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Streamlined Regulations Encourage Water Reuse

Proposed reclaimed water rule will help state prepare for future droughts

Department of Ecology
NEWS RELEASE
June 22, 2015

OLYMPIA – A draft rule would help Washington deal with water shortages by encouraging local jurisdictions to reuse or reclaim water.

Reclaimed water is water that is treated by sewer plants to ensure it is safe for other uses, such as irrigation, controlling dust or flushing toilets. Use of reclaimed water conserves our limited supplies of drinking water.

Reclaimed water can also be reused to create, restore and enhance wetlands, recharge underground water supplies, and increase flows in rivers. It improves water quality by reducing the amount of wastewater that treatment plants discharge into Puget Sound and other waters.



“This proposal gives our state an additional tool to reduce the impacts of water shortages and drought conditions in the future,” said Maia Bellon, director of the Washington Department of Ecology, which is developing the rule. “This is part of our broader initiative to prepare for climate change, while also protecting the health of our

waters and preserving our diminishing water supplies.”

In Washington, 28 local jurisdictions are already putting reclaimed water to work, including Olympia, Lacey, Tumwater, Quincy, Airway Heights, and King County.

The state’s draft reclaimed water rule would establish new regulations for

all reclaimed water projects by creating a consistent implementation framework, including standards and permitting requirements.

Components of the draft rule include:

A single permit for the production, distribution and use of reclaimed water.

Definitions of reclaimed water that protect public health.

A process to define and potentially resolve water rights issues.

A requirement for all currently operating reclaimed water facilities to come into compliance with the new regulations that includes flexibility.

The public is invited to review and comment on the draft rule until Aug. 21, 2015. Ecology will hold two public *(Continued on page 7)*

NOTICE

Red Flag Fire Alert

The Lummi Nation’s Natural Resource Department has declared a Red Flag Fire Alert due to the extreme fire danger caused by hot summer weather and low fuel moisture levels.

This alert covers all lands within the exterior boundaries of the Lummi Indian Reservation.

- All Land clearing and yard debris must be discontinued
- Cultural fires, recreational fires that do not exceed 3 feet in diameter and are built in an enclosure, and burning in a burn barrel with a wire mesh cover as per Lummi Nation Code of Laws Title 18.04.030 are allowed.
- Use extreme Caution when lighting fireworks. Have a bucket of water and a fire extinguisher around at all times.
- Do not light or aim fireworks around dry vegetation or near any housing facilities. Use fireworks only in a wide open area, well away from any buildings, vehicles, or vegetation.
- All burning permits are hereby suspended until further notice.

****Lummi Communications department will be releasing fire information on a daily basis during this alert.**

Pacific Northwest History Classes Now Required to Teach Tribal History

Submitted by: Henry Hillaire

In the month of May, Governor Jay Inslee had signed a piece of legislation requiring that Pacific Northwest History classes structure their historical, cultural, and governmental history with input from Washington’s 29 federally recognized tribes. For the first time, history is going to be taught with everyone’s point of view, instead of just the European influences. Washington is the second state in the United States to adopt such a program, the first being Montana.

However, Unlike Montana, Washington did



not set aside any funding for the program. Montana set aside a whopping \$4.4 million. Funding for Washington’s program will have to come from our tribes, private

donations, and the Office of the Superintendent’s budget. Altogether, \$300,000 has been raised for the program. Many are worried that teachers will have a difficult time

implementing Tribal History into their curriculum, especially with these budget troubles. Their main concern is that certain teachers will be resistant to, or have no interest in implementing Tribal History as well as parents who might feel the curriculum will foster “white guilt” in children.

Although there are still obstacles, there are officials and teachers tackling the new program with everything they got. Tribal history has been a huge gap in our Pacific Northwest History classes that is finally being filled. Finally, we can look forward to more awareness and education about our Native peoples.



LUMMI SQUOL QUOL
2665 KWINA ROAD
BELLINGHAM, WA 98226
360-312-2135

Community Updates

NW Tribe Bringing Oral Health Care into 21st Century

Swinomish turn to train and hire dental health aide therapists to address dental health crisis

FOR IMMEDIATE RELEASE
Tuesday, June 30, 2015

CONTACT:
John Stephens, Swinomish Indian Tribal Community, 360-319-1698

Pam Johnson, Northwest Portland Area Indian Health Board, 206-755-4309

Sarah Beccio, National Congress of American Indians, 410-371-5551

ST. PAUL, Minnesota -The Swinomish Indian Tribal Community today announced the launch of an innovative new program to better address the oral health crisis in Indian country and help bring tribal oral health into the 21st century.

"Oral health is essential to overall health," said Brian Cladoosby, Chairman of the Swinomish Indian Tribal Community. "We cannot have healthy communities without access to reliable, high quality and culturally competent dental care."

Oral health research shows that lack of access to providers and historical traumas have caused Indians to lead the nation in oral disease rates, with Indian children today suffering tooth decay at three times the national average.

"We as Indians have long faced an oral health crisis, and the crisis is only growing," said Cladoosby. "But there just aren't enough dentists in Indian country to address this crisis. The Swinomish dental clinic sees more than twice the number of patients per provider as the national average. That's why we are expanding the Swinomish dental team through the proven solution of training and employing dental health aide therapists."

Similar to nurse practitioners and physician assistants, dental health aide therapists are highly trained mid-level dental providers who expand the capacity of dentists by delivering a number of routine and preventive dental services, including fillings and simple extractions.

Tribal communities in

Alaska introduced the first successful dental therapist workforce in the United States over ten years ago. Since then, the program has expanded care to more than 45,000 Alaska Natives in dire need of consistent preventive and restorative care. After seeing the success in Alaska, states and tribes nationwide have sought to have providers like DHATs, called dental therapists, practice in their communities. As a result, dental therapists have been practicing in Minnesota since 2011 and were authorized to practice in Maine last year.

"We must break the cycle of poor oral health, and while it may take a generation, we must start now," said Cladoosby. "Alaska has seen great success in solving a native problem with a native solution. We want to export that success to our community, which is why we are sending a Swinomish Tribal member to Alaska this summer to begin her dental health aide therapy training. When she returns, she will be a Swinomish provider serving the Swinomish community in a dental clinic built by the Tribe on our land."

"Tribes are sovereign governments, well-equipped to bring the re-

quired resources to their tribal communities," said Jacqueline Johnson Pata, Executive Director of the National Congress of American Indians. "The effort launched by the Swinomish today can and should be duplicated by tribes all across the country to better ensure that their members receive the dental care they need. We stand hand in hand with the Swinomish today."

The Swinomish Indian Tribal Community is working in partnership with the Northwest Portland Area Indian Health Board and the W.K. Kellogg Foundation in a regional effort to bring new and innovative dental resources into the Pacific Northwest.

"We applaud this commitment and all efforts that make the challenges and successes of native children and their families a visible and central part of our public discourse," said La June Montgomery Tabron, president and CEO of the W.K. Kellogg Foundation. "By modernizing the trust relationship and empowering tribes, as President Cladoosby advocates, tribal-led solutions can be developed to ensure that native children can succeed

(continued on page 6)

SQUOL QUOL

The Lummi Squol Quol (SQ) is the official publication of the Lummi Nation. Published monthly by Lummi Communications – the SQ welcomes articles and information including: letters to the editor, news tips, photographs, information and events.

Items printed in the SQ, in no way directly reflect the opinions of the Squol Quol staff or members of the Lummi Indian Business Council (or their employees), unless otherwise noted. All editorials, letters, and guest columns are encouraged for submission with the understanding that all materials are subject to editing for content and/or space.

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Bellingham Tides August 2015

Day	Time	Ft.	Time	Ft.	Time	Ft.	Time	Ft.
SA 1	12:06A	4.7	5:15A	7.8	12:21P	-1.7	7:32P	8.6
SU 2	12:56A	4.1	6:14A	7.6	1:05P	-1.3	8:06P	8.7
M 3	1:50A	3.4	7:15A	7.2	1:50P	-0.5	8:41P	8.8
TU 4	2:46A	2.6	8:22A	6.7	2:37P	0.6	9:18P	8.8
W 5	3:46A	1.9	9:35A	6.2	3:27P	1.8	9:57P	8.7
TH 6	4:49A	1.3	11:00A	5.9	4:22P	3.0	10:38P	8.6
F 7	5:54A	0.7	12:48P	6.0	5:26P	4.1	11:22P	8.3
SA 8	6:59A	0.2	2:31P	6.5	6:42P	4.9
SU 9	12:12A	8.0	8:00A	-0.2	3:43P	7.2	8:04P	5.4
M 10	1:08A	7.8	8:55A	-0.4	4:37P	7.7	9:19P	5.4
TU 11	2:06A	7.6	9:44A	-0.6	5:20P	8.0	10:19P	5.3
W 12	3:03A	7.4	10:26A	-0.6	5:57P	8.2	11:05P	5.0
TH 13	3:55A	7.3	11:05A	-0.5	6:30P	8.2	11:44P	4.7
F 14	4:42A	7.2	11:41A	-0.2	6:57P	8.2
SA 15	12:20A	4.3	5:26A	7.1	12:16P	0.1	7:21P	8.1
SU 16	12:56A	3.8	6:10A	6.9	12:51P	0.6	7:43P	8.0
M 17	1:34A	3.4	6:56A	6.7	1:27P	1.1	8:06P	8.0
TU 18	2:14A	3.0	7:44A	6.5	2:04P	1.8	8:31P	7.9
W 19	2:56A	2.6	8:37A	6.2	2:42P	2.6	9:00P	7.9
TH 20	3:40A	2.2	9:35A	6.0	3:22P	3.4	9:31P	7.7
F 21	4:28A	1.8	10:44A	5.8	4:07P	4.2	10:05P	7.6
SA 22	5:20A	1.4	12:17P	5.8	5:05P	4.9	10:43P	7.4
SU 23	6:15A	1.0	2:24P	6.2	6:18P	5.4	11:27P	7.3
M 24	7:11A	0.6	3:31P	6.7	7:34P	5.6
TU 25	12:19A	7.3	8:06A	0.1	4:11P	7.1	8:38P	5.5
W 26	1:19A	7.3	8:57A	-0.4	4:42P	7.5	9:29P	5.2
TH 27	2:22A	7.5	9:45A	-0.8	5:11P	7.8	10:14P	4.7
F 28	3:24A	7.7	10:31A	-0.9	5:40P	8.1	10:59P	4.0
SA 29	4:24A	7.8	11:16A	-0.8	6:10P	8.3	11:44P	3.1
SU 30	5:24A	7.9	12:00P	-0.4	6:42P	8.5
M 31	12:31A	2.3	6:24A	7.8	12:45P	0.3	7:16P	8.6

Light Type Low Tide Pacific Daylight Time Bold Type High Tide

Bellingham Tides July 2015

Day	Time	Ft.	Time	Ft.	Time	Ft.	Time	Ft.
W 1	3:40A	8.0	11:17A	-1.9	7:04P	8.3	11:42P	5.8
TH 2	4:25A	7.9	11:58A	-2.2	7:37P	8.5
F 3	12:30A	5.6	5:14A	7.7	12:40P	-2.3	8:12P	8.7
SA 4	1:22A	5.3	6:08A	7.4	1:24P	-2.0	8:48P	8.9
SU 5	2:19A	4.8	7:07A	7.0	2:09P	-1.4	9:26P	8.9
M 6	3:20A	4.1	8:12A	6.4	2:56P	-0.5	10:03P	9.0
TU 7	4:26A	3.3	9:25A	5.8	3:45P	0.6	10:42P	8.9
W 8	5:33A	2.4	10:50A	5.3	4:38P	1.8	11:22P	8.9
TH 9	6:37A	1.5	12:37P	5.2	5:38P	3.1
F 10	12:03A	8.7	7:35A	0.5	2:33P	5.8	6:45P	4.2
SA 11	12:46A	8.6	8:28A	-0.3	3:55P	6.6	7:57P	5.0
SU 12	1:32A	8.4	9:16A	-0.9	4:55P	7.4	9:07P	5.5
M 13	2:19A	8.2	10:00A	-1.3	5:43P	8.0	10:11P	5.6
TU 14	3:06A	8.0	10:41A	-1.5	6:25P	8.4	11:06P	5.6
W 15	3:52A	7.8	11:20A	-1.5	7:02P	8.5	11:57P	5.5
TH 16	4:38A	7.5	11:58A	-1.3	7:37P	8.6
F 17	12:44A	5.2	5:23A	7.3	12:36P	-1.0	8:08P	8.5
SA 18	1:30A	4.9	6:08A	6.9	1:14P	-0.6	8:37P	8.5
SU 19	2:18A	4.5	6:56A	6.5	1:52P	0.0	9:03P	8.4
M 20	3:07A	4.1	7:47A	6.1	2:31P	0.7	9:30P	8.3
TU 21	3:58A	3.6	8:43A	5.7	3:10P	1.6	9:57P	8.2
W 22	4:50A	3.1	9:47A	5.3	3:50P	2.5	10:27P	8.1
TH 23	5:41A	2.5	11:04A	5.0	4:35P	3.4	11:00P	8.0
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SU 26	12:13A	7.8	8:05A	0.6	4:20P	6.4	7:47P	5.5
M 27	12:55A	7.7	8:48A	-0.1	4:59P	7.0	8:51P	5.8
TU 28	1:42A	7.8	9:31A	-0.8	5:30P	7.5	9:44P	5.8
W 29	2:32A	7.8	10:13A	-1.4	5:59P	7.8	10:32P	5.6
TH 30	3:25A	7.9	10:55A	-1.8	6:28P	8.1	11:19P	5.2
F 31	4:19A	7.9	11:38A	-1.9	6:59P	8.4

Light Type Low Tide Pacific Daylight Time Bold Type High Tide

Community Updates

Silver Reef Hotel Casino Spa Employment Opportunities

Washington's Newest and Best Casino is currently recruiting friendly, outgoing people for the following positions. All positions require outstanding customer service. Please submit an employment application to the Human Resources Department at the address indicated below. All employees must be able to pass a pre-employment drug screen and be able to obtain a Class II/III Gaming License. All Salaries are Depending on Qualifications. The Silver Reef will offer a comprehensive benefits package. The Silver Reef Casino Practices Native American Preference in hiring according to law. **CURRENT AS OF JUNE 30, 2015**

Class II

Banquets Server	Part-Time
Continental Server	Part-Time
Restaurant Server	Part-Time
Restaurant Host Cashier	Part-Time
Gift Shop Host	On-Call
Hotel Front Office Agent	Full-Time
*Kitchen Steward	Full-Time
*Steak House Busser	Part-Time
*Steak House Server	PT/FT
*Facilities Engineer	Full-Time
*Panasia Cook	Full-Time
*Baker	Part-Time
*Hotel Room Attendant	OC/PT/FT



Class III

*Graphic Designer	Full-Time
*Director of Food & Beverage	Full-Time
*Slot Technician	Full-Time
*Security Officer	Full-Time
*Cage Cashier	PT/FT
*Hotel Front Office Supervisor	Full-Time
*Security D/R Supervisor	Full-Time

*Knowledge/Experience Required

All positions do not have closing dates. Open until filled. If you would like more information call (360) 543-7185. Applications may be picked up at: Silver Reef Casino, 4876 Haxton Way, Ferndale, WA 98248 Resumes may be E-mailed to: applications@silverreefcasino.com Completed applications and resumes may be faxed to (360)384-6425 You may refer to our Website address: www.silverreefcasino.com and click on the Employment option.

LUMMI INDIAN BUSINESS COUNCIL CURRENT JOB OPENINGS

How to Apply: Submit a complete application packet no later than 4:30 p.m. of the closing date. If you're enrolled in a federally recognized tribe, attach a copy of your enrollment card/verification to the application in order to qualify for the Native Preference Policy. Fax (360)380-380-6991. E-mail: LIBCHR@lummi-nsn.gov Mail AUN: HR 2665 Kwina Rd. Bellingham, WA. 98226. If you have any questions feel free to contact the HR office at (360) 312-2023. **Current as of July 1st.**

Job Title	Department	Closing Date:
Maintenance Repairer	Lummi Housing Authority	July 2, 2015
Culture Teacher	Lummi Nation School	July 6, 2015
Administrative Assistant	Probation	July 8, 2015
Intake Specialist	Lummi Child Support	July 9, 2015
Speech Therapist Early Learning Cntr.	Early Learning Center	July 29, 2015
Bus Driver	Lummi Nation School	Until Filled
Custodian	Lummi Nation School	Until Filled
<i>*On-Call</i>		
On-Call Transit Operator	Lummi Transit & Transportation	Continuous
Fitness Center Attendant	Lummi Tribal Health Center	Continuous
<i>*Temp-Part Time</i>		
Fitness Center		
Commissions/Board of Directors	Department	Closing Date:
Commissioner	Law & Justice	10/22/15
Exclusion Hearing Committee Panel	Law & Justice	10/22/15

LIBC Job Opening: Dentist

Dentist: Provide comprehensive dental health services to tribal population. Requires DDS or DMD; Advanced Education Program in General Practice Residency; 1 year exp as dentist incl dental implants, basic oral surgery, oral examinations, diagnosis of pathological or irregular conditions, interpretation of dental radiographs, administration of local anesthesia and treatment of oral infections, performance of tooth extractions, restoration of simple and complex cavities. Must also include performance of root canal therapy. WA State Dentistry license or immediate eligibility. Position with Lummi Indian Business Council in Bellingham, WA. To apply, send resumes to HR, 2665 Kwina Rd, Bellingham, WA 98226 or LIBCHR@lummi-nsn.gov.

PUBLIC NOTICE

TO: JOHNSON MENINICK, DOB 06/20/1986

Case No.: 2015 CVPD 4207

A person has started an action in the Lummi Tribal Court asking it to grant a Temporary Order For Protection and Notice Of Hearing, against you. You can obtain a copy of the petition at the address below. If you do not file a written response within 21 days after the first day of publication of this notice, the court may enter a default judgment against you granting for the relief requested.

Court's Name: Lummi Tribal Court

Court's Address: 2665 Kwina Rd., Bellingham, WA 98226

Petitioner's Attorney's Name: Lummi Victims of Crime, CLP



CURRENT JOB OPENINGS

Job Title	Department	Closing Date:
Coordinator for Donor Advancement and Development	Foundation Relations	6/30/2015
Marine Ecology Faculty	Sciences	Review date: 7/14/2015 Open Until Filled
Resident Advisor - 10 months (2 positions)	Residence Life	Open Until Filled
Residence Advisor - 12 months	Residence Life	Open Until Filled
Tribal Government and Business TGBM Department Management Faculty (2 positions)		Open Until Filled

Please review the complete job announcement at www.nwic.edu for the application instructions or call (360) 392-4230 for further information.

Human Resources, Building #2, 2522 Kwina Road, Bellingham, WA 98226



Tim Ballew II, Chairman

Now Siam,

First and foremost I would like to thank our veterans, active servicemen and those who are gone who fought for our freedom. I would also like to wish the community a Happy 4th of July! Without our servicemen, we wouldn't be able to enjoy the freedom we have today.

With these summer months coming up I hope you enjoy the warm sunny days and continuing your family traditions at portage and other cherished traditional sacred sites in the San Juan Islands. July is the peak season for our fishermen to continue to

Chairman's Update

harvest crab, clams, salmon, oysters and other traditional seafoods. We must continue these traditional ways that our ancestors passed on for ceremonial, traditional, spiritual, subsistence and commercial purposes.

June Recap

The month of June was a busy month for the Lummi Nation. On, June 3, the Annual Fish Commission meeting was held at the Silver Reef Casino. Congratulations to the new commission member and commission members who retained their respective seats. Serving on the Fish Commission is a job in itself and the Lummi Nation thanks the commission for their dedication to the community. On June 4, the Lummi Nation School celebrated commencement day with none other than, Legion of Boom's own, Richard Sherman. Again, congratulations to all the graduates from the youngest at the Early Learn-

ing Center to the oldest at Northwest Indian College. On June 5, the Lummi Nation celebrated the return of the salmon with the First Salmon Ceremony at the Lummi Nation School. There were many guests in attendance and special recognition to Col. Buck of the United States Army Corps of Engineers for speaking on behalf of our trustee. On, June 8, Justin Guilloiry, President of Northwest Indian College (NWIC) presented an annual report to LIBC. The NWIC success can be attributed to the past leaders who kept the vision and dream alive, as well as current employees who strive to make NWIC a better higher education institution. The next day, the 9th Annual Kwina Mile took place from the Commods to the NWIC. As always, I laced up my running shoes to carry on the new tradition of opening up Stommish Water Festival. This year marked the 69th Annual Stommish Water Festival. I hope all were

able to attend and enjoy and partake in the variety of events and festivities at the Stommish grounds. The fish commission, community members and I volunteered in the barbecue fish pit. It was an honor to volunteer and I hope you were able to give a helping hand at this year's Stommish. Lastly, I hope all our fisherman had a plentiful catch as they set their gear for the early crabbing season last month.

July Events and Update

July is the month our fishermen prepare their gear and boats for the salmon runs that head up the rivers to spawn. The Lummi Nation will continue to be fishers and I hope this year's harvest will allow our fishermen to provide for their families.

One event that will be held throughout the summer is Kwina Movie Night outside at the administration building in the grass area outside the main lobby

and will be held every Friday night until the end of August. Please watch out for fliers if you haven't seen one yet.

The work of LIBC will carry on as we set to accomplish our 2015 goals and priorities for the remaining year. Our fight to oppose any and all proposed development at Cherry Point will continue, our fight to regain our usual & accustomed areas, and our fight to preserve, promote and protect our *sche lang en* will continue.

As always our doors are open and we encourage any and all tribal members to visit with their concerns and recommendations.

Che chesh whe wheleq,

Lul-hal-mun

Tim Ballew, II

Chairman



Community Breakfast

Sunday ~ 9AM to 11AM

July 26th

Wexliem



Cheryl Sanders, Vice Chair

Summer is upon us, it's important for everyone to make sure we are checking on our vulnerable population during the excessive

Vice Chairwoman's Update

heat wave. Please just take the time to stop in and make sure everyone is well-hydrated and staying as cool as possible during the heat wave. Also, please stock up on the sunscreen and make sure you are putting it on frequently. When it's this hot out, we tend to sweat it off and need to reapply more frequently.

I am happy to report we have received and accepted the final copy of the Tribal Court Evaluation of our judicial system. We will be discussing the results at a meeting on July 13th to decide on the next steps on implementation of the recommendations. We will

be meeting with some of the LIBC members, Tribal Court staff, and Law & Justice Commission members that want to be a part of the discussion on the court evaluation recommendations.

Our office participated in the Emergency Preparedness Conference in Quinault. The subjects addressed at the annual conference were climate change, community resiliency, strengthening tribal communities by pulling together for wellness, public health emergency response and strategies for success in Tribal emergency operations planning. This

conference was an ideal opportunity to network and build partnerships by discussing barriers and wanted outcomes.

I attended a conference in Chehalis called Money Follows the Person Initiative. This initiative is very important to insure our Elders are cared for properly. Currently there are gaps in the system and changes need in to be made in terms of caring for our Elders; it's important for Lummi to stay involved to have a voice for our Elders.

I want to send a special shout out to all the graduates, from the Head

Start, all the way to the college students. Your hard work and determination are paying off. As always, please feel free to contact my Assistant, Rosa Revey-Jacobs, at 360.312.2147 if you would like to stop by and visit or have ideas to help.

\o/ \o/ All my relations.

"Preserve, Promote and Protect our Schelangen"...

Cheryl Sanders,

"Takwiltsa"

LIBC Vice-Chairwoman



Rita Jefferson,
LIBC Treasurer

Greetings Lummi Nation!

The long days and warm nights of summer have officially arrived and we at the Office of the Treasurer are excited that it is once again the season for BBQ's and family time on the beach! We hope that everyone enjoyed their celebrations of Independence Day and that the holiday was profitable for all of the firework stands this year! Of course along with summer comes the end of the school year and we would like to remind folks to please be vigilant and use extra caution when driving around. Our children are playing outside more often and later into the evenings

so please drive carefully.

The Council passed a resolution in early June for the first Budget Amendment of 2015; which per Title 28 (the Budget and Finance Code), the Office of the Treasurer will work with the Budget Committee to recommend three budget amendments per year. We are happy to report that, despite unfavorable implications of Budget Amendment One, divisions, departments and programs are coming forward with their recommendations to abide by the resolution for the first budget amendment. The first budget amendment requires that all general fund accounts (the 150 accounts) be reduced by 10% in order to compensate for revenue projection shortfalls. We would like to restate that the Office of the Treasurer and the Office of Management and Budget understand the unfavorable implications this budget reduction means. However, based on projec-

tions in this shortfall trend, we feel that delaying such a reduction would cause an even larger reduction in the future. We have every intention of tracking this projection very closely and working together to come up with methods that may ease the impacts of the revenue shortfall.

The Office of the Treasurer is happy to report that the first of three public hearings, required by Title 28, was held on June 15th, offering the Lummi community the opportunity to express support or dissatisfaction with programs, services and expenditures from 2014. The Office of the Reservation Attorney has been diligently working on transcribing the minutes and compiling the comments from the community. This will all be made available to community members upon request. We would like to state that we have heard the concerns with the Lummi Tribal Health Center and other various departments,

specific suggested places for budget reductions and concerns regarding scholarships and loan repayment programs. There have been budgets that have reached their spending limit and have been shut off. Concerns for the Tribal Court and Lummi Elders have been heard and conveyed to the proper folks. The comments we have received from the public hearing are being taken into serious consideration as we move forward with the work regarding the budget process for FY 2016. We at the Office of the Treasurer would like to extend a heartfelt thank you to all who have shared their views and concerns with us. We look forward to working toward a better future, with the community input, for the Lummi Nation.

We here in the Treasurer's Office have been meeting with individual Council members to find ways we can assist in making sure that we are meeting the 2015 Council Priorities

and have begun the initial steps in the budgeting process for FY 2016. A budget retreat for LIBC was held on June 17th, at which time the Council reviewed the current situation of divisional and departmental budget reduction recommendations being brought forward. They also reviewed a summary of the comments from the community from the first public hearing; making sure to keep the community's concerns in mind as we move forward with the budget process.

We look forward to continuing our efforts with the best interest of Lummi in mind. If you have any questions, concerns or suggestions, please feel free to contact the Office of the Treasurer at 360-312-2144 or joshp@lummi-nsn.gov.

We pray that everyone will keep each other close, lift each other up and will remain Lummi Strong!

General Manager's Corner



Bobby Thompson, LIBC General Manager

Throughout the year it has been reported to administration about the potential for a reduction to the 2015 budget in the general revenue accounts. In January and March 2015 the directors were informed that the budget shortfall would likely be inevitable and requested that each director begin identifying reductions and to submit a reduction plan to the General Manager's Office. The General Manager's Office submitted two options for reduction to the Budget Committee; 1) 5% reduction and a furlough of employees; 2) 10% reduction. On May 26 the LIBC approved the 10% reduction option at the Director's discretion. Over the last several weeks the

General Manager's Office has been working with each department that has been affected. The reductions include: vacant positions, temp positions, non-essential items for purchase, unexpended funds and limiting services within a couple departments.

Restorative Justice

Transitional Jobs Project (aka Work Force Re-Entry) has helped over 90 elders with their yard work, so far. The project has been working in partnership with the Planning Department to cut the brush in several public places, like along the Haxton trail and triangle at Lummi Share Rd and Marine Drive. The Project also worked with Planning and the Youth

Wellness Center to build a batting cage near the Skate Park. Due to budget constraints, the project will be ending in July, though.

Realty

We are underway with the outreach portion of the Lummi Land Buyback Program. We have held two community meetings at the SRC. The first meeting we had approximately 125 attendees and there were approximately 180 attendees for our second meeting held on June 16th. Realty staff will have an informational table set up at the community breakfast, Sunday June 28th.

Probate hearings are tentatively scheduled for the week of August 3 through August 7th and will be held in the downstairs conference room at LIBC. There will be 30-40 hearings held during that time. Please contact India Love at (360) 312-2339 if you have any probate questions.

There has been an increase in requests from community members for estate planning services. Anyone who would like to have their will drafted, please contact Carolee

Toby at (360) 312-2333.

Planning

The planning for development of the I-5 properties continues. Presently we are working on analyzing options for improvements to the I-5 off ramps at exit 260. The traffic analysis has reduced the options to three with a full analysis of each option to be completed by the end of August.

Final work is being done to complete the master plan for the Kwina Corridor from Haxton Way to Lummi Shore Road. Part of that work includes developing plans for the Lummi Shore/Kwina Road intersection – to improve safety and add capacity to the intersection. The Planning Commission hopes to take final action on the plan by the end of summer.

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Bellingham, WA 98226.**

360-312-2135 for more information.

To the Lummi Community



Shasta Cano-Martin, LIBC Council

Happy July, Friends and Relatives!

As we settle into summer and celebrate the recent graduates of 2015, I can't help but feel proud and hopeful for our future generation of tribal leaders. We know that Lummi Nation would not be all that it is today without our past

leaders and families who worked diligently to preserve, promote, and protect our way of life. Our community has been able to demonstrate resilience despite challenges and obstacles. We've been able to see any sort of challenges through, with our warrior spirit, our grace, and of course our humor and laughter.

While learning and growing as a community, as families, and even as a tribal government, I hope we each remember our strong values and continue to rely upon them as we face tough issues that affect our community—issues such as drug and alcohol abuse, racism, climate change, environmental and health impacts, and the care and safety of our youth and elders.

A shining light for me, recently, has been seeing the leadership of tribal youth within Lummi Nation who signed onto President Obama's Generation Indigenous (Gen-I) Challenge. Lummi youth are working on project's they each feel will benefit their peers and greater community. Some of the Gen-I Challenges are identified as:

Helping peers with sadness in regards to bullying

Suicide prevention "I will live" Campaign

Community Clean-up Project's for clean, safe environments to enjoy and have fun at

Demonstrating and practicing leadership with youth focused organizations and the Xwlemi Youth Council

Additionally, 11 of the

tribal youth were accepted to the White House Tribal Youth Gathering taking place in Washington D.C. on July 9th, and 12 students are also participating in the UNITY, Inc. conference July 10-14th, 2015. At this once in a lifetime opportunity on July 9th, national leaders will hear from tribal youth on issues they face, and proposals of how it can be dealt with. Witnessing the leadership of our young people, and the support from our community has been quite a refreshing experience—that I hope will energize us to catapult forward, as we have always done—with our future generations in mind. Thank you to everyone who has given advice, support and resources to help make the Washington D.C. trip a reality for our tribal youth. More updates and reporting on this event to come!

July Dates to Keep in Mind:

July 2nd: Luncheon with Lummi Youth and Lummi Indian Business Council to discuss the White House Tribal Youth Gathering and UNITY, Inc. Conference

July 6th: Lummi Community Beach Clean up at the Stommish Grounds from 1-3PM as part of the Generation Indigenous (Gen-I) Challenge. All volunteers are invited and welcomed.

July 9th: White House Tribal Youth Gathering, Washington DC

July 10th-14th: UNITY, Inc. Conference, Washington DC

July 15th: Public Hearing on proposed harassment code with input from CBC's and Lummi Community





Theme: Laugh Out Loud (LoL) come armed with your best jokes and or funny stories to share

For more information and vendor info contact Pauline Plaster Activities Coordinator@ (360) 758-3500 Paulinep@lummi-nsn.gov or Maria Hillaire @ Mariah@lummi-nsn.gov

Hotel Information Silver Reef Casino 4876 Haxton Way Ferndale WA. 98248 (360) 383-0777

Door prizes throughout the day and raffle drawing after lunch

This Event is for 55 years and older. No children will be allowed at this event



(NW Tribe Bringing Oral Health Care into 21st Century continued from page 2)

in school, work and life."

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The Swinomish Indian Tribal Community is a federally recognized Indian Tribe organized pursuant to Section 16 of the Indian Reorganization Act of 1934, 25 U.S.C. § 476, that occupies the Swinomish

Indian Reservation on Puget Sound in Washington State. The Tribe is a present day political successor-in-interest to certain of the tribes and bands that signed the Treaty of Point Elliott, 12 Stat. 927 (1855), that established the Swinomish Reservation on Fidalgo Island.

The Northwest Portland Area Indian Health Board is a non-profit tribal advisory organization serving the forty-three federally recognized tribes of Oregon, Washington, and Idaho with a mission to eliminate health disparities and improve the quality of life of American Indians

and Alaska Natives by supporting Northwest Tribes in their delivery of culturally appropriate, high quality healthcare.

The National Congress of American Indians, founded in 1944, is the oldest, largest and most representative American Indian and Alaska Native

organization serving the broad interests of tribal governments and communities.

Firework tips to keep your 4th of July safe

Know your fireworks read the cautionary labels and performance descriptions before igniting. Follow the instructions printed on each item. Read these instructions well in advance.

Use fireworks outside in clear area. Use Fireworks only in a wide-open area, well away from buildings, vehicles, or any vegetation including but not limited to bark, cedar shavings, plants, grass, trees.

Light only one firework at a time.

Never point or throw fireworks at other people.

Never light fireworks indoors.

Alcohol and fireworks do not mix.

Never carry fireworks in your pocket.

Do not light fireworks inside any container that was not specifically designed for this purpose. Never use PVC pipe for launching fireworks. Never shoot fireworks in metal or glass.

Only light fireworks with a long-handled lighter such as for barbecues or a jumbo punk.

Always have a bucket, charged hose and fire extinguisher at hand.

Do not experiment with homemade fireworks.

Keep your body away from the firework and reach out to use the fuse. Do not have your body close to the firework.

Never look into a tube that has a shell loaded into it, and never place any part of your body over a tube.

Don't try to relight a dud.

If you have sparklers, ask everyone to drop their sparklers into a bucket of warm water when they finish. Children who use sparklers or any fireworks only do so with parental supervision.

Buy only legal consumer fireworks. Do not buy illegal fireworks such as 'M-80's'.

*(Streamlined Regulations
Encourage Water ReUse
Continued from page 1)*

workshops and hearings on the rule:

9:30 a.m. Tuesday, July 21 – Spokane CenterPlace Regional Event Center, Auditorium, 2426 N. Discovery Place, Spokane Valley.

9:30 a.m. Thursday, July 23 – Department of Ecology headquarters auditorium, 300 Desmond Drive SE, Lacey. This workshop and hearing includes the option to participate through an online webinar.

Visit Ecology's rule making website for additional information.

Contacts:

Sandy Howard, Ecology communications, 360-407-6408, @ecologyWA



*The Lummi Indian Business
Council and the Clinic will be
closed July 3rd in
Observance of Independence day!*



Natural Resources Department

Submitted by Natural Resources staff

Water Resources Division

The Water Resources Division staff continued the surface and ground water ambient water quality monitoring activities on the Reservation, reviewed storm water pollution prevention plans and conducted associated inspections for several tribal development projects, conducted site visits to evaluate proposed projects as part of the Lummi land use permit process, and continued the development and maintenance of several databases.

The Division would like to congratulate our very own Lisa Cook (Water Resources Technician III) on the film that she produced for the First Salmon Ceremony – we appreciate and find great value in her work. Her documentary is dedicated to Gordon Wilson and is available online at <https://www.youtube.com/watch?v=oZbvGXicRoE>.

The Division assisted the Lummi Tribal Water District with Microscopic Particulate Analysis (MPA) sampling at the Kinley Way and Horizon wells during the month of June by providing water quality data prior to and following sample filtration. The MPA sampling at these wells is being conducted in conjunction with the Indian Health Service to determine if one or both of the wells is under the direct influence of surface water. The Water District has undertaken these actions to ensure that supply wells continue to meet Safe Drinking Water Act standards.

On June 13-14, 2015 Division staff operated a safety boat at the Stommish Festival. Vessel operators Frank Lawrence III and Jamie Mattson were pleased to report that there were no major on-water incidents during the canoe races. Although no land speed records were attempted or set, six members from the Water Resources Division participated in the Kwina Mile on June 9th.

On June 16 and June 23, Division staff participated in trainings organized by the Lummi Nation Police Department to prepare tribal officials to

exercise the recently adopted 2015 Lummi Nation Comprehensive Emergency Management Plan (CEMP) should a disruptive event occur on the Reservation.

The Lummi Water Resources Division is working with the Nooksack Tribal Natural Resources Department and the Washington Department of Ecology to conduct an inter-agency reconnaissance project on the Nooksack River from Everson to the Marine Drive Bridge. The purpose of these surveys is to identify and document potential illegal water withdrawals, illegal fishing activity, and illegal wastewater discharge locations along the river. Once documented in the field (i.e., GPS coordinates and photographs), further investigations will be conducted and enforcement actions taken. Several surveys of the river are planned through this summer with two surveys scheduled for the month of June.

Frank Lawrence III and Victor (Turtle) Johnson completed their spring quarter coursework at the Northwest Indian College and Western Washington University respectively.

Forestry Division

Burn Ban Coming

Whatcom County issued a burn ban on June 17, 2015 because of higher temperatures and lower precipitations levels. At this time, Lummi Natural Resources will not follow suit because conditions on the Lummi Reservation does not reflect those in Whatcom County. Whatcom County covers a larger

area with different burning conditions because of higher elevations and mountainous terrain. The Forestry Division will monitor conditions on a day by day basis and will issue a burn ban in the coming weeks when conditions become drier. Commercial and residential burning permits will no longer be available during the burn ban, which means no burning is permitted except for cultural fires, recreational fires limited to 3 feet in diameter in an enclosure, and burning in burn barrels with a wire mesh cover. Above normal fire activity is predicted in the months of July, August, and September for the west side of the Cascade Mountains for Washington. With the weather continuing to get warmer and vegetation drying, residents on the Lummi Reservation must be vigilant when burning and use common sense when lighting off fireworks.

Geographic Information Systems (GIS) Division

Did you know that you can view maps, and your current location on those maps, using your smart phone? A free application called AvenzaPDF Maps is available for free for both Android and iPhones. AvenzaPDF Maps allows you to load maps onto your device and view the maps (and your current position) even without cellular coverage.

The Lummi GIS Division has published two series of maps that you can download for use with AvenzaPDF Maps. The two

map series include a set of traditional United States Geologic Survey (USGS) 7.5 minute topographic maps and a set of enhanced 7.5 minute topographic maps that include contour elevations, roads, forest service roads, hiking trails, place names, river names, Washington State Department of Natural Resources (DNR) lands, and game management units. The enhanced map series is specifically designed for Lummi hunters who want to avoid any “unpleasant encounters” with law enforcement officers by ensuring they are within the correct game management unit, and on state or federal lands. The enhanced series is also great for hikers who would like to see hiking trail names and mountain names. This month’s Map of the Month shows the areas covered and the map names. These maps can be downloaded using the links below.

Traditional Maps:
<ftp://lnnr.lummi-nsn.gov/Maps/PDFMapsWhatcomCounty/>

Enhanced Maps:
<ftp://lnnr.lummi-nsn.gov/Maps/EnhancedPDFMaps/>

Please be aware that you will need a bit of technical knowhow and map reading skills to be able to use these maps effectively. If you would like to see a training course on using AvenzaPDF map please contact the GIS Division at geraldg@lummi-nsn.gov. Also, be forewarned that using your phone’s GPS will reduce your battery time, and storing maps on your phone will use up memory. Finally, don’t

forget to always carry the 10 essential while traveling in the backcountry!

Restoration Division

Three staff members from the Restoration Division attended the Washington State Salmon Habitat conference, which is held every two years. The Restoration Program Manager gave a presentation about the Smuggler’s Slough restoration project, updating conference attendees on the status of the project, new elements, and lessons learned. Attendees at the conference learned about other projects in Washington State and other local regions, and met with other professionals facing similar challenges. Seven new AmeriCorps members attended an orientation about the program in June, and they are expected to help various LNR Divisions during the busy summer field season.

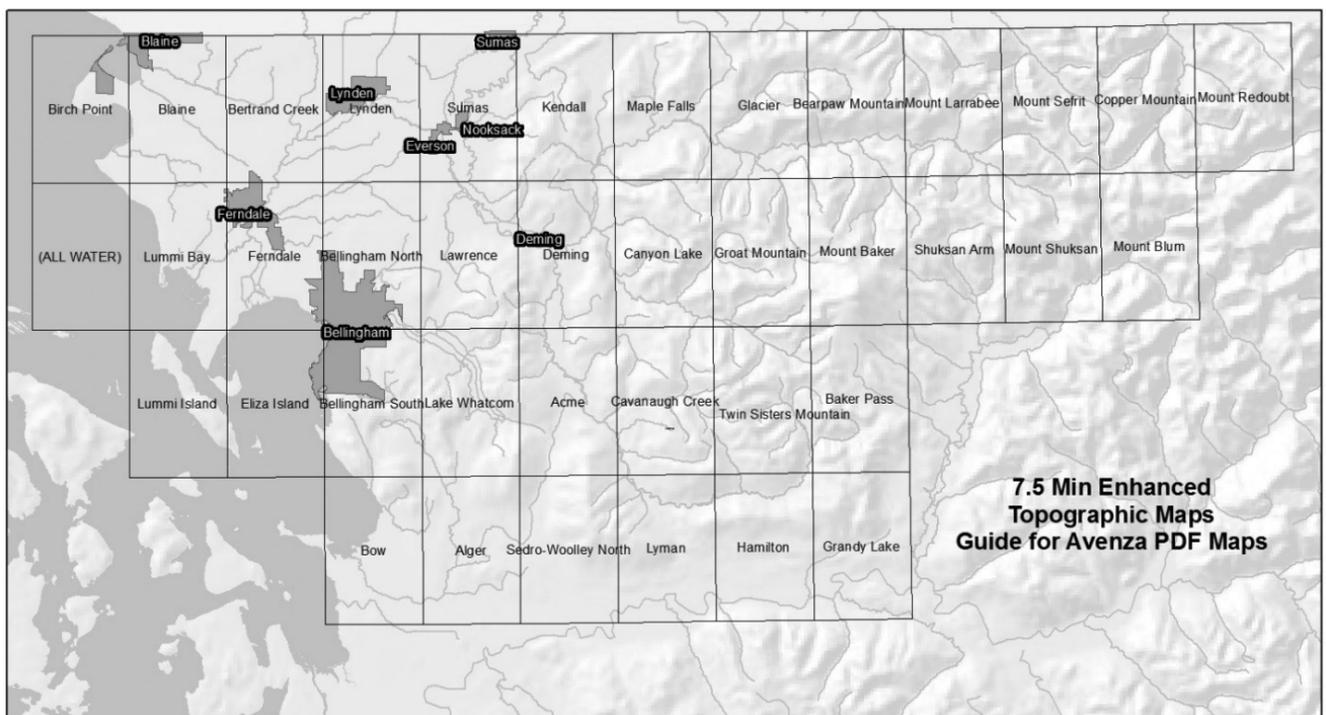
Stock Assessment Division

The photos on the next page show some of the field projects that the Stock Assessment Division was busy with in June. These projects include the juvenile salmon smolt trap, the Tangle Net selective fishery, and the zooplankton sampling south of Eliza Island.

Endangered Species Act (ESA) Division

Salmon Recovery Conference

Over 700 salmon recovery participants attended the Salmon Recovery Conference in Vancouver, Washington in late May.



Community Updates

(Natural Resources continued)



AmeriCorps volunteers Eli Hulford and Chris Lewis helping at the screwtrap. Shown with field trailer and sign that was designed to describe the smolt trap project during the Ski-to-Sea event at Hovander Park.



Evelyn Brown (above left) washing down a plankton sample with seawater. Looking at a plankton sample is Mandi Gamble (right), University of Washington oceanographer. Mandi's lab will be examining the plankton samples to determine the quality and quantity of marine food sources for Chinook salmon.



Ralph Phair with a nice king taken during the Tangle Net selective fishery in the Nooksack River.



Above picture shows the scowtrap – the sampling cone and attached livebox are raised above water level when not fishing. When in operation, the cone is lowered halfway into the water and juvenile salmon are trapped as they migrate downstream. The large winches (yellow) are used to position the trap in the middle of the river when sampling is being conducted.



Michael Williams recording numbers of juvenile salmon caught in the screwtrap near Hovander Park.



Bert Webber, instructor at Northwest Indian College, helping wash down the zooplankton net off of Eliza Island.

ery will expand to consider the need for harvest.

Tangle Net Fishery

The pilot Chinook tangle net fishery ran from April 13 through June 15, 2015. Although Mark Martin Jr., the contracted fisher, and Natural Resources staff Michael Williams and Ralph Phair conducted the fishery professionally and with the standards developed over the last several years, the result was disappointing. The total catch of 94 was only one third the total catch in 2014. Despite the low catch we were still able to provide 78 fish for the First Salmon Ceremony.

The difference this year was the low flow in the Nooksack River during the entire period of the fishery. For most of the season there was no rain, the river was clear and the flow was about half of the 48 year average flow. On the last day of the fishery it was observed that no fish

issued based on an Environmental Assessment of the potential impact these hatcheries may have on ESA listed steelhead. NOAA felt that a more elaborate Environmental Impact Statement (EIS) was required to bolster their case in court. Because of the 2014 settlement agreement with Wild Fish Conservancy, WDFW is forced to release the 2015 juvenile steelhead from its hatchery programs to lakes without outlets to Puget Sound. This is the second year in a row that the time

illegal “take” of an ESA listed species. The only protection from that legal action is a “take” permit issued by NOAA. Hatchery opponents claim that hatcheries reduce the fitness of natural population. Lummi’s position is that hatcheries are mitigation for naturally produced fish lost due to poor land management, and it is highly unlikely that the natural habitat can be restored sufficiently to support sustainable harvests that would meet the treaty

(Continued on page 10)

Community Updates

(Natural Resources continued)

reserved right to take fish.

Our HGMPs are being revised to meet specific harvest goals in a series of stages from current operation levels to the end objective. The HGMPs illustrate that we have understood the potential to affect ESA listed species and other natural origin salmon stocks and have taken measures to minimize the effects of hatchery operations on them, but not at the cost of reducing harvest opportunity. We are working with the Hatchery Protection Task Force, Upper Skagit and Tulalip tribes, and policy and legal consultants to increase the emphasis on hatchery production for treaty right harvest. It is expected that the HGMPs will go to NOAA for consideration in early July, and it will likely take 66 weeks to complete the NOAA NEPA requirements.

First Salmon Ceremony

The annual First Salmon Ceremony was held at Lummi Nation School (LNS) on July 5, 2015 with Heather Leighton, LNS Principal, and Fred Lane as masters of ceremony. The successful event was well attended by LNS students, 3rd graders from Carl Cozier Elementary, Col. Buck from Army Corp of Engineers, and many other agency dignitaries and local elected officials. The purpose of inviting these dignitaries is to ensure that they have an experience that helps them better understand the importance of harvest of salmon, shellfish, and game to Lummi culture and identity. We expect them to take that experience with them as they make important decisions that affect our way of life.

At the ceremony, Lisa Cook showed her video which gave tribute to LNR commissioner and elder, Gordon Wilson and a documentary of the LNR coordinated outreach program with Lummi Nation School students to provide them hands-on learning in their Schelangen. Over the school year the students listened to elders speak about many things including their personal experiences with the Boldt decision, life on the river, the importance of fish to the treaty right, the creation of the Lummi School, and other important as-

pects of sovereignty and treaty rights. Students also planted iron wood, which they will someday harvest to carve into fish sticks; participated in the tangle net fishery; and helped restore salmon habitat in the Nooksack River. The program will continue into the summer session with students harvesting ironwood to carve into fish sticks, shellfish harvesting and traditional clambakes, and other fun, culturally-based field trips to inspire and educate them about their Schelangen.

Harvest Management Division

Salmon

The final pre-season Fraser River Panel meeting for sockeye and pink salmon was held in mid-June. Preliminary fishing schedules were modeled, with the tribes scheduled to start fishing in late July or early August, targeting 270,000 sockeye and about 1 million pinks. The northern diversion of sockeye is expected to be very high again this year, likely resulting in the U.S. having a difficult time harvesting their quotas. Gill net test fishing in the Strait of Juan de Fuca is scheduled to begin on June 20, with purse seines starting July 20. Daily test fishing results will be posted in the LNR office.

Crab

Crab shell hardness testing was conducted by LNR staff in Bellingham Bay north and south on June 8 and 9. The crab test results are posted in the LNR office. In general, warmer than average water temperatures throughout Puget Sound have resulted in earlier molts for Dungeness crab. At press time, Region 1 crab fisheries have not been scheduled. Plan ahead, contact Dolly to arrange your crab pot registration for next season.

Manila Clams

The annual manila clam survey of on-Reservation beaches is currently underway. This survey is used to estimate manila clam biomass and set annual harvest quotas. The inter-tidal conditional closure area along Lummi Shore Road will be lifted between July 1 and September 30. During

this time period, bivalve harvests will be allowed, pending any potential closures due to PSP toxins. The current conditions of beaches throughout Whatcom County are posted in the LNR office on the bulletin outside Dolly's office.

Sea Cucumbers/Dive

The 2014-15 sea cucumber season has ended with Lummi harvesting close to 310,000 pounds of cucumbers, valued at \$1.27 million. The 2015-16 season is scheduled to open August 1 in District 1 and 2. Geoduck harvests at Apple Cove Point and

Alden Bank are planned for June and July, with Lummi's share equaling about 20,000 pounds.

Timber, Fish, & Wildlife – Forests & Fish Rules (TFW-FFR) Division

New Discover Passes Available

The Annual Discover Passes have been updated and have a new look. Please stop by the Natural Resources Department office in the Lummi Nation Administration Center to obtain your new pass.

Your old yellow pass can either be returned or destroyed. As before, the new passes allow Lummi tribal members to park their vehicles on state lands for free everywhere that a regular "Discover Pass" is required. These areas include state lands managed by the Washington State Department of Natural Resources (DNR), Washington Department of Fish and Wildlife (WDFW), and State Parks lands. These parking passes are transferable between vehicles.

Lummi Elders travel

Travel 2015

Lummi Elders "On the go"

Function	Date	Day	Depart Little bear
Shopping	1 st	Wed	1:00pm
Tulalip	6 th	Monday	9:00am
Play- 11:00am Session			
Blackjack	7 th	Tuesday	6:15pm
Shopping	8 th	Wed.	1:00pm
Lummi Elders	10 th	Friday	10:00am

Annual Luncheon

Grande Ronde Elder's Luncheon, July 12,13,14-2015

Oregon -60 people total-Full

Shopping	15 th	Wed	1:00pm
Blackjack	21 st	Tuesday	6:15pm
Shopping	22 nd	Wed	1:00pm
Blackjack	28 th	Tuesday	1:00pm
Shopping	29 th	Wed	1:00pm



Puget Sound Energy's Home Energy Lifeline Program (H.E.L.P.)

You may be eligible to receive help with your PSE electric bill. The H.E.L.P. program provides a one-time payment based on income, household size, and electric usage. The payment goes directly to your PSE account. This program is available to Puget Sound Energy (PSE) customers. If you have already received federal winter energy assistance (LIHEAP) this year, you can still apply for the PSE HELP program.

Opportunity Council is coming to Lummi Tribe for a Special Two-Day Outreach event for PSE HELP and will be taking applications on a walk-in basis!

When: Tuesday, July 21st and Thursday, July 23rd
Time: 9am-4pm (last client seen before 3:30pm)
Where: Lummi Commodities Office
 2830 Kwina Rd, Bldg Z-5

Please arrive prepared with following documentation:

- **Valid Photo ID** – for the person who will be signing the application. *Government Issued IDs & Tribal IDs are acceptable. Cannot be expired!*
- **Social Security cards for everyone in the home 18 years of age or older** *If a card is missing, bring W-2 form, pay stub, tax return, military or school records, or other official document with your full name and your Social Security Number.*
- **Your most recent Puget Sound Energy bill** *Bring your PSE electric bill for your current address.*
- **Proof of income received by all household members for April, May, and June** *Verification of all types of income must be provided for every member of the household. We count income in the month you actually receive it, which may be different from the month you earned it.*

To qualify, your average household monthly income must be at or below the following guidelines:

HH Size	1	2	3	4	5	6	7	8	9	10	11	12	HH+1
Income limit	\$1459	\$1966	\$2474	\$2908	\$3004	\$3330	\$3753	\$4176	\$4599	\$5022	\$5445	\$1868	+\$423

Please arrive early, as clients will be seen on a first come, first served basis.
 All other dates are by appointment only at the Opportunity Council.
 For more information or to schedule a non-outreach appointment, please call (360) 255-2192.

‘Commod Squad’ Community Services Office

Commod Squad Update

Through out the month of June Lummi Community Services was busy assisting with many different events throughout Lummi Nation. On June 1st the Commod-ity Foods Community Services assisted with all of the Stommish and Salmon Ceremony Meetings. On June 6th the Commod Squad came into work to deliver Cold Water to the Lummi Elders always taking care of their elders. On June 9th we assisted with the Kwina Mile to start off Stom-

mish Week. On Thursday, June 10th the Nutrition Education staff assisted in the Pageant cooking and helped in any way possible to make the event a good one. On June 11th the Commod Squad cooked and served over 800 chili dogs and watermelon to the people of Lummi Nation. Throughout the week-end the Commodity Food staff delivered and serviced all the Canoe Clubs with food baskets for their participants. June 25th the Community Services teamed up with the Fitness Center

to do the Diabetic Walk. June 25 & 26, The Community Services assisted the LIBC Who provided fans to HOMEBOUND, 62+ on limited income.

Through the month of June the Food Sovereignty piece that the Nutrition Education staff is working on meeting dates and preparing to do the Food manual for the Nation. The next Food Sovereignty meeting will be July 2nd, 2015 at the Community Service Warehouse at 9 am.

Submitted by Adolitse, Constance Martin, Nutrition Education Coordinator

Ey Skwiel! I would like to take this time to thank all of the people who came and volunteered at the Lummi Stommish Free Night to feed our people. The Lummi Nutrition Education Grant has been approved and we will be hosting a Grand Opening on June 30th, at 12 noon at the Lummi Commodity Foods Building. Please come and enjoy a meal along with a

few good words on Nutrition Education. We look forward to seeing your smiling faces.

On July 21st and 23rd the Bellingham Opportunity Council will be here from 9 to 3 to help in any way possible. Come and see if you qualify for assistance on these days.

Food bank every Friday except the 1st Friday of the month. From 12:30 to 3:00pm.



Squol Quol

Community Photos

The 6 Stommish



59th Annual Water Festival



Community Updates

Traffic Safety fee eligibility Requirements

The JOM Program is working with the TANF Program to get the fee's paid for. The students **need** to come through the JOM Program.

Eligibility Requirements are as follows

If you are on any of these listed programs bring in your approval letter:

Lummi TANF

DSHS

Social Security

Food Stamps

Energy Assistance

Lummi Commodity Foods

And if you are not eligible for any of the above when you pay keep the receipt and bring it in with the Certificate of completion and you will be refunded that amount from TANF Program

For more information please feel free to contact the JOM office 384-7170 or e-mail dorisj@lummi-nsn.gov or candyj@lummi-nsn.gov

Thank you

Doris Jefferson, JOM Director

FYI this is the one to choose from Nelson's:

Nelsons Driving School

The **BEST VALUE**** teen package includes:

- * 30 hours of classroom
 - * 4 hours of Driver's Zed (a computer drive simulation program)
 - * 5 behind the wheel sessions
w/1 hr minimum of observation
 - * WA State Drive Skills & Knowledge test
- COST: \$435**

When you come into our office with proof of your Registration please bring along your Drivers Permit, before we send your paper work up for a check to Nelsons Driving School.

Also if you have any school fees or fines bring the receipt in or have the ASB office email JOM will pay for them.....



Have a Safe

And

Happy 4th!



Lummi Tribal Sewer and Water District Water System #105300002 2014 Water Quality Report

Is my water safe?

Last year, as in years past, your tap water met all U.S. Environmental Protection Agency (EPA) drinking water parameters, except for the Arsenic noted below. Lummi Tribal Sewer and Water District (LTSWD) safeguards its water supplies. This report is a snapshot of last year's water quality. Included are details about where your water comes from, what it contains, and how it compares to standards set by regulatory agencies. We are committed to providing you with information because informed customers are our best allies.

Do I need to take special precautions?

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly, and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/Centers for Disease Control (CDC) guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbial contaminants are available from the Safe Water Drinking Hotline (800-426-4791).

Where does my water come from?

Our water sources are wells located in an aquifer under the Lummi Nation. Lummi Tribal Sewer and Water occasionally purchases treated water from the City of Bellingham. Bellingham obtains its water from Lake Whatcom. Results from Bellingham's Consumer Confidence Report are included in this report.

Source water assessment and its availability

Both the City of Bellingham and the LTSWD conduct multiple analyses of water quality from the sources and distribution systems. Every effort is made to protect the quality of drinking water and provide customers with safe and reliable water.

Why are there contaminants in my drinking water?

Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's (EPA) Safe Drinking Water Hotline (800-426-4791). If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children. Lead in drinking water is primarily from materials and components associated with service lines and home plumbing. LTSWD is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components. When your water has been sitting for several hours, you can minimize the potential for lead exposure by flushing your tap for 30 seconds to two minutes before using water for drinking or cooking. If you are concerned about lead in your water, you may wish to have your water tested. Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at www.epa.gov/safewater/lead. (From National Primary Drinking Water Regulations Part 141.154, in the section called "Required Additional Health Information")

Where can I get more information?

Please contact LTSWD at 360-758-7167, if you have any questions about water quality or utility operations.

Monitoring and reporting of compliance data violations

Lummi Water and Sewer District did not meet all of our monitoring requirements, below the Water Quality Data Table is a list of Violations and Exceedances along with corrective actions taken. Some of the wells the District uses for potable water have Arsenic in excess of the EPA's recently lowered MCL of 10 ppb. The highest amount of Arsenic found in our water is 10 ppb. The District has purchased a treatment plant to reduce the amount of Arsenic to below the 10 ppb level and this should be installed by the end of 2012. Arsenic is a natural occurring element that comes from the passage of water through rocks.

Water Quality Data Table

The table below lists all of the drinking water contaminants that we detected during 2010. The presence of contaminants in the water does not necessarily indicate that the water poses a health risk. The EPA requires us to monitor for certain contaminants less than once per year because the concentrations of these contaminants do not change frequently. Some of the data below is from tests conducted by the City of Bellingham.

Contaminants	MCLG or MRDLG	MCL, TT, or MRDL	Your Water	Range Low	High	Sampl Date	Viol	Typical Source
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Disinfectants and Disinfection By-Products

Chlorine (ppm)	4	4	.02	.02	.02	2014	No	Water additive used to control microbes.
Haloacetic Acids (HHA5)	NA	60	4.3	ND	16.7	2014	No	By-product of drinking water disinfection
TTHMs [Total Trihalomethanes]	NA	80	18.6	ND	63.2	2014	No	By-product of drinking water disinfection

Inorganic Contaminants

Arsenic (ppb)	0	0.010	.007	0.004	0.012	2014	Yes	Erosion of natural deposits; Runoff from orchards; Runoff from glass and electronics production wastes
Barium (ppm)	2	2	0.034	.025	0.034	2013	No	Discharge of drilling wastes; Discharge from metal refineries; Erosion of natural deposits
Chromium (ppb)	100	100	3	3	3	2013	No	Discharge from steel and pulp mills; Erosion of natural deposits
Fluoride (ppm)	4	4	1.51	1.42	1.51	2013	No	Erosion of natural deposits; Water additive which promotes strong teeth; Discharge from fertilizer and aluminum factories

The 2015
Snoqualmie Indian Tribe
Youth Camp
August 16-20.

It is open to 5th – 12th graders, emphasizes health and fitness, and includes:

Culture
Traditional foods and medicine
Language
Environmental conservation
Drug and alcohol awareness
Safety and first aid training
Healthy living
Traditional storytelling
Community involvement

Find more information, including an application at:

www.snoqualmietribe.us/youth-camp.

Youth Camp Contacts:

Rhonda Neufang
rhonda@snoqualmietribe.us
425.888.6551 ext 1013

Mary Osier
mary@snoqualmietribe.us
425.888.6551 ext 1132

*Mark your
calendars for
the Public
Hearing on
Title 5C
Wednesday
July 15th, 2015
5:00PM at the
LIBC Council
Chambers*

Community Updates

Contaminants	MCLG	MCL,	Your	Range		Sample	Viol	Typical Source
	or	TT, or		Low	High			
	MRDLG	MRDL	Water			Date		
Nitrate [measured as Nitrogen] (ppm)	10	10	1.58	0.16	3.17	2014	No	Runoff from fertilizer use; Leaching from septic tanks, sewage; Erosion of natural deposits
Copper-action level at consumer taps (ppm)	1.3	1.3	0.10	0.005	0.33	2014	No	Corrosion of household plumbing systems; Erosion of Natural deposits
Lead-action level at consumer taps (ppb)	0.015	15	.0005	0	.004	2014	No	Corrosion of household plumbing systems; Erosion of Natural deposits

Microbiological Contaminants

Total Coliform (positive)	0	0	0	0	0	2014	No	Naturally present in the environment
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Radioactive Contaminants

Beta/photon emitters (pCi/L)	0	50	3.41	1.97	9.98	2014	No	Decay of natural and man-made deposits. The EPA considers 50 pCi/L to be the level of concern for Beta particles.
Combined Radium 226/228	0	5	0	0	0	2014	No	Erosion of natural deposits

Unit Descriptions

Term	Definition
ppm	ppm: parts per million, or milligrams per liter (mg/L)
ppb	ppb: parts per billion, or micrograms per liter (µg/L)
pCi/L	pCi/L: picocuries per liter (a measure of radioactivity)
NTU	NTU: Nephelometric Turbidity Units. Turbidity is a measure of the cloudiness of the water. We monitor it because it is a good indicator of the effectiveness of our filtration system.
Positive samples/month	Positive samples/month: Number of samples taken monthly that were found to be positive
NA	NA: not applicable
ND	ND: Not detected
NR	NR: Monitoring not required, but recommended.

Important Drinking Water Definitions

Term	Definition
MCLG	MCLG: Maximum Contaminant Level Goal: The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.
MCL	MCL: Maximum Contaminant Level: The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology.
TT	TT: Treatment Technique: A required process intended to reduce the level of a contaminant in drinking water.
AL	AL: Action Level: The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.
Variances and Exemptions	Variances and Exemptions: State or EPA permission not to meet an MCL or a treatment technique under certain conditions.
MRDLG	MRDLG: Maximum residual disinfection level goal. The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDLGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.
MRDL	MRDL: Maximum residual disinfectant level. The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.
MNR	MNR: Monitored Not Regulated
MPL	MPL: State Assigned Maximum Permissible Level

Violations and Exceedances

MCL Exceedance

Arsenic – some people who drink water containing arsenic in excess of the MCL over many years could experience skin damage or problems with their circulatory system, and may have an increased risk of getting cancer.

Violation Begin	Violation End	Violation Explanation	Corrective Action
01/01/2014	06/30/2014	Water samples showed that the amount of this contaminant in our drinking water was above its standard (called a Maximum Contaminant Level or MCL) for the period of time indicated	Treatment plant in progress to correct issue.

For more information please contact:

Chip Anderson, District Manager
Lummi Tribal Sewer and Water District
2156 Lummi View Dr.
Bellingham, WA 98226
(360) 758-7167
ChipA@ltswd.com



LUMMI NATION DRUG TIP HOTLINE

LUMMI NATION POLICE DEPARTMENT

Voicemail	Text	Email
360-312-2279	360-303-3052	tiphotline@lummi-nsn.gov

LENGESOT-CHO >

“PROTECTING OUR COMMUNITY”

ALL CALLS WILL REMAIN ANONYMOUS

Invite 2015 Elders Gathering

Friday, July 10

Lummi

(Home)

Monday, July 13 Grande Ronde

(2 Nights)

Thursday, Aug. 20 Upper Skagit

(Day trip)

Friday, Sept. 11 Puyallup

(Day trip)

Enrollment Department

Hours

Open Monday through Friday

8:00 a.m. to 4:30 p.m.

2665 Kwina Road

Bellingham WA 98226

Staff

Vela K. Kamkoff 360-312-2270

Christine M. Cultee 360-312-2398

Patrick W. Jefferson 360-312-2286

Enrollment Committee/Election Committee

Teresa Butler, Chairwomen

Rosalyn Bland, Vice Chair

Loreen Wilbur, Member

Adrian Jefferson-Ayosa, Member

Donna Cultee, Member

Theresa Lawrence, Member

Carla Hillaire, Member

Next Scheduled Meeting

May 12, 2015 4:30 P.M.

Enrollment Applications

Stop by to see us

Call the number provided

Enrollment Committee every second Tuesday of each month

Lummi Tribal I.D.'s available every day from 8:00 a.m. til 3:45 p.m.

1. Adults Tribal I.D. \$10
2. Children up to 17 \$5
3. Seniors, 62 & over Free

News from the TERO Office

July 2015

“To Preserve, Promote and Protect our Sche Lang en”

Contact Number: 360-312-2245

TERO MISSION ~ Develop and maintain a cooperative working relationship with contractors and subcontractors while working under the guidelines of the TERO Ordinance. Referring qualified tribal members for employment and training.

The TERO Office is here to enforce tribal law in order to insure that Indian/Native people gain their rightful share to employment, training, contracting, subcontracting, and all other economic opportunities on or near the reservation.

If you are interested in jobs, training, or services with the TERO Office please fill out our Referral Application. It is important that you keep phone number, address, etc updated with the TERO office for job opportunities. This application can be filled out in our office or online at www.lummitero.org.

TERO IS NOT LONGER ASSISTING WITH TOOLS,

UNION DUES, AND WORK CLOTHES DUE TO BUDGET RESTRAINTS. IF YOU HAVE ANY QUESTIONS PLEASE CONTACT THE TERO OFFICE.

Temp Services

We refer laborers and flaggers through the **TEMP SERVICE**. If you are interested in getting on our TEMP Service contact Teresa Ray, this is to be referred for one or two day jobs at the various projects on/near the reservation. The Temp Service is for employment for 30 hours a week, and hope that it goes into full time employment with the company or department.

Qualifications

Be available on short notice and have work boots (steel toe or rubber boots), clothes, and safety gear.

Have an updated referral application

Read & Sign a Job Description.

Pass a Background and Drug & Alcohol Test

Check In weekly for jobs and keep updated address and phone numbers on file

with the TERO Office.

A majority of our temp positions are 1-2 weeks. For our temp Flaggers, if the job is longer than 3 months they will be rotated out to give our other flaggers work as well.

2015 Projects

Men's Transition House – (Finishing July-August)
SRC Hotel / Parking Space – (August-September)

Turkey Shoot Development (ongoing)

Grace Erickson Development (ongoing)

Olsen Phase 1 & 2 (ongoing)

Gooseberry Point Pedestrian Pathways

Various Small Projects

Future Projects

Red River Bridge Expansion

Kwina/Haxton Street Scopes

Lummi Shore Sidewalk

Turn Lane @ Ferndale Rd & Imhof Rd.

Re-License Program:

NOTICE: FOR 2015 WE WILL NOT BE ASSISTING WITH 2ND TIME HELP!

Additionally, we do **NOT** help with:

CAR REPAIRS

TIRES

If you have any questions contact the office.

This program is for enrolled Lummi Tribal Members only. We will assist up to \$500 for traffic fines, DOL Fees, and SR-22 insurance in order to get your WA State Drivers License Reinstated. If you have any questions or would like to apply for this program please contact Alisha Pierre to assist you. If available please bring the following information with you to the office:

Washington State ID Tribal ID

Documents from courts or collections for fine amount.

REMINDER: We do not assist with insurance

only.

Contacting TERO Staff & Commission

Direct Line: 360-312-2245
Fax Number: 360-380-6990
Website: www.lummitero.org

org

TERO Staff

Ron Finkbonner Sr, Director ext. 2383

Rachel Phair, Compliance Officer ext. 2344

Alisha Pierre, Relicense Coordinator/Administrative Assistant ext. 2330

Teresa Ray Sanders Dispatch/Referral ext. 2245

TERO Commissioners

Kathy Pierre, Chair

Andrea Johnson - Vice-Chair

Clint Cagey - Member

Penny Carol Hillaire - Member

Jim Scott Sr. - Member

Steven Toby, Council Rep.

Darcilynn Bob, HR Rep.

Meeting are held every 3rd Thursday of the month. Come meet the TERO Commissioners!



LPD Arrest Activity Summary

Based on drug and alcohol related charges

Case	Last	First	Middle	Block/Street	Date	Time	Charge
15I01519	Garza	Aaron	Anthony	2500 Kwina Rd	5/2/2015	11:30:00 pm	Consumption/Possession of Alcohol By A
15I01579	Tom	Lisa	Michelle	3200 Balch Rd	5/7/2015	12:27:00 am	Possession of an Illegal Substance with Int
15I01587	Williams	Tashina	Marie	4200 Lummi Shore Dr	5/7/2015	10:44:00 am	Possession of an Illegal Substance with Int
15I01647	Lane	Brian	Luke Eric	4800 Haxton Way	5/12/2015	3:25:00 am	Possession of an Illegal Substance with Int
15I01695	Tso	Helena	I	2500 Kwina Rd	5/14/2015	11:39:00 pm	Driving Under the Influence
15I01756	Oldham	Christopher	Allen	2600 Kwina Rd	5/19/2015	10:07:00 am	Driving Under the Influence
15I01767	Perez	Jennifer	M	4000 Haxton Way	5/20/2015	3:10:00 am	Driving Under the Influence
15I01900	James	Raymond	Vern	4600 Haxton Way	5/28/2015	5:57:00 pm	Driving Under the Influence

Submitted by Lummi Police Department Thursday, June 11, 2015

Lummi Nation Drug Tip Hotline

Voice mail: 360-312-2279 ~Text: 360-303-3052

Email: tiph hotline@lummi-nsn.gov ~ ALL CALLS REMAIN ANONYMOUS

Community Updates

Lummi Nation Service Organization *Building community and increasing prosperity through philanthropy*

Submitted by: *Sharlaine Washington, LNSO Executive Director*

sharlainew@lummi-nsn.gov, (360) 312-2293

The Lummi Nation Service Organization serves as a fiscal sponsor to various projects serving community goals for health, wellness, culture and education. Fiscally-sponsored projects utilize our charitable status to receive and administer grants and donations in accordance with IRS non-profit regulations. Having a fiscal sponsor allows community-based leaders to focus on their energy on implementing projects that promote prosperity of our community. For more information about fiscal sponsorships, contact Sharlaine Washington at (360) 312-2293 or sharlainew@lummi-nsn.gov!

White Swan Environmental, Spirit of the Sxwo'le Awarded \$50,000 2015 Potlatch Fund Native Student Success Grant

We are pleased to announce LNSO's fiscally sponsored project, Spirit of the Sxwo'le led by Shirley Williams and Troy Olsen has been awarded \$50,000 from the Potlatch Fund

2015 Winter Grant Cycle, "Partnering for the Future: Investing in Native Student Success." The Spirit of the Sxwo'le, Coast Salish Mini-University will feature intergenerational learning, transmit Indigenous knowledge related to the practice of reef-net fishing, integrate Western Science and introduce Native youth to environmental stewardship career and educational pathways. Our hands go up to our friends at Potlatch Fund for honoring the culture of giving and bolstering Native student success!

First Nations Development Institute Native Youth and Culture Fund Awards \$20,000 to Preserving Our Salish Heritage Fund!

The Native Youth and Culture Fund grant to the LNSO Preserving Our Salish Heritage Fund, led by Rebecca Kinley and Justin Finkbonner will engage youth in learning to build a traditional cedar plank house. The project will engage tribal youth in learning about historic village sites and traditional life-ways of the Lummi people. This grant is part of a larger project including the Youth Canoe Journey

aimed at strengthening cultural identity and reinforcing healthy lifestyles. Congratulations Justin and Becky!

Muckleshoot Charity Fund Donates \$5,000 to Lummi Stommish Water Festival!

This year, Councilman Henry Cagey served as the Chair for the Lummi Stommish Water Festival. Councilman Cagey, assisted by Lyn Dennis, successfully attracted corporate and tribal donations and sponsorships for this year's celebration. It is wonderful to see local businesses, vendors and tribal partners give back to the Lummi Nation. We raise our hands to the Lummi Stommish Water Festival Committee and Volunteers for pulling together to host a memorable and well attended event!

Lummi Ventures Partnership

LNSO and Ventures Board and Staff recently traveled to Cheyenne River, South Dakota for the final Three Rez Gathering. For the past ten years, Lummi Ventures, Cheyenne River Ventures and Turtle Mountain Pathways to Prosperity

have gathered annually to share progress and lessons learned implementing ten-year grants to reduce poverty and promote prosperity. We are very grateful to have been hosted with generous hospitality and to have participated in their Wopila Wacipi- a gathering to celebrate and be thankful in honor of the community's work to implement their strategic plan. Councilwoman Shasta Cano-Martin and LNSO Board members Mike Thomas and Cathy Ballew joined myself, Melanie Solomon and Nancy Jordan in participating in the very last Three Rez Gathering. Our hands go out to our community for helping us to see through the Ventures Strategic Plan and our friends from Cheyenne River and Turtle Mountain for sharing this journey and stories from their community with us. In the coming months we will announce a final community gathering to share the progress and transitions for the Lummi Ventures Partnership as it nears completion of the 10 year Northwest Area Foundation Grant.

Lummi Gateway Center, Te Ti'Sen Please stop to enjoy offerings by tribal

entrepreneurs!

Our Place Café

(Monday-Saturday 8am-3pm) features scratch-made foods, breakfast, lunch and daily \$5.00 specials. Call (360) 933-4304 to place your order ahead.

Schelangen Seafood Market

(Tuesday-Saturday 10am-6pm) The market features fresh local seafood and take-home items made with fresh, local ingredients such as chowders, pot pies, crab cakes, dips and more. Call (360) 933-4211 for info.

Tribal Images

(Tuesday-Saturday 10am-6pm) Just in time for Father's Day and Grad Gifts! Tribal Images features carvings, serigraph prints, paintings, hand woven cedar and woolen products, beaded items, dream catchers, greeting cards/post cards, photographs, clothing and much more.

Orca Beads & Things

(Tuesday-Saturday 10am-5pm) offers beading and craft supplies and Native American art. Call (360) 303-3661 for info.

Call for Entries

3rd Annual San Diego American Indian Film Festival

The California Indian Culture & Sovereignty Center (CICSC) is currently seeking film and video entries for the 2015 San Diego American Indian Film Festival (SDAIFF). The festival will showcase the finest work in current American Indian film and media. The CICSC is proud and excited to host the festival to give the region a rare and fantastic opportunity to view American Indian films of this caliber.

Films to be entered into the film festival should be of or about Northern American Indian or Canada First Nation peoples. Entry deadline is September 1, 2015. There is no submission fee to enter films or videos to the SDAIFF.

This year's festival will be presented November 19th to 20th at California State University San Marcos campus and will conclude November 21st with a VIP Reception and Film Screening at Pechanga Resort Casino.

Festival screening will include question and answer discussion facilitated by festival director and organizers. American Indian filmmakers, actors, and actresses are invited and encouraged to attend the festival to present and discuss their work.

Visit the San Diego American Indian Film Festival website at www.sdaiff.com for more information and to download a submission application.

Community Updates

2015 War Canoe Race Schedule

May 9-10	Nooksack Days	July 4-5	Ambleside
May 16	Coupeville/Penn Cove	July 11-12	Whey-Ah-Wichen (Cates Park)
May 23-24	Chilliwack Landing	July 18-19	Stz/Uminus Bay
May 30-31	Seabird Island	July 25-26	Tsarlip
June 6-7	Cultus Lake	August 1-2	Tulalip Tribes
June 13-14	Lummi Stommish	August 1-2	Tsawout *tentative
June 19-21	Cowichan Tribes	August 8-9	Swinomish
June 20-21	Scowlitz	August 15-16	Chief Seattle Days
June 27-28	Harrison Hot Springs	August 22-23	Songhees
		August 29-30	Makah Days

Working with Our Troops

Veterans' & Spouses Career Expo

We welcome your participation in this event!
Please fill out and submit the form below to get started.

Company Name: _____
 Contact Name _____
 Phone: _____ Email _____
 Web site address: _____

Number of staff Attending? _____

How many job openings do you currently have/ plan to have? _____

Specific Employment Opportunities: (title of positions)

1. _____ 2. _____
 3. _____ 4. _____

Display Needs:

Will you display a banner at your table? Yes No
 Will you conduct on-site interviews? Yes No
 Will you need electrical power? Yes No

Registration Deadline: Tuesday, July 7.

Submit

Presented by the Washington State Convention Center in partnership with King County Veterans' Program and WorkSource Seattle - King County .



**Thursday July 16, 2015
10 am – 2 pm**

Venue: Washington State Convention Center

Participation is free and on a first-come, first-served basis.

All exhibitors will receive:

- » Complimentary 8 x 6 foot table with plenty of room for materials
- » Complimentary boxed lunches (max two per exhibitor)
- » Complimentary coffee and beverages
- » Complimentary Wi-Fi connection
- » Interview booth (if requested)
- » Discounted parking

Doors are open for exhibit setup at 7 am on July 15th or early set up the day before (available upon request.)

For more information, contact Richard Garmong:
 (206) 477-6998 office
 (206) 205-3213 fax
 Richard.Garmong@kingcounty.gov



Colleen's Story

Submitted by Monica Su-
lier, Registered Dietitian

Allow me to tell you a little about Colleen. She has been living with diabetes for about 8 years. Within a month of her diagnosis, she joined the Healthy Heart Program, a one on one diabetes case management program. Lummi is one of 30 tribes in the United States participating in the program. To date there are about 185 people from the Lummi clinic who have participated in the program, and over 7,000 Native Americans enrolled Nationally. Colleen is one of them.

When she started participating in the program she needed help and support. She had recently gone through some loss in her family and it was hard to take care of herself due to her grieving process. With a new diagnosis of diabetes she knew she had a lot to learn. She also knew that there were some things in her life that needed to

change. Her sugars were running quite high (on average 250 mg/dl or twice as high as they should be) and she weighed more than she had in years. She was put on medications to help control her blood sugars, and started making changes in what she ate and how active she was. Over the years she learned what worked for her. She wanted to lower her risk for heart, kidney and eye disease and learned that if she kept her blood pressure and sugars at a



good level, her risk was not much higher than someone without diabetes.

Colleen has made some positive changes over the past 8 years. The changes were not always easy. Being persistent with her lifestyle changes has really

paid off. She has lost over 25# (or about 13% of her bodyweight). She has gotten off her insulin, her blood pressure and cholesterol numbers have gone down, and her average blood sugar is now about 120 mg/dl...about 50% less than when she was first diagnosed. She is down 3 sizes and feels more energetic than she did 10 years ago.

So how did Colleen accomplish so much?

She worked on dropping old habits and adopting new healthy ones.

She cut out soda, sugared beverages and juice.

She began to be mindful about taking her medications daily.

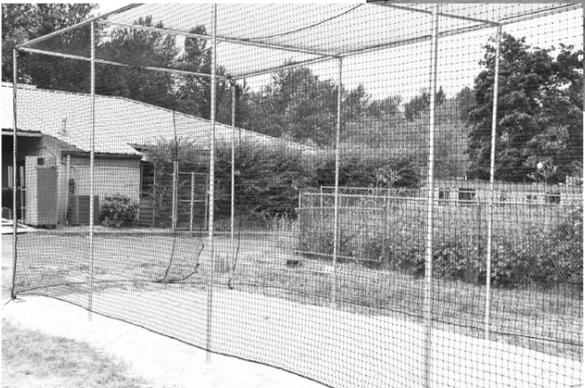
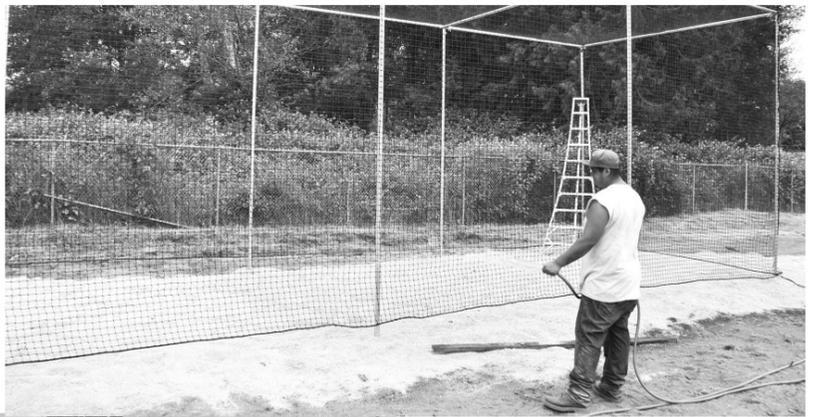
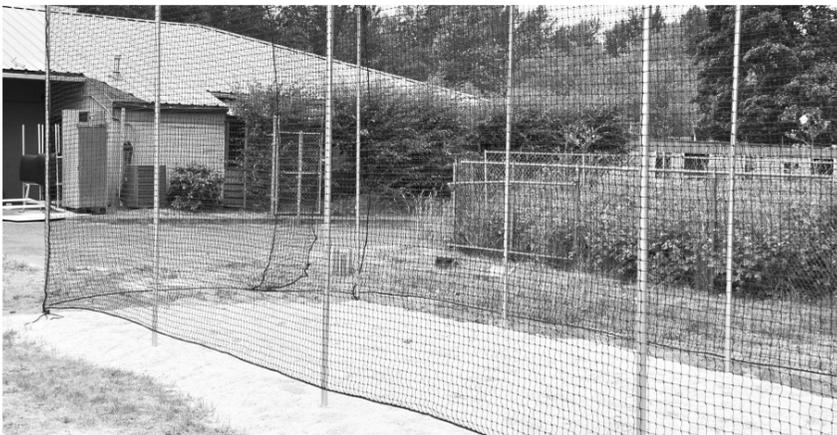
She cut back on the

portion sizes of the foods she ate... especially breads, pasta, chips and rice.

And most importantly she started walking regularly.

Walking and cutting out the soda and sugared beverages were key to Colleen's weight loss, blood pressure and blood sugar changes. When she realized that there was a possibility that could lower her blood sugars by walking daily instead of taking a shot of insulin, she was all in. It took some time, but as her weight and blood sugars dropped. She was slowly weaned off her insulin. If you are walking, biking or driving at the noon hour on Kwina or Haxton...look for Colleen, or better yet, join her! Look to her as a motivator or mentor to making healthy lifestyle changes...you will be glad you did.

Brand New Batting Cage



Community Updates

Stommish Got Talent

Thank you all who participated

and

a special Thank you to our Volunteer Judges



Community Updates



Lummi Stomish Water Festival 2015



Community Updates

Lummi Stomish Water Festival 2015



Lummi Youth Rec Spring Sports Banquet

