



August 2016

Squol Quol

Section 2

Summer Youth



Submitted by: Smakiya, Matt Warbus, Language and Culture Department

This summer we have Richard Plaster, Nancy Jefferson, & Malia Young working with the Lummi language department. We wanted them to have a great experience working with us. They have the opportunity to learn Lummi language in many different ways. First we have

Xwlemi chosen class 8:15 every morning.

This class is open to everyone that has an interest. Second we learn by listening to some recording.

Some of these recording are from the late sixty's and the early seventy's. The last way we get to learn is by going to visit the many different places and talking about the

place names, the plants and the many different things that we see, such as animals, birds, & waterways.

Working with the culture and the Lummi language department is a blast. Learning place names, listening to recording, learning about the different plants and how some of the plants were used

(Continued on Page 2)

Lummi Higher Education

By Renee Swan Waite

The Lummi Higher Education Award applications for 2016-2017 are now available. The applications can be found online at Lummi-nsn.gov, in the Planning Department or by contacting Renee at reneesw@Lumi-nsn.gov.

Submit completed applications by email to reneesw@lummi-sns.gov or at the Higher

Education office by September 1. As the deadline approaches, polish up your personal statement, make sure your FAFSA is complete, register for the coming term and for full-time students apply for at least two other scholarships. Refer to the checklist for additional requirements. Call or email the LHE office with any questions. 312-2162

Lummi Nation School will be open for registration Tuesday, August 16 & Wednesday, August 17 at the Lummi Administration Building downstairs conference room.

Prominent Nez Perce member JoAnn Kauffman latest Legacy Washington profile subject

FOR IMMEDIATE RELEASE Aug. 9, 2016

Contact: Brian Zylstra Deputy Communications Director (360) 902-4173

OLYMPIA...Secretary of State Kim Wyman's Legacy Washington program continues its special series, "Who are we?," with the inspiring story of JoAnn Kauffman, a prominent Nez Perce tribe member who overcame a difficult childhood and poverty to become a nationally recognized advocate for Indian health and justice.

The profile on Kauffman is written by Legacy Washington Director Trova Heffernan. The profile can be viewed here: <http://bit.ly/2b3JMUo>.

"Who are we?" is a historical project that documents the lives of a diverse group of Washingtonians.

It includes a series of online profiles and an interactive exhibit opening on Aug. 25 at 3 p.m. in the State Reception Room, on the third floor of the Capitol Building. The event is free and open to the public. Kauffman will be among the speakers at the opening.

"JoAnn Kauffman is an inspiring example of a courageous woman from the Pacific Northwest," Wyman said. "She survived a childhood most of us can't fathom and has worked tirelessly since for the next generation."

As a child, Kauffman shuttled between life as an urban Indian in Seattle housing projects and the Nez Perce Reservation and the small remote town of Kamiah, Idaho. Often left alone by their parents, JoAnn and her siblings raised themselves. Sometimes they lived in homes with no electricity. She and her siblings walked six blocks to a gas station to haul clean water home in

a bucket. With no food for lunch, she sometimes carried an empty sack to school.

Kauffman has overcome obstacles to accomplish much in her life, including:

- Helping clear the way for the Chief Leschi Center in Seattle;
- Winning federal recognition for national historic sites of the Nez Perce;
- Founding the National Association of Native American Children of Alcoholics;
- Laying a framework to prevent suicide, violence and bullying in Indian Country's most vulnerable places; and
- Founding Kauffman & Associates, Inc., an advocacy group with offices in Spokane and Washington, D.C.

Kauffman is part of an accomplished family. One sister, Hattie, became the first Native American television correspondent. Another

(Continued on Page 4)

Office of the Secretary U.S. Department of the Interior Media Advisory

www.doi.gov Date: July 20, 2016 Contact: Interior_Press@ios.doi.gov

Cobell Education Scholarship Fund Reaches Nearly \$40 Million to Benefit Native American Students

Interior Department's quarterly transfers to Scholarship Fund through land buy-back program continue to grow education opportunities for Native youth

WASHINGTON – The U.S. Department of the Interior today announced that this quarter's transfer of nearly \$500,000 to the Cobell Education Scholarship Fund (Scholarship Fund) brings the total amount contributed so far close to \$40 million. The Scholarship Fund provides financial assistance through scholarships to American Indian and Alaska Native students wishing to pursue post-secondary and graduate education and training.

Funded in part by the Land Buy-Back Program for Tribal Nations (Buy-Back Program), the scholarship program is overseen by the Cobell Board of Trustees and administered by Indigenous Education, Inc., a non-profit corporation expressly created to administer the Scholarship Fund. Thus far, approximately \$2.2 million has been awarded in graduate and undergraduate scholarships to highly qualified American Indian students.

Based on data gathered by Indigenous Education, the most recent recipients – or Cobell scholars – include 404 undergraduate students and 64 graduate students; representing 89 federally-recognized tribes. Applications and information concerning scholarships for Academic Year 2017-2018 can be found at www.cobellscholar.org.

"With every new contribution, the scholarship fund will enable increas-

(Continued on Page 3)

Back to School



Lummi JOM

Basic Supply Distribution

K - 12TH GRADES

Lummi Neighborhood Facility

When: August 30th & August 31st

Where: Youth Wellness Cafeteria

(OLD COUNCIL CHAMBERS)

TIME: 9 AM – 4 PM

Any Questions please call our office
(360) 384-7170



Child Care Closed

For Curriculum, STARS, USDA,
Health & Safety training



Tuesday August 23rd, 2016

Wednesday August 24th, 2016

Thursday August 25th, 2016

Wednesday August 31st, 2016

Thursday September 1, 2016

Friday September 2, 2016

For Mandatory Staff Training



Sorry for any inconvenience

Ferndale School District School Supply Distribution for grades 6-12



Basic School Supplies
for middle & high school students
who qualify for free or reduced lunch
AND who are registered in the
Ferndale School District

Wednesday, August 31st
Vista Middle School Gym
6051 Vista Drive, Ferndale

Distribution Times:
12 to 2 pm &
4 to 6 pm

Backpacks will not be distributed at this event.
Please go to the main office at your child's school to request a
backpack.

Distribución de Útiles Escolares para los grados 6-12

Útiles escolares básicos para los estudiantes en
Secundaria (6 -12) los cuales califican para los
lonches gratis o reducidos de precio y que están
inscritos en el Distrito Escolar de Ferndale

El día miércoles 31 de agosto
En el Gimnasio de Vista Middle School
6051 Vista Drive, Ferndale

Tiempo de distribución:
De 12 - 2pm & 4 - 6 pm

Mochilas no se distribuirán en este evento.
Por favor vaya a la oficina principal de la escuela de su
estudiante para pedir una mochila.

Основные Школьные Принадлежности

Для учеников с 6-12 класс

Могут получить те кто в школе питается
бесплатно или не полную сумму и учатся в
школе Ferndale.

Будут выдаваться в Среда 31 Августа
в спорт зале по адресу
6051 Vista Drive, Ferndale

Время с 12-2 и 4-6 вечера

Портфели спрашивать в школа

medicines. Being able to go and see these places is phenomenal because it is where our ancestors went to gather different plants and berries. I think that it is essential that we learn the way of our people because it is a part of us and who we are. If we don't learn now as part of the next generation our teachings that come from our ancestors will be lost. (Richard)

This summer I started with excitement to start work in the Culture & Lummi language Department. My name is Nancy Jefferson, since I started working I have learned a lot. I can decipher most native plants from others and know the Xwlemi Chosen names for the plants also most surrounding islands. I know what these plants were used for in the days of our ancestors and that they are still being used. Learning the ways of our people has been a great experience, the people in this department are so devoted to their work in keeping our peoples ways intact. I am glad we have people like this in our community, and so appreciative that I get to work with them. The hands-on learning is my favorite part of the day. I can associate the Xwlemi Chosen words with their meanings. I am able to see what the plants are called and which parts of the plants we use. All in all this has been an amazing experience and I intend on continuing to learn as much as I can.

My experience working with the Lummi language department is fairly fun but also educational, I thought if I were to work with Smak i' ya I might learn something new. At the end of the day I'm learning more and more about our culture and how our ancestors use to speak. I feel pretty good about learning how to speak the Lummi language because my fellow co-workers and I could possibly be the next generation teachers, just like Smak i' ya'. Knowing that only a few people from our community can speak this language makes me wonder if it would be a great idea to come to this department during the school year, try to keep this going through my whole life experience. (Malia)

My hope is that by having such a great experience this summer that they begin to understand how important it is to learn about who they are and where they come from. By having this understanding I encourage each of them to want to learn as much as they can, and hopefully they will be the next generation of Lummi language teachers. (Submitted by: Smak i' ya' Matt Warbus)

BMX STEM Workshop



after-school-products.com

Lummi Nation is partnering with the Army Corps of Engineers, the Bonneville Power Administration (BPA) and the Boy Scouts of America to bring a one-day S.T.E.M. Workshop to Lummi for Youth Ages 9-14. Kids will assemble a BMX bike then participate in experiments using the bike that involve science, technology, engineering and math. Space is limited to 30 kids. Must be an enrolled Lummi Tribal Member. It is preferred that each kid be accompanied by an adult that can help them assemble the BMX bike.

* One-Day Event *

WHEN: SATURDAY, AUGUST 27, 2016, 9AM-5PM

WHERE: YOUTH WELLNESS CENTER (OLD GYM)

WHO: AGES 9-14, MUST PROVIDE PROOF OF LUMMI TRIBAL ENROLLMENT

APPLICATIONS CAN BE FOUND IN COUNCIL OPERATIONS & MUST BE TURNED IN, IN PERSON (SPACE IS LIMITED)

LIBC and Lummi Clinic will be Closed Monday, September 5, 2016, in Observance of Labor Day.

(Continued from page 1 Office of the Secretary U.S. Department of the Interior Media Advisory)

ing numbers of Native American students across Indian Country to gain the advanced education and training that will help them meet the leadership challenges of the 21st century," said Interior Solicitor Hilary Tompkins, a member of the Navajo Nation, who negotiated the Cobell settlement on behalf of the Interior department. "They are pursuing their dreams, opening doors to new opportunities, preparing themselves for leadership and advancing self-determination for their communities – all thanks to the vision of Elouise Cobell, whose life and legacy inspires and guides this noble initiative."

Alex Pearl, chairman of the Cobell Board of Trustees, said: "The latest distribution aids our mission of carrying out the vision of

Elouise Cobell to enhance educational opportunities for American Indians and Alaskan Native students. With the beginning of the new school year, we are excited to continue awarding the talented students in Indian Country. Our Board understands the financial aid needs in Indian Country are enormous. These transfers provide an important foundation from which to positively impact Native students. We remain committed to creating a uniquely tuned scholarship program attentive to the needs and issues of Native students."

The Buy-Back Program was created to implement the land consolidation component of the Cobell settlement, which provided \$1.9 billion to purchase fractionated interests in trust or restricted land

from willing landowners. Consolidated interests are transferred to tribal government ownership for uses benefiting the reservation community and tribal members.

Interior makes quarterly transfers to the Scholarship Fund as a result of the Program's land sales, up to a total of \$60 million. The amount Interior contributes is based on a formula set forth in the Cobell settlement that sets aside a certain amount of funding depending on the value of the fractionated interests sold. These contributions do not reduce the amount that an owner will receive.

Since the Program began making offers in December 2013, more than \$760 million has been paid to individual landowners and the equivalent of more

than 1.5 million acres of land has been transferred to tribal governments.

Offers are currently outstanding for landowners with fractional land interests at:

· Agua Caliente – deadline: August 11, 2016

· Navajo Nation – deadline: August 22, 2016

· Fort Hall – deadline: August 25, 2016

· Quinault – deadline: September 1, 2016

Individual participation in the Buy-Back Program is voluntary. Landowners can contact the Trust Beneficiary Call Center at 888-678-6836 or visit their local Office of the Special Trustee for American Indians (OST) to ask questions about their land or purchase offers,

and learn about financial planning resources. More information and detailed frequently asked questions are available at <https://www.doi.gov/buybackprogram/FAQ>.

Office of Public Affairs -
Indian Affairs
Office of the Assistant
Secretary - Indian Affairs
U.S. Department of the
Interior
1849 C St., N.W., MS-
3658-MIB
Washington, D.C. 20240
Main Phone: 202-208-
3710
Press Line: 202-219-4152
as-ia_opa@bia.gov

Back to School Start dates for Whatcom County

FERNDALE HIGH SCHOOL-SCHOOL
STARTS SEPTEMBER 7TH

FERNDALE MIDDLE SCHOOL-SCHOOL
STARTS SEPTEMBER 7TH

FERNDALE ELEMENTARY SCHOOL-
SCHOOL STARTS SEPTEMBER 7TH

WINDWARD HIGH SCHOOL-SCHOOL
STARTS SEPTEMBER 7TH

VISTA MIDDLE SCHOOL-SCHOOL
STARTS SEPTEMBER 7TH

HORIZON MIDDLE SCHOOL-SCHOOL
STARTS SEPTEMBER 7TH

BELLINGHAM HIGH SCHOOL-SCHOOL
STARTS AUGUST 24TH

BELLINGHAM MIDDLE SCHOOL-
SCHOOL STARTS AUGUST 24TH

BELLINGHAM ELEMENTARY SCHOOL-
SCHOOL STARTS AUGUST 24TH

SQUALICUM HIGH SCHOOL-SCHOOL
STARTS AUGUST 24TH

SEHOME HIGH SCHOOL-SCHOOL
STARTS AUGUST 24TH

MT. BAKER HIGH SCHOOL-SCHOOL
STARTS SEPTEMBER 1ST

Community Updates

(Continued from Page 1 Prominent Nez Perce member JoAnn Kauffman latest Legacy Washington profile subject)

sister, Claudia, was the first Native American elected to the Washington State Senate. Their late brother, John, was an internationally recognized playwright, actor and director.

Their mother, Josephine Kauffman, was a Rosie the Riveter during World War II and Native activist who struggled with alcoholism and the racism she experienced as a child. JoAnn Kauffman's grandmother, Lizzie Hayes, buried six of nine children. Hayes was a proud Nez Perce Presbyterian and former student at Carlisle Indian School who helped raise JoAnn and introduced her to the Nez Perce way of life.

"JoAnn comes from a family of industrious women," Wyman said. "Her life is a testament to the impact one generation can have on the next.

"I'm more convinced than ever that Washington is home to some of the most resilient people on the planet," Wyman added. "We owe a debt of gratitude to these individuals for sharing their personal stories with such candor."

In a state of 7 million people, "Who are we?" examines the lives of extraordinary people who have made Washington a remarkable place.

The project's first profile is on the Rev. Dr. Samuel B. McKinney, a longtime Seattle civil rights activist. The profile can be viewed here: <http://bit.ly/1QiCPfN>.

The second profile is on Duane French, a resilient quadriplegic who remade his life and fought for the rights of the terminally ill. The profile on French can be viewed here: <http://bit.ly/24zgnVq>. The third profile, on Latino winemakers Amy Alvarez-Wampfler and Victor Palencia, can be viewed here: <http://1.usa.gov/1Nn7dpJ>.

The next profile, to be released Aug. 23, will be on Jolene Unsoeld, an Olympia citizen activist who later served in the state Legislature and Congress.

The "Who are we?" webpage can be viewed here: <http://www.sos.wa.gov/legacy/who-are-we/>



School Clothes Gift Cards



The gift card will be a Visa Gift Card and show the name of the child, so a picture ID for the child will be required upon receipt of the gift card. The Enrollment Office is prepared to provide a free tribal ID for each Lummi enrolled child in grades K-12. The following is required for gift cards:

- Completed Application
- Proof of Lummi Enrollment
- Proof of registration for 2016-17 School year



Pick up and return applications to Council Operations or email to Douglasw@lummi-nsn.gov



Application Due Dates/Distribution Dates

- August 10 for distribution August 30
- August 24 for distribution September 14
- September 7 for distribution September 28
- October 28 for distribution November 14

I RUN...
To stop Violence!!!



#SeeIt#HearIt#ReportIt
#WomenAreSacred
#StopDomesticViolence

SAVE THE DATE!!!

Saturday, Sept 10th
2016 Lummi Victims of Crime
Journey to Healing Half Marathon

Begins at the Stommish Grounds
Call 360-312-2015 for more info.

#HEALTHYCHOICES#STRONGNATION

San Juan Island National Historical Park Thursday, August 25, 2016—Centennial Celebration Area Map



Community Updates

National Park Service Founders Day - August 25, 2016

Coast Salish Communities Come Together for Park Service Centennial

On August 25, San Juan Island National Historical Park will not just celebrate National Park history, it will *make* it.

On Thursday, August 25, 2016, it will be our joy and honor to host Coast Salish tribal communities during our National Park Service Founders' Day celebration. The Lummi and Saanich Nations will dedicate a Reef Net Captain Totem Pole and two Salmon Story Boards to San Juan Island National Historical Park to commemorate the National Park Service's Centennial. Coast Salish families worked these waters and prairies for thousands of years before Europeans ever made landfall here. This land quietly holds their stories, too – stories that must also be preserved.

These gifts will allow the park to share the deep meaning and reverence the Salish people have for the San Juan Islands, their sacred homeland, with our visitors from around the world – fostering greater mutual understanding and respect between all cultures through a shared love of this beautiful place.

A public ceremony will be held at 2:00 p.m. on the spiritual site of their ancestors' village at Pe'pi'ow'elh, also known as English Camp.

Following the dedication there will be activities throughout the afternoon. Vendors will be onsite with local food, artwork, and information about the San Juan Islands. All are invited to this family-friendly day of celebration as we come together to commit ourselves to the next century of stewardship and collaboration for these public lands.

Please join us for this historic event AND check the park's website for updated information www.nps.gov/sajh or our Facebook page www.facebook.com/campickett/.

You can also contribute to the event by visiting <https://www.gofundme.com/sxwole>



FOR MORE INFORMATION or to REGISTER AS A VENDOR CONTACT:

Shirley Williams, Event Organizer
WHITESWAN ENVIRONMENTAL
Lummi Nation Service Organization
Phone: (360) 815 - 2409
Email: kastlmut@gmail.com

Lynn Hyde, Chief of Interpretation
San Juan Island National Historical Park
Phone: (360) 378 - 2240 ext. 2227
Email: lynn_hyde@nps.gov

Elexis Fredy, Superintendent
San Juan Island National Historical Park
Phone: (360) 378 - 2240 ext. 2223
Email: elexis_fredy@nps.gov

A Lummi Canoe rests on the shore of Pe'pi'ow'elh, the traditional Lummi village site at English Camp.



1916 - 2016

100 YEARS

Celebrate with us on Thursday, August 25
2-6 pm at English Camp, San Juan Island National Historical Park

2 p.m. Coast Salish Dedication Ceremony - Canoes, Reef Net Totem Pole, Salmon Carvings	4-6 pm Canoe paddling, Ceremonial dancing and other activities
3:30 pm Birthday Cake Served	6:30 pm Climate Science Lecture at Brickworks

For more information, contact
Elexis Fredy, Superintendent
360-378-2240 x 2223
Elexis_fredy@nps.gov

Lummi Elders wishing to travel to the San Juan Islands should contact Pauline Plaster at Little Bear for transportation.

360-758-3500



HONORING OUR CHI'LANGE'LTH

STANDING TOGETHER TO SHARE THE STORY OF OUR INHERENT BIRTH RIGHTS, TRIBAL HERITAGE AND NATIONHOOD OF THE COAST SALISH PEOPLE FOR THE NEXT SEVEN GENERATIONS



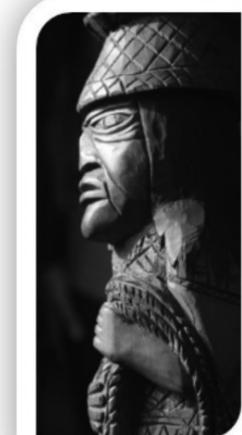
INVITATION

NATIONAL PARKS SERVICE 100TH CENTENNIAL ANNIVERSARY REEF NET CAPTIAN AND SALMON STORYBOARD DEDICATION

WHEN
August 25, 2016

WHERE
San Juan Island - Pe'pi'ow'elh
Friday Harbor, WA 98250

The carver of the Reef Net Captain pole is Temosen Charles Elliott, a member of the WSA NEC Nation and a UVIC CELANEN Advisory Council living in Brentwood Bay on Vancouver Island. The carver of the two Salmon Story Boards is Jewell Praying Wolf James -- a lifelong activist towards preserving native cultural sites and rights and master Lummi carver.



VOLUNTEER/ SUPPORT
kastlmut@gmail.com

<https://www.gofundme.com/sxwole>

VENDORS
lynn_hyde@nps.gov
(360) 378-2240 ext.2227

REGISTRATION & UPDATES @

[HTTPS://WWW.EVENTBRITE.COM/E/100TH-NPS-CENTENNIAL-ANNIVERSARY-REEF-NET-CAPTAIN-TOTEM-POLE-SALMON-STORYBOARD-DEDICATION-TICKETS-25896224304](https://www.eventbrite.com/e/100th-nps-centennial-anniversary-reef-net-captain-totem-pole-salmon-storyboard-dedication-tickets-25896224304)

Community Updates



By Lorraine Loomis
Chair
Northwest Indian
Fisheries Commission

Northwest Indian Fisheries Commission
6730 Martin Way E.,
Olympia, WA 98516-5540
Phone: (360) 438-1180
FAX # 753-8659

Note: You are receiving the "Being Frank" column courtesy of the Northwest Indian Fisheries Commission (NWIFC) in an effort to enhance communication between the Indian and non-Indian communities. You are welcome to publish it intact or in part, or to use it as a source of quotation or information for other news or editorial use. As a statement from

"Being Frank"

TREATY RIGHTS AID SALMON HABITAT RECOVERY EFFORT

the NWIFC chair, the column represents the interests and concerns of treaty Indian tribes throughout western Washington.

Despite their unbreakable connection, salmon harvest and habitat restoration continue moving down separate roads in western Washington. Many people either don't see or choose to ignore the fact that habitat determines harvest, and that we continue to lose habitat faster than it can be restored.

Indian and non-Indian harvest has been cut to the bone this summer because of expected historically low returns, especially coho. Yet habitat loss and damage – the root of the problem – continues every day throughout our watersheds and nearshore marine waters.

Poor ocean survival conditions certainly played a role in the low salmon returns of the past several years. But even when we can restore or protect salmon habitat, we aren't

helping ourselves enough.

You might be surprised, but fish really do grow on trees. Trees keep water temperatures low, the way salmon like it. Their roots help to prevent soil erosion that can smother salmon eggs. When they fall into a river, trees provide diverse rearing habitat for fish. When the salmon spawn and die, their nutrients feed the trees.

Yet from 2006 to 2011 we lost the equivalent of two Seattle-sized forests or about 170 square miles, according to the treaty tribes' 2016 State of Our Watersheds Report. The report can be viewed at nwifc.org/sow.

When we lose habitat, we also lose the natural production of salmon it provides. The collapse of our fisheries is simply mirroring the collapse of the eco-systems that support them.

For more than 100 years, hatcheries have tried to make up for that loss, but

hatchery salmon depend on the same declining habitat as naturally spawning salmon.

About half of the salmon harvested in western Washington are hatchery fish. Continued habitat loss means we will have to depend on hatcheries for as long as lost and damaged habitat continues to restrict natural salmon production and threaten treaty rights.

Hatcheries are simply a tool. Some provide fish for harvest while reducing harvest pressures on weak stocks. Others serve as nurseries to protect threatened salmon stocks. All are essential to salmon recovery and should be integrated in our salmon recovery efforts for every watershed. We need every tool in the box to reinforce remaining salmon populations as we work to restore habitat.

The importance of this tool should be reflected in its funding, but as the need for hatchery fish has

increased, state funding for hatcheries has declined or remained flat. Treaty tribes have stepped up to fill the gap in recent years and provide more salmon for everyone by picking up the costs at a number of state hatcheries where production was threatened by budget shortfalls.

The connection between harvest and habitat is clear. We cannot expect to harvest salmon – either hatchery or naturally spawning – as long as we continue to destroy salmon habitat. In the meantime, hatcheries must continue to help bridge that gap and be included as the essential part of salmon recovery that they are.

Contact: Tony Meyer or Emmett O'Connell (360) 438-1180, www.nwifc.org

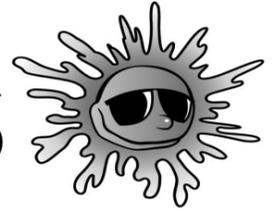
Jamming with Commods

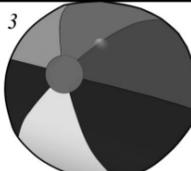
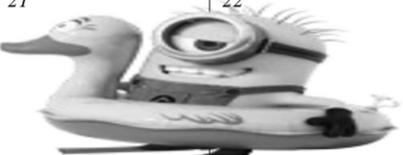
August 9, 2016





JOM Birthday August 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Dainon Lechuga	2 Shania Jones Fran Martin-Julius Lydia Matheson	3 	4 Christine Cooke Amara Lawrence Trevon Lee Eythl Solomon Smith	5 Jonathan Casimir Zariah Gambler Jacob Ochampaugh Jaden Phair-Williams	6 Kane Solomon
7 Jazelle Solomon	8 Francesca Bob Dezirae Toby	9 Troy Decoteau Winter Hawk Leighton Kordellia Solomon Kaiden Wellington	10 Quincy Lane	11 Menoanie Kinley Jalissa Somers	12 Noah Cagey Alexie Cagey Jefferson Iolante Hill	13 Joshua Bright Sir Charles Shawn Diggs Celestine James Katherine Jefferson Jenessa Lane Terrell Strube Canaan Williams
14 Travis George Constance Grant	15 Violet Bergerson Destiny Casimir Rylee Mahle J'Sonah Solomon	16 Callie Cooper Jase Cooper Savannah Johnson James Jones Louise Williams-Wilson	17 Barrett Rybka Colby Avina Shayne Charles Dezarea Finkbonner Dawn Martin Samantha Solomon	18 Devontae Bill-Kinley Nathan Brown Roger Damien Sueann Solomon Emerson Washington	19 Gene Cultee	20 Penny Jefferson Dayton Seta Mariah Solomon Rainbow Tomma
21 	22	23 Jonan Noland	24 Tristian Revey	25 Jacolby Pitt Wesley Bob Kelsie Garcia Elizabeth James Guy Owings	26 Kylie Bob Raymond Perkins Silas Rogers Charles Solomon	27 Jordan Jackson Jasmine LaClair Alandra Morris Jermaine Toby
28 Val Evan Jace Jefferson	29 Jayden Conlee Ethan Ward	30 Takoda Ashing Cecelia Lawrence Avery Revey Katelaine Vansingel	31 Jordan Alvarez Daimon Boxwell-Rosario			



September 2016

Head Start Calendar of Events

UNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Aug. 28 th	Aug. 29 th Teacher In-Service Training	Aug. 30 th Teacher In-Service Training	Aug. 31 st Teacher In-Service Training	Sept. 1 st Teacher In-Service Training	2 Teacher In-Service Training	3
4	5 Labor Day	6	7 Parent Orientations: 9 AM - Lhinlinie 1 PM - Qelholmechen	8 Parent Orientations: 9 AM - Wexes 1 PM - T'omelt'le	9 Parent Orientations: 9 AM - Swexwetchili 1 PM - Schetxwen	10
11	12 Home Visits	13 Home Visits	14 Home Visits	15 Home Visits	16 Home Visits	17
18	19 First Day of School	20	21	22	23	24
25	26	27	28	29	30	

Community Updates

Upcoming Walk / Run 5K's

Race the Reserve

Saturday, August 13, 2016

Coupeville Middle School • 501 South Main Street Coupeville, WA 98239

5K Run/Walk - Individual Age group/open in 30 days \$35

10K Run/Walk - Individual Age group/open in 30 days \$45

Half Marathon - Individual Age group/open in 30 days \$65

About This Activity

Find Your Park! Run or walk through NPS Ebey's Landing National Historical Reserve, on beautiful Whidbey Island. Run on trails, paths, and rural roads past historic sites from early Washington settlers and Naval Forts. View spectacular panoramas of the Olympic Mountains, the Strait of Juan de Fuca, Mt. Rainier and Mt. Baker. Experience natural beauty and history in county, state and national parks while challenging your body in the race.

Chip timing provided by Tortoise & Hare Race Management, LLC.

This race is a fundraiser to support the Coupeville High School graduating seniors' safe and sober grad night and end of high school events.

Event details and schedule

Event Day Registration: Opens at 6:30 a.m. \$5 surcharge applies. Cash/check only.

* All pre-registered participants will receive a free t-shirt. We cannot guarantee that t-shirts will be available to those who register after the pre-registration deadline of July 22nd. Medals will not be guaranteed to those who register after the deadline of the 22nd. No refunds are available.

Race Day Information:

Participant packet pick-up and check-in beginning at 6:30am this is held at Coupeville Middle School, 501 South Main, Coupeville WA 98239.

Half Marathon event day registration available between 6:30am and 8:15am. Race to begin at 8:30am (Walkers may start earlier on the course).

5K and 10k Run / Walk event day registration available between 6:30am and 8:45am. Race to begin at 9:00am.

Blaine MWR MIG 5K Trail Run/Walk

Saturday, August 20, 2016

Whatcom Falls Park • 1401 Electric Ave Bellingham, WA 98226

Under 7 - Running - Under 7 \$0.00 REGISTER NOW

Under 7 - Walking - Under 7 \$0.00 REGISTER NOW

Youth (8-17) - Running - Youth (8-17) in 27 days \$18

Youth (8-17) - Walking - Youth (8-17) in 27 days \$18

Adult (18 & Up) - Running - Adult (18 & Up) in 27 days \$23

Adult (18 & Up) - Walking - Adult (18 & Up) in 27 days \$23

About This Activity

This family friendly event is open to all ages. Proceeds from this event will be donated to the Blaine MWR Memorial Scholarship fund.

Memorial Scholarship is offered to any child of a law enforcement or support staff in Whatcom County. This year Blaine MWR will be able to offer two \$1000 scholarships thanks to the support of participants of this event and our Golf Tourney.

Event details and schedule

Running/Walking Trails With the Men in Green (MIG)

Where: Whatcom Falls Park,

Date: August 20, 2016

Time: 9AM (registration Starts 8:30AM)

The Run is 5K and the Walk is 2.5K.

Leashed Canines are welcome.

Prizes will be Top Male, Female, Youth and Canine

5K Trail Run/Walk with all the proceeds supporting our Memorial Scholarship Fund

For any questions contact Sandy Burton (email: Sandra.L.Burton@cbp.dhs.gov)

The Color Run Bellingham 8/21/2016

Sunday, August 21, 2016

Lee Memorial Park 210 Central Avenue Bellingham, WA 98225

8:00 AM - CLASSIC (Entry & Participant Kit) in 21 days \$44.99

8:00 AM - CLASSIC PLUS (Entry & Participant Kit — mailed to your doorstep!) in 21 days \$52.99

8:00 AM - DELUXE (Entry, Participant Kit & Deluxe Package: Trucker Hat, Lei & Sunglasses — all mailed to your doorstep!) in 21 days \$64.99

8:00 AM - PAID LITTLE COLOR RUNNER with PARTICIPANT KIT - CLASSIC Little Color Runner (Entry & Participant Kit) \$14.99

8:00 AM - PAID LITTLE COLOR RUNNER with PARTICIPANT KIT - CLASSIC PLUS (Entry & Participant Kit — mailed to your doorstep!) \$19.99

8:00 AM - FREE LITTLE COLOR RUNNER without PARTICIPANT KIT - Entry Only. Will not receive participant kit. \$0

About This Activity

Also known as The Happiest 5k on the Planet, we love chucking paint and making people smile. With events in more than 50 countries, The Color Run is on almost every single continent on EARTH!

Less about your 10-minute-mile and more about having the time of your life, The Color Run is a five-kilometer, un-timed race in which thousands of participants are doused from head to toe in different colors at each kilometer.

With only two rules, the idea is easy to follow:

1. Wear white at the starting line
2. Finish plastered in color!

The fun continues after Color Runners complete the race with an unforgettable Finish Festival. This larger than life party is equipped with music, dancing and massive color throws, which create millions of vivid color combinations. Trust us, this is the best post-5k party on the planet!

It's a unique paint race that celebrates healthiness, happiness and individuality. We're making rainbows all over the world, come join us!

Event details and schedule

The start-line window will open at 8:00 AM with waves going every few minutes until about 8:30 AM! Make sure you plan your day with plenty of time. At The Color Run, the start line is its own pre-race party with music, dancing, warmup stretching and giveaways!

Rescue Run 5K/10K

Saturday, August 27, 2016

Arlington Airport Trail - Airport Office • 18204 59th Drive NE Arlington, WA 98223

FREE-5K (Kids 11 & Under or Seniors 70+ without event shirt) - FREE-5K (Kids 11 & Under or Seniors 70+ without event shirt) \$0

FREE-10K (Kids 11 & Under or Seniors 70+ without event shirt) - FREE-10K (Kids 11 & Under or Seniors 70+ without event shirt) \$0

Rescue Run 5k Registration - Kids 11 and under with event shirt - Rescue Run 5k Registration - Kids 11 & Under with event shirt \$15

Rescue Run 5k Registration - Ages 12 thru 69 - Rescue Run 5k Registration - Ages 12 thru 69 in 52 days \$35

Upcoming Walk / Run 5K's

Rescue Run 5k Registration - Ages 70+ with event shirt - Rescue Run 5k Registration - Ages 70+ with event shirt \$15

Rescue Run 10k Registration - Kids 11 and Under with event shirt - Rescue Run 10k Registration - Kids 11 & Under with event shirt \$15

Rescue Run 10k Registration - Ages 12 thru 69 - Rescue Run 10k Registration - Ages 12 thru 69 in 52 days \$35

Rescue Run 10k Registration - Ages 70+ with event shirt - Individual Age group/open \$15

Rescue Run 5K- Ages 70+ with event shirt - Individual Age group/open \$15

About This Activity

The Rescue Run is a 5k/10k charity fun run with the registration proceeds going to the Snohomish County Volunteer Search and Rescue Operations Support Unit. The event that starts near the Arlington Airport Office in Arlington, WA. The 5k is an out and back course running south on the airport trail to 172nd Street then west to Airport Boulevard then north on Airport Boulevard to the turn-around location/water station. The 10k has a small out and back loop and then counter-clockwise around the airport on the airport trail, the frontage road along 59th Avenue and on Airport Boulevard.

There will be a staggered start. The 10k runners will start and 10 minutes later the 5k runners will start. Awards will be handed out approximately 1 hour after the race begins and as soon as enough participants complete the course.

For more information, visit our website at www.arlingtonrunnersclub.org.

Event details and schedule

Day of Race Registration and pre-registration packet pickup opens at 7:45a. Start of the 10k race is 9:00a, 5k starts at 9:10a.

There is plenty of parking at near the event and nearby on Frontage Road.

There are restroom facilities at the Arlington Airport Office, about 1 block away from the day of race registration area and START/FINISH line.

Ferndale L.E.F.T. 5K

Saturday, September 10, 2016

Pioneer Park • 2000 Cherry St Ferndale, WA 98248

Running-5K - Student \$20.00

Running-5K - Youth \$10.00

Running-5K - Adult \$30.00

About This Activity

This is a family-friendly event! Register before August 10th and you are guaranteed an awesome t-shirt! There will be mouth-watering refreshments available to all of our participants, Photo-Ops with your favorite First Responder, and a raffle with prizes donated by local businesses and organizations! Our race is a rain or shine event, so please dress for the weather.

Your registration is a donation to the Ferndale Police Association. Every dollar goes right back into our community! These funds are disbursed between various organizations that are located right here in Ferndale and the Whatcom County area. Last year we were able to support the Ferndale Boys & Girls Club, the Matt Herzog Memorial Scholarship, 9-1-1 school supply drive and Chief for a Day.

Event details and schedule

INITIAL MEET & PARK: Everyone will meet at Pioneer Park located at 2000 Cherry Street in Ferndale. The race will start and end at this location. Convenient parking is available throughout the Pioneer Park area. You can pick up your race packet once you check-in on race day.

If you have any questions, please contact Kim Martin at 360-483-5746.

Race Day: Saturday, September 10th, 2016

Race Checkin: 8:00a - 8:45a

(pick up your packet, bib & t-shirt)

Race Start time: 9:00a

Starting line: Pioneer Park 2000 Cherry St, Ferndale

Megan McClung Memorial Run

Saturday, September 10, 2016

Flintstone Park • SE Bayshore Drive Oak Harbor, WA 98277

Running-1K - Individual Age group/open \$5.00

Run/Walk-5K - Individual Age group/open \$30.00

Run/Walk-10K - Individual Age group/open \$40.00

Run/Walk-Half marathon - Individual Age group/open \$50.00

About This Activity

This race is dedicated to Major Megan McClung (April 14, 1972–December 6, 2006) who was the first female USMC officer killed in combat during the Iraq War. Major McClung was serving as a public affairs officer in Al Anbar Province, Iraq when she was killed.

The city of Oak Harbor, WA and Megan's mom and brother are hosting this 8th annual run to remember this fallen hero and to raise funds for her fellow Marines and sailors who have been wounded in Iraq and Afghanistan. Please join us September 10, 2016 in beautiful Oak Harbor on Whidbey Island.

Event details and schedule

Race day registration will be available at Flintstone Park at 8:00 am. The course will not be closed to traffic. You are welcome to wear headphones, but please be aware of traffic and course monitors. Please arrive early to check in and utilize the baggage check.

Half Marathon Start: 10:00 am

10k Start: 10:15 am

5k Start: 10:30 am

Kids 1k Start: 12:00 pm

The Color Run Vancouver

Saturday, September 24, 2016

Pacific National Exhibition 2901 East Hastings Street Vancouver, BC, Canada V5K 5J1

9:00 AM - Team Runner (\$39.99 + \$2.00 tax) C\$42.00

9:00 AM - Individual Runner (\$44.99 + \$2.25 tax) C\$47.25

9:00 AM - PAID LITTLE COLOR RUNNER with PARTICIPANT KIT - Entry + Participant Kit (\$14.99 + .75 tax) C\$15.75

9:00 AM - FREE LITTLE COLOR RUNNER without PARTICIPANT KIT - Entry Only. Will not receive participant kit. C\$0.00

About This Activity

Also known as The Happiest 5k on the Planet, we love chucking paint and making people smile. With events in more than 50 countries, The Color Run is on almost every single continent on EARTH!

Less about your 10-minute-mile and more about having the time of your life, The Color Run is a five-kilometer, un-timed race in which thousands of participants are doused from head to toe in different colors at each kilometer.

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It's a unique paint race that celebrates healthiness, happiness and individuality. We're making rainbows all over the world, come join us!

Community Updates

Upcoming Walk / Run 5K's

Event details and schedule

The start-line window will open at 9:00am with waves going every few minutes until about 10:00am! Make sure you plan your day with plenty of time. At The Color Run, the start line is its own pre-race party with music, dancing, warmup stretching and giveaways!

Sprint for SPIN

Saturday, September 24, 2016

Blue Fox Drive-In • 1403 N Monroe Landing Rd Oak Harbor, WA 98277

Running-5K - Individual Age group/open \$35.00

About This Activity

Blue Fox Drive-In, between the towns of Coupeville and Oak Harbor, WA is hosting a 5K on 24 September 2016 at their theater. This 3.1 Mile Run will provide a fun and scenic course with a Kid's Run on the go-cart course. NOTE: Single strollers allowed and will be separate from the runners.

Event details and schedule

The 5K will start at 9am from Blue Fox Drive-In. This gently sloping course has a good mix of flat and gentle to moderate hills with beautiful views. This fully supported course is perfect for runners of all levels. There will be a water station available.

There will be parking available in the drive-in area but there race will start in there drive way so once that has started parking will have to be on the road until after the race has started.

Make sure you bring your waivers and id.

Registration includes pre-event training emails, goodie bag, Custom T-Shirt, free race photo and post event food and beverages.

100% of the profits from the 1st Annual SPIN Cafe' Fun Run will go directly to SPIN café.

SPIN Cafe' is Charitable Community Engagement Organization dedicated to Serving People In Need.

Working in Collaboration with other organizations including: schools, government, community members, businesses, civic and faith based organizations, SPIN provides opportunities for individuals to share their Talents, Time and Gifts so that others may receive, Nutritious Meals, Comfort, Support, Education, and Training In an Inviting Environment that is filled with Inspiration and Hope.

SPIN Café is a 501(c)(3) non-profit organization

Like us on Facebook at SPIN café Whidbey island for more Details and information.



Fall Sports Sign-ups



If you have any question about coaching either of these sports please contact Logan Toby at 360-380-6648 or by Email Logant@Lummi-nsn.gov

Football Divisions offered

- K-2nd Flag
- 2nd/3rd Flag
- 4th/5th Junior Tackle
- 5th/6th Senior Tackle

Volleyball Divisions offered

- 3rd/4th Girls
- 5th/6th Girls
- 7th/8th Girls

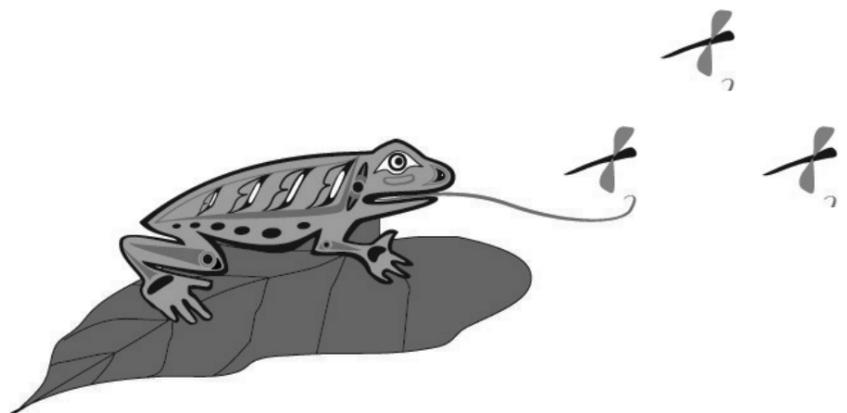
Sign-ups Start NOW

Pick up sign-ups at Lummi Youth Wellness Center During Office hours.

8am-6pm



Contact info:
Lummi Youth Wellness Center Office: 360-380-6636
Logan Toby : Ph- 360-380-6648 Email- logant@lummi-nsn.gov



Friends and family are invited as
Kwina Cinema
presents on Friday
August 19th

THE LITTLE RASCALS
SAVE THE DAY

At LIBC Administration Building
Free Popcorn ~ Show Time: Dusk

Friends and family are invited as
Kwina Cinema
presents
on Friday night
August 26th

JURASSIC WORLD

At LIBC Administration Building
Free Popcorn ~ Show Time: Dusk

Community Updates

Summer Youth CERT Training

July 22, 2016



LIBC and Lummi Clinic will Close at 11am August 18, 2016 and will reopen at 8am August 19, 2016

QUOL

SQUOL



Squol
Quol
Community

Canoe Landing at Lummi

July 20, 2016



LUMMI NATION



Judo Class

July 23, 2016



Lummi Elders – Senior Scene

By: *Kwo'sel'wet, Diana Dixon*

A dark cloud of sadness has fallen over our lands. It is with heart felt sympathy that we express love, prayers and condolences to our people in sorrow. Our prayers and thoughts are with those left behind. When one family mourns, we all mourn. When the time comes, we'll experience the pain of a loved one who crossed to the other side. Respect the families in mourning. Honor the teachings of the Ancestors.

Lhaq'temish

We are the People of the Sea who sustained on the Salish Sea since time immemorial . Our time-honored traditions and culture kept alive by the teachings of the elders who were taught by the ancestors. Culture is our history. We must honor it each and everyday.

The Canoe Journey, Paddle to Nisqually, arrived on our shores. Elders, an intergral part of the event, guide us during the journey, provide advice and knowledge about the canoe culture. Canoe families learn and share with each other protocol, songs, dancing, drumming and story telling from all over the Pacific Northwest. Jubilation and pride as the canoes and canoe families arrived.

Xwlemi' Sche'lang'en

We must protect our way of life, our Sche'lang'en. We cannot lose touch of who we are. The Ancestors taught us that our Sch'lang'en was given to us by Si'lh Si'am or Xa'alhs, the Creator/the Changer. Tse Xhales onges-tle tse tengexw I meqw stang t'l'e Lhq'atemish Xwlemi Elhtelnexw. Translated: The Creator gave the land, territory to the first peoples, Lummi People.

We are a progressive people. The first tribal community to become sovereign, the first to open a casino. Northwest Indian College is a four year university. We continue to move forward. We will always protect the environment, ecosystems, resources and Sche'lang'en.

Fireworks Title 19, Lummi Nation Code of Laws, Fireworks Code: 19.06.040 Prohibited Times: The use of fireworks shall be prohibited between the hours of 1:00am and 8:00am except days between June 27th and July 11th each year. This section

will only be enforced if in response to a complaint from a community member.

Chapter 19.08. Civil Penalties (b) Violations of this Code or regulations enacted by this Code, shall be punishable by a fine not to exceed \$1,000 per violation.

Please respect Veterans and Elders. Many Veterans suffer PTSD, after effects from being in combat. Do not disrupt the Elder's time of rest. It's disturbing to awaken to the noise of fireworks that sound like gun fire or a combat zone. It's frightening to pets as well. Be considerate.

Master Carvers

Lummi Master Carvers include the late Joe Hilliare, Al Charles, Morrie Alexander, Ben Hillaire and Dale James. Today, Felix Solomon, Jewell Praying Wolf James, Charles Miller, Doug James and many others grace us with their works of art. Their carvings stand throughout the world. We thank these individuals for giving us such a rich history. Our hands are raised to you. Hy'shqe Si'am \o/

Veterans

America's greatest generation. We Honor and thank Clifford Charles and Spaghetti Tom, Lummi's surviving WWII Veterans. We congratulate them on their military service. According to the Veterans Administration every three minutes a World War II Veteran passes away. Those who fought and won the greatest conflict are now mostly in their 90s. They are dying at the rate of approximately 430 a day. For them, the war is over leaving behind the sights, sounds and terrors that most people take for granted. Remember, freedom isn't free.

Domestic Violence

Native women remain quiet when it comes to domestic violence. Early teachings were not to bring shame or disgrace on your family. A lot of abuse goes unreported due to family stigma. If you are a victim of Domestic Violence, call 911. The Lummi Victims of Crime office is located in LIBC. A well trained staff is there to assist you. Call (360) 815-6770 or Lummi Police. Don't be a victim.

Heat Stroke

A heat related illness where the body temperature is elevated dangerously which is a medical emergency. It can be fatal

so always notify emergency services immediately. Symptoms of heat stroke, sometimes referred to as sun stroke, can include dehydration, confusion, agitation, and disorientation. Drink lots of water, avoid the heat of the day and wear a hat and protective clothing. If you have concerns, contact your professional healthcare provider.

Paralytic Shellfish Poisoning

Elders please be aware of red tide an algae bloom that releases neurotoxins. The neurotoxins (biotoxins) are passed to us by eating clams, oysters, mussels or other seafood that thrive on the algae. Eating shellfish during red tide can cause Paralytic Shellfish Poisoning and it can be deadly. If you have symptoms (vomiting, nausea, fever, dizziness) after consuming clams or other shellfish please call 911 seeking immediate medical attention.

Picnic & BBQ

It's time for us to gather around the picnic table. When we were youngsters, it was a simple way of life. Most of us enjoyed BBQ salmon, oysters, clams, lean meats and berries. There were no chemicals or dye in our food. We ate organic living on what nature provided. Today, maintaining a good blood sugar level during the summer isn't easy. Assimilation changed our diets. We were introduced to sugars, cyclamates, sodium, freeze dried, farm grown meats and produce containing hormones, fertilizers and we were introduced to booze. Today the FDA (Food and Drug Administration) is almost as antiquated as it was back then. We are still consuming chemicals detrimental to our health. For informa-

tion about healthy foods, contact Lummi Tribal Health Center at 312-2492 to arrange to speak with a dietitian.

Summer Fun

Gail James enjoyed a day on the water. She and family went on a whale watching cruise around the San Juans.

Mary Waskey journeyed to North Dakato to participate in Sun Dance ceremonies. The hot air was a HOT 102 degrees.

Charlie Scott enjoys his daily walk on Lummi View Drive.

Charlie Miller cares for the plants around the facility when he isn't busy carving.

Angie Martin Solomon is busy baking, canning, and making fry bread.

Claud Wilber visited family and friends in Swinomish.

Henry Laclair enjoys pizza as an all year snack.

Leo and Verna Morris welcomed daughter Rita who moved from Canada.

Activity Room open M-F 9:00am - 12:00pm and 1:00pm - 3:00pm

Lunch M-F at 12:00 Call for transportation 758-3500 (\$3 for non elders).

Diabetic Class Meets Tues & Thurs 10:00-11:00am.

Local Shopping Wednesday after lunch

Elders Luncheon at Silver Reef Casino 2nd Tuesday 11:30

Birthday Lunch every 3rd Thursday.

Toe Nail Care, 2nd Wednesday, 12:15pm "Need a Trim? Bring'em In"

Eucharistic Ministers Fridays at noon for those desiring Holy Communion.

Summer Visiting Hours 8:00am - 10:00pm

Arts & Crafts

Pauline Plaster, Activi-

ties Planner, is working on items for Honor Our Elders Annual Dinner, September 9th. Volunteers are making necklaces, Native bling and cedar weaving. Anyone intersted, please join us we want to see your smiling faces. The activities room is open daily from 9:00 a.m. to 3:30 p.m. Donations are greatly appreciated. We can use beads, yarn, cedar, buckskin, sewing notions, material, and patterns.

Change

As Elders we experienced the changing times. Smokehouse and Cagey Roads were gravel, Haxton didn't exist, Slater was referred to as 1-Z. There were no family villages only large family homes. I drank water from a well fed by a spring, no chlorine, no fluoride. I ate wild game i.e., deer, elk, rabbits, ducks and plenty of seafood. No hormone injected beef or poultry. We had a large vegetable garden, all organic not chemically fertilized. My Grandmother spoke Lummi Chasen with english as a second language. Nowadays, everything is prepackaged, freeze dried, microwaved containing additives to enhance flavor, sodium, lots of sugar and plenty of chemicals.

Beautiful Elders, wishing you love, joy and happiness. Hug your significant other and the grandkids, worship with your family, shake hands, hug and thank a Veteran, email a loved one in the military. Make awesome summer memories. Take care of yourself and take care of each other. Each in his own words. Each in his own way, for a world united in peace, let us bow our heads and pray. Hy'shqe Si'am \o/

2016 War Canoe Race Schedule

Month	Days	Race	Location
August	13 - 14	Songhees / Swinomish	Songhees, Vancouver Island/LaConner, WA
	20 - 21	Chief Seattle Days	Suquamish, WA
	20 - 21	Tulalip Water Festival	Tulalip, WA
	26 - 28	Makah Days	Neah Bay, WA



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Opinions & Perspectives

Bob's Garage "Karting Locally"

By Bob Aiken

(Copyright 2016 by Bob Aiken)

The past few weeks of the Formula One season has found the battle for the F1 championship being fought on the European continent. The two top contenders for the championship this year are teammates, dedicated rivals, and sharers of similar backgrounds. Lewis Hamilton may be of African origin and Nico Rosberg may as European and Caucasian as they come, but they were boyhood friends and shared a major component of their early training as drivers. Both earned their very early road racing experience in Karts.

The term is derived from the older term "Go-Cart", soon shortened to "Carts", then having the "C" dropped in favor of "K" to differentiate the volatile little fire-breathing roller skates from something drawn by a horse. One TV special had Hamilton being interviewed and spending a little time talking about how his father had backed him in his racing efforts and started him out in Karting. There was even video of some kids (in some cases, surprisingly young kids) competing in club racing in Karts. It was kind of spooky to see just how talented and tough those kids were.

Karting is not just a training ground for kids with auto racing aspirations. Karting is in some cases the end-all destination for those who love auto racing, but don't have millions of bucks to go lock horns with the big boys. The equipment may be simpler, the surroundings may be humbler, but the speed, the technique, and the stresses on your body are all very real. The nice thing is that your chances of being dropped off at your house in a body bag by your friends are almost nil. As Karting has become more popular, it has replaced drag racing as the safest form of auto racing around.

As far as this area, Karting may seem to be all that popular. For a long time, the closest serious Karting track that I knew of around here was north of the border in Tswassen, BC. It was a lovely track – laid out to mimic a number of popular race tracks throughout the world. There were any number of different types of turns that forced you into a wide variety of racing lines through them. In many cases, sliding the Kart was the only sane way through as that scrubbed speed without you having to touch the brakes – and touching the brakes was a sure way to end up bouncing through the grass. Evidently, the list

has grown.

An online search turned up three Karting tracks in Western Washington: One in Seattle, one in Mukilteo, and one in Sumas. In British Columbia, the list turned out to be longer. "Fun and You.com" lists tracks in Vancouver, Surrey, Burnaby, Richmond, Abbotsford, and Coquitlam.

The nearest track to where we are is in Sumas. It's the SIMA Go Kart Racing Facility located on 529 West Front Street in Sumas, WA (phone: 360-988-5104). It's easy to get to. As you are entering Sumas, you'll see the fairgrounds on your right. West Front Street will be on your left soon after. If you find yourself surrounded by city buildings, turn around, you've gone too far. The race track is just over the railroad tracks and less than a quarter-mile beyond. With all of the banners and the big parking lot, you can't miss it. There is a large pavilion that houses the Karts and a walkway that leads you to the store, greeting area, ticket booth....or whatever you want to call it.

The day that I arrived there, I saw five other folks who were getting tickets and being briefed on race and track etiquette. That made sense. Nobody's

supposed to die doing this, after all. I asked about tickets and got the rates: the Karts rented for \$25 for ten minutes, \$45 for twenty minutes, and \$65 for thirty minutes. Rather ominously, the 30-minute package was labeled "endure". I wondered what endurance had to do with being on the track in a Kart for thirty minutes. There was also a one-time \$3.50 charge for a balaclava. This little garment fits over your noggin and offers only a slit in front of your eyes to allow you to see. In normal racing venues, it is made of fireproof fabric and is used as additional protection under the helmet from burns to the face and scalp and fire inhalation. In our case, it also provided protection from the inside of a helmet that had been used by a wide number of people. It also allowed the helmet (full face) to slide easily down over our heads. If you are a repeat visitor to the track, you just bring your balaclava with you to avoid the \$3.50 charge again.

Once we all received our little lecture and were sent out to the pavilion, we received another brief lecture about how to avoid stalling the engine on the course, not ramming the other paying customers, and what to do if we wound up in the grass pointing

backwards with a dead engine (Sit tight. Someone will be out to take care of you.). Then they started the karts and turned us loose.

Any delusions of grandeur that I might have fostered soon evaporated. I was not hitting the right lines through the turns. The guys ahead of me stayed ahead. I began to learn that with this track and these karts, I didn't need the brakes unless I was about to pack someone in the rear. I also learned that I didn't know diddily about driving in traffic. One of the side lessons was that with the visor closed on the helmet, there were times that the visor was so fogged that I couldn't see. One quasi-religious experience can have is to be sailing at speed through the far hairpin on the track with the wheels hard over and the visor clearing just in time for you to see that you are aimed and a red-and-black wall. One hint: hitting the brakes will put you into that wall. Keeping your foot in the gas and the wheels turned hard will allow to slip through with a minimum loss of speed.

I'm headed back soon. There's a lot I have to learn.

Lummi Indian Business Council

Public Hearing

Tuesday ~ 5pm
August 16, 2016

**Title 28
Budget and Finance Code**

**Silver Reef Events Center
360-312-2142**

Lummi Indian Business Council

Public Hearing

Wednesday ~ 5pm
August 17, 2016

**Title 21
Tobacco Code**

**Council Chambers
360-312-2142**

Dear Editor

My loved one: the drug dealer

In some movies and television shows they portray the drug dealers as a cold ruthless person who has an evil intent to build an empire of wealth. We all know that this isn't usually the truth.

The drug dealer could be our brother, sister, mom, dad, uncle, cousin or a close friend. They deal not to make a huge profit, but to survive. They act on behalf of the demands of the drugs.

There wouldn't be a need for the drug dealer unless there was a demand. The demand is strong and growing each day. People are shackled by the devils of addiction that holds some hostage. Withdrawals are the enemy. The intense pain and suffering sometimes followed by death. For some maybe the angel of death is a welcomed blessing from the hellish nightmare that will never see the sunlight of recovery.

So what is the solution? Some say jail or prison others say banishment, and the majority agree treatment is the best solution, but sadly the active addict doesn't want to be saved, and treatment only works if there is an honest desire to quit.

The old ones lived in a time where survival meant fighting for your life. The survival didn't rest just on one person. It was the community as a whole that made it possible. I don't know, but I think if someone or something was a threat to that survival; they would have dealt with it swiftly.

Some say that unconditional love is the answer, but do you love the crabs that hold you and your loved ones down in the bucket of hopelessness and despair? When do we say enough is enough? Are we killing

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each other with continued kindness and acceptance? Nobody wants to offend or hurt a loved one with actions or words, but do we just accept it? There are some people who won't swim to the shores of recovery? Do we drown with them to show our unconditional love?

There is no question that these issues are because of the European take over, and tragic events that followed. Have we been so busy fighting for our treaty rights that we have forgotten to fight for the people

The world is unbalanced in many ways. The drumming and singing of hope is in the air, but it is faint. We must come together as family and face the storm together knowing that not everyone will survive. We must plant seeds for future generations. Do we break off the crab claw that holds us down, or do we simply not break free. I believe that the problems of the people will be resolved not from the outside, but from the inside. Do we teach our children to repeatedly forgive until there's nothing left to give?

Do we continue to send the message that it's okay to be stolen from, and be manipulated and disrespected? Do we want strong families? The police are a Band-Aid that doesn't heal the wound. We need to come together and pull away from the crabs, and save the ones that want to come with us.

The dynamics of addressing the addiction epidemic in our community is vastly different than that of outside community. We are all related in some way, and the addict has to return from treatment only to face the same environment, people and triggers. If treatment isn't readily available the addict may sink back into the addiction, and the desire may be lost forever. Timing can be crucial to save their lives.

Submitted by Rich Turner

Elders
 Birthday
 Luncheon
 Thursday
 August 25, 2016
 12 noon
 at
 Little Bear




The Native Creative Development Program™ Application Guidelines & Form
 Longhouse Education and Cultural Center
 The Evergreen State College
 2700 Evergreen Parkway NW
 Olympia, Washington 98505
 (360)867-6718 phone/ (360)867-6699 fax

The *Native Creative Development Program™* was designed to address the professional development needs of individual Native artists, such as purchasing supplies and materials, harvesting resources, portfolio development, apprenticeships, workshop fees, training and education, teaching a workshop, etc. Applications for **all forms of visual, performance-based arts, media and literary arts** will be accepted. **Native** is defined as: American Indian, Alaska Native or Native Hawaiian. Documentation of ancestry is required.

You must be a Washington or Oregon resident to be considered for this award.

APPLICATION GUIDELINES

- Application deadline:** Wednesday, **October 19th, 2016**, by the end of the day.
- Award notification:** You will be notified by Wednesday, **December 14th, 2016** of the outcome of your application.
- Project duration and timeline:** Grantees have **one year** to complete their projects.
- Evaluation and documentation:** At the conclusion of the project, we require a specific report from the artist describing how the project was accomplished based on the criteria used in the initial application. Applicants selected for the grant program will receive the report template to be used. The report will assist the Longhouse in mapping out artists' needs, challenges and successes as part of its overall work in the field of Native arts, and more specifically how your work contributes towards your knowledge and skills in your art form. Awarded artists will receive a report template.
- Award Amount:** The Longhouse's Native Arts Advisory Board will select proposals that will each be awarded **from \$2,500 to \$5,000**. Total project costs may exceed \$5,000 as long as other sources of funding are identified in the application.
- New artists encouraged to apply:** Artists who have never received a grant from the Longhouse will receive priority consideration.

CRITERIA FOR AWARDS

- Provide a clear project description, duration and timeline with goals, objectives and outcomes indicated.
- The application must clearly identify how funding the proposed project will benefit the artist's professional development in expansion of skills, experience and/or mastery of various artistic media.
- The application will identify how the proposed project would contribute to the field of Native art through contemporary expression or traditional expression.
- The full cost of the program is reasonable and includes a detailed budget that clearly outlines how all expenses will be met by the grant funds and other funds if applicable.
- SEND THE APPLICATION AND THE JPEG images electronically.**

In Loving Memory

Josephine Ellen Bennett

1946 - 2016

Josephine Ellen Bennett, age 69, of Bellingham, WA., and the Lummi Nation, passed away on July 30, 2016. A Prayer service was held on Wednesday, August 3, 2016, and a Funeral Service on Thursday, August 4, 2016. Both services were held at the Wexliem Community Building.

Thomas Peter Tom

1956 - 2016

Thomas Peter Tom, age 59, of LaConner, WA, and the Lummi Nation, passed away on Saturday, July 16, 2016. A prayer service was held on Tuesday, July 19, 2016, and a funeral service on Wednesday, July 20, 2016 at 10:30am. Both services were held at the Wexliem Community Building.

Chad Barrett Priest

1975 - 2016

Chad Barrett Priest, age 40, of Bellingham, WA, and the Lummi Nation, passed away on July 8, 2016. A prayer service was held on Tuesday, July 12, 2016, and a Funeral service on Wednesday, July 13, 2016 at 10:30am. Both services at the Wexliem Community Building.

Chad Barrett Priest is survived by his parents: Mom, Jacqueline Ballew, and Dad, Larry Priest; daughter, Olivia Priest; son, Ostin Priest; sister, Rena Priest; brother, John Leathers; niece, Lela Childs; nephew John Priest; and numerous aunts, uncles, nieces, nephews, cousins, and friends.

He was preceded in death by: his brother, John Priest; his maternal grandparents: Wayne & Rena Ballew; his maternal great grandparents: Sadie Jones & Alfred Lane and Casimir Ballew & Anna Solomon; great great grandparents: Aurelia Balch Celestine & Frances Celestine and Richard Ballew & Mary Ann Washington; his paternal grandparents Eva Betty Hamerly & William Gianoudias; paternal great grandparents: Edith (Lane) Jones & Damien Solomon; great great grandparents August Solomon & Susan Warbus.



Announcements

The Announcements section is dedicated for community members to express their positive thoughts. These comments are the views of the submitter and not of the Squol Quol or LIBC. Please keep submissions in a positive light.

Placing an ad in the Squol Quol

The Squol Quol newspaper is printed the first week of each month

Your ad can be emailed to squolquol@lummi-nsn.gov; faxed to 360-312-9812; mailed to Lummi Squol Quol, 2665 Kwina Road, Bellingham WA 98226 or a hard copy can be delivered to the Communications Department at the Lummi Indian Business Council Administration Building. The Squol Quol has a circulation of 2,000 copies per month.

Your ad can arrive complete or we can do the design and layout. There would be a one time additional cost for design and layout of an ad. Editing of an ad would also include additional costs. Design costs will vary depending on the time invested in the creation or editing of the ad. Squol Quol deadlines are always around the 25th of the previous month. 360-312-2135

Full page ad
(w) 9.4833" x (h) 15.8541"

Black & white \$350.00 Full color \$525.00

Half page ad
(w) 9.4833" x (h) 7.5208

Black & white \$190.00
Full color \$275.00

2-column Full length ad
(w) 3.7016" x (h) 14.934"

Black & white \$105.00
Full color \$160.00

3-column Full length ad
(w) 5.615" x (h) 14.934"

Black & white \$160.00
Full color \$240.00

Business card size ad
(w) 3.7016" x (h) 2"

Black & white \$25.00
Full color \$45.00

2-column half length ad
(w) 3.7016" x (h) 7.5208"

Black & white \$55.00
Full color \$85.00

3-column half length ad
(w) 5.615" x (h) 7.5208"

Black & white \$35.00
Full color \$130.00

Bottom page ad
(w) 9.6083" x (h) 2"

Black & white \$35.00 Full color \$75.00

Tribal ID cards that have been found and returned to Enrollment Office:

- Latonya Ballew
- Kimberly Cooke
- Sundrea Lopez-George
- Corienna Hagen (Greene)
- Coquitlam BC Issue
- Maureen Greene
- Ronald Kiely
- Darick Lane
- Nathan Oldham
- Leonard Morris
- Lisa Tom
- Edward Waller
- Garnet Ward Sr.
- Chicko Morris
- Ashlie Bewley
- Georgia Cagey
- Ariel James

Lummi Elders on the Go - (62+) and Older

The Skokomish Tribe has Cordially Invited the Lummi Elders to The (2016 Elder's Picnic) - First Elk Ceremony & Chum Run

Sat. Aug 20th at the Tuwaduq Community Park - Located in Skokomish on Reservation Road

10:00 a.m. Chum Run Registration - Followed by Starting Line Up

12:00 p.m. - Elk Ceremony & Feast - Raffle Drawing throughout

The Lummi Elders Program has (9) rooms with double occupancy & (1) bus reserved to participate in this event. The bus will be leaving on Aug. 20th and elders will be staying (1) night in Shelton and returning the following day.

If you are an enrolled Lummi elder (62+) and would like to be considered for the (1) over-night trip, please call Pauline Plaster to be added to the travel list at: [\(360\)758-3500](tel:3607583500) and speak directly to Pauline Plaster.

THE SKOKOMISH TRIBE
CORDIALLY INVITES YOU TO THE

2016 Elder's Picnic
First Elk Ceremony & Chum Run

Sat. Aug 20th
At the Tuwaduq
Community Park
Located in Skokomish on Reservation Road

10:00 AM
Chum Run Registration
Followed by Starting Line up

12:00 PM

The Announcements section is dedicated for community members to express their positive thoughts. These comments are the views of the submitter and not of the Squol Quol or LIBC . Please keep submissions in a positive light.

Announcements

Elders August Birthdays



4 generations in my family:
 Mom- Lillian "Marie" Jack-Ballew
 Daughter- Alexandra Ann Jefferson
 Granddaughter- Ayla Marie
 Jefferson-Weebothee (Martin)
 Great Granddaughter-
 Alexa Lillian Mary Martin

This photo was taken on Alexa's 1st birthday July 4th, 2016. So blessed!



Happy belated birthday to my husband Willy Owings on August 21st. Thank you for being by my side and being my support system. I am forever grateful to have such a caring husband and a loving father to our children. We make a good team and I couldn't do it without you. Hope you had a blast in California for your birthday. Love you as big as the world. Love Mia, Lil Willy, Adison and Baby Leah

Tashina, Happy Anniversary my love! You've had my heart since the beginning baby. No one could ever understand what I feel for you & that's okay. I'll always choose you. On this day one year ago, we decided that we belonged together & 7 months later, we vowed it was for life. You are my best friend and the love of my life. I can't wait to spend more anniversaries with you! Here's to the many more years we have together, my wife. You are my everything! I hope you realize how much I adore you and love you with all my heart & soul. Forever & Always. Love your wife, Kymberlie Coss

Happy Birthday brother Smokey. Love and prayers sister Vickie.

Tashin, Happy 1 year Anniversary Baby: August 31st. I love you so much Beautiful. Her's to many more! Love Kym.

Happy Birthday Grandpa Merle aka Papa! Love Snoop, Julie, Edna, Brandon, Aubryana, Xavier, Patricia, Loren III, Alice, and Merle 2.5

- Isabelo Alcayaga Jr.
- Patricia Alvarez
- Ruby Boome
- Ronald Brown
- Yvonne Cagey
- Lucky Case
- Phyllis Cliett
- Sharon Coss
- Antonio Dick
- Douglas Edwards
- Janet Edwards
- Frederick Egawa
- Anne Fields
- Bernard Finkbonner
- Michael Finkbonner
- Robert Finkbonner
- Joe Franzen Sr.
- Kenneth Gainer
- Gerald George
- Thomas George Sr.
- Joel Greene
- Arcenia Head
- Andrew James
- Armour James Sr.
- Harlan James
- Iris James
- Michael James
- Sheri James
- Henry Jameson
- Isabelle Jefferson
- Levi Jefferson Sr.
- Merle Jefferson Sr.
- Cheryl Jensen
- Ardellina Johnson
- Mary Johnson
- Vernon Johnson Sr.
- Terry Jones
- Karen Julius
- Vela Kamkoff
- Sharon Kinley

- Bernard Laclair
- Alfred Lane
- Laverne Lane
- Marcelline Lane
- Vernon Lane Jr.
- Charles Lawrence
- Elizabeth Lawrence
- Theresa Lawrence
- Duane Lee
- Kenneth Long
- James Lyness
- Mary Mangiapane
- Josephine Martin
- Valentina Martin-Felix
- David Misanes Sr.
- Vincent Misanes Sr.
- Stacey Moore
- Mary Morris
- Mae Moss
- Herbert Nickolsen
- Thelma Patton
- Linda Paul
- Ardith Phair
- Francine Phair
- Lorna Phair
- Marie Ramos
- James Revey
- Karl Sanders
- David Scarborough
- Kevin Smith
- Mary Anne Solomon
- Phillip Solomon
- Sharon Suttle
- Carl Talas
- Patricia Webster
- Carol Zuvich

On behalf of the Thomas Family.
 August: 2 Theresa "Twee" Thomas
 – Beloved Mother and Grandmother
 7 Percy Solomon
 9 Kordellia "Kora" Solomon
 15 Mary Hillaire
 20 Amelia James
 26 Isaiah Wolf Tale Wells
 31 Aunt G

May you all be blessed in all of your days but especially your special day. Prayers for our loved ones celebrating in heaven. Love The Thomas Family



Summer Youth Skating

July 20, 2016

