

# Squol Quol



February 2015

Section 2

## Lummi Nation School Blackhawks

Submitted by: Henry Hillaire

The Lummi Nation Blackhawks Varsity team had a great victory on Wednesday January 30<sup>th</sup>. They remain undefeated as they faced off against Tulalip, ending the game with a cool 58 - 45 score. However, They weren't the only ones to taste victory that day. The JV team defeat-

ed LaConner and the Lady Blackhawks defeated Tulalip Heritage's female team. Overall, Thursday was a good night for the Lummi Nation.

Currently, our Blackhawks are undefeated which means they will certainly be in the district tournament. They have a game against Lopez Island on Monday,

February 2<sup>nd</sup>, and an away game at Grace Academy on February 4<sup>th</sup>. After that, the District tourney will be hosted at Mt. Vernon Christian from Feb. 7 through Feb. 12<sup>th</sup>. Here's to wishing the Varsity team continued success in their season.

As for the junior varsity team, their season ended

strongly. They continued to learn and grow every year so we can look forward to an even better season next year. As for the Lady Blackhawks, we can look forward to rooting them on at home, Feb. 2<sup>nd</sup>, at 3:30pm, to determine if they place in this seasons district tournament.

Please follow us at Lummi Communications FB page for updates and changes to game schedules and upcoming tournaments.



*"To Preserve, Promote, and Protect our Sche Lang en"*

# Education

## Head Start Calendar of Events

UNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
8	9	10	11	12 <i>Family Fun Night</i> 5 to 7 Location TBA	13	14 
15	16  <i>Presidents' Day</i>  <i>No Head Start</i>	17	18	19	20	21
22	23	24	25	26 <i>Parent/Teacher Conferences</i> No Head Start Class	27 <i>Parent/Teacher Conferences</i>	28

**Lummi Nation Early Learning Center**  
2645 Kwina Road  
(360) 312-2446 – Head Start Education Coordinator, Joy Miller

## 2014 Baseball Outing Ellen Campbell, 6th Grade Teacher

In June of 2014, the sixth graders from the Lummi Nation School were able to go to see the Seattle Mariners play the Arizona Rays in Seattle. This was a field trip generously supported by the school as a culmination of the sixth graders' successful school year. The sixth graders really looked forward to this outing for several months and enjoyed getting out in the sunshine to watch some baseball!

The students were divided into several groups with an adult chaperone for each group. Even the bus driver, Mann Lewis, pitched in to lead a group of students. Some of the students were able to go to the dugout before the game and get autographs from some of the Mariners' players. All of the kids enjoyed the hotdog lunch provided and the other "healthy?" snacks they purchased at the game, like the gigantic sodas, cotton candy, ice cream, popcorn and fries!

Most groups seemed to enjoy walking around the

stadium about as much as watching the game. They all behaved beautifully and were a credit to the Lummi Nation School, and a "fun time was had by all!"



*Dainon Lechuga, as a 6th grader at the Mariners' game, June of 2014.*



*Kayani Ell, Corrine Solomon, and River Johnson at Mariners' game, June of 2014 as 6th graders*



*Lummi Nation School sixth graders at Mariners' game, June of 2014*



*Sixth graders Jeramiah Cooper and Trevor Morris with chaperone Mann Lewis at Mariners' game, June of 2014.*

# Counselor's Corner:

## On Grief and Memory

Submitted by Laurie Winters, K-8 Academic Counselor

Grief is the loss of those we love, and the shapeless suffering that follows. For our children, there is fear that they will lose a beloved person who cares for them, or that they are in jeopardy.

There is a great deal we can do to help ourselves in times of grief, and to help our young ones. We can allow ourselves to experience the reality of loss, through our own perspective, and through our children's eyes.

Adult grief will necessarily have a different focus. We mourn the special days ahead in which that loved one will not be present, thus we grieve the future. We may feel regret for the parts of our lives that didn't go well, thus we mourn the past. And of course, we miss the presence and company of the lost one today, and thus we mourn the present.

Children live almost

entirely in the present, and their grief will be centered there, with a reach back into the past for memories. Few children are able to see far into the future, and are thus protected from true understanding about the many days they will face without the lost one.

Therein lies healing and comfort. If we allow ourselves, and our children and youth, to experience their grief as fully as they are ready to experience it in the present, then we can provide rituals and recipes for healing, also in the present moment. I know that here at Lummi, there are many practices designed for this very purpose. It is ideal when a community comes together to provide this type of comfort for the bereaved.

It is true, also, that anything that provides comfort through the senses is bound to be centering and soothing, for all of us, and certainly for children. Following are ideas to consider using, as you work toward

healing from loss, now and in the future, for yourself and your children:

**Sense of taste:** comfort foods, foods loved by the lost one, or foods we especially love

**Sense of touch:** a back-rub, hot bath, steam/sauna, massage, hugs and kisses, snuggling together

**Sense of hearing:** the sounds of nature; of favorite music of the bereaved or of the missing one; drumming; chanting; running water; sound of singing for ourselves or another

**Sense of sight:** being with loved ones, in beautiful places outdoors, creating our own art to honor a loved one (especially meaningful for children)

**Sense of smell:** a fragrant candle burning, the perfume/cologne/fragrances favored by the lost one, or our own favorites.

This is only a small list of suggestions, and you'll have other ideas, which can bring you or your child back

to the present moment for comfort and reassurance.

The messages we give our children are the next most important tool we have to support them.

We can talk lovingly of the lost one, of the gifts they left behind in the smile, the talents, and a kind or generous temperament or wonderful sense of humor.

We can look for a sign that the universe is in order, in a rainstorm, or presence of an eagle, or a beautiful sunset and share the experience with our children.

We can ask our children what they remember most, and write their thoughts down, to be kept and referred to in the future, when memories have faded.

We can make a small book of photos and thoughts, and we can give them a special item that belonged to the lost loved one.

We can remind them that they are safe, and that there are lots of people who

love them and will care for them.

We can reassure them that nothing they did or said caused the loss of someone special.

We can begin to re-introduce the idea of joy and happiness returning, by taking time to play with other children, to provide relief.

Experiencing our own losses fully will not look or feel the same as loss to a child. It will be important to be honest with our young about how we feel, but not expose them to grief beyond their ability to handle it. Again, a child's greatest fear is loss of their closest caregivers, so they need to feel our strength, while we cope with our sadness. It's a dance of grief and memory, love and remembrance, which, in its finest form, is a reminder to us of the richness of the love we hold for one another.

## Update From LNS Family Support Group

Submitted by LNS Family Support Group

Office: 758-4366 or 758-4351

On January 7, the Parent Advisory Committee (PAC) topic was on Spice and Other Illegal Drugs that are affecting our community. Lummi Nation School (LNS) coordinated with Kathy Charles, Lummi Tribal Health Center, and Lummi Police Department (LPD) to have this workshop. Officer Hart and Officer Gates from LPD did an outstanding job with this workshop. We are proud to say that Lummi Nation is in the forefront in making SPICE illegal on our reservation. The information shared by Officer

Gates and Officer Hart is a starting point to what we as a parents, and the community need to do to battle this very dangerous drug.

The last big thing we worked on for the month of January is our School Safety meeting that was on the 28th. We went over our school's safety procedures in the event of an emergency.

Coming up for the month of February we will be having our next Family Fun Night planned for the 25th! More details to come. Our next Parent Advisory Committee meeting will be February 4th. Please watch out for fliers and refer to our school's Facebook page

for more information.

Also, we want to give a big hyshe to New Hope Church for making some of our children's Christmas' extra special. With the help of our teachers and counselors, we were able to select 5 families to receive Christmas gifts from New Hope Church. It was so nice to see how grateful the families were when we delivered their gifts. Whatcom County Sheriff's Department sent us 50 tickets to hand out to selected kids so they were able to exchange that ticket for a toy. Again, a big hyshe for their generosity.

Hyshe

**Lummi Nation School K-12 2014-2015 School Calendar**

**JANUARY 2015**

1-2 Winter Break, No School
5 School Resumes
16 1/2 Day- Prof. Development
22 Treaty Day, No School
27 Semester Work Day, No School
28 2nd Semester Begins
30 1/2 Day- Prof. Development

**FEBRUARY 2015**

13 1/2 Day- Prof. Development
16 President's Day, No School
27 1/2 Day- Prof. Development

**MARCH 2015**

13 1/2 Day- Prof. Development
25-27 1/2 Day- Parent/Teacher Conference

**APRIL 2015**

6-10 Spring Break, No School
24 1/2 Day- Prof. Development

**MAY 2015**

8 1/2 Day- Prof. Development
22 1/2 Day- Prof. Development
25 Memorial Day, No School

**JUNE 2015**

4 LHS Graduation Day
11 Last Day of School, Early Release

2nd Semester = 90

2Q= 11/5/14 -1/26/15	3Q= 1/28/15 - 4/1/15
4Q = 4/2/15 - 6/11/15	Total = 180



## Lummi Nation School Elementary Classroom Student January Student of the Month

Each month, Lummi Nation Elementary School honors a student from each classroom for hard work and dedication to the school and the community. Teachers from Kindergarten through 6th grade choose a star student to be selected for this prestigious to honor.

### Kindergarten:

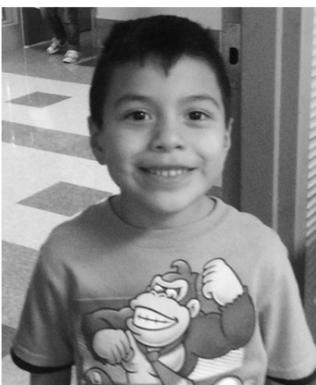


**Cassandra Solomon**

Cassandra Solomon was named kindergarten Student of the Month of January at Lummi Nation School from Mrs. Ballew's class. Her Indian name is Xweli:siya.

Cassandra is an exceptional student because she always tries to do her best. Cassandra is very caring about others. She understands when her friends are having a hard time and she knows that it makes them feel better when she plays with them during recess. Cassandra has good attendance and is ready to learn with a positive attitude. Cassandra is good at drawing interesting pictures. She is proud of her Schelling and knows that it is her cultural ways to be respectful and caring towards others. Her parents Eksele Denise and Eksele Lawrence must be very proud of their little "Stolo Princess".

### First Grade:



**Ricardo Rosales**

Ricardo Rosales was

named first grade Student of the Month of January at Lummi Nation School from Teacher Jeri's class.

Ricardo is an amazing student. He is a confident and well behaved learner in all classes. He is a very motivated reader in his class. Ricardo completes his work on time, quickly gets in learning position, he is a great listener. Throughout the school day he is a great friend to other first graders and genuinely cares about others. One of his favorite things to do in school is tutoring because he likes learning about animals, writing about the animals and illustrating. To be the Student of the Month makes Ricardo feel very happy and proud!

### Second Grade:



**Tony Abram**

Tony Abram was named second grade Student of the Month for January at Lummi Nation School from Mr. Brink's class.

Tony is a leader in his second grade class. His leadership demonstrates being a role model for his classmates and other students. Often students look to him for help when appropriate. Tony completes his work in an efficient manner. He also sets high standards for the accuracy of his assignments. His favorite subject at school is math "because you can do problems." Tony feels happy to be the student of the month for his class.

### Third Grade:



**Serena Jo Pantalia**

Serena Jo Pantalia was named third grade Student of the Month of January for Mrs. Hubert's class.

Serena Jo has an exceptional ability to think outside of the box. She is an excellent problem solver and makes thoughtful inferences about what she has read. She has shown great progress in her assessment scores by taking her time and believing in herself. She brightens up the room with her smile and is a great addition to her third grade classroom community. When asked what her favorite subject at school was she replied "P.E. is my favorite because you get to play and I also like cultural arts because you get to use glitter, paint, and glue." To be the Student of the Month of January makes Serena feel "very happy!"

### Fourth Grade:



**Aniyah James**

Aniyah James was named the fourth grade Student of the Month of January for Mrs. Marshall's class.

This student has been picked for student of the month because of her good attitude toward her learning and her effort. Even when the task at hand is difficult or frustrating for

her, she gives 100% effort and is so proud of what she has done. She strives to work independently and will continue to work, even when the class period has ended. In her group of peers she is a leader and is full of laughter and good humor.

When asked her name and how she feels about being student of the month she responded, "My name is Aniyah James and I am in fourth grade. Yes, it makes me proud to be the student of the month. My favorite subject is P.E. because it is fun."

When Aniyah comes to school in the morning she always brightens the room with her amazing smile. She is glad to be at school and has nearly perfect attendance. These are qualities of an outstanding student!

is a very good listener. Cutrina works hard and takes her time in all subjects. In addition she has never received an "oops slip," referral, or a consequence for inappropriate behavior. She takes school seriously and I believe that academically she is a top role model at Lummi Nation Elementary. Cutrina is very thoughtful towards others at all times. She never says hurtful or harsh words towards others. To the Student of the Month Cutrina feels very proud and happy.



### Sixth Grade:

**Connie Grant**

Connie Grant was named sixth grade Student of the Month of January for Mrs. Campbell's class.

Connie was nominated because of her improving attitude and focus in math. She has started to try harder to understand the daily math concepts while being more willing to work out her daily assignment problems. She no longer gives up saying, "I can't do this," but she keeps on trying to analyze the problems, set them up correctly, solve them, and check that her answers make sense. Her changing attitude is leading her to more success as a math learner!

## Daylight Savings Time

begins Sunday,  
March 8, 2015,  
spring ahead one  
hour

# Greetings Lummi Community!

*Submitted by Albert Toby, Head Coach*

We're excited to have six seniors, one sophomore, five freshmen and two eighth grade student on our girls' varsity roster this basketball season (2015). Our seniors are: Trenea Humphreys, Tonya Teton, Halle Sturgeon, Seaneen Roberts, Sarah Burke, and Carla Lawrence. Our sophomore player is Violet Rodriguez. Freshmen basketball players are Sabryn Tom, Janyha Ell, Marlaneh Jefferson, Nikki Revey, and Jayda Phair, and our eighth grade students are Tressah Toby and Cadence John.

Rachel Entz is my Assistant Coach this season.

Our record so far includes two wins, and ten losses – but we remain optimistic as a team and are looking forward to at least three more wins before the end of the season. Our season ends the first week of February, with post-season games beginning the first week of February.

Location of games in February are undetermined for the Lady Blackhawks with Make-up Games, District Tournament, Tri-District Tournament, Regionals and State taking place between February 4th and March 7th.

If you have the opportunity to come and see the Lady Blackhawks play, please come to the LNS Gymnasium and join in the cheering section. The players will enjoy your present, as well as the coaches and these events build community! Our youth work hard to represent their school, their family and their community and it is good to provide them all the support and encouragement we can provide.

Head Coach, Albert Toby and Assistant Coach, Rachel Entz wish to thank everyone for supporting our youth.

Hysh'qe Si'am



## Lummi Higher Education

*Submitted by: Renee Swan-Waite, Career Development Director*

The Lummi Higher Education Award for winter quarter was recently distributed to 163 students enrolled in colleges and universities here at home (Northwest Indian College) and across the United States. Each new quarter is a hopeful time as students continue to set goals and ambitions for themselves and their families. By providing this award, we as a community are supporting their dreams and making an investment in our collective future. Our future will always depend on our traditional teachings and original instructions. The math, writing, science, public administration skills and technology

skills will equip our students to meet the modern challenges to preserve, promote and protect our Schelangen.

Northwest Indian College students Nick Jefferson, Krissy Jefferson, Aissa Yazzie and Jefferson Emm recently presented posters at the first State of the (Bellingham) Bay conference. According to Marco Hatch, the director of the National Indian Center for Marine Environmental Research and Education, which is housed at Northwest Indian College, the purpose of the conference was to discuss the biggest issues in Bellingham Bay



and how to restore the bay. Our student's participation is a perfect example of following our original instructions.

Economic development is on the minds of many of us. How will we support ourselves and continue to build our infrastructure. In 2001 Economist Ilhan Ozturk wrote about the role of education in economic development:

“Education in every sense is one of the fundamental factors of development. No country can achieve sustainable economic development without substantial investment in human capital. Education enriches people's understanding of themselves and world. It improves the quality of their lives and leads to broad social benefits to individuals and society. Education raises people's productivity and creativity and promotes entrepreneurship and technological advances. In addition it plays a very crucial role in securing economic and social progress and improving income

distribution.” -Journal of Rural Development and Administration. Vol. XXXIII, No. 1, Winter (2001)

The Washington Indian Gaming Scholarship application for 2015-2016 is now available. The American Indian College fund is also accepting application for the Full Circle Scholarship Program. Applications for both scholarships can be found in the Lummi Higher Education office and online.

Hysh'qe Lummi Indian Business Council for investing in our young people and the future.

# It's Snow Time!

## LNS Boarders and Skiers Hit the Slope

On Wednesday Jan 14th, LNS snowboarders and skiers were able to get up to the mountain despite the general lack of snow this winter. Turns out there was enough snow at Heather Meadows, a bright blue sky, and plenty of sunshine for a great day on the mountain. Since 2011, Lummi Nation School has teamed up with Mt. Baker Ski Resort to provide our students with an exceptional learning experience. This year, there are 6 planned trips to Mt Baker from January through March.



Chair 2 from Heather Meadows.



Sabryn--all smiles!

Nineteen participants in grades 7-11 were selected for the 2014-15 season, based on applications which included an essay and personal references. Students that participate in this program are required to meet the same expectations as an athlete that participates in sports at LNS. Grades, attendance, and behavior must meet the same standards for eligibility as WIAA athletes.



Trevor gets the hang of the rope tow.



Sunny slopes with plenty of snow.

Lift tickets and lessons, based on ability and experience, are provided at no cost to students. Hearty lunches and healthy snacks are provided by the LNS kitchen staff. The Mt. Baker Ski/Snowboard Student Leadership Program would like to thank Kerry Herman and the support staff at Mt Baker Ski Resort, Principal Leighton, Randy Kauai, Mrs. Hottmann, and all of the wonderful people who have helped make this program possible.



The first lesson is the toughest!



Trevor, Sabryn, and Cadence.

## Dr. Martin Luther King Jr. Day January 19th



# LNS Coming Events

WINTER BREAK AT LNS – last day of school this year (2014) on December 19th (half day) and first day back to classes in 2015 will be January 5th. Merry Christmas and Happy New Year to all our families from the administration, teachers and staff of the Lummi Nation School.

- January 31, 2015 – SENIOR SOLO AND ENSEMBLE CONCERT at Bellingham High School for grades 9-12.
- February 3, 2015 – Filing the FAFSA (Lummi Seniors and Parents) Sponsored by ETC, JOM, College Success Foundation, and others
- February 7, 2015 – Men’s Chorus Festival at WWU for grades 8-12
- May 1, 2015 – ANNUAL CAREER AND EDUCATION FAIR – TERO & LNS – to be held in the Large Gymnasium at the Lummi Nation School.

## First Day of Spring Friday, March 20th

## Paying For College FAFSA Workshop

Free Application for Federal Student Aid

### Class of 2015 & Parents

Wednesday, February 3rd 5:30pm

at the Northwest Indian College Log Building and Computer Lab

Come fill out your FAFSA form and get your questions about paying for college answered.



### \*Bring your 2014 Tax Return!

- \* Dinner will be provided
- \* Fill out your FAFSA form
- \* Get your questions answered



Sponsored by Lummi Nation School & Lummi Employment Training Center  
Contacts: Edna Harper 758.4300 or Anita James 312.2101



## IMPORTANT MESSAGE From Lummi Dental

*Lummi Dental encourages people to use the Lummi dental clinic for all dental work. If you choose to go to a dental office on your own WITHOUT a referral from Lummi Dental, Lummi Dental WILL NOT PAY any of the co-pay, or any additional fees that your insurance doesn't cover. You will be responsible for those fees.*

## Got Skippers?

*Present your Lummi Tribal ID for 20% off food purchases at the Lummi Skippers every Sunday through February!*

## Anointing of the Sick & Preparing for a Funeral

The anointing of the sick is administered to bring spiritual and even physical strength during an illness, especially near the time of death. It is most likely one of the last sacraments one will receive. A sacrament is an outward sign established by Jesus Christ to confer inward grace. In more basic terms, it is a rite that is performed to convey God's grace to the recipient, through the power of the Holy Spirit.

### The Sacrament's Institution

Like all the sacraments, holy anointing was instituted by Jesus Christ during his earthly ministry. The Catechism explains, "This sacred anointing of the sick was instituted by Christ our Lord as a true and proper sacrament of the New Testament. It is alluded to indeed by Mark, but is recommended to the faithful and promulgated by James the apostle and brother of the Lord" (CCC 1511; Mark 6:13; Jas. 5:14-15).

The anointing of the sick conveys several graces and imparts gifts of strengthening in the Holy Spirit against anxiety, discouragement, and temptation, and conveys peace and fortitude (CCC 1520). These graces flow from the atoning death of Jesus Christ, for "this was to fulfill what was spoken by the prophet Isaiah, 'He took our infirmities and bore our diseases'" (Matt. 8:17).

Mark refers to the sacrament when he recounts how Jesus sent out the twelve disciples to preach, and "they cast out many demons, and anointed with oil many that were sick and healed them" (Mark 6:13). In his epistle, James says, "Is any among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord; and the prayer of faith will save the sick man, and the Lord will raise him up; and if he has committed sins, he will be forgiven" (Jas. 5:14-15).

The early Church Fathers recognized this sacrament's role in the life of the Church. Around A.D. 250, Origen wrote that the penitent Christian "does not shrink from declaring his sin to a priest of the Lord and from seeking medicine . . . [of] which the apostle James says: 'If

then there is anyone sick, let him call the presbyters of the Church, and let them impose hands upon him, anointing him with oil in the name of the Lord; and the prayer of faith will save the sick man, and if he be in sins, they shall be forgiven him'" (Homilies on Leviticus 2:4).

In the year 350, Bishop Serapion wrote, "We beseech you, Savior of all men, you that have all virtue and power, Father of our Lord and Savior Jesus Christ, and we pray that you send down from heaven the healing power of the only-begotten [Son] upon this oil, so that for those who are anointed . . . it may be effected for the casting out of every disease and every bodily infirmity . . . for good grace and remission of sins . . ." (The Sacramentary of Serapion 29:1).

### The Sacrament's Effects

"The special grace of the sacrament of the Anointing of the Sick has as its effects: the uniting of the sick person to the passion of Christ, for his own good and that of the whole Church; the strengthening, peace, and courage to endure in a Christian manner the sufferings of illness or old age; the forgiveness of sins, if the sick person was not able to obtain it through the sacrament of penance; the restoration of health, if it is conducive to the salvation of his soul; the preparation for passing over to eternal life" (CCC 1532).

Does a person have to be dying to receive this sacrament? No. The Catechism says, "The anointing of the sick is not a sacrament for those only who are at the point of death. Hence, as soon as anyone of the faithful begins to be in danger of death from sickness or old age, the fitting time for him to receive this sacrament has certainly already arrived" (CCC 1514).

### Does God Always Heal?

Today some Christians go to extremes in their expectation of divine healing. On one hand, some say that if a Christian is not healed of all his diseases, this reflects his lack of faith. Others claim that divine healings were only for the apostolic age, when all diseases were healed instantly

and automatically. Both extremes are wrong.

God does not always heal the physical infirmities that afflict us. Paul preached to the Galatians while he was afflicted by a "bodily ailment" (Gal. 4:13-14). He also mentions that he had to leave his companion Trophimus in the town of Miletus because he was too sick to travel (2 Tim. 4:20). In his first letter to Timothy, Paul urges his young protégé to "no longer drink only water, but to use a little wine for the sake of your stomach and your frequent ailments" (1 Tim. 5:23).

The last passage is especially informative. Not only does it reveal that illnesses were not always healed in the apostolic age, but it also shows an apostle's practical advice to a fellow Christian on how to deal with an illness. Notice that Paul does not tell Timothy to pray harder and have more faith that God will heal him from his stomach ailment. Rather, he tells him how to manage the illness through medicinal means.

Some argue that healings were always instantaneous and were only for those living during the apostolic age, but that afterward the gift of healing disappeared. The problem with that theory is that the Bible tells us otherwise. For example, when Jesus healed the blind man at Bethsaida, he laid his hands upon him twice before the man was fully healed (Mark 8:22-26).

Finally, we have a standing command of the New Testament in James 5:14-15, cited earlier. This command is never revoked anywhere in the Bible, and there are no statements anywhere that God will cease to heal. Thus the command is in effect to this very day.

Of course, our healing, like all things, is subject to God's will. As James pointed out just a chapter earlier, "You do not know about tomorrow. What is your life? For you are a mist that appears for a little time and then vanishes. Instead you ought to say, 'If the Lord wills, we shall live and we shall do this or that'" (Jas. 4:14-15, emphasis added). We have a promise of healing, but not an unqualified

one. It is conditional on the will of God.

### Why Doesn't God Always Heal?

If God can heal us, why doesn't he? Why isn't it always his will to do so? One answer to this question is found in the spiritual discipline and training that can result from facing illness and adversity. Scripture asks, "Have you forgotten the exhortation which addresses you as sons?—'My son, do not regard lightly the discipline of the Lord, nor lose courage when you are punished by him. For the Lord disciplines him whom he loves, and chastises every son whom he receives' [Prov. 3:11-12]. It is for discipline that you have to endure. God is treating you as sons; for what son is there whom his father does not discipline?"

"If you are left without discipline, in which all have participated, then you are illegitimate children and not sons. Besides this, we have had earthly fathers to discipline us and we respected them. Shall we not much more be subject to the Father of spirits and live? For they disciplined us for a short time at their pleasure, but he disciplines us for our good, that we may share his holiness. For the moment all discipline seems painful rather than pleasant; later it yields the peaceful fruit of righteousness to those who have been trained by it" (Heb. 12:5-11).

### The Value of Suffering

Sometimes God allows us to undergo sickness as a form of discipline and training in righteousness. God often permits these trials for our sanctification, as Paul himself learned when he prayed that God would remove from him an angel of Satan who was afflicting him: "And to keep me from being too elated by the abundance of revelations, a thorn was given me in the flesh, a messenger [Greek: angelos] of Satan, to harass me, to keep me from being too elated. Three times I besought the Lord about this, that it should leave me; but he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.' I will all the more gladly boast of my weaknesses, that the power of Christ may rest upon me" (2 Cor. 12:7-9).

Even though we must face a certain amount of suffering and affliction in this life, we know God's grace is sufficient to sustain us. All of God's graces, including physical health, are bestowed to lead to the salvation of our souls. The Catholic Church teaches that the sacrament brings "the restoration of health, if it is conducive to the salvation of his soul" (CCC 1532).

God also uses our suffering to help others. If Paul had not become ill while on his first missionary journey and been forced to stop traveling, he would not have preached to the Galatians, for he tells them, "You know it was because of a bodily ailment that I preached the gospel to you at first" (Gal. 4:13). If he had not preached to the Galatians, he would not have later written them the epistle that appears in our New Testament. God used Paul's illness to bring salvation to the Galatians and to bring us a work of Scripture, through which we are still receiving benefits from God.

This is just one example of how God used suffering to bring about good. Therefore, if we suffer, we should look upon it as an opportunity for good, such as by offering up our sufferings for our own sanctification and for our departed brothers and sisters in Christ.

This applies also to the physical suffering of death, which will come for each of us one day. The Bible reminds us, "As for man, his days are like grass; he flourishes like a flower of the field; for the wind passes over it, and it is gone, and its place knows it no more" (Ps. 103:15-16).

### The "Last Rites"

Though the psalmist teaches us to ponder our mortality, he immediately comforts us by saying, "But the steadfast love of the Lord is from everlasting to everlasting upon those who fear him, and his righteousness to children's children, to those who keep his covenant and remember to do his commandments" (Ps. 103:17-18).

In his steadfast love for us, the Lord gives us the sacraments involved in the last rites to comfort us in our final days and prepare us for the journey ahead.

“These include penance (or confession), confirmation (when lacking), anointing of the sick . . . and Viaticum (which is meant to be the last reception of Communion for the journey from this life to eternity). . . .

“The present ritual orders these sacraments in two ways. The ‘continuous rites of penance and anointing’ include: Introductory Rites, Liturgy of Penance, Liturgy of Confirmation, Liturgy of Anointing, Liturgy of Viaticum, and Concluding Rites. The ‘rite for emergencies’ includes the sacrament of penance, Apostolic Pardon, Lord’s Prayer, Communion as Viaticum, prayer before anointing, anointing, concluding prayer, blessing, sign of peace” (Fr. Peter Stravinskis, *Catholic Encyclopedia*, 572).

The most important part of the last rites is the reception of the Lord in one’s final Communion, also called “Viaticum” (Latin = that which you take on the road, i.e., provisions for a journey) This special Communion prepares us to travel with the Lord on the final part of our journey.

The comfort of Viaticum has been valued by Christians since the beginning of Church history. The first ecumenical council, held at Nicaea in 325, decreed: “Concerning the departing, the ancient canonical law is still to be maintained, to wit, that, if any man be at the point of death, he must not be deprived of the last and most indispensable Viaticum” (canon 13). Having repented of our sins and received reconciliation, we travel with the Lord Jesus out of this earthly life and to eternal happiness with him in heaven.

From the earliest times, the sacrament of the anointing of the sick was cherished among Christians, not only in imme-

diately danger of death, but even at the beginning sign of danger from illness or old age. A sermon of Caesar of Arles (ca. A.D. 470-542) contains the following: “As often as some infirmity overtakes a man, let him who is ill receive the body and blood of Christ; let him humbly and in faith ask the presbyters for blessed oil, to anoint his body, so that what was written may be fulfilled in him: ‘Is anyone among you sick? Let him bring in the presbyters, and let them pray over him, anointing him with oil; and the prayer of faith will save the sick man, and the Lord will raise him up; and if he be in sins, they will be forgiven him. . . . See to it, brethren, that whoever is ill hasten to the church, both that he may receive health of body and will merit to obtain the forgiveness of his sins” (Sermons 13[325]:3).

#### John Chrysostom

“The priests of Judaism had power to cleanse the body from leprosy—or rather, not to cleanse it at all, but to declare a person as having been cleansed. . . . Our priests have received the power not of treating with the leprosy of the body, but with spiritual uncleanness; not of declaring cleansed, but of actually cleansing. . . . Priests accomplish this not only by teaching and admonishing, but also by the help of prayer. Not only at the time of our regeneration [in baptism], but even afterward, they have the authority to forgive sins: ‘Is there anyone among you sick? Let him call in the priests of the church, and let them pray over him, anointing him with oil in the name of the Lord. And the prayer of faith shall save the sick man, and the Lord shall raise him up, and if he has committed sins, he shall be forgiven” (On the Priesthood 3:6:19off [A.D. 387]).

**NIHIL OBSTAT:** I have concluded that the materials presented in this work are free of doctrinal or moral errors.

Bernadeane Carr, STL, Censor Librorum, August 10, 2004

**IMPRIMATUR:** In accord with 1983 CIC 827 permission to publish this work is hereby granted.

+Robert H. Brom, Bishop of San Diego, August 10, 2004

Father Khanh Ngyuen offers the Anointing of the Sick at St. Joachim’s at our Thursday night 6 PM Masses sometimes once a month.

If you or a loved one would like to have the anointing of the Sick please call the parish office in Ferndale (360) 384-3651 or you can ask Father Khanh Ngyuen either before Mass starts or after Mass is over. Father Khan Ngyuen prefers that either you or an immediate family member to ask him.

#### Preparing for a Roman Catholic Funeral

Contact Father Khanh Ngyuen before setting a time and day, Father prefers that an immediate family member call him. The office number is 384-3651.

Calling during office hours Monday to Friday from 9AM to 12PM and 1PM to 4PM - Meg the office assistant will help you and or leave a message for Father Khanh Ngyuen.

Calling after office hours or on week-ends (384-3651) and you will hear the following message, “if this is and after hours emergency requiring the present of a priest please press 6 and leave message for Father Khanh. He will call you back.

#### Other people to contact:

Who ever you decide to choose to lead the Rosary for the Prayer Service.

The music ministry

Other things to think about:

Who do you want to put the Pall (the white covering) on the casket, requires two people

Who do you want to bring up the gifts (the bread and wine), requires two people

#### During the Mass:

The building become the Church so please act accordingly as you would when you go into any church. The Lord is present especially during the Liturgy of the Eucharist.

No drinking of beverages or chewing gum

Men/boys please take off your hats

Please do not walk behind the altar during the Mass

#### Who may have a Roman Catholic funeral?

All baptized Catholics are entitled to a Roman Catholic funeral. Additionally, catechumens (adults who are preparing for baptism in the Catholic Church,) and children who die before they could be baptized may have a Roman Catholic funeral service..

#### What does a Roman Catholic funeral look like?

There are three parts to a Roman Catholic funeral:

1. Vigil for the Deceased (occurs during the wake or pray service)
2. Funeral liturgy in the form of Mass (Eucharistic Liturgy) or service of the Word
3. Committal of the body into the ground

#### What is a funeral Mass Like?

The funeral Mass follows the same patten as a typical Mass with additional elements that draw attention to the place the deceased person had in the life of the mourners and most especially, the Christian belief in resurrection. Some of these elements are:

Covering the casket with a pall or white cloth which signifies the deceased life in Christ through baptism. This often done by family members;

Sprinkling the casket with holy water, also a remembrance of baptism;

Placing Christian symbol on the covered casket. This includes a crucifix.

#### Who may receive Holy Communion?

People who normally (practicing Catholic one who goes to church on a regular bases) receive Holy Communion in their parish Catholic Church are welcome to receive. Non-Catholics and people who have been away from the practice of the Roman Catholic faith may come up for a blessing by crossing the arms across their chest or putting their hand in front of their mouths. One should not receive Holy Communion if they have committed a mortal sin and not gone to confession, must have maintained the one hour fast before Mass (nothing to eat or drink one hour before Mass starts).

I hope this helps and if I can offer you any assistance beyond the information provided her please feel free to let me know. Know that my prayers always with you and our community. We have a prayer group that meets every Monday evening at 7 PM and anyone who would like prayer is welcome. Gob Bless

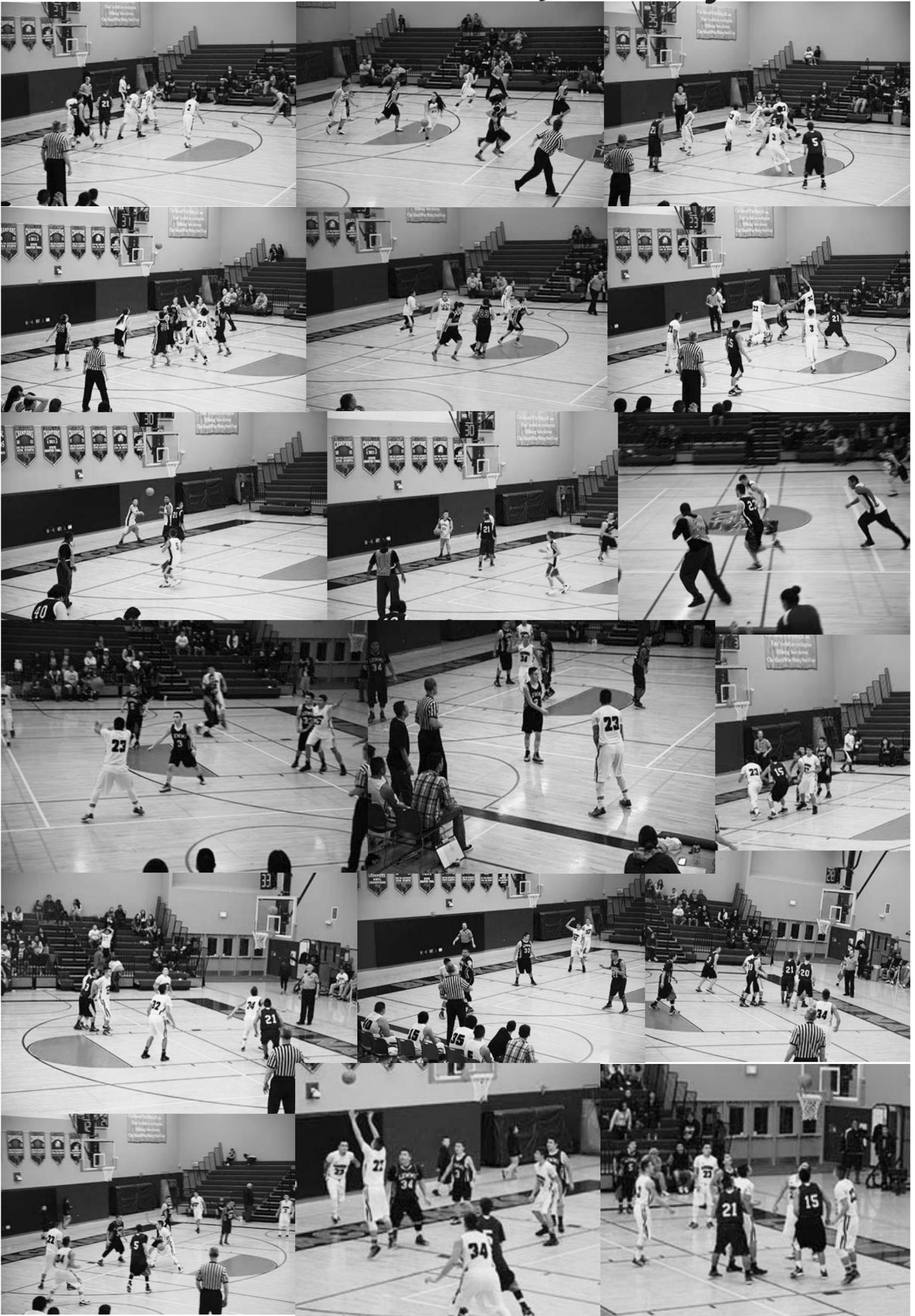
# Special General Council Meeting

## Re: Attorney Contracts Review

### February 19, 2015

### 5:00PM at the Wexliem

## Jay Phair Memorial Alumni Games ~ January 31



# Community Updates

## YOUTH BASEBALL/SOFTBALL



Lummi 2015 Spring Sports

**REGISTRATION:** February 2<sup>nd</sup> – March 4<sup>th</sup>

*First come, first serve basis.*

**TEAMS:** Participation in the Boys and Girls Club of Whatcom County Leagues

Gender	Grade/Age	Team
COED-	K/1 <sup>st</sup>	T-Ball
BOYS-	2 <sup>nd</sup> /3 <sup>rd</sup>	Pitching Machine
	3 <sup>rd</sup> /4 <sup>th</sup>	Minor B
	11/12 year old	Major B
GIRLS-	2 <sup>nd</sup> /3 <sup>rd</sup>	Pitching Machine
	U-10	Fastpitch
	U-12	Fastpitch
	U-14	Fastpitch

Important Details:

- Register at LYR office or by email
- Practices will begin the week of March 9<sup>th</sup> or March 16<sup>th</sup> at the latest
- Games Begin- week of April 13<sup>th</sup>
- 10-12 games a season- 2 games a week, games may be on weekdays after 5:30 pm or on Saturdays
- Boy's age divisions are based on April 30, 2015
- Girl's age divisions are based on December 31, 2014
- 3<sup>rd</sup> grade boys can play either pitching machine or kid pitch baseball

Help make a difference in the life of a youth! Coaches are needed.  
If you have any questions contact Sarah Tom at 360.380.6647 or SarahB@lummi-nsn.gov.



### ATTENTION COMMUNITY-

We are looking for volunteers to help fix the baseball field for the youth and community. Please contact Sarah Tom (Brady) or Jim Scott for more details if you are eager to help get the field back to good quality shape. All the fine points of this topic will be pieced together before the start of the youth Spring Baseball/Softball Season starts in early/mid March.

Sarah can be contacted on her office phone, 360.380.6647, or by email, SarahB@Lummi-nsn.gov. Jim Scott can be reached by email, JimS@Lummi-nsn.gov.

Thank you in advance to make this happen,

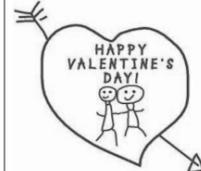
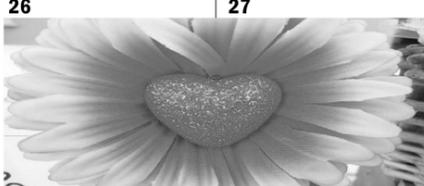
LYR Staff

**“Don’t aspire to be the best on the team. Be the best for the team.”**



## JOM February 2015



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Travis Hoyum Alexis Kinley Nathaniel Laststar	2 Traci Solomon	3 Jayden Adams-Pantalia Leroy James Kyle Kinley	4 Desean James Mariah Solomon Megan Solomon	5 Talon Hendrickson-Zimme Nathan James Simon James Mariana Jefferson	6 Christian Christianson Sharon Coss Dylan Endsley Rachel Sharrett	7 Devin Lawrence Chantel Martin Patrick Sturgeon Danielle Visser
8 Thaddeaus Daniels Marissa Noland	9 Johnny Edwards Seaneen Roberts Aliesha Solomon Joshua Williams	10 Keesha Jefferson Makya Jefferson Malia Young	11 Donovan Jones Braeden Kinley-Duke	12 Robert James Gabriale Jefferson-Johnson Branden Solomon-Merculief Kaitlyn Tomma Maleana Turner	13 Jaydean Hillaire Antoine Joe	14 Sasha Lane 
15 Leon Jefferson Shoshanah Johnson Jayda Phair	16 Acey Charles Tavis Washington	17 Jordan Jefferson Jasmine Smith	18 Josara Bennett Jayden Cano Lela Childs Leroy Deardorff Jacob Joe Madelyn King Alexandra Monahan	19 Adam Bob Miracle Jones Elder Roberts Duncan Toby	20 Thorne Aguilar	21 Merandalee Jones Jakob Washington
22 Dakota Boome Joseph Weebothee Andrew Wilson -Mueller	23 Henry Adams Latoyia Cooke Breanna Martin Trenton Toby	24 Christopher Cooper Jonathan Livingston Makaya Morris	25 Kanya Jefferson Carla Lawrence Darius Mike	26 	27	28 Anisah George Caleb Jefferson Rachel Lawrence Aaron Miller Jasmine Miller Lynda Washington



## Free Tax Preparation



### What to Bring:

- Proof of Identification (Photo ID)
- Social Security cards or Individual Tax Payer Identification notices/cards for you, your spouse, and/or dependents
- Proof of foreign status, if applying for an ITIN
- Birth dates for all on the tax return
- For married filing joint, both spouses must be present
- All Forms W-2 and 1099s
- Interest and dividend statements from banks (Forms 1099)
- A copy of last year's federal and state returns
- Proof of financial account numbers for direct deposit of refund (e.g. voided check)

To limit your wait time, it is ideal if you call or email to make an appointment.

### What you should know:

**What:** Free Tax Preparation by Certified Tax Preparers

**Where:** Northwest Indian College  
Cooperative Extension (BLDG #20)  
2522 Kwina Road Bellingham, WA 98226

**When:** Opening February 4th, 2015 through April 15th, 2015

**Mondays 9 am—3 pm & 5—7 pm**  
**Wednesdays 9 am—3 pm & 5—7 pm**

*Closed Monday Feb. 16 for President's Day*

### For more information or to schedule an appointment:

**Stop by:** NWIC Cooperative Extension (Bldg. #20)

**Phone:** 360-392-4345 or 360-255-4414

**Email:** LummiVITA@gmail.com

## NWIC Important Dates

- **Winter Qtr 2015 - January 7th to March 27th**
  - Midterm Week February 9th-13th
  - Midterm Grading February 7th-15th
  - Last Day to officially Withdraw (No Refund after Census Date) February 27th
  - LAST DAY OF THE QUARTER March 27th
  - Final Grading Deadline 5pm March 30th
- **Spring Qtr 2015 - April 6th to June 19th**
  - Registration - February 23rd to April 3rd
  - Admissions Application (Priority Deadline) February 1st
  - Financial Aid (Priority Deadline) February 1st
  - Graduation Applications Due January 31st
  - QUARTER CLASSES BEGIN April 6th
  - Late Registration April 6th-10th
  - Blue Strip Registration April 13th-17th
  - Faculty Discretionary Drops Due April 16th
  - Last day to sign up for S/U grading courses, Drop without "W" on record or to register for IL, LC or CEU (including ABE & GED) courses. April 21st
  - Last day for 100% refund for official withdrawal from courses (census date\*) April 23rd
  - Midterm Week May 11th-15th
  - Midterm Grading May 9th-17th
  - Last day to officially withdrawal (No Refund after Census Date) May 29th
  - LAST DAY OF THE QUARTER June 19th
  - Final Grading deadline 5pm June 22nd
- **Graduation Commencement Ceremony June 19th**

\*It is the STUDENT'S RESPONSIBILITY to drop a class in which s/he no longer wishes to be enrolled by filling out a drop from, signing, dating and submitting the form to Enrollment Services, Lummi Campus by the Census Date. Failure to comply with these procedures according to posted deadlines results in a failing grade and continued financial liability.

## CATERING BID REQUEST

The Northwest Indian College 2015 Graduation Committee is looking for Caterers for the 2015 Northwest Indian College Graduation Commencement Ceremony. The 2015 NWIC Commencement ceremony will occur on June 19, 2015 at the Wex liem. Menu items: Salmon, and Ham or Turkey, Fry bread, Bread Rolls, Pasta Salad, Potatoes, Beans, Fruit Salad, Coffee, Tea, Juice, Bottled Water, and Cake. Catering contract will include payment for the following duties:

- Filleting salmon
- Cost and shopping of food, supplies, groceries
- Serving 500 people
- Set up and serve food buffet style
- Refilling and clean up of the buffet
- Clean up of food prep area
- Removal of waste and food
- Set up and cleaning up i.e. tables, chairs, & floors in dining area
- Order & Pick up desserts required by other vendors
- Cooks must have food handler's permits

Please email your bid to Tlondon@nwic.edu.

## Free Valentine's Day Make~n~Take

Tuesday, February 10th, 2015

1:00 PM -4:00 PM

Located in building #20

Come join our Financial Literacy Staff and learn how to make some fun inexpensive gifts for your sweetheart.

For more information please contact:  
Edna Revey (360) 255-4414 or Jessica Harshman (360) 392-4345



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# Community Updates

## To promote the youth drawdown program this year

Lummi Youth Recreation is now accepting draw down requests for 2015.

The draw down program allows \$200.00 per enrolled Lummi youth per calendar year in grades K-12 to go towards any

sporting activity, or extra curricular activity that contributes to the health and wellbeing of the child. This program is intended to promote health, wellness and culture.

Examples include: bas-

ketball, baseball, football, swimming lessons, soccer, music, band, skating, snowboarding, dance, chorus and art. Drawdown can also be used to go towards any select teams such as regulators football, basketball and needed sports

clothing and equipment. Also allows for support for lessons and classes such as music, instrument rentals, instructor/lesson fees, uniforms, shoes, costumes such as dance recitals or theater production, books

and materials needed for lessons. (Application can be found below.

Please take a minute to fill out our online survey about the Lummi Youth Wellness Center



Lummi Youth Wellness Center  
Request for Funds  
Calendar Year 2015  
NEW REQUESTS

*"For good of the child"*

If Funding is available and relevant to the mission of the Lummi Youth Wellness Center all requests will be reviewed and approved on a weekly basis. All requests, per the drawdown policy, shall not exceed \$200.00 per Lummi enrolled youth for the calendar year. All requests will be submitted for payment on the LIBC accounts payable and purchase order schedule. AP calendars available upon request. Requests **MUST BE** submitted 2 weeks prior to activity or event. Drawdown funds available only to youth in grades K-12.

Child Information: *Please Print Clearly*

Full Name: \_\_\_\_\_ DOB: \_\_\_\_\_  
 Address: \_\_\_\_\_ City: \_\_\_\_\_  
 State: \_\_\_\_\_ Zip: \_\_\_\_\_ Age: \_\_\_\_\_  
 Tribal Affiliation: \_\_\_\_\_ Enrollment No: \_\_\_\_\_  
 Parent/Guardian Name: \_\_\_\_\_ Contact #: \_\_\_\_\_  
 Cell # \_\_\_\_\_ Email: \_\_\_\_\_  
 School Attending: \_\_\_\_\_ Grade: \_\_\_\_\_  
 Have you received assistance prior to this request? [ ] Yes [ ] No  
 If Yes, when and explanation of assistance: \_\_\_\_\_

Activity Information:

Requested Amount: \_\_\_\_\_  
 Reimbursement: [ ] Y [ ] N  
 If Yes, Payable to: \_\_\_\_\_  
*Must attach receipt*

Type of Activity:

- |                                       |                                       |  |  |
|---------------------------------------|---------------------------------------|--|--|
| <input type="checkbox"/> Basketball   | <input type="checkbox"/> Football     | <input type="checkbox"/> Baseball      | <input type="checkbox"/> Wrestling         |
| <input type="checkbox"/> Band/Choir   | <input type="checkbox"/> Dance        | <input type="checkbox"/> Canoe Pulling | <input type="checkbox"/> ASB Fee           |
| <input type="checkbox"/> Snowboarding | <input type="checkbox"/> Other: _____ |  | <input type="checkbox"/> School Sports Fee |

Items Needed:

\_\_\_\_\_

Store:

- Fred Myers       Other: \_\_\_\_\_  
 Prostock  
 Sports Authority

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

*By signing you are acknowledging that you are using the draw down amount for the 2014 calendar year.*

For Official Use only:

Date Recived: _____ [LYR Staff Intials: _____]	Purchase Order
CIB or Proof of Enrollment Rec'd: [ ] Yes [ ] No	Check
Client ID: _____	Approved: _____ [ ] Yes [ ] No

Form Approved 12/24/13 @ LYR/Wellness strategic planning meeting

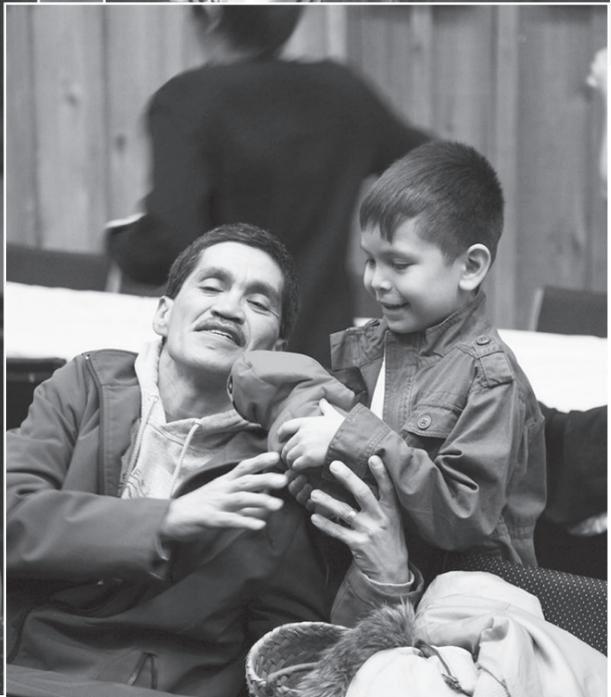




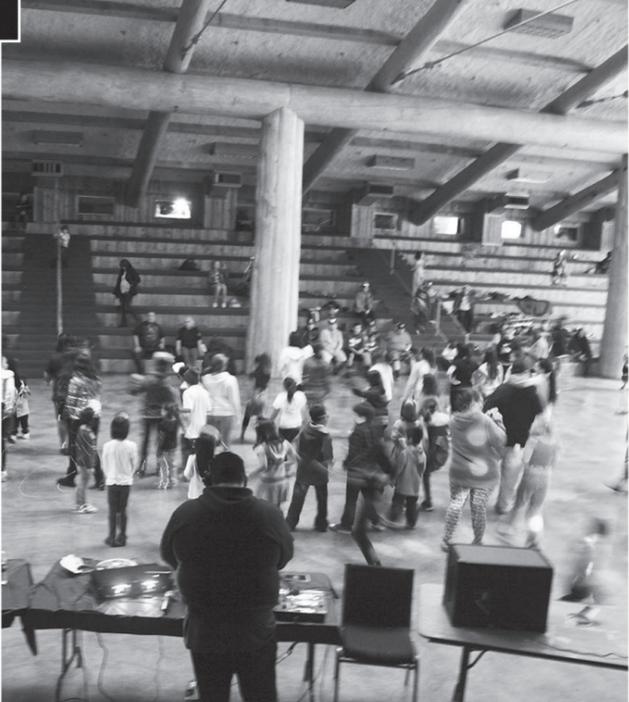
# Squol Quol

Community Photos

# Lummi Nation's at the U



# New year's Eve Nexliem



# Community Updates



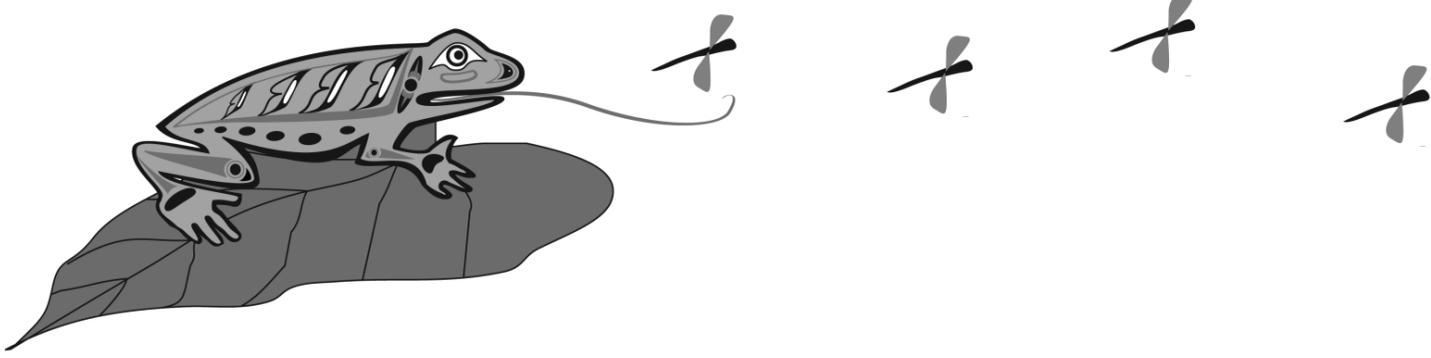
**“Diabetic Bingo Night”**  
 Wednesday ~ 5:30 pm  
**February 4, 2015**

Door Prizes, Good company, Good Food

Lummi Commodity Foods Building  
 360-380-6962



**Community Breakfast**  
 Sunday ~ 9 am  
**February 22**  
**at the Wexliem**



**Attention Lummi Community Members!**  
*You are invited to attend the annual*  
 Lummi Nation Housing Authority  
**HOUSING FORUM**



**SATURDAY, FEBRUARY 28, 2015**  
**10:00 A.M. TO 2:00 P.M.**  
**SILVER REEF EVENT CENTER**



A great opportunity to learn about the programs available and to see what new things are happening at Housing; light snacks & refreshments will be served!

**For more information, please call: 360-312-8407**



3rd Annual Stakeholder's (General Council) Presentation

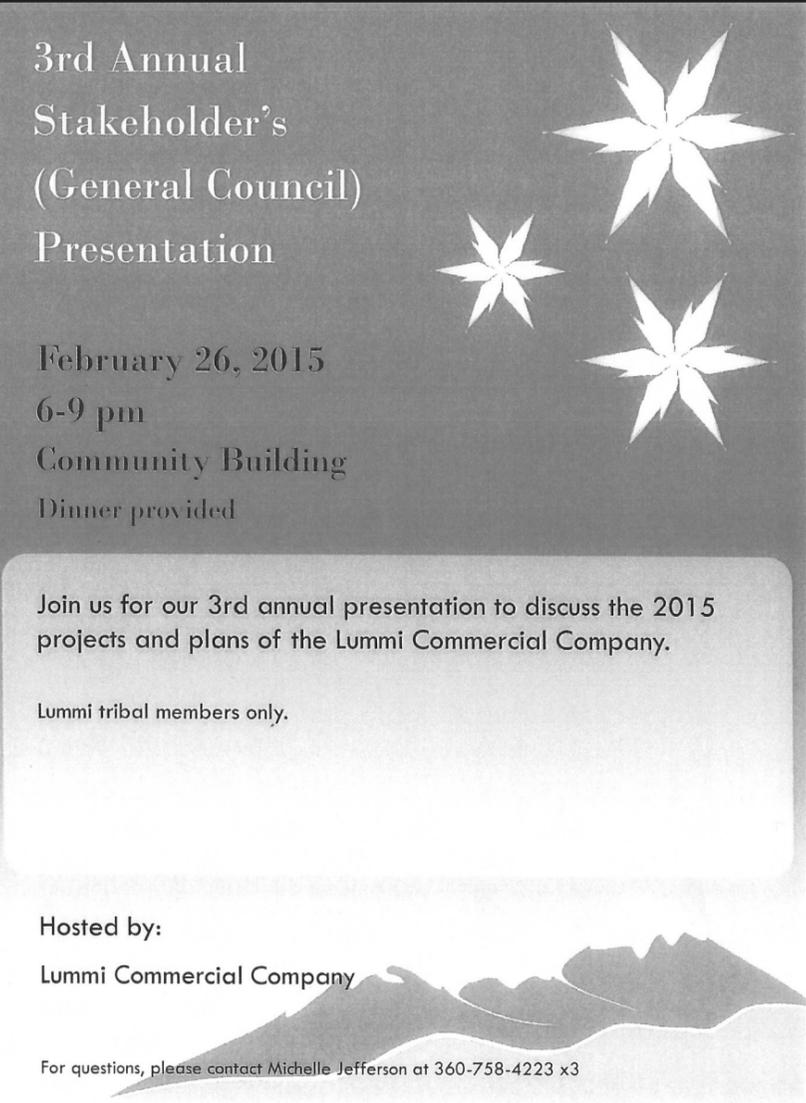
February 26, 2015  
 6-9 pm  
 Community Building  
 Dinner provided

Join us for our 3rd annual presentation to discuss the 2015 projects and plans of the Lummi Commercial Company.

Lummi tribal members only.

Hosted by:  
 Lummi Commercial Company

For questions, please contact Michelle Jefferson at 360-758-4223 x3



**NOTE:** The following editorial(s), in no way directly reflect the opinions of Lummi Indian Business Council, its members or its staff, unless otherwise noted. Letters to the editor are always welcome. Please send them to: Lummi Squol Quol Editor, 2665 Kwina Road, Bellingham, WA 98226 email: [squolquol@lummi-nsn.gov](mailto:squolquol@lummi-nsn.gov)

## Opinions & Perspectives

### Bob's Garage "The Fire Horse Returns"



Submitted by Bob Aiken

A few weeks back, Joyce was stuck in a parking lot with the truck not wanting to start no matter how much she cranked it. The only other information over the phone that she could offer me was that the when the truck was cold, she could get it started and running, but as it got to operating temperature it would kill whenever she was at idle and tried to put the truck in gear. After that, it just wouldn't run until it cooled down again. I told her that I was off work in a little bit and that if she went back into the store that she'd been shopping at, and got a cup of coffee at the deli they had in there, I'd be along in an hour or so to sort things out.

Dutifully, she stayed there until the truck cooled down and drove home.

Some time later, when I made it home after searching the parking lot for her truck and scanning the shoulders of the road

she took all the way to the house, I got the complete story from her about what the truck had been doing. This is where yet another parable about the questionable interaction between human and machine begins to unfold, and just what the learning process for a sixty-something former auto mechanic is brought to light...again.

I tried a few simple diagnostic tricks on the truck – now safely home -- to get a clearer idea as to what was going on with Joyce's ride. After years of toiling in the trenches as an auto mechanic, I'd come up with my own approach to tackling drivability problems that had stood me in good stead. I'd always check for mechanical causes Faced before running trouble codes and going after problems caused by any computer malfunctions. Even now, there are a lot of mechanics who'll chase down trouble codes and throw money and parts at a problem without even looking for stuff like leaking vacuum lines or worn out spark plugs.

I had a new fuel filter, so I installed it, thinking that it couldn't hurt, but it wasn't the cause of the problem. I then pulled a

spark plug wire and did that goofy test where you stick a screwdriver in the boot and hold the assembly near something metal while someone's turning the starter to see what kind of spark you get. I was getting an orange and blue spark that was jumping over an inch long. I then pulled a spark plug out and checked its condition. The plug was worn, but not badly, and the insulator was gray (not black) with soot. Puzzling, if you're dealing with an engine that's running lean.

With me working by flashlight, I managed to get the engine to idle and began pinching off vacuum lines to see if I could isolate a vacuum leak. I couldn't. About the last thing I thought to try before throwing in the towel for the night was to hook up an old vacuum gauge and see if the vacuum reading was low. It was.

So, I retired with my tail between my legs for the evening. The rest would have to wait for the weekend.

That Saturday, I began the big push. The symptoms became better defined the more I dug into the truck. It would start and run OK when first started up, but as the engine

warmed, it became more dodgy and would kill when I tried to put it in gear. I checked for vacuum leaks again and couldn't find any. I was getting plenty of spark to the plugs. At operating temperature, starting it was difficult because I could crank it for a long time without it firing unless I held the gas pedal all the way down. In getting the engine to run that way, I noticed that the idle was very fast, and, again, the engine would kill whenever I tried to put it in gear.

Figuring I'd pretty much covered all the bases with the mechanical end, I finally pulled the negative lead on the battery (I'd done this several times already.), and pulled the computer out from behind the dash to get a look at the connections. In doing so, I came across a brand new coolant temperature sensor (still in the box) that had been hiding in the glove compartment. I don't know when we bought it, and don't know why, but I figured that maybe now was a good time to run

the trouble codes on the computer. I reinstalled the computer, reconnected the battery, grounded the diagnostic lead for the computer (always, ALWAYS review this procedure for the particular car your working on.), turned the key on. One code showed up.

#15. "Coolant temp sensor voltage high."

It had set without me even running the engine. I installed the new temperature sensor, crossed my fingers and started the engine. After a second or two of initial stumbling, it ran fine.

In reviewing all that happened, I realized that while I was being a good little boy and following all of my long-established rules of diagnosis, I should have checked codes all along the way and acknowledged the possibility that the problem might be computer-related. My bad.

So, Joyce has her truck back, and is driving it happily – and keeping it between the ditches and the shiny side up.

#### February's Tip of the Month:

*Even though this winter's predicted to be a mild one, we still have a month or two of lousy weather left ahead of us. Don't forget to keep cold weather emergency gear in the car.*

## Native Business: Forecasting and Planning

Forecasting is a process that helps the people of an organization understand how their actions affect progress to achieve goals and which objectives a company is driving towards. Forecasting is a management tool that allows a team to see into the future and prepare in advance of an event or season by communicating what the various departments within an organization will do to help each other. Through inter-organizational communication, opportunities for improvement are rec-

ognized as obstacles are defined when a team thinks through the process of what needs to be done.

Forecasting usually starts with an income statement that includes sales, cost of goods sold, gross profit, operating expenses, net income, and debt service. If an operation contains multiple product sales like in the seafood business then it is wise to forecast margins by species because the sale of each species is likely to have different margins. Margin is the

difference between sales price and cost of goods sold. Margins produce gross profit that is then used to cover operating expenses. It is a best practice to forecast sales for each species by month, quarter, and year. Management is then in better position to understand historical performance by species and factors effecting prices so management may plan for the upcoming season(s).

Sometimes, those involved in the forecasting process react with hesita-

tion to participate because the process is new and they are unsure of how to proceed. Often this materializes as a list of reasons why forecasting is difficult to make work. This reaction is natural. Forecasting is a way to give everyone on the team a voice. Each team member has the opportunity to listen and learn how the actions of people, the cash flow conversion cycle of product sales, and use of profit to sustain the living organization blend to make the operating company work. Companies that

forecast invariably come in close to what they forecast and better position themselves for growth, defend against competitors, or catch a break in the market.

Jim Stanley freely shares his knowledge in an effort to foster economic success in Indian Country. He is a Tribal member of the Quinault Indian Nation, Treasurer of the Tribal C-Store Summit Group, and Chairman of the Quinault Nation Enterprise Board. A catalog of articles is compiled at [JimStanley.biz](http://JimStanley.biz).

## LIBC and Lummi Clinic will be closed February 16, 2015, in Observance of President's Day

## "Being Frank" Attention, Action Needed For Salmon Recovery



*By Lorraine Loomis  
Chair, Northwest Indian  
Fisheries Commission*

Why have salmon been pouring back into the Columbia River in record numbers recently while returns to the Washington coast and Puget Sound continue to drop? One big reason is that for the past decade someone in a position of authority has been in charge of protecting and restoring Columbia River salmon.

That person has been U.S. District Court Judge

James Redden. Three times during the past 10 years he has rejected plans to operate hydroelectric dams in the Columbia River basin that would have jeopardized salmon listed under the Endangered Species Act. He ordered more water spilled over the dams to aid fish passage, even though that meant less water to generate power. He has also insisted on specific habitat improvements to aid in the recovery of salmon. Redden recently stepped down from the case, but has been replaced by federal court Judge Michael Simon.

That kind of attention and bold, targeted actions are exactly what we need to turn around salmon recovery in western Washington. Salmon recovery is failing because federal and state governments allow salmon habitat to be destroyed faster than it can be restored. This trend shows no sign of improvement despite drastic harvest reductions, careful use of hatcheries and ex-

tensive habitat restoration projects.

The ongoing loss of the salmon resource affects entire tribal communities in western Washington. Salmon is one of our most important traditional foods and a foundation of our cultures. Every year we try to set aside salmon to feed our families in the winter and to put fish on the table for ceremonies and funerals, but every year it is becoming more difficult. As the salmon disappear, our treaty-reserved harvest rights are threatened more every day.

That is why our late chairman, Billy Frank Jr., and other tribal leaders created the Treaty Rights at Risk initiative three and a half years ago and took it to the White House. Our goal is to have the protection of treaty-reserved rights institutionalized in the federal government through the White House Council on Native American Affairs. President Obama created the council nearly two

years ago. Addressing tribal natural resources concerns was one of five main foundations of the council, but the Council has yet to address this charge. As President Obama prepares to leave the White House in 2017, our need becomes greater every day.

The failure of salmon recovery in western Washington is the failure of the federal government to meet its trust responsibility to protect salmon and the treaty-reserved rights of tribes. Treaty Rights at Risk calls for the federal government to assume control and responsibility for a more coordinated salmon recovery effort in western Washington. But so far, the federal government's lack of progress has been disappointing. There has been plenty of discussion, but little action to reverse the negative trend in the condition of salmon habitat in this region. That needs to change.

We shouldn't need a federal court judge to pro-

vide the proper attention, protection and targeted actions to restore salmon. We would prefer to work together with our state and federal co-managers through the White House Council on Native American Affairs. Together, we could take effective action to recover salmon runs.

We have already developed recovery plans and identified barriers to salmon recovery in western Washington's watersheds. Now we need a commitment from the White House to tackle the most pressing obstacles in each watershed and provide the leadership necessary to put those salmon recovery plans into action.

If salmon are to be in the future of this region we must act now before it is too late.

Contact: Tony Meyer or Emmett O'Connell (360) 438-1180, [www.nwifc.org](http://www.nwifc.org)

*"Parenting  
in Action"*  
Lummi  
Parenting Skills  
Program

Want positive  
parenting  
skills and  
SUPPORT?!

**WHAT:** Individual parent coaching sessions  
**WHERE:** Lummi Behavioral Health or Brigid Collins—you pick!  
**WHEN:** Daytime and evening appointments available for approximately 1 hour  
**HOW LONG:** Available for one-time drop-in, 4 week class or long term support class

Learn skills to nurture children and manage difficult child behaviors!

Advice + Playtime +  
Positive Discipline +  
Encouragement  
= A Happy Parent-Child  
Relationship



Happy  
Valentines  
Day



For details or to sign up, call Brigid Collins @ 734-4616 and ask for the Lummi Parenting Skills Program  
Or call Behavioral Health @ 312-2019 for general information!



# In Loving Memory

## Julia Maylene "Bunny" Bergerson

Julia Darlene Bergerson came into this world as Bernadette Maylene Bergerson on November 29, 1947, to Bernard Bergerson and Violet Jefferson, was raised by Joe and Velma James with all her siblings. She grew up on the Lummi Reservation and passed away January 4, 2015, surrounded by family and friends.

She enjoyed reading devotions, loved to pray and loved Jesus. She had a strong faith and love of the Lord, and would want everyone to be happy as she always said she would be dancing with the Lord in Heaven.

She is survived by her children; daughter Malene, sons Albert Lane, Derrick Lane, Shawn (Melissa) Bergerson, Abraham (Peggy) Bergerson, Jeremiah (Tiffany) Bergerson, and Steven Bergerson. Also survived by her grandchildren; Sunsearae, Sharayah, Shalayleah, Alethia, Rachel, Adam, Jarred, Derrick, Vicky, Sasha, Renee, Jennifer, Mark, Kevin, Violet, Anthony, Zoey, Leanna, Ashley "Allie", Dominik, Drake, Xavier, Baylei, Alyssa, Mikala, And Donte, and her great-grandchildren, Leasia, Caya, and Anthony. She is also survived by her siblings; sisters Stacy James, Joni James-Francis, Sheri James, and brothers Doug James Sr., Walter James, Jewell James and many nieces, nephews, cousins and loved ones.

Julia was preceded in death by her sons Jackie Darrell "JD" Lane and Tracy Douglas Lane, her brothers Dale James, Joel James Sr., Johnny James, Mike James and sister Lisa James. Her parents preceded her as well, Joe and Velma James, Bernard Bergerson, and Violet Jefferson, and her grandparents Simon and Florence Jefferson.

Julia lived fully devoted to the Lord, believing every soul can be saved. She prayed for everyone, so keep on dancing for the Lord our guardian angel. You will be missed.

## Jeannette Joyce Lawrence

Wednesday, December 24, 2014

Jeannette Joyce Lawrence, age 75, of Lummi Nation, passed peacefully on December 24, 2014 in the company of loved ones after a brief illness.

She was born 9/30/1939 in Whatcom County and married William Sturgeon Sr. in 1957. They had 6 children: William Jr, Patrick, Wilford, Kyle, Janine and Janelle. Although they divorced, they remained good friends. She has 16 grandchildren and 14 great-grandchildren.

Jeannette worked many years for Lummi Tribe at the Health Center and Children Services, as well as, Silver Reef Casino, before retiring a few years ago.

In her spare time she enjoyed visits from her children's many grandchildren. She enjoyed reading books, watching her TV shows and trips to the casinos to play the slots.

It was Jeannette's wishes for no funeral services and to be cremated and have her ashes sprinkled at the beach or the river. The family will honor Jeannette's wishes at the start of summer 2015.

## Anna Rose Jefferson

Monday, January 5, 2015

Anna Rose Jefferson, age 60, of Bellingham, WA and the Lummi Nation, passed away on Monday, January 5, 2015. A prayer service and Rosary were held on Thursday, January 8, and a Funeral Mass on Friday, January 9. Both services were held at the Wexliem Community Building.

## Alta Georgia Phair

Alta Georgia Phair, age 75, of Bellingham, WA and the Lummi Nation, passed away on Wednesday, December 31, 2014.

Prayer and Rosary service were held on Friday, January 2, 2015.

Funeral service were on Saturday, January 3, 2015. Both services were held at the Wexliem Community Building.

## Steven Jack Jimmy

Monday, December 29, 2014

Steven Jack Jimmy, was born on May 20, 1985 in Bellingham, Washington. Steven grew up on the family homestead in Nooksack with his parents and brothers. Steven married the love of his life, Vanessa Solomon on February 24, 2010. Steven passed away at his home in Deming on December 29, 2014.

Steven had a lot pride in his Native American culture and traditions. He enjoyed the Boston Red Socks, football, wrestling, canoe paddling, hunting, and family gatherings. Steven cared a lot about his tribe and community and was always so willing to help out in any way he could. He worked for the Nooksack Tribe for several years as a youth worker, landscaper and also worked in the Tribe's Risk Management Department where he received many certifications.

Steven is survived by his wife Vanessa Jimmy; his son Charlie Solomon-Jimmy; his mother Barbara Jimmy; mother in-law Yvonne Solomon; his brothers, Marty Jimmy (Nadeen), Corey Jimmy (Michelle), Duane Jimmy (Jeanette), Bazil Jimmy (Tammy), and Herman Jimmy (Karla); his God Sons, Kasen Sulkanum and Hank Hoskins Jr.; his God Parents Jim and Sandra Bura; his aunts Bernita Antoine, Betty Phelps, June Cueva, Elsie Witt, Karlin Lorenz, Bonnie Charles, Rita Charles, Judy Jack, numerous cousins nieces, nephews, family and friends.

Steven was preceded in death by his father Charlie Jimmy; his son Steven Jimmy Jr.; his grandparents, Sindick and Susan Jimmy, Ben and Dorothy Charles; his brother Daniel Shaffer and his sister, Vanessa Jimmy.

Prayer service were held on Friday, January 2, 2015, at Nooksack Community Building.

Funeral Service were on Saturday, January 3, 2015, at the Nooksack Community Building. The burial followed at Goshen Cemetery.

# Dear Editor

**NOTE:** The following letter(s), in no way directly reflect the opinions of Lummi Indian Business Council, it's members or its staff, unless otherwise noted. Letters to the editor are always welcome. Please send them to: Lummi Squol Quol Editor, 2665 Kwina Road, Bellingham, WA 98226 email: [squolquol@lummi-nsn.gov](mailto:squolquol@lummi-nsn.gov)

## Thank You



Dear Family ,Friends, Co-workers & Lummi Community Members,

My name is Betty James and I'm writing to my community and thanking you all for the abundance support that I have received from one an all within the last 6 weeks. I'm a Lummi Tribal Member and have been employed for the tribe for 24 years, I first started off at the head start as a van driver and teacher assistant and then moved to the tribal school and worked there for 14 years with all the

kids from kindergarten all the way to high school and was a teacher assistance and hall monitor and chased all the hall cruziers back to class ( Lol). I enjoyed my job tremendously working with our kids, it was such a joy to watch them grow and succeed the 14 years I was there. And then I was diagnosed with an eye disease called multi focal choridietis with panue veities in which it took a major toll on myself and at that time I had to surrender my C.D.L. and quit driving bus, it was very difficult for me but with the support of all the kids and staff at the school I made it through it. I then found that I needed a career change and applied for a position at Lummi Victims of crimes as an (Advocate) who worked with women, children and men, who were survivors of domestic violence and sexual abuse.

After 4 years at V.O.C.A I then challenged myself again in a career change an moved to the Lummi Nation Probation office as an (Adult & Juvenile Probation Officer) in which I did for 1 year, but during my employment there I felt that the position was not for me, I was a softie and wanted to go back and gives hugs , not hand cuffs, but it was a wonderful work experience for me and I learned a lot about myself and who I was.

I then was welcomed back to Lummi Victims of Crime to be a Big Sisters for the women's shelter and worked with the women & their children during their time of need and worked the night shift for 3 years. I have to say that it was hard at times but also rewarding when families grew and healed from their ordeals of trauma and crisis.

As of the last 3 years I have been employed with the program many might know as Lummi Systems of Care and is now Behavioral

Health and I'm a Case Manager and have worked with our community members who are 21 and under. It has been a wonderful learning experience for me and working along side with all the Behavioral Health Counselors whom provide wonderful services for our community in their time of need. I would like to take this time to thank all the counselors whom I worked with and for, for all their hard work and dedication to our people, and you all know who your are, my hands are up to you!

Recently I was diagnosed with seizures and had some problems again with my eye sight and it caused me to take some medical leave for about 6 weeks, in which as of today I'm back on track and back at work at Behavioral Health but will soon be transferring to the Lummi Care Office as a Tribal Assister/Admission Clerk in which I'm very excited about and I'm honored to be offered the position.

At this time I just want to say THANK YOU to all my people starting with my 3 daughter's & 8 grandchildren, my mate and extended family for all the love & support that I received from you all (even the car rides) LOL.

I would also like to thank ALL the employees of L.I.B.C for the love ,care, and concern that you have all showed me as an employee of L.I.B.C I have never felt so supported and cared for by my people and it really means a lot to me.

I would like to say at this time that I know God does not give me anything I can not handle but sometimes I wished he didn't trust in me so much but thanks to him and a wonderful community of people that got me through it all I'm now proud to say (I'm Back)

Also, I would like to extend my hands out and say thank you to: Sharon Grier, Marlani Silva , Rhonda Martinez-Mcfarland, Bobby Thompson, Toni Jefferson for all the support and understanding that you have showed and given to me at this time !

May God continue to bless one and all and hugs to all my family, friends, co-workers and community member's.

Sincerely sent with love,

Betty J, the Old Lummi Tribal School, Old Lummi High School, bus driven, hall cruzing, kid chasing, key loosing, use to bring your kids home at the end of the day 14 year T.A.

**March Squol Quol Deadline February 20th 4:30 pm**

**Annual Lummi Squol Quol monthly newspaper subscription**

**\$40<sup>00</sup> for one year**

To subscribe, stop by the Communications Department or Cash Receipts. Be sure to indicate the address the paper should be mailed to, or you can mail your subscription check to: Lummi Squol Quol, 2665 Kwina Road, Bellingham, WA 98226. 360-312-2135 for more information.

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# Dear Editor

## Banishment

Hello. My name is Reynold James, Jr. My Indian name is "Tuls-metum". I am writing this letter to tell you a little bit of the toughest lesson I have ever been taught by the Lummi Nation: Banishment .

I was born and raised on the rez. Well, first and foremost, I thought I wouldn't get taken away from my people, ever. I always thought we stick together as one. When one falls down or makes wrong choices, we should help one another—never push away or banish them. I felt like a part of me was taken from me. My spirit was totally hurt in all the wrong ways. It felt like my heart was scarred for life. It was very difficult and just out of the ordinary not to be able to come visit with my family. It hurt my heart not to be able to practice my fishing rights and be out on the water.

It was very hard when my loved ones passed away and I would have to get permission to say farewell. And sometimes, not even be allowed to attend the funeral. This happened a few times. I just had a really hard time making a life off the reservation, not being able to do anything with our community. I was always trying to make good choices and learn from the bad choices. I put myself in numerous classes now to help me learn from my mistakes. I've done parenting classes, family counseling, and treatments etc.

It was very tough through the holiday times when my family would have to come to town to see me. Believe me, there were a lot of times that I wanted to sneak out to be with my people, but I had to realize this is a very tough lesson to not be able to go home for 5 years. It's been a very long road to recovery—some say the "Red Road". It's been a struggle trying to do the right things in life and make positive choices.

I can say that now I am a responsible and accountable person. I do talk to other tribal members who are in recovery and encourage them in any way that I can. There were so many hoops to jump through to get where I'm at today. I feel great waking up clean and sober, knowing that I can go out and visit my people.

Now that I'm on the right path, I can reach out for help when needed. Also, I can talk to the younger generation and help them to the positive path in life. I can talk to the younger Native Americans and help them make good choices in life. I've been through it all: jails, institutions, treatments, and near death. I would love to talk to our younger Lummi Indian community someday.

Someday I want to build my own house and raise my kids, teaching them right from wrong. I want my kids to be able to get on the bus in front of my home. So now I do live a clean and sober life and plan on continuing, one day at a time.

I apologize to anyone that I may have hurt or harmed in the past, while in my addiction. Today I am a different person in life and have children of my own. I have a different outlook on life. I have big goals that I plan to achieve in the near future. Please understand that I am a different person today and thank you for your time. Hoyte!

Hyske. Sincerely,

Reynold James, Jr.

## Who will stand with me?

I ask my people of Lummi Nation are we lost or weak? Is there anyone who will make a stand? Are we fallen from our own sins? But why should children have to suffer? So many are lost with no where to go. Please, I say, don't turn your backs against them and let the state have them. We might never get them back.

We must be one, one in heart, one in blood and one Nation. So lets all stand together or none at all. Then there will be no Nation.

So lets be strong and help the ones who need it. That might be you.

Still I ask who will make a stand, for our children, ourselves and our Nation?

I will, will you stand with me?

To the Ones who are Strong.

Sandra N. Cooke

## Random Act of Kindness

Last week my daughter, Le'Asia, and I went shopping at Costco. We bought groceries for both our home and Grandpa Jack Lane. When we brought Grandpa (Jack) his groceries, he said it was too much for just him. So Le'Asia (7 years old) decided to make bags of groceries for our Elders and personally deliver them to each room. She introduced herself and said who her Grandpa is, Jack Lane, and gave the bag the Elders.

The Elders were so grateful. They asked what food bank did you go to? What did we do to get this? "We didn't go to any food bank, we bought it. We just want to say thank you for being our Elders(s)," Le'Asia said.

Hopefully we can continue to do this every month. Hopefully we can stop by and visit our elders more. A lot of the Elders don't have proper transportation to and from grocery shopping. They also don't receive very many food stamps or have the means to have good nutritious food to last the whole month. As a community I hope we can all learn from and possibly follow the example young child Le'Asia's random act of kindness...

If you would like more info on how you can get involved or have any questions, feel free to contact Sunsearae Lane at 206-551-1972.

**FOR RENT: One bedroom, one bathroom, water view with deck at Gooseberry Pt. \$650 mo. plus damage deposit. Call 360~463~3106. Lyn Dennis**

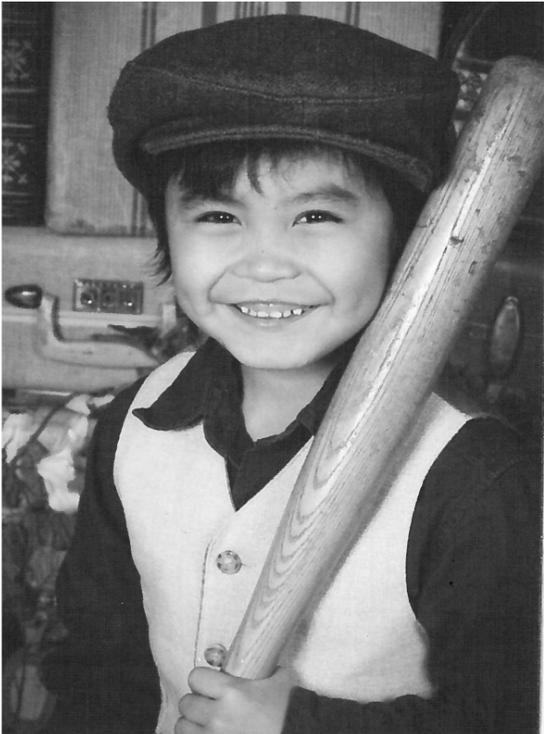
**For Sale: Single wide mobile home, two bedroom on 50 x 100 lot at Gooseberry Pt. Call 360~463~3106.**

**ANNOUNCING TRUST LANDS FOR SALE**

**Three lots on corner of Haxton Way and Northgate/Smokehouse Roads corner; Commercial Zoned. Also The Recreational Vehicle Park. Call 360-303-7015.**

# Announcements

The Announcements section is dedicated for community members to express their positive thoughts. These comments are the views of the submitter and not of the Squol Quol or LIBC . Please keep submissions in a positive light.



Happy Birthday to our Lil Man, You have grown so much, hard to believe how fast time has gone, such a handsome, sweet, loving boy. Love you with all our hearts more than all the stars in the sky.  
God Mom and God Dad

Happy Birthday Henry Cagey February 21st!  
Finally a Elder now! Watch out Little Bear!  
Aye! I love you very much Honey!  
Happy Anniversary to Bill & Loretta Revey on February 21st!  
Happy Birthday to Debbie Hillaire!  
Happy Valentine's Day to all of Lummi!



Mary Ann Kelly on February 15th  
We are wishing the best Mother in the whole wide world, Happy Birthday and Happy Valentine's Day. We love you and hope all your wishes come true on your special day.  
Your Little Guys



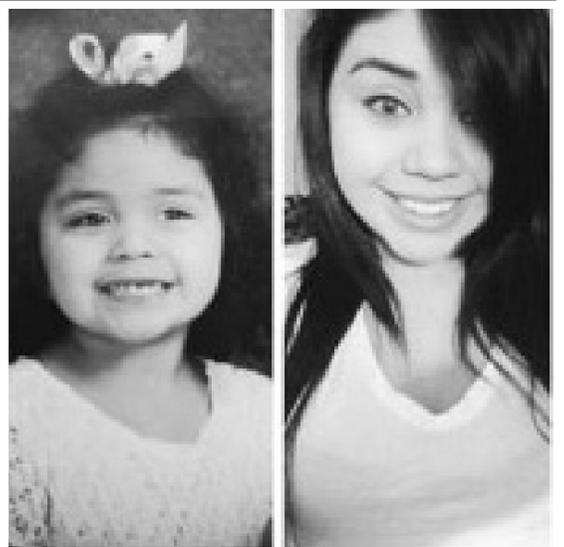
I'd like to wish Tyson Lee a Happy Birthday on February 9th. We're so proud of how far you came in a year too!! I knew you could do this and more to come. I'd also like to thank you for being an awesome daddy to our kids and being the best you can be everyday. Today's your special day and I'm glad we can share it together. Love you my Tyson Lee.  
Love Derek, Jackson, Keanna, Summer Rose and I



Happy Birthday my baby (February 26th) thank god he saved the best for last. And thank you for such a wonderful extended family. I love you with all my heart. God Bless you always. Love, Mona's Man- (AKA Darrell) & Grandbabies.



To Selena Lawrence  
Happy Valentine's Day honey! I love you and I pray for a healthy speedy ankle recovery.  
Frank III



I would like to Wish my baby girl Suansin Keesha Rae Jefferson a very happy 17th Birthday! 02/10/98 You are my world, I am so very Proud of the young lady you have become. I greatly appreciate all the help you give to our lil home. I am proud of the way you carry yourself, and how you are striving to continue on with your education. Don't ever let anyone bring you down, sweetie, Keep being you. Your smile can brighten up any room. Keep smiling. I like You Forever, I love you for always, As long as I am living my baby you'll BE.



We will hold you tight, support you, guide you, teach you, hug you, protect you, and love you with all our hearts and souls...Since the day you were born and until I draw my last breath, all that I am is yours! We love you Leon Lution Jefferson. You make us so proud. Happy Birthday Leon February 15th! Love Mommy, Daddy and brother Michael.

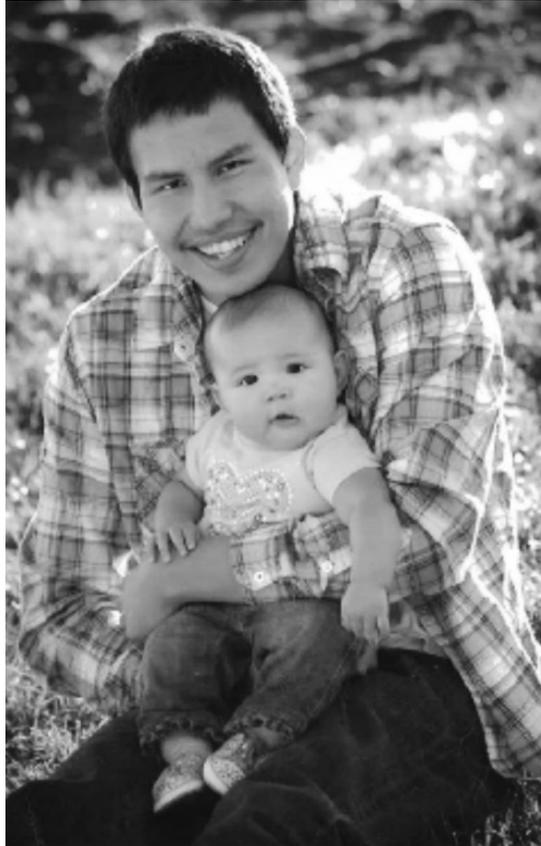


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# Announcements



Happy Birthday my son Joey Weebothee! I love you so much these past 6 years with you is so amazing! I thank God everyday that you came into my life! Love always Mommy! (Ayla Jefferson-Weebothee)



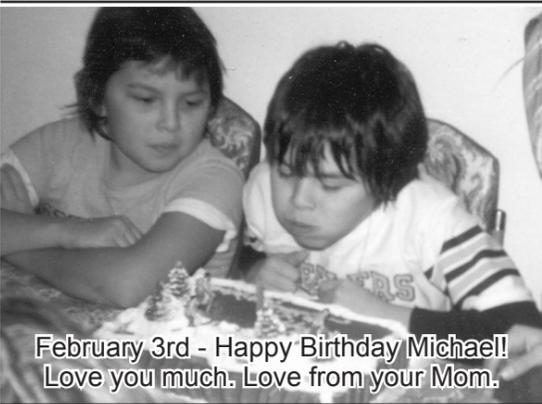
February 2, Happy 20th Birthday Jared Thomas Lane Tom. You have grown into such a fine young man and the BEST daddy! We are very proud of all of your accomplishments! Love you Son, Mom, Dad, Lincoln, and Caleb (K-Bob)



Happy Birthday Teeiah! Hope your day is special! Wishes for many many more amazing years to celebrate! Love Landa, Mom, Alex, Anton & Amaya



Congratulations to David "Big Rez" and Irene "Evie" Hillaire! Not forgetting Bill's Gang here in Northern Lummi all the way to Southern Lummi! Here he is David James Hillaire JR "Lil Rez"!! Born January 17, 2015. He was 8# 13 oz and was 20inches! HOORAY for our side!!! Good job Mom and Dad! He is a great addition to all the families! Love you everyday!



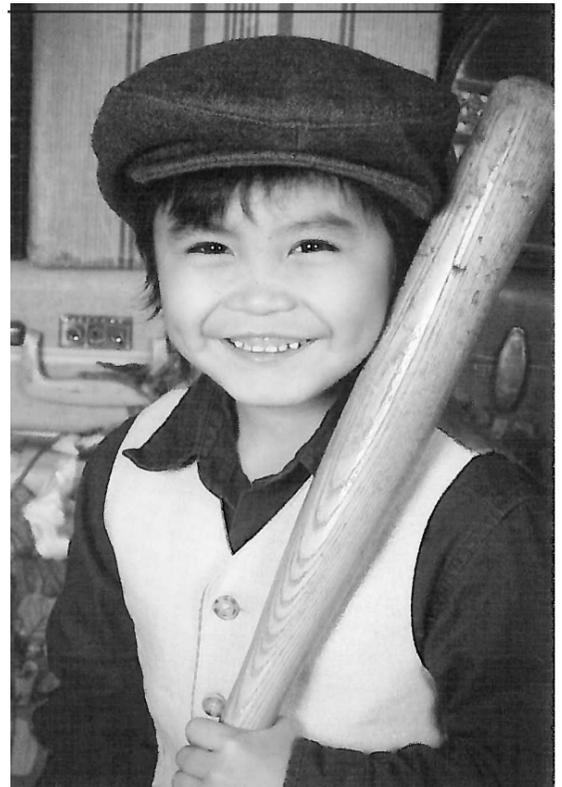
February 3rd - Happy Birthday Michael! Love you much. Love from your Mom.

Jade J Feb. 2nd; Kyle K Feb. 3rd; Patrick Feb. 7th; Marisa Feb. 8th; John Paul Feb. 12; Shellene Feb. 13th Casey J Feb. 26th. With love from Aunty Candy.

WOW!! One month down already!...so how many shopping days til Christmas! ROR! YIKES!! ENIT! Our three little additions turned ONE!! Time never stands still or moves slowly! So we better keep moving forward! This winter has been so mild in that we have had next to no snow here in Northern Lummi! We have had a lot of rain but not enough to turn us into an Island! THANK HEAVENS!! So for now we will continue our prayers for all who are in need. Give thanks to all who keep that vigil. You are each awesome in that regard! We continue to support and encourage all who are in school and those who participate in sports or other extra curricular activities! It is important to be there for our people! It may never feel like much now but later down the road it will be! So proud of each of you! We definitely had us a time during HAWK SEASON!! Great food, awesome games, and terrific visiting! What could be better?!! ALL OF US TOGETHER! Well one day. SO FOR NOW...it is time to wish the following HAPPY BIRTHDAYS....

- 1 Nathaniel "Nate" Laststar
- 5 Raymond "Ray Ray" Villagomez
- 9 Richard "Ritchie Rich" Peters
- 12 LaTacha "May" Johnson
- 16 Brian "Sir Brian" Peters
- 25 Darius "D" Mike
- 28 Olivia "O" Thomas

Make a wish!! NOW...geeett ouuut annd waaalk! HOORAY! It will be a great day on your day and all the days that follow! Love each of you every day...333 always...heart...sky...more than my luggage for sure...and for Uncle Berns...444 evers!



Happy 6th Birthday to my lil handsome grandbaby! Blessed everyday with this happy smile. We love you always, Papa Kenny, Grandma Annie, Uncle Russell and Auntie Mianna <3



Happy Birthday!! To My Love Garnet Ward Sr. & our 2 boys Warren and Baby G! I Love you boys with all my heart! You make everyday worth living. Love Always, Celestina, Sister Nikki, Bro Tyrell, and Brother Marvin. We Wish you the best on your special day!  
Warren Feb. 17th, Garnet Sr. Feb.20th and Baby G 1st Bday Feb.21st



- February Birthdays
- Sasha Lane 2-14
  - Denai Cladoosby 2-14
  - Shawn Bergerson @-2
  - Auntie Denise James 2-11
  - Jessica Howard 2-7
  - Thadius Daniels 2-8
  - Marcus Morris Jr. 2-18
  - Gary tom 2-16
  - Augustine Williams 2-17
  - Marshal Jefferson 2-16

Happy Birthday to all. I love you all and hope this year is the year you get closer to your dreams.

Sunsearae "Sunny" & Le'Asia Lane

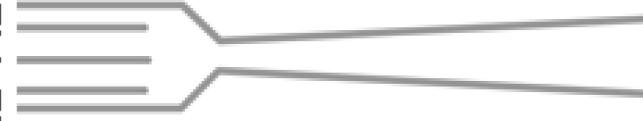
# Schelangen

The Food is Good

Ey' tse s-ilhen



**napkin**



**fork**

Where is my spoon?

Exin tse ne lhopen



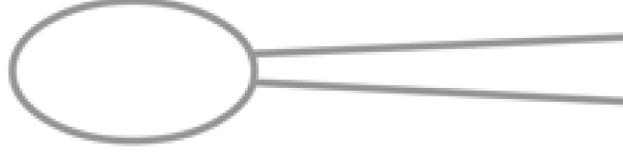
**cup**



**knife**



**plate**



**spoon**

Please pass me the water

Les chen eng es tse qwo'

