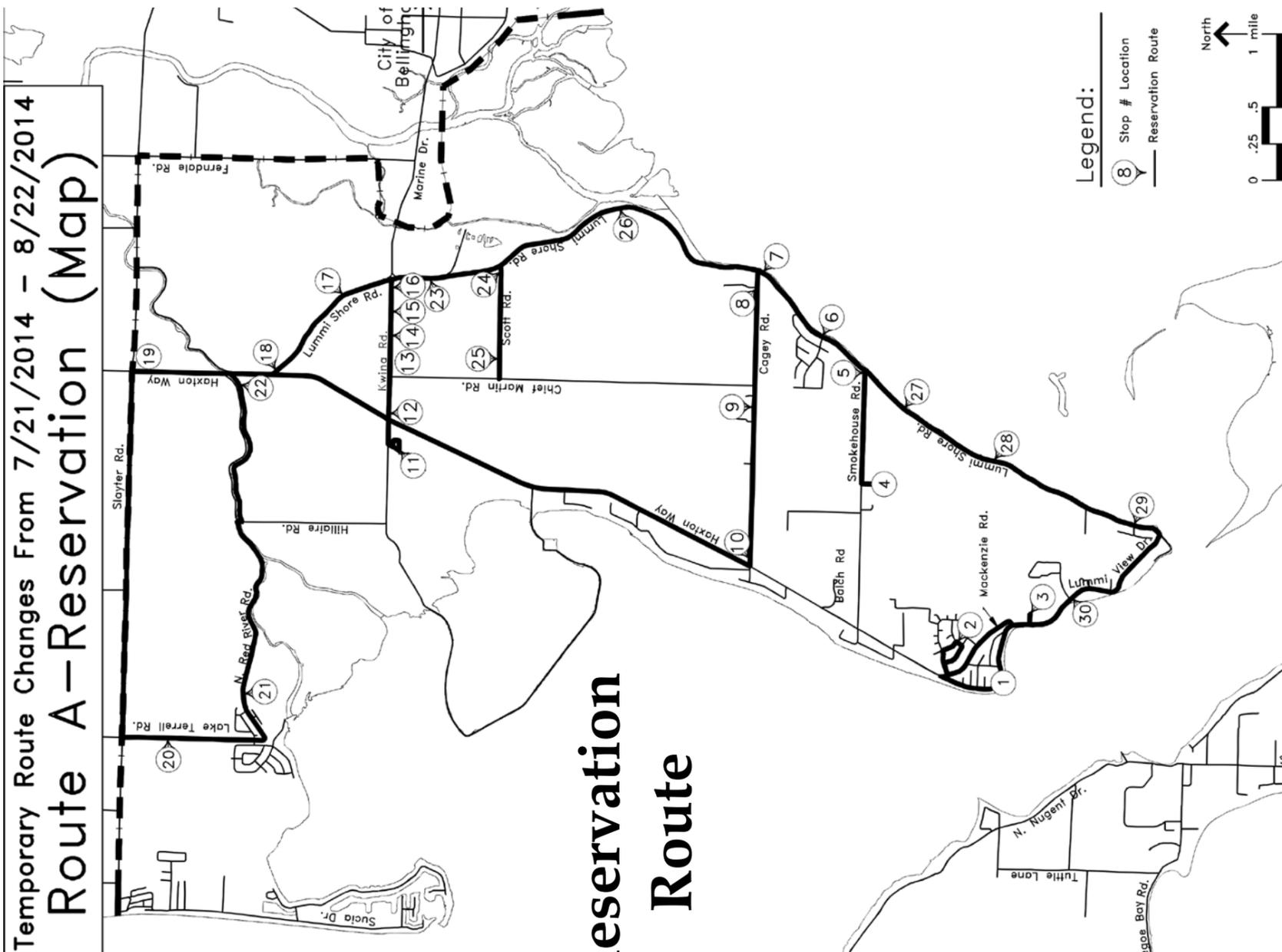
See the maps to the right for temporary transit routes around the rez and to Ferndale:
July 21 - August 22, 2014

Temporary Route Changes From
7/21/2014 - 8/22/2014
Route B-Ferndale (Map)



Ferndale Route

Temporary Route Changes From 7/21/2014 - 8/22/2014
Route A-Reservation (Map)



Reservation Route

Community Updates

Planning and Public Works



Submitted by Robert Pell, Project Manager, Lummi Nation Planning

Construction of the smokehouse roundabout is progressing according to plan. We are very excited to see many years of planning and design come to fruition. This very important safety project will save lives and keep the traffic moving.

PSE has finished moving it's utilities. Thanks to teamwork between the County and Lummi Planning and Public Works we have been able to get PSE to agree to have us included with their contract that they have with Whatcom County. More specifically when there is new construction in the County right-of-way PSE

moves their equipment for free. That's the case on the Roundabout project working in the county right-of-way, initially PSE wanted to charge us, but through many months of negotiation PSE is moving all the polls for free saving us a substantial amount of money that will go to the Roundabout.

Stremler construction

is the general contractor on the project and is no stranger to Lummi. They've been very compliant with TERO requirements and are very expedient, professional and thorough on the site. In fact I would say one of the best civil contractors we could've used, very experienced.

Completion of the project is very much on sched-

ule for September 18. We are at present a couple weeks ahead of schedule so we may finish sooner, of course we still have 60% of construction to go yet.

If you have any questions or concerns please contact Robert Pell PM at Lummi planning and Public Works 360-312-2348



Mission to the World Dinner August 18



News from the TERO Office

Submitted by Alisha A. Pierre, Administrative Assistant

"To Preserve, Promote and Protect our Sche Lang en"

Contact Number: 360-312-2245

TERO MISSION ~ Develop and maintain a cooperative working relationship with contractors and subcontractors while working under the guidelines of the TERO Ordinance. Referring qualified tribal members for employment and training.

The TERO Office is here to enforce tribal law in order to insure that Indian/Native people gain their rightful share to employment, training, contracting, subcontracting, and all other economic opportunities on or near the reservation.

If you are interested in jobs, training, or services with the TERO Office please fill out our Referral Application. It is important that you keep phone number, address, etc updated with the TERO office for job opportunities. This application can be filled out in our office or online at www.lummitero.org.

For 2014 TERO has 480 current clients updated, 42 of them are ap-

proved on our TEMP list for the following positions: 27 laborers, 15 flaggers, 6 receptionists, and 7 other positions.

Compliance Plans Received for 2014: 47

Temp Work payroll YTD: \$63,028.94

TERO Tax YTD: \$347,937.89

TERO assist in funding for tools, union dues, and work clothes. This is a one-time assistance, contact the office for further information.

Temp Services:

We refer laborers, flaggers and receptionists through our TEMP SERVICE. If you are interested in getting on our TEMP Service contact Teresa Ray.

Qualifications

Work on call and have work boots, clothes, and safety gear ready before the start date.

Have an updated referral application

Read & Sign a Job Description.

Pass a Background and Drug & Alcohol Test

Check In weekly for jobs and keep updated

address and phone numbers on file with the TERO Office.

A majority of our temp positions are 1-2 weeks. For our temp Flaggers, if the job is longer than 3 months they will be rotated out to give our other flaggers work as well.

2014 Projects:

Roundabout – Smokehouse/Haxton (started)

Kwina Apartments (ongoing – Apply with Pete Powless)

SRC Hotel / Parking Space – (started)

Turkey Shoot Development (Started)

Grace Erickson Development

Olsen Phase 1 & 2

Youth Academy

Dental Clinic Addition

Upcoming Jobs:

Stremler Gravel will be hiring for the Roundabout Mid July for the following positions:

Pipelayer (2)

Laborer (2)

Truckdriver (2)

Applications are available at the TERO office

for pick-up, but must be submitted to Stremler for hiring process.

Moncrieff Construction will be hiring for the Silver Reef Casino/HHO-HhHaADHotel Expansion starting end of August. Please check in with the office for further information on this project.

Re-License Program:

This program is for enrolled Lummi Tribal Members only. We will assist up to \$500 for traffic fines, DOL Fees, and SR-22 insurance in order to get your WA State Drivers License Reinstated. If you have any questions or would like to apply for this program please contact Alisha Pierre to assist you. If available please bring the following information with you to the office:

Washington State ID

Tribal ID

Documents from courts or collections for fine amount.

Training

TERO has partnered with NWIC, BTC, and Safety West Coast to offer training opportunities to our Tribal Members. Training opportunities have been

offered for Flagging Certification, Core Carpentry, Metal Stud, Asbestos, and more.

Contact the TERO Office to find out if there are any upcoming training opportunities.

Contacting TERO Staff & Commission

Direct Line: 360-312-2245

Fax Number: 360-380-3990

Website: www.lummitero.org

TERO Staff

Ron Finkbonner Sr, Director ext. 2383

Rachel Phair, Compliance Officer ext. 2344

Alisha Pierre, Relicense Coordinator/Administrative Assistant ext. 2330

Teresa Ray Sanders Dispatch/Referral ext. 2245

TERO Commissioners

Kathy Pierre, Chair

Andrea Johnson - Vice-Chair

Clint Cagey

Penny Carol Hillaire

Jim Scott Sr.

Steven Toby, Council Rep.



25th Anniversary
Event is free this year, no parking or entrance fees!

2014

Stillaguamish

Festival of the

River

& Pow Wow

Saturday and Sunday

August 9th & 10th, 2014

Natural Resources Department

Submitted by Natural Resources staff

Water Resources Division

The Water Resources Division staff continued the surface and ground water ambient water quality monitoring activities on the Reservation, reviewed storm water pollution prevention plans and conducted associated inspections for several tribal development projects, conducted site visits to evaluate proposed projects as part of the Lummi land use permit process, and continued the development and maintenance of several databases.

The Water Resources Division manager, Jeremy Freimund, was joined by U.S. Coast Guard Lieutenant Commander Lance Lindgren for a joint presentation to the Northwest Indian Fisheries Commission (NWIFC) on July 15, 2014. The purpose of the presentation was to promote tribal participation in oil spill prevention and response throughout the Puget Sound region. In particular, staff members from other tribes were invited to attend the 24-Hour HazMat and Oil Spill Awareness Course that the Lummi Natural Resources Department is hosting on September 24-26, 2014 at the Silver Reef Hotel, Casino & Spa. Providing staff with proper training is necessary to ensure a safe and effective response in the event of a hazardous materials and/or oil spill incident.

The Water Resources Division hosted representatives from the Harvard Project on American Indian Economic Development 2014 Honoring Nations Program on July 16. The Lummi Wetland and Habitat Bank was selected as a finalist in the Honoring Nations Program and Division staff were invited to

the National Congress of American Indians (NCAI) meeting in Atlanta, Georgia in late October where the awardee(s) will be announced.

On July 18, Division staff met with Julie Horowitz, Natural Resources Policy Advisor to Governor Jay Inslee, to discuss the Washington Shellfish Initiative and the impacts of shellfish closures in the Lummi Nation's Usual and Accustomed (U&A) harvest areas.

Please see the West Nile virus article (printed separately) for information on how to prevent infection.

Forestry Division

A Burn Ban in effect until further notice. No burning is permitted except for cultural, recreational, and campfires that are no larger than three feet in diameter, in an approved enclosure, with an available water source (a charged garden hose or two five-gallon buckets of water) to extinguish the fire, and only when calm or light winds do not exceed seven miles per hour (MPH).

All land clearing and yard debris burning must be discontinued.

Approved enclosures for campfires may consist of cement block, stones, or No. 10 gauge steel, a minimum of 16 inches high, and open on one side. Material being burned must be firewood or charcoal. Contents must be kept lower than the sidewalls of the enclosure. A substitute enclosure for beach fires may be an 8 inch deep pit surrounded by 4 inch high stone walls. The fire enclosure must be at least 20 feet from combustible materials. All fires must be completely extinguished prior to leaving.

Approved residential burning permits are sus-

pending and no new burning permits will be issued at this time. Please contact Lummi Forestry Division at (360) 312-2325 and Law and Order at (360) 312-2296 to report violators and help ensure the safety of our community.

Harvest Management Division

General Updates

The Harvest Management Division welcomes Breana Apgar-Kurtz to the harvest team as the new finfish biologist. Breana will be involved in pre-season and in-season salmon management, salmon and halibut harvest sampling, and more. We have also brought on Sherry Hoskins full time to assist Dolly James through the busy summer months. The Division has launched a Facebook page that you can find by searching for Lummi Harvest Management. We plan to post fishing updates, notices, and pictures as well as important and interesting fishing links. Check it out. Lastly, LNR is looking to hire a seasonal technician to assist with sampling salmon. If you're interested, contact Breana at (360) 312-2321.

Salmon

Fraser sockeye test fishing began on June 21 in the Strait of Juan de Fuca (Area 20). Daily test fishing results can be found on the Pacific Salmon Commission website (psc.org). According to the test fishing, the early Stuart management group has returned at roughly the forecast level (299,000), but the peak marine timing appears to be about 5 days later than forecast (July 9 vs July 4). The high river temperatures and low flows that all sockeye management groups will likely encounter in the Fraser River this year will require allowing more

fish to escape fisheries in order to meet spawning escapement targets. Because of these environmental conditions, fewer fish will be available for commercial harvest. The exact number of fishing days and total allowable catch for the tribes are not set, but will be determined in-season based on test fishing and spawning escapement targets adjusted for environmental conditions.

The terminal area Chinook fishery is scheduled to open on August 1 and 12:01am. These areas have an established fishing schedule of 4pm Sunday to 4pm Friday each week, except the first week fishing will be restricted to August 1 only. The usual fishing restrictions in Samish Bay will be in place. Stop by the LNR office to pick up a map.

Crab

For the crab opening in Bellingham Bay on July 8-9 Lummi harvested approximately 175,000 pounds of crab at a value of nearly \$700,000. The Islands will open with Bellingham Bay on July 23-24, targeting 250,000 pounds. The late summer crab openings will target 500,000 pounds and will be scheduled around sockeye fisheries.

Endangered Species Act (ESA) Division

Hatchery Lawsuits Threaten Treaty Rights

Wild Fish Conservancy (WFC) once again threatens Boldt Decision treaty right fisheries. The environmental group filed a 60 day notice on July 9 to sue under the ESA for violations against the federal Leavenworth Hatchery in the Methow system in the upper Columbia River. This was anticipated after they received money from

the recent Washington Department of Fish and Wildlife (WDFW) legal settlement that stopped the 2014 release of Chambers Creek Steelhead into Puget Sound. We have contacted the US Fish and Wildlife Service which operates the Leavenworth hatchery to ensure tribal consultation occurs in response to the notice letter.

Hatcheries are the lifeblood of our terminal area fisheries, providing up to 85 percent of Coho and Chinook harvest. To protect the treaty right fisheries, hatcheries must continue to provide mitigation for the salmon lost to habitat destruction.

A briefing paper on the Lummi position has been prepared for presentation to the highest levels of the federal government emphasizing that without harvestable salmon the federal treaty trust responsibility has failed. In addition to living up to federal responsibility to protect critical salmon habitat under the ESA and the Magnuson Stevens Act (MSA), it is requested that the Federal Government agencies support responsible hatchery production as the means to provide sustainable salmon harvest opportunity to meet obligations under the Treaty of Point Elliott as well as under the ESA and MSA.

Lummi Nation School Outreach

The Division has continued to develop and coordinate outreach efforts with the Lummi Nation School (LNS) to connect Lummi Youth to their Schelangen by providing hands-on activities in natural resources and a clear pathway to students interested in a future career in natural resource management.

Several activities have been planned and imple-



Three students digging clams.



Bill talks to students.



Digging clambake pit.



Students feeding fish.

Community Updates

(Natural Resources continued)

mented for the summer session. On July 10, thirty 5th grade students enjoyed a day on Portage harvesting clams and participating in a traditional clambake. Lawrence Solomon and Sunshine Bob, LNS culture teachers, provided the cultural aspects of harvest and Josie Kamkoff, Lummi Natural Resources (LNR) technician, provided information on the technical aspects, such as identifying the different shellfish available for harvest and the work LNR does to protect the resource for the Lummi community. The kids had a lot of fun and engaged in a lot of teamwork to harvest and prepare the clambake. We plan to keep this fun event as a yearly activity since it was so well received.

Ten middle school students took a fieldtrip to the Whatcom Conservation District to learn how to identify and harvest ironwood to carve into traditional fish sticks. Lawrence Solomon led the field trip and passed on the traditional knowledge to the students. He is currently working with the students to carve the fish sticks.

Thirty 6th grade students attended a fieldtrip to learn about LNR's restoration work to recover salmon habitat in the upper reaches of the South Fork Nooksack. They learned about in-stream restoration projects implement-

ed to create and restore habitat, about the importance of abundant clean water to salmon health, and riparian restoration and maintenance projects implemented to create shade and cover for juvenile salmon. They even had the opportunity to assist LNR Policy Representative Frank Bob in maintaining a section of riparian plantings. Because the fieldtrip took place in the upper South Fork, the students also received a tour of the Skookum Creek Hatchery, which was a big hit. The kids enjoyed the outing and especially enjoyed feeding the salmon in the raceways.

A couple more activities are being planned for the summer session, including a reef net fishery demonstration and a tour of the shellfish hatchery. The outreach work has been very rewarding for our Division, and we plan on developing new ideas to create a year round curriculum of activities. Please contact Randy Kinley (312-2322) or Barbara Fisher (312-2299) if you would like to participate.

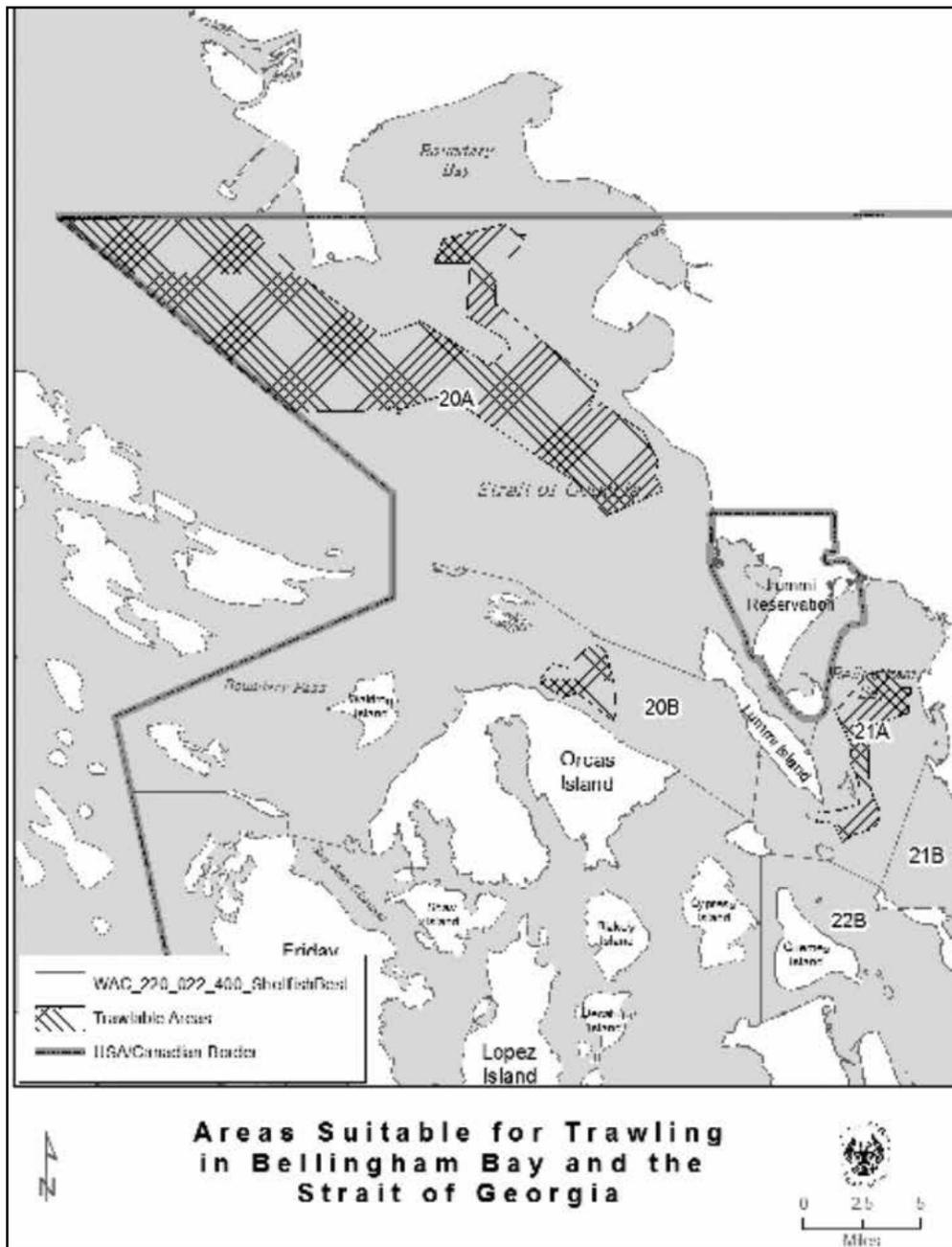
Geographic Information System (GIS) Division

The Geographic Information Systems (GIS) Division worked collaboratively with the Harvest Management Division to identify areas suitable for

trawling as shown on this edition of the Map of the Month. Bathymetric and sea-floor substrate data from the National Oceanic and Atmospheric Administration (NOAA) were used to identify areas in area

20A, 20B, 21A and 21B that are not rocky, are at sufficient depth to avoid eelgrass beds, have little or no slope, and are beyond the range of commercial diving. The areas shown on this map will reduce by-

catch of sensitive species such as rock fish, Geoduck, and sea cucumbers. The areas shown on this map are likely to contain higher densities of the targeted flat fish, resulting in a more profitable fishery.



Lummi Nation Higher Education Scholarship Board (LNHESB)

PUBLIC MEETING

Tuesday, August 5, 2014
 11a.m. - 2 p.m.
 Lunch Provided

Northwest Indian College Log Building
 2522 Kwina Road | Bellingham | 98226

ALL WELCOME to attend. Introductions of LNHESB and Staff, Lummi Higher Education Assistance updates provided, opportunity for public question and answers.

For Event Questions: Lummi Career Development Office at (360) 312-2412, GM Office (360) 312-2011 or LummiHigherEd@lummi-nsn.gov

Community Breakfast Sunday



*August 24
 9am -11 am
 Wexliem*

Community Updates

West Nile Virus

Submitted by Lummi Natural Resources Department

West Nile virus (WNV) is a viral disease commonly found in humans, birds, and other vertebrates in Africa, Eastern Europe, West Asia, and the Middle East. It was first isolated in the West Nile province of Uganda in 1937. Although approximately 80 percent of the people infected by the virus never show symptoms, this virus can cause encephalitis (an infection of the brain and spinal cord) and/or death. About 10 percent of the people who contract the disease develop polio-like paralysis or severe muscle weakness that may be mistaken for a stroke or other paralyzing sickness.

West Nile virus was first reported in the United States (in New York) in 1999 and during that year at least 62 people in the United States became seriously ill, and 7 of those died. The virus spread rapidly throughout most of the lower 48 states, reaching Washington State in 2002. The summer of 2012 marked the largest national outbreak of West Nile virus. During 2012, approximately 3,000 human cases of West Nile disease were reported to the Centers for Disease Control and Prevention (CDC), including 286 deaths. Washington State experienced peak disease activity in 2009 when a total of 39 human cases were reported. Disease activity in the state has declined since 2009, but there is still a consistent,

low-level presence of WNV here in the environment.

West Nile virus is spread by the bite of an infected mosquito, which can then infect many types of birds, mammals, and people. Mosquitoes pick up the virus by feeding on an infected bird. Crows, jays, ravens, magpies, and hawks are especially prone to illness and death from a WNV infection. There are over one hundred species of mosquitoes in the United States. The principal transmitter of the WNV is the Northern House Mosquito (*Culex pipiens*), a common species in western Washington.

Most people who become infected with West Nile virus have either no symptoms or only mild flu-type symptoms. On rare occasions, infection can result in a severe and possibly fatal condition known as West Nile encephalitis. The risk of severe side effects is higher among people who are 50 and older and those with weakened immune systems. Humans can also become infected through blood transfusions, transplantation, and breast-feeding.

Like all diseases, the West Nile virus occurs regardless of jurisdictional boundaries. The Washington State Department of Health (DOH) is working with local health districts to collect and test dead birds, and is also conducting workshops throughout the state to help local governments learn how to control mosquitoes safely and legally. The DOH

maintains a comprehensive website with up-to-date information (<http://www.doh.wa.gov/YouandYourFamily/IllnessandDisease/WestNileVirus.aspx>) and a toll-free recorded information line at (866) 78VIRUS. The best way to gain up-to-date information on the virus is to check the website or toll-free number.

The single most important step to take to reduce the treat of WNV is to eliminate places around homes where mosquitoes lay eggs. Reservation residents should dispose of unwanted tin cans, plastic containers, flowerpots, wading pools, discarded tires, or any other water holding containers that are located near homes. Roof gutters should be cleaned and checked to ensure that they are draining properly. Removing these types of egg-laying areas that surround homes will reduce the mosquito population immediately surrounding homes, thereby reducing the chance of bites.

A second highly recommended step is to avoid being bitten by mosquitoes. Reducing the risk of bites can be accomplished by a combination of avoiding areas where mosquitoes are located, erecting barriers, and use of repellents. Mosquitoes are most active in summer and early fall, and are most active in the early afternoon and evening hours. Outdoor activities should be limited, if possible, during times when mosquitoes are most active. The best way to avoid being bitten is to wear light-colored cloth-

ing, long-sleeved shirts or jackets, and long pants. Mosquito netting should be used for protection when sleeping outdoors. Windows and doorways should be tightly sealed to prevent mosquitoes from entering houses. Window screens can be made with very inexpensively with low technology materials. Small children should be protected by netting on infant carriages, strollers, and playpens.

Mosquito repellents are chemicals that deter or mask the mosquito's ability to find its host. N,N-diethyl-3-methylbenzamide (DEET) is the most effective and best studied insect repellent on the market. It is a broad-spectrum repellent that is effective against mosquitoes and other biting insects. It has an excellent safety profile after 40 years of worldwide use, but toxic reactions can occur especially when the product is misused. It is available in 5% to 100% concentrations in multiple formulations. It can be applied to both skin and clothing but it can have negative repercussions if used excessively or under clothing. Higher concentrations (above 50%) should only be sprayed on clothing. As a general rule, the higher concentrations of DEET provide longer lasting protection. Products with 10% to 35% DEET will provide adequate protection under most circumstances. Products containing 10% or less of DEET are suitable for use on children. Formulations containing DEET in 10% to 35% concentra-

tions are advised because of their effectiveness. At risk populations (older and very young persons) should be encouraged to use these products when outdoors. Other repellents, including citronella oil, pyrethrums, some bath oils, or those containing plant-derived chemicals may have some repellent properties but durations of repellency are not as long as products containing DEET.

Electronic repellents that emit high frequency sounds do not repel mosquitoes, or other pests. Additionally, electronic bug zappers do not control mosquitoes or other flying pests. In fact, they work indiscriminately, killing many beneficial insects that prey on pests. Use of these devices should not be encouraged.

West Nile virus is here and is likely to be with us for some time to come. By taking the steps outlined in this article, we can help protect ourselves from the disease in a way that does not harm fish, birds, and other wildlife. We can also help the Washington State Department of Health (DOH) monitor for West Nile virus by reporting dead crows, jays, ravens, magpies, and hawks online (<http://www.doh.wa.gov/YouandYourFamily/IllnessandDisease/WestNileVirus/ReportaDeadBird.aspx>). These reports help DOH determine where West Nile virus issues are arising and are shared with local health jurisdictions to maintain awareness of bird die-offs in the community.



**LUMMI NATION
DRUG TIP HOTLINE**

**LUMMI NATION POLICE
DEPARTMENT**

Voicemail	Text	Email
360-312-2279	360-303-3052	tiphotline@lummi-nsn.gov

LENGESOT-CHO >

“PROTECTING OUR COMMUNITY”

ALL CALLS WILL REMAIN ANONYMOUS

A CALL TO LUMMI NATION ARTISTS: ARTISTIC VISIONS OF XWE'CHI'EXEN



Pacific International Terminals wants to locate North America's largest coal export terminal at *Xwe'chi'eXen* (Cherry Point) on an ancient Lummi village landscape and its marine waters. The Lummi Cultural Arts Association (LCAA) is calling upon artists of the Lummi Nation to help bring out the real and true vision of *Xwe'chi'eXen*: what it stands for, what it means to our ancestors, what it means to us today, and why it is important to preserve and protect for future generations.

Artists of every kind are asked to participate: carvers of wood and bone, bead-workers and jewelers, graphic artists, muralists, weavers, painters, poets, orators, writers and musicians. We want to work with you to create a vision of what *Xwe'chi'eXen* means to the Lummi people.

Qualifying artists will be invited to take part in a series of art shows and sales in Whatcom County and in the San Juan Islands, sponsored by the LCAA (see back of card).



The Lummi Cultural Arts Association (LCAA) has been in existence since 2004, and is made up of Lummi tribal member artists. The LCAA, with the help of the Lummi Ventures Program, has been able to bring various art opportunities to Lummi community members through art shows, events, presentations — both at Lummi and within the San Juan Islands—the *traditional territory of the Lummi people*. From 2009-2013, the LCAA helped organize and establish a local art gallery, CedarWorks Gallery in downtown Bellingham.

More recently, members of the LCAA have been inspired to help bring awareness to the sacredness of *Xwe' Chi' Exen* (Cherry Point) through various art forms and interpretations. Twenty (20) artists will participate at an event near Madrona Point on Orcas Island *August 29th, 30th, and 31st, 2014*—showcasing original work but also bringing inspired pieces on the “Visions of *Xwe' Chi' Exen*.”

To participate:

- Members must be Lummi or a spouse of a Lummi tribal member
- Have paid the non-refundable annual membership fee of \$15 or \$10 for elders
- Provide a copy of a Lummi Business License
- Provide current contact information
- Donate one piece related to Cherry Point, *Xwe'Chi'Exen*
- Attend LCAA meetings regularly

The next LCAA meetings will be held at the Lummi Gateway Center, 4920 Rural Avenue Ferndale, WA 98247 on these dates:

- Wednesday, July 9th at 5PM
- Wednesday, July 23rd at 5PM
- Wednesday, August 6th at 5PM
- Wednesday, August 20th at 5PM

“Like” us on facebook@ Lummi Cultural Arts Association.

Contact one of the members and leave a message with, LCAA Secretary, Earline Hansen at: (360) 303-3661 or Earline050@yahoo.com or LCAA President, Shasta Cano-Martin at shastacano-martin@hotmail.com

Lummi Cultural Arts Association August Meetings

Wednesdays ~ 5 pm ~ Lummi Gateway Center

August 6th, 20th, 27th

Artist signed up to participate in the Art Show at Orcas Island are required to attend these meetings

Community Updates

LCAA, IN COLLABORATION WITH LUMMI NATION PRESENTS: VISIONS OF XWE'CHI' EXEN

Place: Orcas Island @ the Odd Fellows Hall

Date: August 29, 30 & 31st, 2014

The Lummi Cultural Arts Association has been in existence since 2004—bringing Lummi artists together to share and learn from one another through various art shows and events. More recently, LCAA membership has been inspired to help bring awareness to the sacredness of Xwe Chi' eXen through various art forms. Twenty five artists will be set up at Orcas Island (Madrona Point, the Odd Fellows Hall) on August 29th, 30th, and 31st, 2014—showcasing original artwork, but also bringing inspired pieces on the “Visions of Xwe Chi' eXen”—Cherry Point.

Limited slots available for the event. To sign-up:

- Attend LCAA Meetings (Next meeting Wed. June 4th, @ 5PM @ Lummi Gateway Center & June 11th)
- Become a current member (Membership fees are \$15 or \$10 for elders) Packet available at mtg
- Develop an art piece (any art form medium) inspired by Xwe Chi' Exen (Cherry Point)
- For more info, look us up on facebook: Lummi Cultural Arts Association or contact: Earline Hansen at 360-303-3661/earline050@yahoo.com

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For: For all persons, regardless of age, whose gaming practices lead to loss of money, time, self-respect, and family trust. Individual and group sessions led by trained counselors.

When: Now

Where: Lummi Behavioral Health
Lummi Administration Building, North Wing
2665 Kwina Road

Call: Lummi Behavioral Health - (360) 312-2019 to set up an appointment with a counselor.



One last bet...

Gambling. It can be a fun way to spend an evening, to blow off some steam, have a little fun, and forget about one's responsibilities for a while. It can be exciting and enjoyable, a time for family to come together to socialize. Gambling can be a reward for a hard day's work. For most of us, gambling remains something that we do socially and in moderation. For others, gambling becomes excessive. \$1 bets become \$10 bets. Minutes in front of slot machines become hours. Hours become days. Pay checks that used to last a full two weeks are now gone in a night. We begin to hide our gambling from others, to borrow money from friends, go into debt to feed our need to gamble. It can feel like a lonely place. But we are not alone. Here at Lummi we have trained counselors to help you if your gambling has gotten the upper hand. Call 312-2019 and ask to speak with Jen or Brad. We are here to help.



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Lummi Nation Hosts Ventures 3-Rez Conference

Sharlaine Washington,
Executive Director
Lummi Nation Service
Organization

Lummi Nation Service Organization and Ventures hosted the Ventures 3-Rez Conference on July 1-2 at the Lummi Gateway Center. This annual gathering included Northwest Area Foundation Representatives, and staff/board from three tribes, Turtle Mountain, Cheyenne River and Lummi Nation; each of whom have been in partnership with Northwest Area Foundation (NWAFF) for ten-year grants to reduce poverty and promote prosperity. Each tribe has worked for the past eight years to deliver prosperity building strategies identified by their communities and adopted by their tribal councils.

The conference provided an opportunity to catch up on the progress of each Tribal Ventures plan and to discuss communication and sustainability. Each community worked on its messaging to capture and tell the story of how Ventures has impacted the lives of the community, families and individuals.



The 3 Rez Conference lasted for two days and was filled with inspiring conversations, wonderful food catered by the Schelangen Seafood Market as well as the welcoming hospitality offered by Swil Kanim, the Swan Clan Dancers and the LNSO Board of Directors. We raise our hands to all involved in making this event a success. We are glad our visitors enjoyed their visit to Lummi Nation and have returned home safely.

LNSO Fiscal Sponsorships

Over the past few months LNSO has worked closely with our fiscally sponsored partners to successfully attract charitable donations, foundation funds, tribal charitable contributions and indi-

vidual donations. These partners include: Lummi Youth Canoe, Lummi Youth Council, Lummi Youth Wellness Center, Lummi Youth Academy, Lummi Cultural Artists Association, Autumn Rose Canoe Club, Rikkole Cree Canoe Club, House of Tears Carvers and others. LNSO has developed a nonprofit fundraising packet to assist in researching, developing and implementing fundraising activities. LNSO is also available to assist in drafting and submitting funding proposals and requests and in managing relationships with potential and current funders. So far this year our fiscally sponsored projects have received generous donations from The National Endowment for the Arts, Whatcom Community

Foundation, Potlatch Fund, 29 Palms, Tulalip Tribes, Swinomish, Port Gamble S'Klallam and others. We will continue working with our partners to reach their fundraising goals throughout 2014.

If you are interested in finding out more about our fiscally sponsored projects, or how to work with LNSO as a fiscal sponsor contact Sharlaine Washington at (360) 312-2293 or sharlaine@lummi-nsn.gov.

LNSO Transition

I would like to take the time to thank the LNSO Board of Directors for their support in selecting me to serve as the LNSO Executive Director. I strongly believe in LNSO as a vehicle to provide empowering opportunities to youth and the community. Over the

years, LNSO has expanded its services to various projects seeking to raise funds needed to fulfill their vision for our community. We have successfully grown a strong foundation of support for Lummi projects through tribal charitable contributions, foundation grants, corporate giving and individual donations. By continuing to honor the work of our community, and serving as stewards of philanthropic funds we hope to grow the organization into a community foundation model that continues to promote prosperity through positive opportunity. I am grateful for the opportunity to continue strengthening relationships within and outside of our community. As I resume this new role, Nancy Jordan will continue to serve LNSO Ventures part-time as our Administrative Director and Project Coordinator to support a successful transition. Once again, I thank the Board and Community for their on-going support for LNSO as a means to offer empowering opportunities for our youth and community.

WIC Farmers' Market Nutrition Program (FMNP)



August 9th, Lummi will have a WIC Booth at the Ferndale's Farmers Market.. We will be handing out to the first 50 WIC clients, vouchers to use for fresh vegetable and fruits at the Ferndale or Bellingham's Farmers Market from 10 until 3pm. Please bring your I.D.

JESUS CHRIST COMMUNITY CHURCH

Church Services Sundays

Pot Luck at 6pm services 7pm

All our Welcome, come as you are

Men's Bible Study on Wednesdays at 7pm

Women's Bible Study on Thursdays at 6pm

Pastor Steve Finkbonner

Any questions contact: Steve at 360-303-9327 Ron & Beverly Adams at 392-8491 or Denise James at 441-5559



Blessings for the Journey

protecting the land, the water, and the peoples from fossil fuels

Coal export, oil trains, and the toxic byproducts of fossil fuels threaten many tribal lands across the Americas. The Lummi Nation House of Tears carvers are creating a totem pole to raise up the voice of all threatened by fossil fuel transportation. They are journeying with this totem pole across the western United States and Canada to connect with local tribes, faith leaders, and environmental partners. The Lummi ask for blessing and protection of sacred lands and treaty rights, including their own ancestral village and treaty fishing waters at Cherry Point, WA.

Join friends of faith and environment at the Bellingham stop of this journey. Help bless the totem pole and stand with native peoples for the protection of creation.



August 17, 2014 – 9:30 am

Lummi Tribal Admin Building, 2616 Kwina Rd

Questions? Please contact:
Matt Petryni (360) 733-8307



Primary Election Ballots Due

Tuesday, August 5, 2014

LOCAL ~ STATE ~ FEDERAL

The Eucharist in Scripture – The Old Testament

Submitted by Angela Jefferson

God Raises His Covenant Children

“Jesus introduced the Sacrament of Holy Eucharist. It did not exist during the days of the Old Testament. However, our Father in heaven gradually prepared us to receive it. These Old Testament accounts describe pre-figuration of the Holy Eucharist.

Abel

The earliest shadow of the Sacrament of Christ’s Body and Blood was Abel, the younger son of Adam and Eve. Cain murdered the good shepherd Abel. The Lord told Cain, Gen 4:10 “The voice of your brother’s blood is crying to Me from the ground.” The book of Hebrews reminds us of, Heb 12:24 “... [Christ’s] sprinkled Blood that speaks more graciously than the blood of Abel.”

Melchizedek

Melchizedek pre-figured Christ. When Abram returned from his victory over Chedorlaomer, Gn 14:18 “Melchizedek king of Salem brought out bread and wine; he was priest of God Most High...” to bless Abram, pre-figuring the bread and wine consecrated by a priest at Mass. The Book of Hebrews tells us, Heb 7:2 “[Melchizedek] is first, by translation of his name, king of righteousness, and then he is also king of Salem [shalom], that is king of peace. He is without father or mother or genealogy, and has neither beginning nor end of life, but resembling the Son of God he continues a priest for ever.”

Moses

Moses, the first Israelite priest, read the Torah to all of the six hundred thousand Israelite people assembled at the foot of Mt. Sinai, and threw the blood of sacrificed oxen on the people, saying Ex 24:8 “Behold the blood of the covenant which the Lord has made with you.” Jesus said at the Last Supper, Mt 26:28 “This is my blood of the covenant.”

Ex 34:29 “When Moses came down from Mount

Sinai, with the two tables of the testimony in his hand as he came down from the mountain... the skin of his face shone because he had been talking with God ... he put a veil on his face.” Jesus comes to us veiled, under the appearance of bread and wine. We could not stand the superbrilliant light of His full glory compared to our own souls darkened by sin.

The Harvest

In ancient Israel, the Spring harvest consisted of grain or wheat. Bread has long been the symbol of the Spring harvest. The Autumn harvest was mostly grapes and olives. Grape wine and olive oil were symbols of the Autumn harvest. Bread and wine. God commanded, Lv 23:12-13 “You shall offer a male lamb a year old without blemish as a burnt offering to the Lord. And the cereal offering with it shall be two tenths of an ephah of fine flour mixed with oil ... and the drink offering with it shall be of wine.” Priests anoint with oil. Torah unites bread and wine, and the priest, with the sacrifice of the lamb.

Tabernacle Sacrifice

Bread of the Presence

The Bread of the Presence, in the ancient Tabernacle and later in the Temple, 1 Kgs 7:48 pre-figured Jesus in the Holy Eucharist.

In the Tabernacle God commanded Moses, Ex 25:8 “Let them make me a sanctuary, that I may dwell in their midst.” In the sanctuary, in the ark of the covenant, God told Moses, Ex 25:22 “There I will meet with you, and from above the mercy seat, from between the two cherubim that are upon the ark of the testimony, I will speak with you...” God added, Ex 25:30 “You shall set the bread of the Presence on the table before me always.” Jesus told us, Mt 28:20 “I am with you always.”

Abimelech the priest gave David this sacred bread. 1 Sam 21:6 “So the priest gave him the holy bread; for there was no

bread there but the bread of the Presence.” Jesus taught us that it was for all His disciples. Mt 12:1 “At that time Jesus went through the grain fields on the Sabbath; his disciples were hungry, and they began to pluck ears of grain and to eat. ...[Jesus] said to them, ‘Have you not read what David did, when he was hungry, and those who were with him: how he entered the house of God and ate the bread of the Presence ... I tell you, something greater than the temple is here.’”

Jesus showed us what was greater than the Temple. Lk 22:19 “He took bread, and when he had given thanks he broke it and gave it to them saying, ‘This is my body which is given for you. Do this in remembrance of me.’”

Blood of the Lamb

During Moses’ time the priests sacrificed in the Tabernacle, a portable house of God in the wilderness. After Solomon built the First Temple, it became the place of sacrifice. The highest form of Hebrew worship was sacrifice, not prayer alone, just as the Holy Sacrifice of the Mass is the highest form of Catholic worship. A priest is one who offers sacrifice. The Catholic priest is the counterpart not of the rabbi, but of the ancient Jewish priest who offered bloody sacrifices. The deacon, who reads the Gospel, is the rabbi’s counterpart.

The Old Testament sacrifice of a lamb, as opposed to any other animal, was important. The lamb did not resist, run away, or even cry out. Isaiah had foretold that the Lamb of God would do the same, Is 53:7 “He was oppressed, and he was afflicted yet he opened not his mouth; like a lamb that is led to the slaughter, and like a sheep that before its shearers is dumb, so he opened not his mouth.”

The Jewish priests, before sacrificing the lamb, always asked, “Do you love this lamb?” If the family didn’t love the lamb there would be no sacrifice. Jesus three times asked Peter, Jn 21:15 “Do you love Me?” Jesus allowed Peter to replace this triple denial with a triple affirmation that he did indeed love the

Sacrificed Lamb.

The family would place the lamb into the hands of the priest. When we give something to God we place it in His hands. Jesus’ last words on the Cross were, Lk 23:46 “Father, into Thy hands I commit My spirit!”

The priest and the head of the family then prayed together that God would accept the blood of the innocent lamb for the sins of that family for the entire year, just as the Lamb of God shed His Blood to redeem the sins of all His human family. The Catholic priest says, “Pray, brethren, that our sacrifice may be acceptable to God, the almighty Father.”

The head of household then cut the lamb’s throat with a sharp bronze knife while the priest caught the lamb’s blood in a large bronze bowl. The priest then made seven complete trips around the altar, sprinkling the blood from the lamb on each of the four “horns.” Then he took the lamb’s body and placed it on the altar and started the ritual fire. With a big fire and a small lamb, the sacrifice was over quickly. The smoke rose from the altar, If the wind blew the smoke away and dispersed it, the priest told the family that its offer was rejected, and that it should repent and come back the following year. But if the smoke drifted upward, higher and higher until it disappeared from view, the priest told the family that God had accepted the sacrifice.

Before the great tabernacle sacrifice, Jewish priests washed their hands in a bronze laver, or basin. Ps 26:6 “I wash my hands in innocence, and go about Thy altar, O Lord.” Today the Catholic priest washes his hands saying inaudibly, Ps 51:2 “Lord, wash away my iniquity; cleanse me from my sin.”

The first priest attended at a great golden lampstand with seven oil lamps, called a menorah. It was dark in the tabernacle, and the menorah gave light.

The second priest attended at the table of showbread. God had commanded Lv 24:5 that the Jewish priests, from Aaron forward, place twelve loaves of bread on a golden table “before the Lord.” On each Sabbath, the priests ate the

bread which had been set in place on the preceding Sabbath. This bread was to be eaten by the priests in a sacred place since it was Lv 24:9 “most holy” among the offerings to Lord. God had said, Ex 23:18 “You shall not offer the blood of My sacrifice with leavened bread.” During the Holy Sacrifice of the Mass the Catholic priest consecrated unleavened bread on the altar which becomes Christ’s Body, Blood, Soul and Divinity, and is consumed by the royal priesthood as the most holy offering in the New and Everlasting Covenant.

The third priest served at the altar of incense. It looked like a small altar of sacrifice, with the same four horns. On it was a bronze laver. The priest would take a red-hot burning ember from the fire in which the lamb had been sacrificed, put it in the basin, and pour some incense on it. That his prayers might have a fragrant scent and go straight up to God. On solemn occasions Catholics spread incense about the altar as an act of reverence and purification. The smoke rising to heaven represents our own desire to have our prayers ascend heavenward in God’s sight. Ps 141:2 “Let my prayer be counted as incense before Thee, and the lifting up of my hands as an evening sacrifice.”

God told Moses to place the Torah in the Ark of the Covenant, which in turn was placed within a tabernacle. God commanded, Ex 27:20 “You shall command the people of Israel that they bring to you pure beaten olive oil for the light, that a lamp may be set up to burn continually.” All was placed within the tabernacle. By night, there was always a fire over the tabernacle, Ex 40:38 This began the idea of an eternal lamp beside the Jewish tabernacle. A thousand years later the Temple lamp miraculously continued to shine for eight days with only one day’s supply of oil. Catholics continue this ancient Israelite tradition by placing a lighted candle beside the tabernacle in which the consecrated Hosts repose.

In the center of the tabernacle was a room called the Holy of Holies. Once a year the cohen gadol, the high priest. In it was the

(The Eucharist in Scripture – The Old Testament continued)

Ark of the Covenant. Inside the ark were the two stone tablets with the Ten Commandments, a golden bowl of manna, and the five Torah scrolls. The Torah was a witness against the Israelites, Dt 31:26 but above it all was God's solid gold mercy seat, with a crown and two cherubim kneeling in prayer. Above the mercy seat, between the two cherubim, was a brilliant light, the lining glory of God. Ex 25:22 "From above the mercy seat, from between the two cherubim that are upon the ark of the testimony, I will speak with you. "When the priest saw that light he took a huge cup of blood and sprinkled it until it was empty. Jewish tradition holds that not one drop of the blood of sacrifice ever touched the mercy seat or the cherubim; it all went into the bright light of God's glory. Jesus said, Jn 8:12 "I am the light of the world." Jesus' covenant family gave Him their imperfect sacrifices, and He gave them His perfect sacrifice.

The Todah Sacrifice

The ancient Jew had a special ritual meal called the Todah (Hebrew: thanks) (pronounce: Taw-DAH). Although the Todah sacrificed an animal, it was greater than other animal sacrifices because it added the suffering of one's own life. David Ps 40:6,8 "Burnt offering and sin offering Thou has not required. ... I delight to do Thy will, O my God; Thy law is within my heart." Again, David wrote, Ps 51:17 "The sacrifice acceptable to God is a broken spirit." And again, Ps 69:30 "I will praise the name of God with a song; I will magnify Him with thanksgiving. This will please the Lord more than an ox or a bull with horns and hoofs." Isaiah spoke the words of God, Is 1:11 "I have had enough of burnt offerings of rams." God called instead for a baptism: Is 1:16 "Wash yourselves; make yourselves clean; remove the evil of your doings from My eyes; cease to do evil, learn to do good."

The seventy elders who went up with Moses to see God offered the Todah: Ex 24:11 "They beheld God, and ate and drank." Twelve centuries later, twelve apostles beheld God, and ate and drank

as Jesus prepared to offer His Todah sacrifice: Lk 22:19 "He took bread, and when He had given thanks He broke it ..." From the beginning, Christ's Body, Blood, Soul and Divinity has been called Holy Eucharist (Greek: eucharistia, thanksgiving).

The ancient rabbis believed that when the Messiah would come all sacrifices except the Todah would cease, but the Todah would continue for all eternity. In 70 AD the Temple fell to earth and all of the bloody animal sacrifices stopped. Only the Todah remains, the eucharistia, the Final Sacrifice at which the last words spoken are Todah l'Adonai, "Thanks be to God."

Passover

Jesus was pre-figured in the original Passover, when God commanded that Moses tell the Israelites, Ex 12:5-6 "Your lamb shall be without blemish, a male ... the congregation of Israel shall kill their lambs in the evening," as Jesus the Lamb of God was crucified in dim light. Mt 27:45 God commanded, Ex 12:8 "They shall eat the flesh that night," and told Moses, Ex 12:12 "I will smite all the first-born in the land of Egypt." But He promised, Ex 12:13 "The blood shall be a sign for you ... when I see the blood, I will pass over you." Most of us know that the original Passover pre-figured the Body and Blood of the crucified Lamb. But there is more to the Passover story.

Pharaoh commanded the death of every Hebrew male infant in Egypt, Ex 1:22 but death passed over Moses. Ex 2:5-10 Twelve centuries later, before Herod commanded the death of every Hebrew male infant in Bethlehem, Mt 2:13 deaths passed also over Jesus.

The Jewish celebration of Passover has from the beginning been an experience of exile and return, as its participants re-live the experience of the desert and encounter with God. After Jesus was crucified the apostles also experienced a sense of exile in the desert followed by the transforming encounter with God. In this way Jesus is spiritually present in the entire Seder.

The Seder table is different in many ways from

the Jewish table setting on all other nights, as the manishtano acknowledges. God chose a young Jewish girl, a virgin who lived in Nazareth, to begin the rest of the story. Mary began her own Seder each year as Jews have since time immemorial, by lighting candles to give festive light to the table. Mary also gave us Jesus, the Jn 8:12 light of the world. Jesus has been at every Seder from the first one to this very day, spiritually present in the bread, wine, and lamb.

More on this next month Thank you all and God Bless

Bread

Jesus is spiritually present in the bread. It is unleavened, pure as Jesus was pure. It has dark stripes, as His back was striped by Pilate's scourging. It is pierced, as He was pierced on the Cross. Once it was the bread of life for Israel on the desert, as Jesus is the Jn 6:35 Bread of Life for all mankind. During the Seder, the head of the family takes three pieces of unleavened bread, reminding us of the Father, the Son, and the Holy Spirit. He breaks in half the second piece, suggesting the Second Person of the Blessed Trinity crucified. He then wraps one of these afikomen (Hebrew: festival procession), a reminder of Jesus' constant call, "Follow Me," in white linen, reminding us of Jesus' linen burial cloth, and "buries" or hides it, as Jesus was entombed. Later the youngest at table "resurrects" or finds the afikomen as Jesus rose from the dead. The head of the family then breaks the afikomen and passes it around for all to eat, as Jesus did when He told His apostles, Lk 22:19 "This is My Body which is given for you. Do this in remembrance of Me." In that way, Jesus through the Seder calls us to follow Him into His death and resurrection, to become a new person in Christ.

The unleavened bread also reminds us of the haste with which the Israelites left Egypt. The dough that they were sunbaking on the hot rocks of the Egyptian fields was removed before it could leaven, and so remained flat. It represents our need to remain ever alert and prepared for the day when God calls us to our destiny as Jesus told

us Mt 25:13 "Watch, therefore, for you know neither the day nor the hour."

Wine

Jesus is spiritually present in the wine. When the afikomen is broken and passed around for all to eat, Jews drink the third of four cups of wine, called the cup of blessing because it represents the blood of the sacrificed paschal lamb. It is the cup that Jesus gave to His apostles, saying, Lk 22:20 "This cup which is poured out for you is the New Covenant in My Blood." He did not drink the fourth, the Kalah cup, explaining, Mt 26:29 "I tell you I shall not drink again of this fruit of the vine until that day when I drink it new with you in my Father's kingdom." But later that evening at Gethsemane, Jesus prayer by moonlight, Mt 26:39 "Father, if it be possible, let this cup pass from Me." After He was captured, Jesus asked Peter, Jn 18:11 "Shall I not drink the cup the Father has giving Me?" Many Catholics believe that Jesus drank the last cup on the Cross, Jn 19:29 "They put a sponge full of the vinegar on hyssop and held it to his mouth. When Jesus had received the vinegar, He said 'It is finished'; and He bowed His head and gave up His spirit."

Lamb

Pasch or pesach in Hebrew means "he passed over." The paschal lamb recalls the lamb that was sacrificed that its blood might be daubed on the doorpost of every Jewish home, and its body eaten in every Jewish home, that the angel of death might know it as a household of the faithful and pass over. God had originally commanded Ex 12:6 that the whole assembly of the congregation of Israel kill the paschal lambs. When Solomon built the first Temple, Jewish priests sacrificed the paschal lambs there. But after Jesus ascended to heaven and the second Temple fell never to rise again, the Temple sacrifices could no longer be done, so Jews began to represent the paschal lamb with a lamb's shank bone.

Jesus is spiritually present in the shank bone of the lamb. The Jews in Egypt ate the paschal lamb to be physically redeemed

and led to the promised land of Canaan. Catholics for two thousand years have consumed the Body & Blood of the Lamb of God Jn 1:29 that we might be spiritually redeemed and find the promised kingdom of heaven.

In the ancient days, when the Jewish priest had killed the last lamb of the Passover, he uttered the Hebrew word Kalah, "it is finished." Moments before He died on the Cross, Jesus said, Jn 19:30 Kalah (it is finished).

The Exodus

After the Passover, with its pre-figuration of Calvary, the Israelite people began their long exodus from the land of Egypt to the promised land of Canaan. God told Moses, Ex 16:4 "I will rain bread from heaven for you; and the people shall go out and gather a day's portion every day, that I may prove them, whether they will walk in my law or not." Moses told the Israelites, Ex 16:8 "When the Lord gives you in the flesh and in the morning bread to the full..." The "bread from heaven" reminds us of Christ's words, Jn 6:49 "Your fathers ate the manna in the wilderness and they died. This is the bread which comes down from heaven, that a man may eat of it and not die." The "evening flesh" reminds us of Christ's sacrifice. Mt 27:45, 50 "Now from the sixth hour there was darkness over all the land until the ninth hour. ... And Jesus cried again with a loud voice and yielded up his spirit." The "morning bread" reminds us of the Holy Sacrifice of the Mass.

The Israelites gathered up the manna, Ex 16:17 "... some more, some less. But when they measured it with an omer, he that gathered much had nothing over, and he that gathered little had no lack; each gathered according to what he could eat." This reminds us of the Miracle of the Loaves and Fishes, Mt 15:37 "And they all ate and were satisfied." That miracle pre-figured the Holy Eucharist, from which the smallest piece is a full portion of Christ's Body, Blood, Soul and Divinity, and which can never run out because Jesus said He would be with us until the end of time. Mt 28:20 As long as a priest lives we Christ's flock can have all we want.

Community Updates

(The Eucharist in Scripture – The Old Testament continued)

Elijah

At a time when the land parched from lack of rain, God sent Elijah the Tishbite to the brook Cherith, that is east of the river Jordan, promising, 1 Kgs 17:4 "You shall drink from the brook, and I have commanded the ravens to feed you there." So Elijah went. 1 Kgs 17:6 "And the ravens brought him bread and meat in the morning, and bread and meat in the evening; and he drank from the brook."

When the brook dried up God sent Elijah to Zarepath, saying 1 Kgs 17:9 "Behold, I have commanded a widow there to feed you." Elijah found the widow and asked her, 1 Kgs 17:10 "Bring me a morsel of bread in your hand." The widow and her son had virtually no food left and were near starvation. 1 Kgs 17:12 "As the Lord lives," she said, "I have nothing baked, only a handful of meal in a jar, and a little oil in a cruse; and now, I am gathering a couple of sticks, that I may go in and prepare it for myself and my son, that we may eat it, and die."

But Elijah told her, 1 Kgs 17:13 "Fear not; go and do as you have said; but first make me a little cake of it and bring it to me, and afterward make for yourself and your son. For thus says

the Lord the God of Israel, 'The jar of meal shall not be spent, and the cruse of oil shall not fail, until the day that the Lord sends rain upon the earth.'" The widow did as Elijah said, and she and her son and Elijah ate for many days. 1 Kgs 17:16 "The jar of meal was not spent, neither did the cruse of oil fail, according to the word of the Lord which he spoke to Elijah."

After that, the woman's son became ill and died. Elijah carried the woman's son into the upper room where he had been living and prayed, 1 Kgs 17:21 "Oh Lord my God, let this child's soul come into him again." 1 Kgs 17:22 "And the Lord hearkened to the voice of Elijah; and the soul of the child came into him again, and he revived."

The food brought by the ravens reminds us of the manna, which itself pre-figured the Miracle of the Loaves and Fishes. The ravens brought bread, which pre-figured Christ's Holy Eucharist, and meat, which pre-figures His redemptive sacrifice. The water from the brook which kept Elijah alive pre-figured the living water that flowed from Christ's side. At Zarepath, Elijah was again fed by a pre-figure of the Miracle of the Loaves and Fishes. The widow pre-figures our Blessed

Mother, who was a widow on the day of Christ's sacrifice. Her son pre-figures Christ, who died and rose from the dead.

In the wilderness Elijah was awakened by an angel's touch. 1 Kgs 19:6 "There was at his head a cake baked on hot stones and a jar of water." The cake reminds us of the Holy Eucharist. The water, of the water that Jesus turned to wine at Cana Jn 2:9 and then to the Blood of the Covenant in Jerusalem. Mt 26:27 The angel told Elijah, 1 Kgs 19:7 "Arise and eat, else the journey will be too great for you." Elijah took this food for his forty days' journey to Horeb, the mountain of God. Jesus fasted forty days in the wilderness while He was tempted by the devil. Mt 4:1 Lest temptation be too great for us, we receive the Holy Eucharist, food for our pilgrim journey to Calvary, the new and true mountain of God.

Finally, Elijah 2 Kgs 2:11 "was carried up in a whirlwind into the sky," as Jesus Lk 24:51 "was carried up into heaven."

Elisha

God performed a miracle through the prophet Elisha. 2 Kgs 4:42 "A man came from Baal-shalishah, bringing the man of God

bread of the first fruits, twenty loaves of barley, and fresh ears of grain in his sack. And Elisha said, 'Give to the men, that they may eat.' But his servant said, 'How am I to set this before a hundred men?' So he repeated, 'Give them to the men, that they may eat, for thus says the Lord, 'They shall eat and have some left.' So he set it before them. And they ate, and had some left, according to the word of the Lord."

Elisha's miraculous feeding of a hundred men pre-figured Jesus' Miracle of the Loaves and Fishes.

Psalms

Jews two thousand years ago knew the 150 psalms by heart, as we know songs today. They were not numbered; they were identified by their first words. If the first words, or any words, from a psalm were quoted, a Jew would be able to quote the rest of it.

Jesus cry on the Cross, Mt 22:46 "My God, my God, why has thou forsaken me?" The Jews present on Calvary would have recited from memory the prophetic words, Ps 22:17 "I can count all my bones – they stare and gloat over me; they divided my garments among them, and for my raiment they cast lots."

The Jews present would have recognized Jesus' final words on the Cross as a Psalm quotation, Ps 31:5, "Into Thy hand I commit my spirit," and recited from memory King David's next words. "Thou has redeemed me, O Lord, faithful God." They would have continued reciting the psalm until its final words, "Be strong, and let your heart take courage, all you who wait for the Lord!"

Psalm 23 contains the Eucharistic prophecy, Ps 23:5 "Thou prepares a table before me in the presence of my enemies." As we eat what God gives us, we will fear no evil but dwell in the house of the Lord forever.

Psalm 78 refers to the manna. Ps 78:24 "[God] rained down upon them manna to eat, and gave them the grain of heaven."

Ezekiel

God pre-figured the Holy Eucharist through the prophet Ezekiel. Ez 3:3 "Son of man, eat this scroll that I give you and fill your stomach with it." Then I ate it; and it was in my mouth as sweet as honey." Jesus often used the title, Son of Man, in Matthew 8:20, 12:32, 13:41, 16:27, and 17:9. God had called Ezekiel to eat a figure of the Word of God made flesh.

Omak Stampede

**August 7th -
August 10th**

421 Stampede Dr. E

Omak WA

**August 7-10, 2014, celebrates
the 81st Annual Omak
Stampede! We would like
you to join us for a weekend
of western entertainment
that will be one of your
fondest memories.**

Swinomish Days

Pow-wow 2014

**August 8th - 10th
All Day**

**Pow Wow Size: Less
than 100 dancers**

**Location: John K. Bobb
Baseball Field: 16966
Reservation Rd, La
Conner, WA**

The Eucharistic Principles of the Spiritual Life

Spiritual Healing

Saint Joachim Parish

4195 Lummi Shore Rd, Bellingham, WA

Monday through Thursday

Two Daily Options:

1. Morning Conference 9:00 - 10:00

OR

2. Evening Conference 7:00 - 8:00

18 - 21 AUGUST 2014

Contact Information:

360-815-4783

DAILY MASS

8:00 am

St. Joachim's Church

There will be a social after morning Mass and the evening conferences.



Fr. Emmerich is a priest of the Holy Name Province of the Dominican Order and is currently ministering with Western Dominican Preaching.

For the past twenty-nine years he has been involved in giving retreats to Mother Teresa's Priests and Sisters in Mexico, Poland, Guatemala, Calcutta, and Africa. Former pastor of Holy Rosary Church in Portland, Oregon, he currently resides in Oakland, CA.

From a family with alcohol and drug addiction, Fr. Emmerich has studied the 12-Steps for his own healing and to help others to overcome obstacles and find peace.

For Whom:

- Do your good feelings about yourself depend on being liked by other people?
- Are your happiness and peace dependent on pleasing others?
- Does your fear of rejection determine what you say or do?
- Is it hard to express your feelings when the people you love are not doing what you want them to do?
- Do you feel like you give a lot and get little in return?
- Do you freeze up emotionally when you are in conflict?
- Do you feel like you are the only one holding your family together?
- Do you have difficulty asking for what you want?
- Are you overly defensive when your behavior is criticized?
- Is your life miserable because of someone else's behavior?
- Do you have difficulty saying "No"?
- Do you work or eat compulsively?
- Have you ever thought you'd be better off if you didn't keep giving in?

If you can answer 'yes' to some of the above questions, then perhaps a Mission on Spiritual Healing can help you find that peace which the world cannot give—a peace that comes from a spiritual life led in union with Christ and according to Christian principles.

Before things go from bad to worse, come and learn more about yourself by discovering a practical, spiritual program which, if lived one day at a time, leads to that "peace beyond all understanding."

*Elders Luncheon**Tuesday 11:30**August 12, 2014 ~ Silver Reef Casino*

2014 Jesus Quest Bible Camp

August 17 - 20, 2014

IMPORTANT INFORMATION

Camp check-in starts Sunday, August 17th at 4:00 pm.

Camp ends Wednesday, August 20th, after dinner.

Camp will be held at Wexliem.

DINNER FOR CHILDREN & PARENTS:

6:00 pm Sunday & 5:30 pm Wednesday

CAMP IS FOR CHILDREN AGES 7-12

Families welcome.

Camp rules will be respected.

Things to bring:

- 3 or 4 changes of clothes
- sleeping bag or bedroll, & pillow
- modest swimsuit or clothes to swim in
- towel
- toothbrush & other personal care items
- shoes for walking/running

Things to leave at home (or with the camp director):

- cell phones
- electronics (mp3 players, I-pods, etc.)
- money
- food & drinks (plenty will be provided)

Questions, call: June Cox 319-7697

Denise James 441-5559 ~ Tracy James 325-6034

To contact someone at camp, call June Cox 319-7697



2014 Jesus Quest Bible Camp

August 17-20

Children ages 7-12 years
360-319-7697 ~ Wexliem

